

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 School Nurse Conference 8-4pm	2 HHC Hypertension Event 9-12pm
3	4	5 Central Library Health Fair 1-3pm	6	7 Penn Lake Library Tabling 12-2pm	8	9
10	11	12 Basilica Tabling 9- 11:30am	13 Hennepin County Virtual Resource Fair 1-2pm	14	15	16 PICA Parent Connect 10-1pm
17	18	19	20 VEAP Tabling 11-1pm MSC Dental Day	21 EAC Meeting 5-7pm	22 Minnetonka MS Resource Night 6-8pm	23
24	25	26	27	28	29	30

PICA HEAD START PARENTS YOU ARE INVITED TO THE:

PARENT CONNECT EVENT

WITH OVER 50 VENDORS AND AGENCIES IN ONE LOCATION, THERE IS SOMETHING FOR EVERYONE. JOIN US AND GET THE RESOURCES YOUR FAMILY NEEDS!



Event Highlights

- JOB TRAINING & JOB OPPORTUNITIES
- PARENT INVOLVEMENT OPPORTUNITIES AT PICA & HOW YOU CAN GET INVOLVED!
- COMMUNITY RESOURCES
- HOUSING INFORMATION BOOTHS
- APPLY FOR ENERGY ASSISTANCE
- LEARN MORE ABOUT DISABILITY SERVICES FOR CHILDREN
- HEALTH INSURANCE INFORMATION
- MUSIC & FUN ACTIVITIES FOR THE KIDS



Please make sure to grab winter accessories that will be available.



DATE & TIME:

**Saturday,
November 16, 2024**

10:00 AM- 1:00 PM

LOCATION:

PICA McKnight Center
4225 3rd Ave S,
Minneapolis, MN 55409



CONTACT YOUR ADVOCATE ABOUT TRANSPORTATION. LUNCH WILL BE PROVIDED.

YOU ARE INVITED TO JOIN US!

MINNETONKA
Community
and
Resource
NIGHT

Friday, November 22 ★ 6-8 p.m.
Minnetonka Middle School East
17000 Lake Street Extension, Minnetonka MN

★ **Resources for families in one convenient place**
From housing and healthcare (including flu shot for ages 11-18) to food support, immigration, energy assistance, school activity sign up and more

★ **Community-building activities for families**
Fun games, crafts, bouncy houses, treats, prizes, a read-aloud story time, cultural information booths and a pizza dinner

Scan to RSVP



Language interpreters on-site!

Free books for all!

Bring the entire family!

Volunteer Opportunities Available:
bit.ly/mtka-night-2024



TAKE CONTROL

Improving High Blood Pressure
with Hennepin Healthcare

Saturday, November 2 | 9 am - 12 pm

Clinic & Specialty Center, Level 2 - 715 S 8th Street, Minneapolis 55404



HEALTH EDUCATION • RAFFLE & PRIZES • FOOD

- Learn about hypertension
- Check your blood pressure with a nurse*
- Go over medication with a pharmacist*
- Participate in a group education experience and see if group visits might be right for you

Walk-ins welcome!

***Prefer to schedule? Call 612-873-6963.**

