

# **HEDIS Summary Measurement Year 2023 - Prepaid Medical Assistance Program (PMAP)**

**June 1, 2025**



## Hennepin Health HEDIS® MY2023 Summary

This section provides the Hennepin Health HEDIS® rate analysis for identified measures by program. Data collected for HEDIS® Measurement Year (MY) 2023 is from the calendar year 2023 and is reported by the individual program. While Hennepin Health has experienced growth and stability in its product offerings, the children and adolescent population in the Hennepin Health PMAP remains small. For most children and adolescent measures, the 411 minimal sampling requirement is not met.

Hennepin Health, in collaboration with eight Minnesota health plans, creates an annual Minnesota health plan average for each HEDIS® measure to allow for rate comparison between health plans. Minnesota strives to produce high HEDIS® rates, focusing upon the quality of care rather than the quantity of care. The Minnesota average is provided in this report for select HEDIS® measures where an average was created.

## Hennepin Health Measure Strengths HEDIS® MY2023

HEDIS® measure strengths are Hennepin Health's HEDIS® rates that are above their respective Minnesota average. HEDIS® measure strengths are identified at the program level.

The Hennepin Health PMAP program scored higher than the Minnesota average for the following measures:

- *Childhood Immunization Status (CIS) – Polio, MMR, Hep-B, VZV, Flu, Combo-3, Combo-10*
- *Immunizations for Adolescents (IMA) – HPV, Combo-2*
- *Chlamydia Screening in Women (CHL) – Ages 16-20, Ages 21-24, Total*
- *Persistence of Bet-Blocker Treatment After a Heart Attack (PBH)*
- *Follow-Up Care for Children Prescribed ADHD Medication (ADD) – Continuation*
- *Use of Opioids from Multiple Providers (UOP) – Prescribers*
- *Initiation and Engagement of Substance Use Disorder Treatment (IET) – Initiation Phase, Ages 18-64, Total*

## Hennepin Health Measure Opportunities HEDIS® MY2023

Measure opportunities are measures where Hennepin Health's rates fell below the Minnesota average. HEDIS® reporting is by product; therefore, measure opportunities are presented by product.

Hennepin Health PMAP has several opportunities related to HEDIS® measures in preventive care. The *Breast Cancer Screening* rate (43.10%), the *Cervical Cancer Screening* rate (43.31%), and the *Colorectal Cancer Screening* (21.29%) rate continue to be lower than the respective Minnesota averages (56.30%, 60.40%, 39.97%). Hennepin Health created rewards for the three cancer screenings (\$50 incentive) to address these gaps in care for members but has yet to witness a significant increase in rates from this intervention. Hennepin Health does recognize the lack of member awareness of rewards for health posing an issue. The plan to address this issue will be discussed in later sections.

Other measure opportunities for Hennepin Health PMAP program are *Eye Exam for Patients With Diabetes*, *Blood Pressure Control for Patients With Diabetes*, *Hemoglobin A1c Control for Patients with Diabetes – Good Control <8*, *Controlling High Blood Pressure*, *Asthma Medication Ratio*, *Chlamydia*

*Screening in Women, Prenatal and Postpartum Care, and Adult Access to Preventative Care.* Hennepin Health's *Well-Child Visits in the First 30 Months of Life, Well-Child and Adolescent Visits, Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents, Childhood Immunization Status and Immunizations for Adolescents* rates tend to be lower than the Minnesota average, however, with the smaller eligible populations, comparison to the Minnesota average for these measures may be unreliable.

Opportunities for improvement are also seen in the Hennepin Health PMAP program's behavioral, and substance use disorder (SUD) HEDIS® measures including *Follow-Up After Emergency Department (ED) Visit for Mental Illness – 7 days, Follow-Up After ED Visit for Alcohol and other Drug Abuse/Dependence – 7- and 30-days, and Follow-Up Care for Children Prescribed ADHD Medication – Initiation Phase.*

Hennepin Health will continue to view behavioral health and SUD as opportunities as many Hennepin Health members live with behavioral health and/or SUD illness. NCQA has also expressed concerns about the low performance of health plans nationwide on behavioral health and SUD quality measures.

