



NORTH POINT
Health & Wellness Center

COMMUNITY NEWSLETTER

JUNE 2024



Pictured: NorthPoint Ribbon Cutting



May 18 Highlights!

NorthPoint commemorated the completion of our campus expansion with a ribbon-cutting event and open house celebration on May 18. NorthPoint and Hennepin County leaders and partners as well as elected officials at the local, state, and federal levels shared messages of partnership, gratitude, and pride.

And check out the full [Ribbon Cutting Ceremony program](#).



Stella Whitney-West Day!

We are thrilled to share that the City of Minneapolis honored NorthPoint CEO Stella Whitney-West on May 23 with a resolution celebrating her retirement.

Council Member LaTrisha Vetaw (Ward 4), former Health Policy and Advocacy Manager at NorthPoint, [presented Stella with the honor.](#)

Following the resolution, Mayor Jacob Frey declared May 23 to be **Stella Whitney-West Day.**

We could not be prouder of Stella! Join us in congratulating her today and celebrating the positive impact her leadership has inspired at NorthPoint and in the community.



June is Men's Health Month!

Men's Health Month is observed in June. Men are encouraged to take care of their bodies by eating right, exercising, and working to prevent disease.

Talk to your health care provider about resources for living a healthier lifestyle, call 612-543-2500 or visit [Health Services for Men.](#)

And check out our [Men's Health Month Episode](#) of Making Health Happen!

June is LGBTQIA+ Pride

Month!

June is a time to celebrate the LGBTQIA+ community around the world. It's a month filled with parades, festivals and other events that showcase the pride, diversity and resilience of LGBTQIA+ people.



NorthPoint will host a Pride Health and Wellness Resource Fair on Saturday, June

1. It's a chance for the Northside queer community to celebrate Pride together. The event will be at 1256 Penn Ave. North, 5th Floor, from 11am to 3pm.

This event is FREE to the community. There will be food, music, resources, STI/STD screenings, monkeypox and COVID vaccines, keynote speakers, and fun activities.

Free parking is available in the parking ramp.

We hope to see you there!!!



Celebrate Juneteenth!

Juneteenth commemorates June 19, 1865, when slaves in Galveston, Texas learned that they were free - two years after the Emancipation Proclamation of January 1, 1863.

To celebrate this day, local community events are scheduled all around Minneapolis, making it a day to also honor Black culture in the United States.

To learn more about Juneteenth events in the community visit [Minneapolis Juneteenth Events](#).

World Sickle Cell Day!

World Sickle Cell Day is observed each year on June 19 to increase knowledge about sickle cell disease.

Last month, NorthPoint proudly partnered with the American Red Cross to hold what we expect to be the first of many blood drives. The Red Cross has over 135 years of experience providing humanitarian aid - including more than 75 years of supplying blood to those in need.

To learn more about donating blood visit [American](#)





Become a NorthPoint Star!

NorthPoint's strong foundation in the community continues to grow and enhance whole-person, integrated care; community well-being; and health equity in North Minneapolis. Today, we invite you to join our community as a NorthPoint star today!

[Donate](#), [volunteer](#), or [spread the word](#)! Your support of our Stronger Together NorthPoint Stars Community Campaign will help NorthPoint Health & Wellness Center positively impact more lives and celebrate the vibrancy of our community.

Free Fresh Food Fridays Return for 2024!

We are excited to bring back Free Fresh Food Fridays for 2024! Tons of fresh fruits, vegetables, and community resources will be set up on each date, all summer long - rain or shine! Everyone in the community is welcome at this event.

Dates: 2nd and 4th Fridays of the month, May through September

Remaining dates:

- June 14 & 28
- July 12 & 26
- August 9 & 23
- September 13 & 27

Time: 9:30am until supplies run out

Location: Parking lot at Penn & 14th

[Volunteer questions and application](#)

[Community tabling reservations](#)



Northside Teen Clinic

The Northside Teen Clinic will be open for appointments and walk-ins



during the summer break and is located at PYC High School, 2210 Oliver Avenue N. Minneapolis, MN 55411.

Walk-ins and appointments are available at this location Monday through Thursday, 3:00 pm to 6:00 pm. Please feel welcome to stop by for a visit!

To schedule an appointment ahead of time, please call or leave a message at 612-643-2001 or call 612-543-2500 to schedule an appointment.

Looking for an impactful volunteer opportunity?

Amplify your social impact! Become a NorthPoint Super Supporter by volunteering in our Food Shelf or assisting with events like Free Fresh Food Fridays! We're looking for folks like YOU to partner with us to create a healthier community.



