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Pictured: NorthPoint Community Food Shelf's new location at our main campus, viewed from north parking lot on 14th Ave N

NorthPoint Community Food Shelf Has a New Address!

We are excited to announce that our <u>Community Food Shelf</u> is located at a new address as of July 31:

2220 Plymouth Ave N Minneapolis, MN 55411

The new location means the Community Food Shelf is now physically connected to all of NorthPoint's services. Guests who need to see the dentist, visit their primary care doctor, or see their therapist can now stop by the Community Food Shelf during the same visit.

The Community Food Shelf is located on the north end of the building.

Free parking is available in our north lot (enter from 14th Ave N). Free overflow parking is still available in our ramp at 1256 Penn (enter from Plymouth Ave N & Oliver Ave N).

Questions? We'd love to hear from you! Please call us at **612.767.9500**. Or learn more at <u>northpointhealth.org/food</u>.



Free Fresh Food Fridays Continue through September!

We've already had several great events this summer! Tons of fresh fruits, vegetables, and community resources will be set up on each date, all summer long – rain or shine! Everyone in the community is welcome at this event.

Remaining dates:

- August 11 & 25
- September 8 & 22

Time: 9:30 a.m. until supplies run out Location: <u>Parking lot at Plymouth Ave N & Oliver Ave N</u>

Event information and flyers Volunteer questions and application Community tabling reservations

Brought to you in partnership with <u>Urban League Twin Cities</u> and the <u>U of M</u> <u>Urban Research Outreach-Engagement Center (UROC)</u>.

Pictured, L-R: Dr. Charles Vang; Lina Thao; Dr. Rahshana Price-Isuk; Dia Xiong; Stella Whitney-West; Cdr Antonio Vargas; and Dr. Chameng Vang

NorthPoint Hosts Twin Cities Hmong Health Care Forum

NorthPoint hosted the 2nd annual Twin Cities Hmong Health Care Forum on July 19. The event featured presentations by behavioral



health care professionals and a discussion on health literacy.

Panelists from NorthPoint included Ncha Xiong, MD; Robin Councilman, MD; May Hang, DNP, APRN, NP-C; Kelly Ruby, PharmD; LeePao Moua, Hmong Interpreter; and Lucy Vang, NorthPoint patient. NorthPoint organizers included Care Coordination Supervisor Lina Thao, RN, and OB Care Coordinator Dia Xiong, RN. Watch the broadcast of the full program on <u>3 Hmong TV</u>.

Partner participants included Charles Vang, MD, from <u>Hmong 18 Council</u>; Chameng Vang, DO, from <u>Hmong Health Care Professionals Coalition</u>; and Cdr Antonio Vargas, MBA, BSA, RN, from the <u>Health Resources and Services</u> <u>Administration (HRSA)</u>.



Kimberly Spates Honored!

NorthPoint Human Services Chief Operations Officer Kimberly Spates was honored this July with a Sons of Bransford Award.

The Sons of Bransford Awards honor and celebrate the resilience, service, and success of Black community leaders. It is named after the late James Bransford, who was a pioneer in the field of addiction recovery and a strong community leader.

Do You Have Medical Assistance (Medicaid) or MinneostaCare?

Your time to re-apply and renew your health insurance may be soon. Visit the <u>MN Department of Human Services</u> to

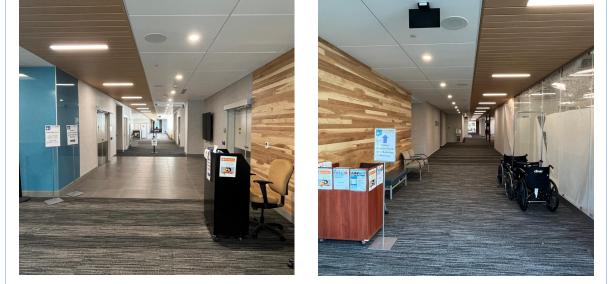


find out ways to renew. If your information is updated, they will be able to contact you directly when it's time to renew.

If you have already received a renewal application and need help completing it, visit Billing and Insurance at NorthPoint or call **612-348-4900**, or contact a <u>MNsure navigator</u>.

Campus Expansion Updates

NorthPoint Main Street is Now Open!



Pictured, Left: View from the north entrance (on 14th Ave N), looking south Right: View from the south entrance (on Plymouth Ave N), looking north

NorthPoint is excited to introduce our new "Main Street" corridor. "Main Street" is a single main hallway that connects the south entrance from Plymouth Ave N with the north entrance from 14th Ave N.