### The Impact of COVID-19 on MY2023

The COVID-19 pandemic continues to have an impact on HEDIS®, from rates to chart reviews. Utilization has continued to increase in MY2023, with rates being more representative of pre-pandemic numbers. Many members are trying to “catch up on care” as they delayed seeking care since the start of the pandemic. As clinics deal with staffing shortages and trying to accommodate members who are past due on care, delays in care have worsened in some specialties. Efforts have been placed on educating members of the past due care and collaborating with them to complete the recommended care. Clinics have provided comment that many members, when in clinic, are interested in getting past due immunizations and screenings for themselves and family members. Telehealth continues to be a common way of how care is delivered, which is reflective in the increasing telehealth utilization rates.

As the result of the expiration of COVID-19 public health emergency (PHE) and the resumption of the required Medicaid annual eligibility renewal process, the number of eligible members for HEDIS® MY2023 decreased. The COVID-19 PHE suspended the requirement for the completion of annual Medicaid renewal process, allowing Minnesota Health Care Program members to not lose coverage during the pandemic, unless the member makes the request or moves out of Minnesota.

### Hennepin Health's HEDIS® MY 2023 Rates

The following chart provides an analysis of change for Hennepin Health's HEDIS® rates for MY2022 and MY2023. The absolute change captures the difference in rates between the two measurement years. The Minnesota average is provided for comparison. Hennepin Health – PMAP HEDIS® rates for MY2022 and MY2023 are displayed in Table 1. Some HEDIS® measures are not reflected in the charts below as they were deemed as not reportable due to an insufficient eligible population in a particular measure.

Table 1. Hennepin Health - PMAP HEDIS® Rates – MY2022 and MY2023				
HEDIS® Measure	MY2022	MY2023	Absolute Change	Minnesota Average
<b>Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents</b>				
a. BMI Percentile	13.24%	11.40%	↓ -1.84%	16.98%

**Table 1. Hennepin Health - PMAP HEDIS® Rates – MY2022 and MY2023**

<b>HEDIS® Measure</b>	<b>MY2022</b>	<b>MY2023</b>	<b>Absolute Change</b>	<b>Minnesota Average</b>
b. Counseling for Nutrition	2.50%	2.83%	↑ 0.33%	11.53%
c. Counseling for Physical Activity	1.28%	1.55%	↑ 0.27%	12.00%
<b>Childhood Immunization Status **</b>				
a. DTaP/DT	62.03%	64.24%	↑ 2.21%	66.52%
b. IPV	77.68%	82.56%	↑ 4.88%	81.67%
c. MMR	76.52%	81.69%	↑ 5.17%	75.87%
d. HiB	70.72%	75.29%	↑ 4.57%	77.32%
e. Hep B	82.90%	86.34%	↑ 3.44%	84.44%
f. VZV	75.65%	82.56%	↑ 6.91%	79.29%
g. Pneumococcal Conjugate	60.87%	64.83%	↑ 3.96%	66.62%
h. Hep A	73.33%	77.62%	↑ 4.29%	77.92%
i. Rotavirus	60.00%	61.34%	↑ 1.34%	66.68%
j. Influenza	53.62%	55.81%	↑ 2.19%	39.38%
k. Combo-10	35.94%	39.24%	↑ 3.30%	30.31%
<b>Immunizations for Adolescents **</b>				
a. Meningococcal	79.19%	72.73%	↓ -6.46%	78.37%
b. Tdap*	80.75%	73.09%	↓ -7.66%	80.26%
c. HPV	37.58%	36.36%	↓ -1.22%	31.80%
d. Combo 1 Meningococcal, Tdap*	77.64%	70.18%	↓ -7.46%	77.39%
e. Combo 2 Meningococcal, Tdap, HPV	36.34%	34.18%	↓ -2.16%	80.26%
<b>Breast Cancer Screening</b>	43.14%	43.31%	↑ 0.17%	56.30%
<b>Cervical Cancer Screening</b>	43.31%	44.53%	↑ 1.22%	60.40%
<b>Colorectal Cancer Screening</b>	20.30%	21.29%	↑ 0.99%	39.97%
<b>Chlamydia Screening in Women</b>	67.25%	66.09%	↓ -1.16%	55.37%
<b>Asthma Medication Ratio**</b>				
a. Ages 5-11	51.72%	38.71%	↓ -13.01%	64.40%
b. Ages 12-18	56.52%	55.00%	↓ -1.52%	60.16%
c. Ages 19-50	42.28%	43.84%	↑ 1.56%	53.09%
e. Ages 51-64	49.54%	50.48%	↑ 0.94%	59.05%
c. Total	45.70%	45.87%	↑ 0.17%	57.02%
<b>Controlling Blood Pressure</b>	54.74%	48.41%	↓ -6.33%	63.86%
<b>Persistence of Beta Blocker Treatment After Heart Attack**</b>	72.22%	70.00%	↓ -2.22%	67.05%
<b>Hemoglobin A1c Control for Patients With Diabetes</b>				
a. HA1C Control <8*	47.45%	47.69%	↑ 0.24%	57.46%
b. HA1C Poor control (lower is better)	41.85%	41.36%	↑ 0.49%	32.08%

