

# 2022 ANNUAL REPORT



**NORTHPOINT**  
Health & Wellness Center

## 2022 COMMUNITY BOARD

### BOARD LEADERSHIP

Juan Jackson, Chair  
Jeff Washburne, Vice Chair  
Tina Nguyen, Treasurer  
Rafaela Salido, Secretary

### BOARD MEMBERS

Atum Azzahir  
Charles Caldwell  
Comm. Irene Fernando  
Seakh Menheer  
Beverly Propes  
Josh Resnick  
Rev. Alanna Tyler  
Kevin Wright

## A MESSAGE FROM OUR CEO & BOARD CHAIR

Like many community-led organizations, NorthPoint Health & Wellness Center continues to navigate a new world changed by the COVID-19 pandemic. As we look back on the progress we made in 2022, it is clear that the pandemic is not over for everyone. Many members of our community continue to experience health inequities that were intensified due to the pandemic. While it is important to look toward a healthier future, the impact of racial justice and health equity is significant in creating a healthier future and a healthier community. NorthPoint works with the community and the people we serve to make that happen. We are proud to share with you this annual report of our achievements.

From our founding as part of the Civil Rights movement in the late 1960s, NorthPoint has been at the forefront of community healing. We, as a community, have faced many physical, social, and economic challenges of the last few years. NorthPoint is here to meet the social and emotional needs of people we serve by providing access to health care, mental health, social and financial wellbeing.

In 2022 NorthPoint made major progress on our campus expansion, ever evolving to help better meet the needs of the community. By remaining open at all of our locations for the entire duration of construction until early 2024, we remain a north star for health and wellness in the community. This would not be possible without the support of our supporters, neighbors, and community partners. Because of you, we can "Partner to create a healthier community."

***Thank you for helping us make health happen!***



*Stella Whitney-West*

**Stella Whitney-West**  
Chief Executive Officer



*Juan Jackson*

**Juan Jackson**  
Community Board Chair

# OUR MISSION, VISION, AND VALUES

## MISSION

NorthPoint is partnering to create a healthier community.

## VISION

NorthPoint Health & Wellness Center sets a standard of excellence in providing culturally responsive, integrated, holistic primary health and social services that strengthens our community and the lives of the people we serve.

We are leaders and partners in a shared vision of a healthy, environmentally safe, and economically stable, self-reliant community.

## VALUES

### • DIVERSITY / INCLUSION

We meet each other's cultural needs and embrace our cultural differences and create an environment honoring each other's dignity and contributions.

### • COMPASSION

We create a caring environment that encourages healing, growth, and well-being, and delivers accessible and responsive health care and human services.

### • STEWARDSHIP

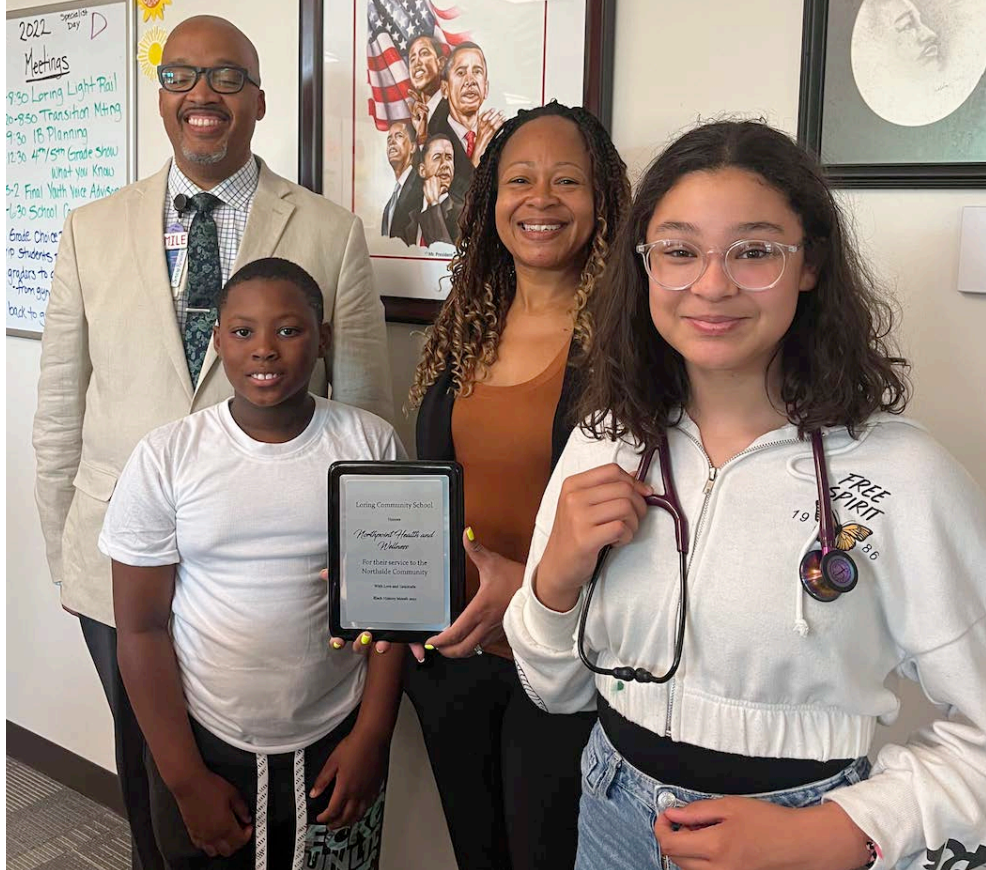
We earn the enduring goodwill of our clients, our patients and their families, and we are accountable and hold ourselves to high standards.

