



Pictured: NorthPoint Pride Health & Wellness Resource Fair Staff and Guests



SUPPORT NORTHPOINT'S FOOD SHELF

Help make food more accessible in our community.

The Food Shelf Drive Is Here!

Join [NorthPoint](https://northpointhealth.org) as we work to increase access to healthy food close to home. We want to **double our support** this month!

Did you know [financial gifts](#) are the most effective way to support the Food Shelf? With financial gifts, we can purchase even more food at wholesale prices.

We are stronger with your support! Please donate today! Visit northpointhealth.org/food.



Hepatitis Vaccine!

Ask your provider about the hepatitis vaccine. It helps protect you against liver cancer. Call 612-543-2500.



Walk or Ride!
A Dr. will be
in the van



**Walk & Talk
With a Doc**

**Every 3rd Friday of the Month
2:00pm - 3:30pm**

1:30pm Meet @ NorthPoint
2:00pm Refreshments & Conversation @ Trailhead
2:45pm Head Back to NorthPoint

2-Miles Roundtrip

Quick Sign-Up Here



NORTHPOINT
Health & Wellness Center

NorthPoint: 2220 Plymouth Ave N, Mpls, MN 55411

Contact Us >>>

Questions: community@loppet.org
Learn More At: Loppet.org



Walk & Talk With A Doc!

Join NorthPoint and the Loppet Foundation for Walk & Talk with a Doc. Ask real doctors real questions about the health and wellness of you and your family.

We walk from NorthPoint to the Trailhead and back, about 2 miles total.

Enjoy refreshments and conversation. 3rd Thursday of each month at 1 p.m.

To register, visit [Walk & Talk With A Doc](#)



The poster for 'Free Fresh Food Fridays' features logos for NorthPoint Health & Wellness Center, Urban League Twin Cities, and UROC. It includes a QR code with the text 'Scan this QR code for NorthPoint food shelf information'. A green banner at the top right says 'Have reusable bags? Bring them!'. The main title 'FREE FRESH FOOD FRIDAYS' is in large blue letters, with 'Free Produce • Community Resources' below it. A table lists dates for May, June, July, August, and September. The time '9:30 am' is prominently displayed, followed by 'Until supplies run out – rain or shine'. The location 'Penn & 14th' is at the bottom. An illustration of a fork holding various vegetables is on the right.

DATES:				
MAY	JUNE	JULY	AUGUST	SEPTEMBER
9 & 23	13 & 27	11 & 25	8 & 22	12 & 26

9:30 am
Until supplies run out – rain or shine
LOCATION: Penn & 14th

Free Fresh Food Fridays!

NorthPoint is excited to bring back Free Fresh Food Fridays for 2025! Tons of fresh fruits, vegetables, and community resources will be set up on each date, all summer long - rain or shine! Everyone in the community is welcome at this event.

FFFF are held on the 2nd and 4th Fridays of the month.

Remaining dates July through September 2025:

- **July 11 & 25**
- **August 8 & 22**
- **September 12 & 16**

Time: 9:30am until supplies run out

Location: NorthPoint main campus, north parking lot, corner of Penn Ave N & 14th Ave N

Have reusable bags? Bring them!

For more information, visit [Food Shelf](#)

Free Fresh Food Fridays is brought to you in partnership with the [Urban League Twin Cities](#) and the [U of MN Urban Research and Outreach Engagement Center \(UROC\)](#).



Northside Teen Clinic!

The [Northside Teen Clinic](#) will be open for appointments and walk-ins during the summer break Monday-Thursday, 3-6pm!

To schedule an appointment ahead of time, please call or leave a message at 612-643-2001 or call 612-543-2500 to schedule an appointment.



July Holiday Observances

NorthPoint is closed on Friday, July 4, for Independence Day.



NorthPoint Can Help You Pay For Your Visit

NorthPoint serves families and individuals in all financial situations. We are here to help!

We will see you even if you can't pay.

We will see you even if you have outstanding bills.

We can help you with insurance, discount options and payment plans.

For more information or questions, please visit [Billing and insurance](#) or call us at 612-543-2500.

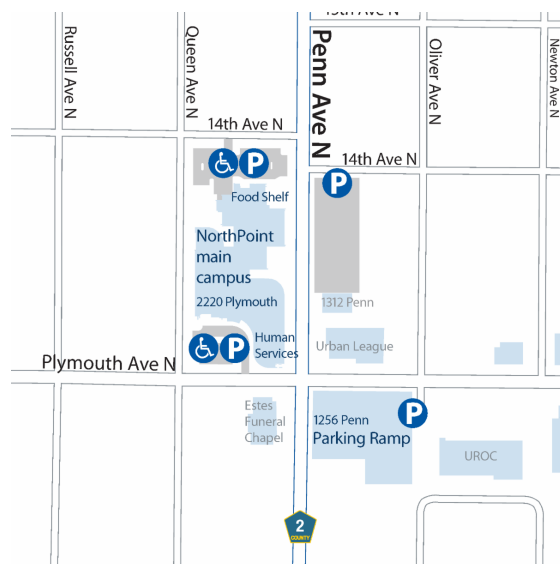
Parking at NorthPoint

Our free parking ramp at 1256 Penn Ave N is available to all guests of the NorthPoint main campus and the NorthPoint Conference Center.

The ramp entrance is located at Plymouth Ave and Oliver Ave N.

We have additional areas with free parking, including disability parking.

For more information, visit [NorthPoint | Locations](#).



Looking for an impactful volunteer

opportunity?

Amplify your social impact! Become a NorthPoint Super Supporter by volunteering in our Food Shelf or assisting with events. We're looking for folks like YOU to partner with us to create a healthier community.

Contact Jamiela Taylor
at jtaylor@npimn.org or visit our
[Volunteer sign-up form!](#)



COVID-19 Basics

**NORTHPOINT**
Health & Wellness Center

To Protect Yourself and Others from Covid-19
If you feel sick...

**CHECK YOUR SYMPTOMS**

**START WEARING A MASK**

**GET TESTED**

**STAY HOME IF YOU TEST POSITIVE**

GET VACCINATED
For more information, visit northpointhealth.org/coronavirus-updates

Please Note:

To minimize infection risk, all visits to Medical, Dental, and Behavioral Health are by appointment only. Call **612-543-2500** to get scheduled.

Masks are still required if you feel sick or if you have been around someone with COVID-19.

Visit our [COVID-19 information page](#) to learn more about the COVID-19 vaccine.

COVID-19 Vaccine

It's easy to get a COVID-19 vaccine at NorthPoint. Appointments are required. Call for an appointment at **612-543-25**.

COVID-19 Testing

NorthPoint continues to administer COVID-19 tests. Appointments are required. Call for an appointment at **612-543-2500**.



Watch Making Health Happen

Have you checked out *Making Health Happen* yet? In each episode, we interview guests about health and wellness topics important to North Minneapolis. You can now watch every episode by checking out our [Making Health Happen Playlist](#) on YouTube.

Join the NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)



Photo Credit: Bill Cooper



Quick Access:

- [Visit our website](#)
- [MyChart/Pharmacy Refills](#)
- [Online Bill Pay](#)



NorthPoint Health & Wellness Center | 2220 Plymouth Ave N | Minneapolis, MN 55411 US

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