

# Baaritaanka gulukoosta dhiigga ee

## sanadlaha ah Da'da 18 iyo wixii ka weyn xubnaha la nool xanuunka macaanka

Waxaad ku kasban kartaa hal kaarka hadiyad oo ay ku jirto \$25 sanadkiiba si aad u dhamaystirto baaritaanka A1c sida uu kugu taliyay adeeg bixiyahaagu.

### Si aad u kasbato kaarka hadiyadda:

- Waa inaad tahay xubin ka tirsan Hennepin Health wakhtiga aad qaadanayso baaritaanka gulukooska dhiigga (A1c) iyo marka fojarka la sarifanayo.
- Waa inaad u leedahay aqoon cudurka macaanka.
- Adeeg bixiyahaagu waa inuu kujiraa shabakada Hennepin Health.
- La xiriir adeeg bixiyahaaga si aad jadwal ugu sameyso baaritaankaaga A1c.

### Raac tilmaamahan si aad u hesho kaarkaaga hadiyadda:

1. Buuxi qeybta xubinta ee foomka hoos ku xusan kana codso adeeg bixiyahaaga inuu buuxiyo qaybta adeeg bixiyaha.
2. Marka foomka la buuxiyo ku soo celi Hennepin Health.
3. Waxaad heli dontaa kaarkaada hadiyada 4-6 toddobaad gudahood.

Fiiro gaar ah: Kama badali karno kaararka hadiyadaha lumay ama la xaday.

Haddii aadan sameyn xulashada kaarka hadiyadda, mid waan kuu sameyn doonaa.

- Sanduuqan sax haddii aad rabto inaad ka soo qaadato kaadhkaaga hadiyada Xarunta Adeegga Xubinta. Waan ku soo wici doonaa markay diyaar noqoto.

## Su'aalo?

Wac Adeegyada katirsan Hennepin Health

Gudaha: 612-596-1036

TTY: 711

Booqo *Healthwise Knowledgebase*® si aad wax badan uga barato sida aad u maareyn karto cudurka macaanka iyo ilaha dheeriga ah:  
[www.healthwise.net/hennepin](http://www.healthwise.net/hennepin)

*Ku buuxi  
foomkan adeeg  
bixiyahaaga*



Waxaa buuxinaya xubinta					
Magaca hore		Magaca Dhexe ee hore		Magaca dambe	
Taariikhada dhalashada		Lambarka Aqoonsiga ee Hennepin Health		Lambarka telefoonka	
Cinwaanka wadada				Guryaha #	
Magaalada		Gobolka	Lambarka boostada	Doorashada kaarka hadiyadda <input type="checkbox"/> Target <input type="checkbox"/> Walmart	
To be completed by provider					
Date of A1c test			Does the patient have a diagnosis of diabetes noted in their chart: Yes <input type="checkbox"/> No <input type="checkbox"/>		
Provider signature				Date	
Clinic name/stamp				Clinic phone number	
<b>Hennepin Health use only</b> Approved by:					

Barnaamijkan abaalmarinta wuu is beddeli karaa ogeysiis la'aan. Wac Adeegyada Xubnaha si aad u hesho macluumaadka ugu dambeeyay.

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**Hennepin Health 612-596-1036**  
**Monday–Friday, 8 a.m.–4:30 p.m.**

Attention. If you need free help interpreting this document, call the above number.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntau ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

Digniin. Haddi aad u baahantahay caawimaad iacag-la' aan ah ee tarjumaadda qoraalkan, iambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

LB2 (10-20)



612-596-1036  
hennepinhealth@hennepin.us

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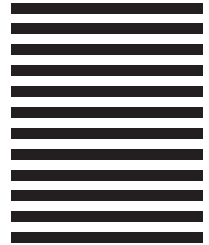
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**Baaritaanka gulukoosta  
dhiigga ee sanadlaha ah  
— \$25 kaar hadiyad ah**

