



NORTH POINT
Health & Wellness Center

COMMUNITY NEWSLETTER

JULY 2023



Pictured: NorthPoint staff welcome HRSA nurse consultant Antonio Vargas at the 2022 Hmong Health Care Forum

Hmong Health Care Forum July 19

NorthPoint is excited to host the 2nd annual Twin Cities Hmong Health Care Forum:

Wednesday, July 19

9:00 a.m.-12:00 p.m.

1256 Penn Ave N, Suite 5200

The event will feature presentations by behavioral health care professionals and a discussion on health literacy. It is open to community members, health care and public health professionals, community agencies, and faith-based organizations.

The event is free to attend, but registration is required. [Register here.](#)

For questions about the event, email Region5@hrsa.gov.

Presented by our partners at the [Health Resources and Services Administration \(HRSA\)](#), [Hmong 18 Council](#), and [Hmong Health Care Professionals Coalition](#).

Open Your Heart Summer Challenge!

Join NorthPoint this July as we continue working to make sure everyone has access to healthy



food.

We're participating in the **Open Your Heart Summer Challenge!**

[Donate today](#) – and be sure to select “Food Shelf and Hunger Relief Programs” in the donation form!



Pictured (L-R): Commissioner Kevin Anderson, Rep. Mohamud Noor, HHS Secretary Xavier Becerra, NorthPoint CEO Stella Whitney-West, and Commissioner and NorthPoint Board Member Irene Fernando

NorthPoint Welcomes U.S. Secretary of Health and Human Services to Discuss Medicaid

NorthPoint welcomed [U.S. Department of Health and Human Services Secretary Xavier Becerra](#) to our campus on June 8. He spoke with NorthPoint CEO Stella Whitney-West and Hennepin County Commissioner and NorthPoint Board Member Irene Fernando, along with Commissioners Angela Conley, Kevin Anderson, Chris LaTondresse, and Debbie Goettel, as well as leaders from neighboring counties and the State of Minnesota. They discussed how important it is to keep Medicaid recipients covered.

If you receive Medical Assistance (Medicaid) or MinnesotaCare, you may be due for renewal. NorthPoint can help you when it comes time to renew.

Find out your options for renewing and to keep your contact information up-to-date at one of the following resources:

- [MN Department of Human Services](#)

- [MNsured navigators](#)
 - [NorthPoint Billing and Insurance: 612-348-4900](#)
-



Free Fresh Food Fridays Continue through September!

We've already had several great events this summer!

Tons of fresh fruits, vegetables, and community resources will be set up on each date, all summer long – rain or shine! Everyone in the community is welcome at this event.

Remaining dates:

- July 14 & 28
- August 11 & 25
- September 8 & 22

Time: 9:30 a.m. until supplies run out

Location: [Parking lot at Plymouth Ave N & Oliver Ave N](#)

[Event information and flyers](#)

[Volunteer questions and application](#)

[Community tabling reservations](#)

Brought to you in partnership with [Urban League Twin Cities](#) and the [U of M Urban Research Outreach-Engagement Center \(UROC\)](#).

Do You Have Medical Assistance (Medicaid) or MinneostaCare?

Your time to re-apply and renew your health insurance may be soon. Visit the [MN Department of Human Services](#) to

find out ways to renew. If your information is updated, they will be able to contact you directly when it's time to renew.



If you have already received a renewal application and need help completing it, visit Billing and Insurance at NorthPoint or call **612-348-4900**, or contact a [MNsured navigator](#).

Campus Expansion Updates

Community Food Shelf New Address

Starting July 31!



*Community Food Shelf new location at 2220 Plymouth Ave (view from north side on 14th Ave),
Opening Monday, July 31*

NorthPoint is excited to open the new permanent location for our [Community Food Shelf](#) on our main campus starting **Monday, July 31**. Our new address will be **2220 Plymouth Ave N**.

Parking will be available at the main campus north parking lot (enter from 14th Ave N). Handicap parking is available.

The Food Shelf will be under the same roof as most other NorthPoint services, including medical, dental, behavioral health, and pharmacy. We are excited to bring more services together in the same location for the convenience of our guests.

