



**NORTHPOINT**  
Health & Wellness Center



## COMMUNITY FOOD SHELF



### WHO WE ARE

NorthPoint's Community Food Shelf provides supplemental food, SNAP enrollment and MNsure registration.

2220 Plymouth Ave N  
Mpls, MN 55411  
(enter on 14th Ave N)

612-767-9500

[www.northpointhealth.org](http://www.northpointhealth.org)

### HOW CAN WE HELP?

We can help you with:

- 4 day supply once every calendar month
- Baby food/diapers with food request
- MNsure registration and SNAP enrollment
- Access to health care services
- All are welcome to use the food shelf.

### FOOD SHELF HOURS

Monday—Thursday (closed Friday)

Daily Express Mart: 9 a.m.-11 a.m.

Food Shelf: 11 a.m.-4 p.m.



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## DESPENSA COMUNITARIA



### QUIÉNES SOMOS

La despensa comunitaria de NorthPoint ofrece un programa de asistencia alimentaria, inscripción para el programa SNAP y registro para MNsure.

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Podemos ayudarle con:

- Suministro alimentario de 4 días por cada mes.
- Comida para bebés y pañales con cada pedido de comida
- Registro para MNsure e inscripción para el programa SNAP
- Acceso para servicios de salud
- Todos/as son bienvenidos en la despensa.



De lunes a jueves (no hay despensa los viernes)

Minidespensa diaria: 9 a.m.-11 a.m.

Depensa Comunitaria: 11 a.m.-4 p.m.