



Pictured: Free Fresh Food Fridays entrance on Plymouth Ave N

Free Fresh Food Fridays are back!

Summer is here and so are Free Fresh Food Fridays! Free produce and community resources will be available to all **every 2nd and 4th Friday of the month**. Located at the parking lot at Plymouth & Oliver **beginning at 9:30 AM until supplies run out**. Rain or shine, we will be there! Mark your calendars with the dates below and we'll see you this summer!

Upcoming Free Fresh Food Fridays

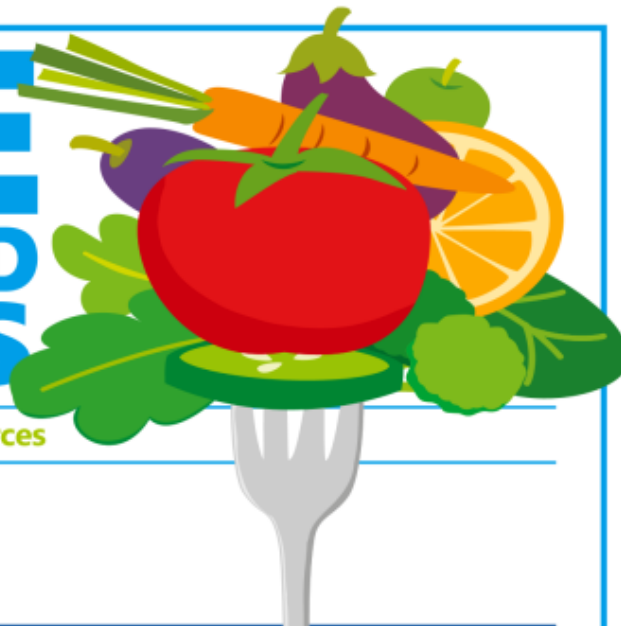
June 10 & 24

July 8 & 22

August 12 & 26

September 9 & 23

FREE FRESH FOOD FRIDAYS



Free Produce • Community Resources



9:30 am

until supplies run out
rain or shine

LOCATION: Parking Lot at Plymouth & Oliver

MAY
13 & 27

JUNE
10 & 24

JULY
8 & 22

AUGUST
12 & 26

SEPTEMBER
9 & 23

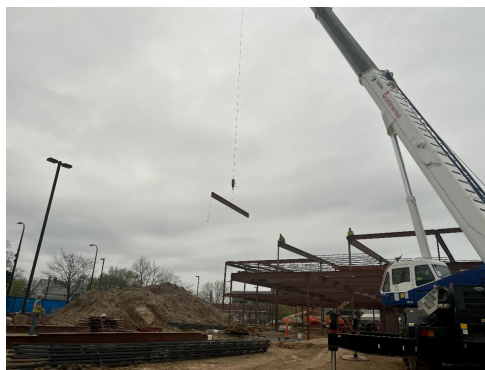
612-767-9500 • www.northpointhealth.org

For information about the COVID vaccine, please visit us on the web!

Campus Expansion Updates

Final beam of construction is placed

On Wednesday May 11th, the final beam of NorthPoint's campus expansion construction was put in place by crew from JE Dunn Construction. Prior to its hoisting, the beam was signed by NorthPoint staff to commemorate a milestone in a highly anticipated campus expansion project. Stay tuned for more updates to our campus expansion on [our website](#).



A community member's story comes full circle at NorthPoint

Som Boulaphanh, co-founder and partner of [Victus Engineering](#) in St. Paul, arrived to north Minneapolis with his

family in 1979 as refugees. In a story by Sahan Journal, Som recalls coming to NorthPoint (then know as Pilot City) with his family. In a serendipitous turn of events, Victus Engineering is now in contract with NorthPoint for its campus expansion, a major accomplishment for a startup firm in a competitive industry.

In his own words, Som described Pilot City as "more than just a healthcare facility for newly arrived refugees such as my family and others" who settled in north Minneapolis in the lates 1970s and early 80s.

