



**NORTH POINT**  
Health & Wellness Center

# COMMUNITY NEWSLETTER

APRIL 2024



*Pictured: NorthPoint Staff celebrating Spirit Week*



*Pictured: NorthPoint Staff and Board Members*

## Advocate of Change Award

On Saturday, March 16, 2024, Delta Sigma Theta honored NorthPoint for being a long-standing provider of integrated healthcare and human services to Twin Cities communities.

## April is Oral Cancer Awareness Month

April is observed as Oral Cancer Awareness Month. Cancers of the

mouth, head, and neck effect more than 54,000 Americans every year. The Oral Health Foundation will be raising awareness of important health issues with the theme 'Love Your Smile.'



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## April is National Alcohol Awareness Month!

April is Alcohol Awareness Month, an opportunity to learn more about alcohol use disorder (AUD) and the negative impact of alcohol misuse on health and society.

NorthPoint provides support with alcohol use. To learn more, visit our website [Alcohol Dependency Services](#)



## April 14 - 20 is Medical Lab Professionals Week!

Medical Laboratory Professionals Week (MLPW) provides the profession with a unique opportunity to increase public understanding of and appreciation for clinical laboratory personnel. We would like to celebrate the amazing Lab Staff here at NorthPoint for the work they do to make health happen in North Minneapolis!

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## Eight Ways to Improve Your Colorectal Health!

Last month, we celebrated National Colorectal Cancer Awareness Month, a time when we encourage everyone to

become more aware of the things that affect your colorectal health.

In case you missed it, check out our Sahan Journal article [Eight Ways to Improve Your Colorectal Health](#) ([sahanjournal.com](http://sahanjournal.com)) for Dr. Gilliam's helpful tips.



## Looking for an impactful volunteer opportunity?

Amplify your social impact! Become a NorthPoint Super Supporter by volunteering in our Food Shelf or assisting with events like Free Fresh Food Fridays! We're looking for folks like YOU to partner with us to create a healthier community. Contact Jamiela Taylor at [jtaylor@npimn.org](mailto:jtaylor@npimn.org) or visit our [Volunteer sign-up form!](#)

## Do You Have Medical Assistance (Medicaid) or MinnesotaCare?

Your time to re-apply and renew your health insurance may be soon. Visit the [MN Department of Human Services](#) to find out ways to renew.

If your information is updated, they will be able to contact you directly when it's time to renew.

If you have already received a renewal application and need help completing it, call NorthPoint at **612-767-9500**, or contact a [MNsure navigator](#).





## Get Help with MyChart, Phone, and Video Visits!

At NorthPoint we can help you complete your phone or video visits with your providers. We can also support you with [MyChart](#) access and other technical services like Zoom, Teams, and email newsletter sign-up. Call us at **612-348-9151** for more information!

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## Did You Receive a Good Faith Estimate for your Upcoming Visit?

If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest benefits. Your insurance or Medicaid coverage may have changed or expired.

A GFE **is not a bill**. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost. This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at **612-543-2500** to update us over the phone. You may also update your benefits information on [MyChart](#) or bring your newest information to your next visit.

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# COVID-19 Basics

**NORTHPOINT**  
Health & Wellness Center

To Protect Yourself and Others from Covid-19  
*If you feel sick...*

**CHECK YOUR SYMPTOMS**

**START WEARING A MASK**

**GET TESTED**

**STAY HOME IF YOU TEST POSITIVE**

**GET VACCINATED**

For more information, visit [northpointhealth.org/coronavirus-updates](https://northpointhealth.org/coronavirus-updates)

## **Please Note:**

Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call **612-543-2500** to get scheduled.

Masks are still required if you feel sick or if you have been around someone with COVID-19.

Visit our [COVID-19 information page](#) to learn more about the COVID-19 vaccine.

## **COVID-19 Vaccine**

It's easy to get a COVID-19 vaccine at NorthPoint. Appointments are required. Call for an appointment at **612-348-9000**.

## **COVID-19 Testing**

NorthPoint continues to administer COVID-19 tests. Appointments are required. Call for an appointment at **612-543-2500**.

## *Watch Making Health Happen*

Have you checked out *Making Health Happen* yet? In each episode, we interview guests about health and



wellness topics important to North Minneapolis. You can now watch every episode by checking out our [Making Health Happen Playlist](#) on YouTube.

## Join the NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)



*Photo Credit: Bill Cooper*



### Quick Access:

- [Visit our website](#)
- [MyChart/Pharmacy Refills](#)
- [Online Bill Pay](#)



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