



NORTHPOINT
Health & Wellness Center

COMMUNITY NEWSLETTER

NOVEMBER 2024



Pictured: Staff from the Halloween Party & Costume Giveaway 2024

Give to the Max!

Give to the Max Day is November 21! Your partnership supports access to whole-person, culturally responsive health and human services that meet people’s basic needs today and get them on a path to improved health, wellness, and economic security.

Partnering to create a healthier community, support us today:

- Donate
- Volunteer
- Spread the word

Partnering to create a healthier community, please Give to the Max and donate today!



Living with Diabetes

NorthPoint can help you prevent or live well with diabetes. We have nutrition support, medical resources, and education.

Talk to your provider. 612-543-2500

And check out our [Diabetes Awareness episode](#) of Making Health Happen!

Looking for an impactful volunteer opportunity?

Amplify your social impact! Become a NorthPoint Super Supporter by volunteering in our Food Shelf or assisting with events. We're looking for folks like YOU to partner with us to create a healthier community.



Contact Jamiela Taylor at jtaylor@npimn.org or visit our [Volunteer sign-up form!](#)



Did You Receive a Good Faith Estimate for your Upcoming Visit?

If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest benefits. Your insurance or Medicaid coverage may have changed or expired.

A GFE **is not a bill**. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost. This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at **612-543-2500** to update us over the phone. You may also update your benefits information on [MyChart](#) or bring your newest information to your next visit.

COVID-19 Basics

The graphic features a red header with the NorthPoint Health & Wellness Center logo on the left and the text "To Protect Yourself and Others from Covid-19" and "If you feel sick..." on the right. Below the header is a yellow background with four circular icons: a person with a lightning bolt and a thermometer, a person wearing a mask, a test tube with a virus particle, and a person inside a house. At the bottom is a red footer with the text "GET VACCINATED" and "For more information, visit northpointhealth.org/coronavirus-updates".

NORTHPOINT
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To Protect Yourself and Others from Covid-19
If you feel sick...

CHECK YOUR SYMPTOMS

START WEARING A MASK

GET TESTED

STAY HOME IF YOU TEST POSITIVE

GET VACCINATED

For more information, visit northpointhealth.org/coronavirus-updates

Please Note:

Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call **612-543-2500** to get scheduled.

Masks are still required if you feel sick or if you have been around someone with COVID-19.

Visit our [COVID-19 information page](#) to learn more about the COVID-19 vaccine.

COVID-19 Vaccine

It's easy to get a COVID-19 vaccine at NorthPoint. Appointments are required. Call for an appointment at **612-348-9000**.

COVID-19 Testing

NorthPoint continues to administer COVID-19 tests. Appointments are required. Call for an appointment at **612-543-2500**.

Watch Making Health Happen

Have you checked out *Making Health Happen* yet? In each episode, we interview guests about health and wellness topics important to North Minneapolis. You

can now watch every episode by checking out our [Making Health Happen Playlist](#) on YouTube.



Join the NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)



Photo Credit: Bill Cooper



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- [MyChart/Pharmacy Refills](#)
- [Online Bill Pay](#)



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