All services, including Medical, Dental, Behavioral Health, Eye Care, Laboratory, Radiology Imaging, Pharmacy, Human Services, and the Food Shelf are accessible from Main Street, or will become accessible from Main Street in the near future.

Some temporary walls are still in place while the construction team makes finishing touches. Thank you for your patience as we enter the final stages of our campus expansion!

For the most recent updates to location and parking, please visit our <u>Campus</u> <u>Expansion webpage</u>



Get Help with MyChart, Phone, and Video Visits!

At NorthPoint we can help you complete your phone or video visits with your providers. We can also support you with <u>MyChart</u> access and other technical services like Zoom, Teams, and email newsletter sign-up. Call us at **612-348-9151** for more information!



Did You Receive a Good Faith Estimate for your Upcoming Visit?

If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest

benefits. Your insurance or Medicaid coverage may have changed or expired.

A GFE **is not a bill**. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost. This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at **612-543-2500** to update us over the phone. You may also update your benefits information on <u>MyChart</u> or bring your newest information to your next visit.

COVID-19 Basics



To Protect Yourself and Others from Covid-19 *If you feel sick...*



GET VACCINATED

For more information, visit northpointhealth.org/coronavirus-updates

Please Note:

Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call 612-543-2500 to get scheduled.

Masks are still required if you feel sick or if you have been around someone with COVID-19.

Visit our <u>COVID-19 information page</u> to learn more about the COVID-19 vaccine.

COVID-19 Vaccine

It's easy to get a COVID-19 vaccine at NorthPoint. Appointments are required. Call for an appointment at 612-348-9000.

COVID-19 Testing

NorthPoint continues to administer COVID-19 tests. Appointments are required. Call for an appointment at 612-543-2500.

Watch Making Health Happen

Have you checked out *Making Health Happen* yet? In each episode, we interview guests about health and wellness topics important to North



Minneapolis. You can now watch every episode on YouTube. And make sure to <u>subscribe to our</u> <u>YouTube channel</u>!

WATCH NOW:

Episode 1: Health Equity & Black History with Stella Whitney-West

Episode 2: Heart Health with Dr. Rahshana Price-Isuk Episode 3: Nutrition with Karen Blanchard Episode 4: Colorectal Cancer Awareness with Dr. Rahshana Price-Isuk Episode 5: Alcohol Awareness with Dr. Helen Thomas and Wendy Nelson, RN Episode 6: Oral Cancer Awareness with Dr. Michael Brooks Episode 7: High Blood Pressure Awareness with Dr. Kevin Gilliam Episode 8: Mental Health Awareness with Carmita McGlory Episode 9: Kids' Mental Health with Zadok Nampala Episode 10: Kids Ask Us about COVID Episode 11: Men's Health with Dr. Kevin Gilliam and Isiah Jones Episode 12: 2SLGBTQIA+ Pride with Dr. John Gatermann Episode 13: Health Screenings with Dr. Janna Carlson Episode 14: Hepatitis Awareness with Dr. Robin Councilman Episode 15: Maternal and Child Healthcare with Dr. Lavonne Moore Episode 16: Immunization Awareness with Dr. Carrie Nedrud and Kathy Kreitzer Episode 17: Suicide Prevention with Zadok Nampala Episode 18: Recovery Awareness with Dr. Lolita King Episode 19: Lung Health Awareness with Dr. Paul Erickson Episode 20: Breast Health Awareness with Lisa Jonas Episode 21: Diabetes Awareness with Michelle Kimber Episode 22: HIV/AIDS Awareness with Dr. Helen Thomas and To the Point Episode 23: Flu Vaccine Awareness with Dr. Carrie Nedrud and Kathy Kreitzer Episode 24: Health Literacy with Dr. Kevin Gilliam

NorthPoint in the News

- <u>Changing the dynamic: A focus on nutrition</u> <u>is helping residents of north Minneapolis to</u> <u>make lasting changes</u> [MinnPost]
- <u>Twin Cites Hmong Health Care Forum</u> [3HmongTV]



- <u>Medicaid re-enrollment crisis could impact thousands of Northsiders</u> [North News - page 4]
- <u>Burdened by bad air, Northsiders face a summer of new pollutants</u> [North News page 7]

Join the NorthPoint Team

- Employment at Hennepin County
- Employment at NorthPoint Inc.



Photo Credit: Bill Cooper



Quick Access:

- <u>Visit our website</u>
- MyChart/Pharmacy Refills
- Online Bill Pay