Learn more and become involved today @

[Get Involved](#) or contact Jamiela Taylor at jtaylor@npimn.org or visit our [Volunteer sign-up form!](#)



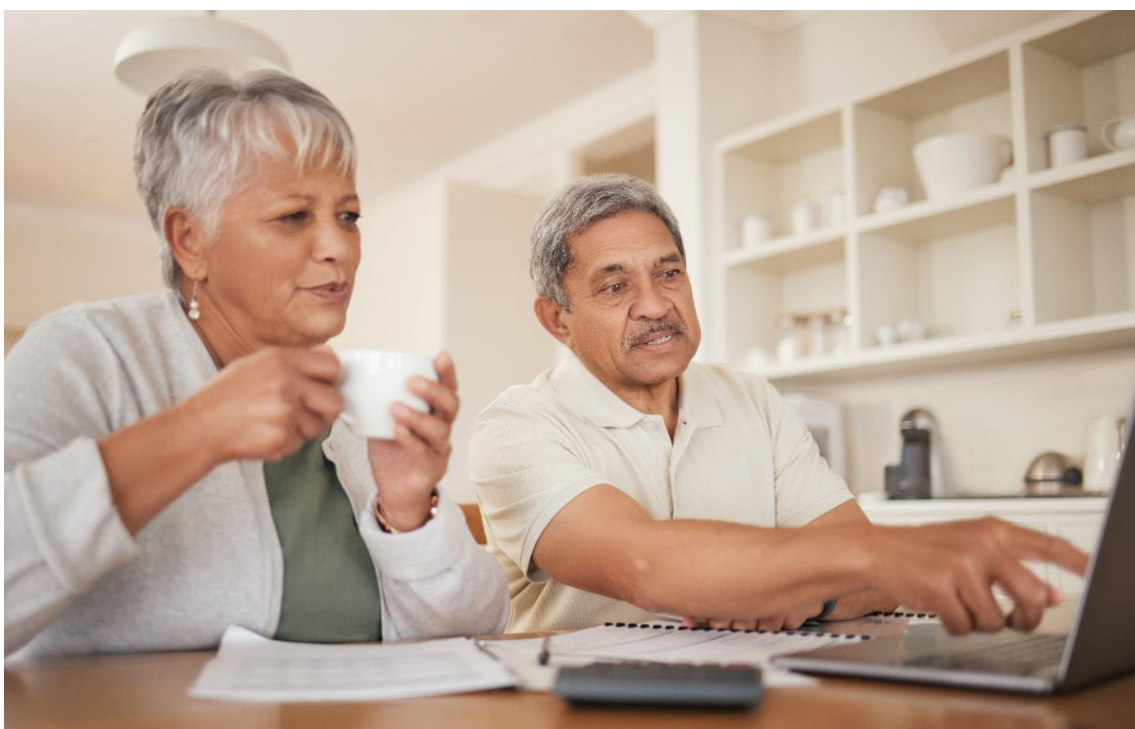
Do You Have Medical Assistance (Medicaid) or MinnesotaCare?

Your time to re-apply and renew your health insurance may be soon.

Visit the [MN Department of Human Services](#) to find out ways to renew.

If your information is updated, they will be able to contact you directly when it's time to renew.

If you have already received a renewal application and need help completing it, call NorthPoint at **612-767-9500**, or contact a [MNsure navigator](#).

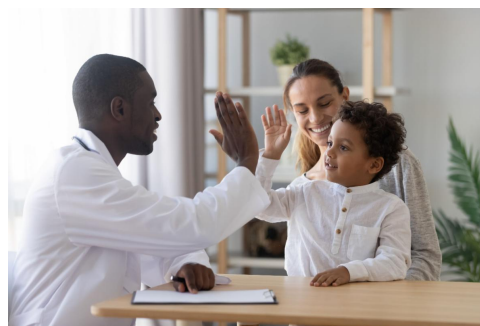


Get Help with MyChart, Phone, and Video Visits!

At NorthPoint we can help you complete your phone or video visits with your providers. We can also support you with [MyChart](#) access and other technical services like Zoom, Teams, and email newsletter sign-up. Call us at **612-348-9151** for more information!

Did You Receive a Good Faith Estimate for your Upcoming Visit?

If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest benefits. Your insurance or Medicaid coverage may have changed or expired.



A GFE **is not a bill**. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost. This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at **612-543-2500** to update us over the phone. You may also update your benefits information on [MyChart](#) or bring your newest information to your next visit.

COVID-19 Basics

The infographic features a red header with the NorthPoint Health & Wellness Center logo and the text "To Protect Yourself and Others from Covid-19 If you feel sick...". Below this is a yellow section with four circular icons: a person with a lightning bolt and a thermometer labeled "CHECK YOUR SYMPTOMS", a person wearing a mask labeled "START WEARING A MASK", a test tube and virus particles labeled "GET TESTED", and a person inside a house labeled "STAY HOME IF YOU TEST POSITIVE". The bottom of the infographic is a red banner with the text "GET VACCINATED" and "For more information, visit northpointhealth.org/coronavirus-updates".

Please Note:

Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call **612-543-2500** to get scheduled.

Masks are still required if you feel sick or if you have been around someone with COVID-19.

Visit our [COVID-19 information page](#) to learn more about the COVID-19 vaccine.

COVID-19 Vaccine

It's easy to get a COVID-19 vaccine at NorthPoint. Appointments are required. Call for an appointment at **612-348-9000**.

COVID-19 Testing

NorthPoint continues to administer COVID-19 tests. Appointments are required. Call for an appointment at **612-543-2500**.

Watch Making Health Happen

Have you checked out *Making Health Happen* yet? In each episode, we interview guests about health and



wellness topics important to North Minneapolis. You can now watch every episode by checking out our [Making Health Happen Playlist](#) on YouTube.

Join the NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)



Photo Credit: Bill Cooper



Quick Access:

- [Visit our website](#)
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