



NORTHPOINT
Health & Wellness Center

COMMUNITY NEWSLETTER

JANUARY 2025



Pictured: Staff and volunteers from the Community Toys For Tots Holiday Party 2024



Pictured (left to right): Ola Jackson, Mary Jordan and Kiki Stevens

Staff Awards!

Several members of the NorthPoint family were recognized recently for their contributions to creating a healthier community:

MN School-Based Health Alliance honored two staff members at NorthPoint's Northside Teen Clinic with their prestigious GRIT Awards. Ola Jackson received the Champion Award, and Mary Jordan received the Provider Award. The GRIT Awards recognize individuals who demonstrate genuine (G), resilient (R), innovative (I), and tenacious (T) qualities in their work to promote school-based health care.

The Hawthorne Huddle honored Kiki Stevens with a leadership recognition for making a significant contribution to the Huddle, the neighborhood and the North Side of Minneapolis.

Congratulations to all staff who have received honors for their work in the

community!



Toys For Tots Drive and Holiday Party

NorthPoint held its annual Toys For Tots and Holiday Party on December 14, 2024. Thanks to the incredible generosity of our community and NorthPoint staff, over 1,600 toys were distributed, bringing joy to 1,600 children. NorthPoint departments contributed more than 600 items, highlighting the spirit of giving and community collaboration. Thank you to everyone who made this event a heartwarming celebration!



Holiday Mental Health Awareness

Holidays can bring up a lot of emotions. We want to make sure our community is

aware that NorthPoint's Behavioral Health team is here to talk. Guests can connect with a provider by contacting (612) 543-2500 or text 741741.

Glaucoma Awareness

Seeing your best is part of feeling your best. Ask your provider about getting checked for glaucoma.

For more information, please call 612-543-2500.



Cervical Cancer Awareness

We can prevent cervical cancer or catch it early. Get screened. Get vaccinated. Ask us about getting a cervical exam by contacting (612) 543-2500.



FOOD SHELF

2220 Plymouth Ave N (enter from 14th Ave N)
Mon & Wed 10am-4pm | Tue & Thu 10am-6pm

Weekly shopping for free food, household items, and more!

Scan this QR code for NorthPoint food shelf information



Food Shelf New Hours!

The Food Shelf will have **new hours of operation!**

Starting January 2, 2025, the Food Shelf will be open Mondays and Wednesdays 10am-4pm and Tuesdays and Thursdays 10am-6pm. Guests can shop weekly for fresh, free groceries ranging from produce, meat, dairy, canned goods, and bakery items.

Learn more about our [Food Shelf](#).



January Holiday Observances

NorthPoint will be closed in observance of the following holidays in January:

- **New Year's Day** on Wednesday, January 1, 2025
- **Martin Luther King, Jr. Day** on Monday, January 20, 2025

A flyer for MinnesotaCare expansion. On the left is a photograph of a smiling woman hugging a young child. The right side has a yellow background with text: "Who is eligible for MinnesotaCare?", "People who:", "Live in Minnesota", "Meet income limits", "Lack other insurance options", "Immigration status does not matter", and the Minnesota Department of Human Services logo. A blue box on the right says "Learn more at the table next to Guest Services". At the bottom right are the NorthPoint Health & Wellness Center logo and a QR code.

Minnesota Care Expansion

MinnesotaCare has expanded eligibility to include individuals and families no matter their immigration status. **Coverage starts 1/1/25** and enrollment has already begun.

It's a good idea to have health insurance because you and your family can save money on medical bills.

You should apply if you:

- Live in Minnesota.
- Don't have other health insurance options.
- Meet income limits.

For more information, please call 612-543-2500.

Looking for an impactful volunteer opportunity?

Amplify your social impact! Become a NorthPoint Super Supporter by volunteering in our Food Shelf or assisting with events. We're looking for folks like YOU to partner with us to create a healthier community.



Contact Jamiela Taylor at jtaylor@npimn.org or visit our [Volunteer sign-up form!](#)



Did You Receive a Good Faith Estimate for your Upcoming Visit?

If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest benefits. Your insurance or Medicaid coverage may have changed or expired.

A GFE **is not a bill**. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost. This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at **612-543-2500** to update us over the phone. You may also update your benefits information on [MyChart](#) or bring your newest information to your next visit.

COVID-19 Basics

NORTHPOINT
Health & Wellness Center

To Protect Yourself and Others from Covid-19
If you feel sick...

CHECK YOUR SYMPTOMS

START WEARING A MASK

GET TESTED

STAY HOME IF YOU TEST POSITIVE

GET VACCINATED

For more information, visit northpointhealth.org/coronavirus-updates

Please Note:

Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call **612-543-2500** to get scheduled.

Masks are still required if you feel sick or if you have been around someone with COVID-19.

Visit our [COVID-19 information page](#) to learn more about the COVID-19 vaccine.

COVID-19 Vaccine

It's easy to get a COVID-19 vaccine at NorthPoint. Appointments are required. Call for an appointment at **612-348-9000**.

COVID-19 Testing

NorthPoint continues to administer COVID-19 tests. Appointments are required. Call for an appointment at **612-543-2500**.

Watch Making Health Happen

Have you checked out *Making Health Happen* yet? In each episode, we interview guests about health and



wellness topics important to North Minneapolis. You can now watch every episode by checking out our [Making Health Happen Playlist](#) on YouTube.

Join the NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)



Photo Credit: Bill Cooper



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