

Pictured: NorthPoint staff and University of Minnesota staff co-hosted a job fair at the University of Minnesota's Robert

J. Jones Urban Research and Outreach-Engagement Center (UROC) in December 2022

### Metro Transit micro

Metro Transit micro serves the North Minneapolis community with easy-to-access bus rides. With Metro Transit micro, you can book a ride from wherever you are in the service area and a bus will come to you. It costs the same as regular Metro Transit buses, and you can pay with cash, a Go-To Card (including TAP cards, Metropass, College Pass, or Student Pass)



or with the Metro Transit app. Scroll down to view the service area map with NorthPoint locations.

#### **HOW IT WORKS:**

- 1. Download the Metro Transit micro app or call 651-602-1170
- 2. Create an account with your phone number and email address
- 3. Book a ride
- 4. Get picked up

Metro Transit micro costs the same as local bus routes and you can pay fare in cash, Go-To Card, or the Metro Transit app



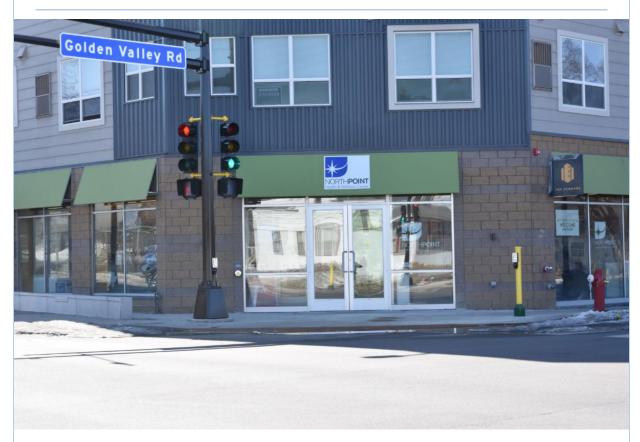
Pictured: Metro Transit micro service area map with NorthPoint locations



### Start 2023 with a contribution to NorthPoint

We at NorthPoint thank you for valuing our leadership in North Minneapolis and surrounding communities. We're proud to partner with the residents of North Minneapolis and the northern suburbs to help people overcome the many barriers that still exist, and to work alongside each other to create a healthier community. If you would like to make a financial contribution, please

visit our <u>Donate page</u>. And if you are looking for other ways to contribute, please visit our <u>Get Involved page</u>. Thank you for partnering with us to create a healthier community!



Pictured: NorthPoint Community Food Shelf on the corner of Penn Ave N & Golden Valley Road

## NorthPoint Community Food Shelf is open

NorthPoint's Food Shelf is open to the community year-round. Located at 1835 Penn Ave N, the Community Food Shelf is open Monday to Thursday from 10 AM to 4 PM. Free produce giveaways happen on Tuesdays and Thursdays at 9 AM. Visit our Community Food Shelf page for more details.



### GIVE KIDS A SMILE 2023

#### FREE DENTAL CARE FOR KIDS!

Give Kids A Smile is an annual event when dental professionals throughout the state volunteer to provide free dental care for children ages 0-17. Parents can now find local participating clinics by visiting mndental.org or by calling United Way 2-1-1 or 1-800-543-7709.

Every child must be accompanied by a parent or legal guardian.

#### FRIDAY, FEBRUARY 3RD: 8:30 AM to 4:00 PM

SATURDAY, FEBRUARY 4TH: 8:00 AM to 11:00 AM

Call 612-543-2500 to schedule!

## **Campus Expansion Updates**

# Campus Expansion Spotlight: Dental Specialty Center



Each month we are highlighting some exciting efforts behind NorthPoint's campus expansion. This month we highlight the Dental Specialty Center. The Dental Specialty Center will create operatories with specialty dental chairs and space designed to better serve children, the elderly, and adults with limited mobility.

New, permanent clinic address now in effect



Pictured: The new NorthPoint main campus entrance on Plymouth Ave N

Effective January 1, 2023, our address is **2220 Plymouth Ave N, Minneapolis, MN 55411**. We are staying in the same familiar spot in the heart of North Minneapolis at the corner of Penn and Plymouth, but as our building grows, **our entrance has permanently moved to the Plymouth Ave side**.

## Please allow extra time before your appointments to adjust to these changes!

For the most recent updates to location and parking, please visit our <u>Campus</u>

<u>Expansion webpage</u>



## Watch Making Health Happen

If you've tuned into 89.9 KMOJ on Monday evenings you may have caught our new talk show, Making Health Happen. Each episode we interview guests about health and wellness topics important to North Minneapolis and now you can watch each episode on YouTube. Make sure to subscribe to our YouTube <a href="mailto:channel">channel</a> to watch new episodes!

#### **WATCH NOW:**

Episode 4: Colorectal Cancer Awareness with Dr. Rahshana Price-Isuk
Episode 5: Alcohol Awareness with Dr. Helen Thomas and Wendy Nelson, RN
Episode 6: Oral Cancer Awareness with Dr. Michael Brooks
Episode 7: High Blood Pressure Awareness with Dr. Kevin Gilliam
Episode 8: Mental Health Awareness with Carmita McGlory
Episode 9: Kids' Mental Health with Zadok Nampala
Episode 10: Kids Ask Us about COVID
Episode 11: Men's Health with Dr. Kevin Gilliam and Isiah Jones
Episode 12: 2SLGBTQIA+ Pride with Dr. John Gatermann
Episode 13: Health Screenings with Dr. Janna Carlson
Episode 14: Hepatitis Awareness with Dr. Robin Councilman
Episode 15: Maternal and Child Healthcare with Dr. Lavonne Moore
Episode 16: Immunization Awareness with Dr. Carrie Nedrud and Kathy Kreitzer
Episode 17: Suicide Prevention with Zadok Nampala
Episode 18: Recovery Awareness with Dr. Lolita King
Episode 19: Lung Health Awareness with Dr. Paul Erickson
Episode 20: Breast Health Awareness with Lisa Jonas
Episode 21: Diabetes Awareness with Michelle Kimber
Episode 22: HIV/AIDS Awareness with Dr. Helen Thomas and To the Point
Episode 23: Flu Vaccine Awareness with Dr. Carrie Nedrud and Kathy Kreitzer
NEW! Episode 24: Health Literacy with Dr. Kevin Gilliam

Episode 1: Health Equity & Black History with Stella Whitney-West

Episode 2: Heart Health with Dr. Rahshana Price-Isuk

**Episode 3: Nutrition with Karen Blanchard** 

## **COVID-19 Basics**



# As we spend more time indoors, here are some important reminders:







## Visit northpointhealth.org to find out more about the COVID-19 vaccine.

#### **Please Note:**

Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call 612-543-2500 to get scheduled.

Masks are still required in all NorthPoint facilities, no matter your vaccination status.

Visit our <u>COVID-19</u> information page to learn more about the COVID-19 vaccine.

#### **COVID-19 Vaccine**

It's easy to get a COVID-19 vaccine at NorthPoint. We provided 21,894 doses in 2021 and 5,630 doses in 2022. Appointments are required. Call for an appointment at 612-348-9000.

#### **COVID-19 Testing**

NorthPoint continues to administer COVID-19 tests. We administered 8,756 in 2020, 3,794 in 2021, and 2,665 in 2022. Appointments are required. Call for an appointment at 612-543-2500.

# Join the NorthPoint Team

• Employment at Hennepin County

• Employment at NorthPoint Inc.



Photo Credit: Bill Cooper









## **Quick Access:**

- <u>Visit our website</u>
- The Pharmacy AppOnline Bill Pay