About Victus Engineering's selection to work on the NorthPoint campus expansion, Som said "I truly truly believe my journey has come full circle now to have had the opportunity to give back to my community in such a close and direct way within my expertise."

You can read more of [Som's story](#) in Sahan Journal.

This story comes to you from [Sahan Journal](#), a nonprofit newsroom dedicated to covering Minnesota's immigrants and communities of color. Sign up for their [free newsletter](#) to receive Sahan's stories in your inbox. Photo Credit: Ben Hovland | Sahan Journal

Volunteer Spotlight

Our Volunteer of the Month for June is Sue! She's been a fantastic volunteer for over two years now, supporting our Toys for Tots and Free Fresh Food Fridays events, vaccine clinics, AND is a regular at our Food Shelf. Sue's volunteer style is to sign up for shifts that open up when a regular volunteer is out. It's so helpful having someone like Sue to come in as needed! NorthPoint is a volunteer-powered organization. Our volunteers help make our mission possible. Interested in volunteering? [Sign up to be a volunteer](#) or contact Larissa at llittle@npimn.org



 GREATNONPROFITS

Write a review of NorthPoint!

You can help us raise visibility for our work by posting a review of your experience as a NorthPoint leader, supporter, donor and/or volunteer! [GreatNonprofits](#) is a review site like TripAdvisor.

GreatNonprofits is honoring highly reviewed nonprofits with their 2022 Top-Rated Awards. Writing a review is easy to do and really only takes three minutes. [Here's where to write your review](#). Thank you!

NorthPoint CEO honored at Donate Life Day Celebration

NorthPoint CEO Stella Whitney-West was honored on April 28th at the Donate Life Day Celebration for championing the lifesaving mission of [LifeSource](#), an organ, eye, and tissue donation organization. Ms. Whitney-West accepted the 2022 Community Partner of the Year Award in honor of NorthPoint staff, board of directors and the people and communities we serve. Organ donation is personal for Ms. Whitney-West, whose friend received the gift of life with a lung transplant and inspired her to advocate for organ donation in the African American community. Congratulations Stella!



Watch Making Health Happen

If you've tuned into 89.9 KMOJ on Monday evenings you may have caught our new talk show, Making Health Happen. Each episode we interview guests about health and wellness topics important to North Minneapolis and now you can watch each episode on YouTube. Make sure to [subscribe to our YouTube channel](#) to watch new episodes! And listen on 89.9 KMOJ "THE PEOPLES STATION" Mondays at 6:00 PM.

WATCH NOW:

[Episode 1: Health Equity & Black History with Stella Whitney-West](#)

[Episode 2: Heart Health with Dr. Rahshana Price-Isuk](#)

[Episode 3: Nutrition with Karen Blanchard](#)

[Episode 4: Colorectal Cancer Awareness with Dr. Rahshana Price-Isuk](#)

[Episode 5: Alcohol Awareness with Dr. Helen Thomas and Wendy Nelson, RN](#)

[Episode 6: Oral Cancer Awareness with Dr. Michael Brooks](#)

NEW! [Episode 7: High Blood Pressure Awareness with Dr. Kevin Gilliam](#)

NEW! [Episode 8: Mental Health Awareness with Carmita McGlory](#)

NEW! [Episode 9: Kids' Mental Health with Zadok Nampala](#)

NEW! [Episode 10: Kids Ask Us about COVID](#)

COVID-19 Basics



NORTHPOINT
Health & Wellness Center

**To Protect Yourself and
Others from Covid-19**

If you feel sick...



GET VACCINATED

For more information, visit northpointhealth.org/coronavirus-updates

Please Note:

Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call 612-543-2500 to get scheduled.

Masks are still required in all NorthPoint facilities, no matter your vaccination status.

[Visit our COVID-19 information page](#) to learn more about the COVID-19 vaccine.

Join the NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)





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