### • INNOVATION

We support the rapid diffusion of new ideas and new technology, and deliver an integrated holistic approach to health and human services.

### • INTEGRITY

We treat each other fairly, and behave ethically.



## OUR WORK

### At NorthPoint, we're making health happen.

NorthPoint partners to create a healthier community by providing health and human services from all angles. As a federally qualified health center, we integrate health care with programming that empowers guests to work toward their goals by addressing the social factors that determine health and wellness.

Your involvement is an investment in the health and wellness of the North Minneapolis community. Community support of our general operating costs helps us implement this work toward community healing. It helps us make health happen!

### *We serve the community in four key areas:*

#### • MEDICAL

Providing whole-person care through a full-service clinic for people of all ages.

#### • DENTAL

Making healthy smiles happen through routine, urgent, and specialty dental services.

#### • BEHAVIORAL HEALTH

Supporting your goals for health and wellness through individual and group therapy, chemical health support, and psychiatric care.

#### • HUMAN SERVICES

Reaching out to the neighborhood through support programs and community resources.



## PROGRAM SPOTLIGHT:

# FOOD PROGRAMS

**NorthPoint's mission of partnering to create a healthier community includes increasing access to healthy, culturally appropriate food.**

At NorthPoint, we provide a place for community members to get groceries and other everyday needs.

We have done this work through our Community Food Shelf, our Northside Partners for Home Delivery, our mobile Food Shelf, our mobile Food Shelf, and more.

*In 2022, our food programs achieved the following:*

### FOOD PROGRAMS IN TOTAL

- 825,983 pounds of groceries distributed
- 4,571 households served
- 11,277 individuals served

### MOBILE FOOD SHELF

- 18,612 pounds of groceries distributed
- 560 visits throughout the year

### FREE FRESH FOOD FRIDAYS (MAY-SEPTEMBER)

- 143,603 pounds of fresh produce distributed
- 13,044 visits throughout the summer

### NORTHSIDE PARTNERS FOR HOME DELIVERY

- Over 60,000 pounds of groceries delivered
- Up to 143 households delivered weekly
- Cultivated partnerships with Appetite for Change, Northside Achievement Zone, Transportation & Delivery Inc. and Cub Foods Northside

## PROGRAM SPOTLIGHT:

# HMONG HEALTH CARE FORUM

**NorthPoint's commitment to making health happen in North Minneapolis means we partner with local, state and federal agencies to deliver critical health messages to the communities we serve.**

As a federally qualified health center, NorthPoint works in close connection with the Health Resources and Services Administration (HRSA) to ensure we are conveying feedback from our community back to those agencies.

In 2022, NorthPoint hosted the first Twin Cities Hmong Health Care Forum. The goal was to receive feedback from community members and health care professionals that work with the Hmong population to assist HRSA in identifying potential resources and programs for the Hmong community.

Panel discussions and listening sessions covered topics ranging from maternal child health, chronic disease, and substance use disorder, to COVID-19.

NorthPoint plans to continue this discussion as an annual community summit on Hmong health care topics in partnership with HRSA, the Hmong Health Care Professionals Coalition, and the Hmong 18 Council.