## Track what you toss

Find out what food is wasted at home and why!

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| Date tossed  | What was it? | Why did we toss it?  | Category (fruit, vegetables, bread, dairy, leftovers) | Price\*  | What could we do differently?  |
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\*Keep your receipts for 2-4 weeks to see how much money you toss. If you waste half a bag of lettuce, divide the price in half.