



COMMUNITY NEWSLETTER

JULY 2022



 **OPEN YOUR HEART**
TO THE HUNGRY AND HOMELESS

Summer Challenge
July 1 -31

Pictured: Open Your Heart July Challenge

Increase The Impact of Your Donation in July!

NorthPoint's Community Food Shelf is working to meet the increased need in our community by participating in the **Open Your Heart to the Hungry and Homeless** (OYH) annual *Summer Challenge*. Your donation to NorthPoint's food shelf during the month of July will be proportionally matched by Open Your Heart. The more you donate, the larger our matching grant from Open Your Heart will be.

During the summer months, when children are out of school, many families must meet the increased need in their food budgets. Summer is the time of year when we typically see an increase in families with children visiting our food shelf. This year our families have the added challenge of food price inflation.

Your contribution of any amount will have a significant impact on our efforts to support families and children in our community. Please [donate today](#) and help us meet the needs of our community.

Free Fresh Food Fridays are back!

Summer is here and so are Free Fresh Food Fridays! Free produce and community resources will be available to all **every 2nd and 4th Friday of the month**. Located at the parking lot at Plymouth & Oliver **beginning at 9:30 AM until supplies run out**. Rain or shine, we will be there! Mark your calendars with the dates below and we'll see you this summer!

Upcoming Free Fresh Food Fridays

July 8 & 22
August 12 & 26
September 9 & 23

FREE FRESH FOOD FRIDAYS

Free Produce • Community Resources

 **9:30 am**
until supplies run out
rain or shine

LOCATION: Parking Lot at Plymouth & Oliver

MAY	JUNE	JULY	AUGUST	SEPTEMBER
13 & 27	10 & 24	8 & 22	12 & 26	9 & 23

612-767-9500 • www.northpointhealth.org
For information about the COVID vaccine, please visit us on the web!



Campus Expansion Updates

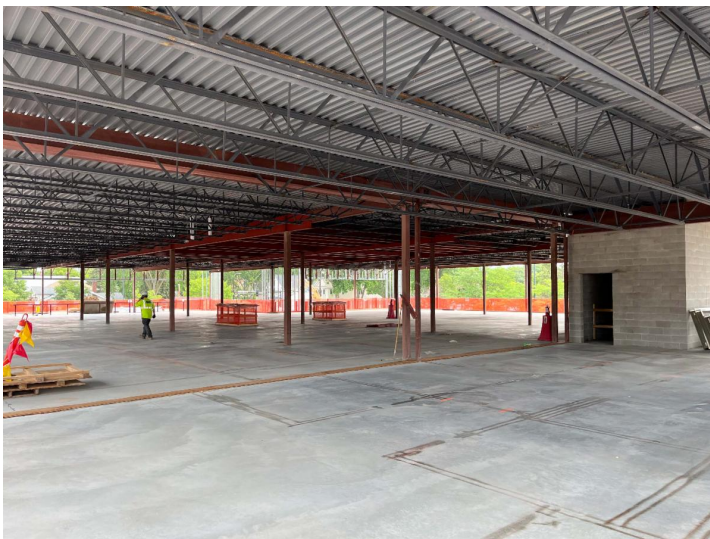
Pictured right: Aerial image looking northwest with Penn Avenue on the right side of the image and Plymouth Avenue on at the bottom of the image. The new clinic entrance will be re-located to Plymouth Ave North after construction is complete.



Pictured left: South addition from Penn Ave. The exterior envelope will be finishing in July. This addition will house the new entrance for the clinic, which will move to Plymouth Ave North after construction is complete.



Pictured right: North addition from Penn Ave. The exterior envelope will be finishing in August. This building will house additional NorthPoint services.



Pictured left: Second floor of north addition, ready for wall partitions and mechanical/electrical rough-ins. This building will house additional NorthPoint services.

For the most recent updates to location and parking, check out our [Campus Expansion webpage!](#)

Watch Making Health Happen

If you've tuned into 89.9 KMOJ on Monday evenings you may have caught our new talk show, Making Health Happen. Each episode we interview guests



about health and wellness topics important to North Minneapolis and now you can watch each episode on YouTube. Make sure to [subscribe to our YouTube channel](#) to watch new episodes! And listen on 89.9 KMOJ "THE PEOPLES STATION" Mondays at 6:00 PM.

WATCH NOW:

[Episode 1: Health Equity & Black History with Stella](#)

[Whitney-West](#)

[Episode 2: Heart Health with Dr. Rahshana Price-Isuk](#)

[Episode 3: Nutrition with Karen Blanchard](#)

[Episode 4: Colorectal Cancer Awareness with Dr. Rahshana Price-Isuk](#)

[Episode 5: Alcohol Awareness with Dr. Helen Thomas and Wendy Nelson, RN](#)

[Episode 6: Oral Cancer Awareness with Dr. Michael Brooks](#)

[Episode 7: High Blood Pressure Awareness with Dr. Kevin Gilliam](#)

[Episode 8: Mental Health Awareness with Carmita McGlory](#)

[Episode 9: Kids' Mental Health with Zadok Nampala](#)

[Episode 10: Kids Ask Us about COVID](#)

NEW! [Episode 11: Men's Health with Dr. Kevin Gilliam and Isiah Jones](#)

NEW! [Episode 12: 2SLGBTQIA+ Pride with Dr. John Gatermann](#)

NEW! [Episode 13: Health Screenings with Dr. Janna Carlson](#)

NEW! [Episode 14: Hepatitis Awareness with Dr. Robin Councilman](#)

COVID-19 Basics



NORTHPOINT
Health & Wellness Center

**To Protect Yourself and
Others from Covid-19**

If you feel sick...



GET VACCINATED

For more information, visit northpointhealth.org/coronavirus-updates

Please Note:

Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call 612-543-2500 to get scheduled.

Masks are still required in all NorthPoint facilities, no matter your vaccination status.

[Visit our COVID-19 information page](#) to learn more about the COVID-19 vaccine.

Join the NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)





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