



NORTH POINT
Health & Wellness Center

COMMUNITY NEWSLETTER

DECEMBER 2023



The artist Barry Kleider in front of his newly installed piece entitled "We The People"

Contribute to NorthPoint before the end of 2023

NorthPoint is proud to partner with the community to create a healthier community.

Your partnership supports access to

comprehensive health and human services that meet people's basic needs today and help them get on a future path to optimal health, wellness, and economic security. If you would like to make a financial contribution before the end of the year, please visit our [Donate Page](#). And if you are looking for other ways to contribute, please visit our [Get involved](#).





Guest Satisfaction Survey

Your Feedback Matters!

We want to hear from you about your experience as a NorthPoint guest.

Please take a moment to complete our surveys:

- [Behavioral Health](#)
- [Dental](#)
- [Medical](#)

Northside Teen Clinic Winter Break Hours

The Northside Teen Clinic is open for appointments and walk-ins during the school break and is located at PYC Arts and Technology High School, 2210 Oliver Avenue N. Minneapolis, MN 55411. Walk-ins and appointments are available at this location Monday through Thursdays, 3:00pm to 6:00pm. Please feel welcome to stop by for a visit. To schedule an appointment ahead of time, please call Monday through Friday, 8:00am to 5:00pm. Please call 612-643-2001 or 612-543-2500.



For more information, visit our [Northside Teen Clinic Page](#)



Career Workshop Series

NorthPoint is providing opportunities to work one-on-one with a skilled business coach. Lunch will be provided.

Visit our [Ready For Success](#) registration page for dates and times and to learn more information.

Holiday Wish List Drive

NorthPoint is currently accepting donations for our annual holiday wish list drive through December 11, 2023.

To donate, visit our [NorthPoint Amazon Wish List](#)



Do You Have Medical Assistance (Medicaid) or MinnesotaCare?

Your time to re-apply and renew your health insurance may be soon. Visit the

[MN Department of Human Services](#) to find out ways to renew. If your information is updated, they will be able to contact you directly when it's time to renew.

If you have already received a renewal application and need help completing it, call NorthPoint at **612-767-9500**, or contact a [MNsured navigator](#).



Get Help with MyChart, Phone, and Video Visits!

At NorthPoint we can help you complete your phone or video visits with your providers. We can also support you with [MyChart](#) access and other technical services like Zoom, Teams, and email newsletter sign-up. Call us at **612-348-9151** for more information!



Did You Receive a Good Faith Estimate for your Upcoming Visit?

If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest benefits. Your insurance or Medicaid coverage may have changed or expired.

A GFE **is not a bill**. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost.

This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at **612-543-2500** to update us over the phone. You may also update your benefits information on [MyChart](#) or bring your newest information to your next visit.

COVID-19 Basics



NORTHPOINT
Health & Wellness Center

**To Protect Yourself and
Others from Covid-19**

If you feel sick...



GET VACCINATED

For more information, visit northpointhealth.org/coronavirus-updates

Please Note:

Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call **612-543-2500** to get scheduled.

Masks are still required if you feel sick or if you have been around someone with COVID-19.

Visit our [COVID-19 information page](#) to learn more about the COVID-19 vaccine.

COVID-19 Vaccine

It's easy to get a COVID-19 vaccine at NorthPoint. Appointments are required.

Call for an appointment at **612-348-9000**.

COVID-19 Testing

NorthPoint continues to administer COVID-19 tests. Appointments are required. Call for an appointment at **612-543-2500**.



Watch Making Health Happen

Have you checked out *Making Health Happen* yet? In each episode, we interview guests about health and wellness topics important to North Minneapolis. You can now watch every episode on YouTube. And make sure to [subscribe to our YouTube channel!](#)

WATCH NOW:

[Episode 1: Health Equity & Black History with Stella Whitney-West](#)

[Episode 2: Heart Health with Dr. Rahshana Price-Isuk](#)

[Episode 3: Nutrition with Karen Blanchard](#)

[Episode 4: Colorectal Cancer Awareness with Dr. Rahshana Price-Isuk](#)

[Episode 5: Alcohol Awareness with Dr. Helen Thomas and Wendy Nelson, RN](#)

[Episode 6: Oral Cancer Awareness with Dr. Michael Brooks](#)

[Episode 7: High Blood Pressure Awareness with Dr. Kevin Gilliam](#)

[Episode 8: Mental Health Awareness with Carmita McGlory](#)

[Episode 9: Kids' Mental Health with Zadok Nampala](#)

[Episode 10: Kids Ask Us about COVID](#)

[Episode 11: Men's Health with Dr. Kevin Gilliam and Isiah Jones](#)

[Episode 12: 2SLGBTQIA+ Pride with Dr. John Gatermann](#)

[Episode 13: Health Screenings with Dr. Janna Carlson](#)

[Episode 14: Hepatitis Awareness with Dr. Robin Councilman](#)

[Episode 15: Maternal and Child Healthcare with Dr. Lavonne Moore](#)

[Episode 16: Immunization Awareness with Dr. Carrie Nedrud and Kathy Kreitzer](#)

[Episode 17: Suicide Prevention with Zadok Nampala](#)

[Episode 18: Recovery Awareness with Dr. Lolita King](#)

[Episode 19: Lung Health Awareness with Dr. Paul Erickson](#)

[Episode 20: Breast Health Awareness with Lisa Jonas](#)

[Episode 21: Diabetes Awareness with Michelle Kimber](#)

[Episode 22: HIV/AIDS Awareness with Dr. Helen Thomas and To the Point](#)

[Episode 23: Flu Vaccine Awareness with Dr. Carrie Nedrud and Kathy Kreitzer](#)

[Episode 24: Health Literacy with Dr. Kevin Gilliam](#)

Join the

NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)



Photo Credit: Bill Cooper



Quick Access:

- [Visit our website](#)
- [MyChart/Pharmacy Refills](#)
- [Online Bill Pay](#)



NorthPoint Health & Wellness Center | 2220 Plymouth Ave N, Minneapolis, MN 55411

[Unsubscribe](#) sherrie.simpson@hennepin.us

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by northpointnews@hennepin.us