For the most recent updates to location and parking, please visit our [Campus Expansion webpage](#)



Get Help with MyChart, Phone, and Video Visits!

At NorthPoint we can help you complete your phone or video visits with your providers. We can also support you with [MyChart](#) access and other technical services like Zoom, Teams, and email newsletter sign-up. Call us at **612-348-9151** for more information!



Did You Receive a Good Faith Estimate for your Upcoming Visit?

If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest benefits. Your insurance or Medicaid coverage may have changed or expired.

A GFE **is not a bill**. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost. This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at **612-543-2500** to update us over the phone. You may also update your benefits information on [MyChart](#) or bring your newest information to your next visit.

COVID-19 Basics



NORTHPOINT
Health & Wellness Center

**To Protect Yourself and
Others from Covid-19**
If you feel sick...



GET VACCINATED

For more information, visit northpointhealth.org/coronavirus-updates

Please Note:

Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call 612-543-2500 to get scheduled.

Masks are still required if you feel sick or if you have been around someone with COVID-19.

Visit our [COVID-19 information page](#) to learn more about the COVID-19 vaccine.

COVID-19 Vaccine

It's easy to get a COVID-19 vaccine at NorthPoint. Appointments are required. Call for an appointment at 612-348-9000.

COVID-19 Testing

NorthPoint continues to administer COVID-19 tests. Appointments are required. Call for an appointment at 612-543-2500.



Watch *Making Health Happen*

Have you checked out *Making Health Happen* yet? In each episode, we interview guests about health and wellness topics important to North Minneapolis. You can now watch every episode on YouTube. And make sure to [subscribe to our YouTube channel!](#)

WATCH NOW:

[Episode 1: Health Equity & Black History with Stella Whitney-West](#)

[Episode 2: Heart Health with Dr. Rahshana Price-Isuk](#)

[Episode 3: Nutrition with Karen Blanchard](#)

[Episode 4: Colorectal Cancer Awareness with Dr. Rahshana Price-Isuk](#)

[Episode 5: Alcohol Awareness with Dr. Helen Thomas and Wendy Nelson, RN](#)

[Episode 6: Oral Cancer Awareness with Dr. Michael Brooks](#)

[Episode 7: High Blood Pressure Awareness with Dr. Kevin Gilliam](#)

[Episode 8: Mental Health Awareness with Carmita McGlory](#)

[Episode 9: Kids' Mental Health with Zadok Nampala](#)

[Episode 10: Kids Ask Us about COVID](#)

[Episode 11: Men's Health with Dr. Kevin Gilliam and Isiah Jones](#)

[Episode 12: 2SLGBTQIA+ Pride with Dr. John Gatermann](#)

[Episode 13: Health Screenings with Dr. Janna Carlson](#)

[Episode 14: Hepatitis Awareness with Dr. Robin Councilman](#)

[Episode 15: Maternal and Child Healthcare with Dr. Lavonne Moore](#)

[Episode 16: Immunization Awareness with Dr. Carrie Nedrud and Kathy Kreitzer](#)

[Episode 17: Suicide Prevention with Zadok Nampala](#)

[Episode 18: Recovery Awareness with Dr. Lolita King](#)

[Episode 19: Lung Health Awareness with Dr. Paul Erickson](#)

[Episode 20: Breast Health Awareness with Lisa Jonas](#)

[Episode 21: Diabetes Awareness with Michelle Kimber](#)

[Episode 22: HIV/AIDS Awareness with Dr. Helen Thomas and To the Point](#)

[Episode 23: Flu Vaccine Awareness with Dr. Carrie Nedrud and Kathy Kreitzer](#)

[Episode 24: Health Literacy with Dr. Kevin Gilliam](#)

NorthPoint in the News

- [As Medicaid Signup Deadline Looms, Minnesota Health Officials Urge Recipients to Act Now](#) [MPR News]
- [Thousands of Minnesotans Could Lose Public Health Insurance If they Don't Take Action](#) [Minneapolis Star-Tribune]



- [HHS Secretary Highlights Medicaid Reenrollment](#) [KARE 11]

Join the NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)



Photo Credit: Bill Cooper



Quick Access:

- [Visit our website](#)
- [MyChart/Pharmacy Refills](#)
- [Online Bill Pay](#)