**Table 1. Hennepin Health - PMAP HEDIS® Rates – MY2022 and MY2023**

HEDIS® Measure	MY2022	MY2023	Absolute Change	Minnesota Average
<b>Eye Exam for Patients with Diabetes</b>	45.50%	41.85%	↓ -3.65%	59.79%
<b>Blood Pressure Control for Patients With Diabetes &lt;140/90</b>	62.77%	59.61%	↓ -3.16%	73.41%
<b>Antidepressant Medication Management</b>				
a. Acute phase (84 days)	57.12%	58.34%	↑ 1.22%	66.94%
b. Continuation phase (180 days)	39.86%	37.51%	↓ -2.35%	45.56%
<b>Follow-up Care for Children Prescribed ADHD Medication**</b>				
a. Initiation Phase	51.85%	33.33%	↓ -18.52%	38.16%
b. Continuation and Maintenance Phase	33.33%	75.00%	↑ 41.67%	66.87%
<b>Follow-up After Hospitalization for Mental Illness**</b>				
a. Follow-up After 7 days	14.74%	18.10%	↑ 3.36%	39.07%
b. Follow-up after 30 days	50.20%	60.78%	↑ 10.58%	66.87%
<b>Follow-up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence</b>				
a. Follow-up after 7 days	45.26%	31.46%	↓ -13.80%	36.69%
b. Follow-up after 30 days	58.54%	45.36%	↓ -13.18%	49.50%
<b>Follow-up After Emergency Department Visit for Mental Illness</b>				
a. Follow-up after 7 days	40.20%	37.78%	↓ -2.42%	53.14%
b. Follow-up after 30 days	53.94%	56.11%	↑ 2.17%	67.17%
<b>Use of Opioids at High Dosage (lower is better)**</b>	1.47%	1.52%	↑ -0.05%	4.75%
<b>Use of Opioids from Multiple Providers</b>				
a. Multiple Prescribers (lower is better)	38.44%	28.40%	↑ 10.04%	30.11%
b. Multiple Pharmacies (lower is better)	10.00%	9.20%	↑ 0.80%	6.73%
c. Multiple Prescribers and Multiple Pharmacies (lower is better)	8.44%	8.40%	↑ 0.04%	5.01%
<b>Risk of Continued Opioid Use</b>				
a. 15 Day Total (lower is better)	3.79%	3.22%	↑ 0.57%	2.86%
b. 31 Day Total (lower is better)	2.28%	2.04%	↑ 0.24%	1.51%
<b>Adults' Access to Preventive/Ambulatory Health Services</b>				
a. Ages 20-44	57.82%	57.48%	↓ -0.34%	74.11%
b. Ages 45-64	68.55%	67.66%	↓ -0.89%	81.45%
c. Ages 65+	38.89%	27.78%	↓ -11.11%	83.88%
d. Total	60.98%	60.52%	↓ -0.46%	76.24%
<b>Initiation and Engagement of Alcohol and Other Drug Dependence Treatment</b>				
a. Initiation of AOD Treatment	44.10%	42.89%	↓ -1.21%	40.99%

Table 1. Hennepin Health - PMAP HEDIS® Rates – MY2022 and MY2023				
HEDIS® Measure	MY2022	MY2023	Absolute Change	Minnesota Average
b. Engagement of AOD Treatment	14.75%	16.45%	↑ 1.70%	17.49%
<b>Prenatal and Postpartum Care **</b>				
a. Prenatal Care	86.91%	82.81%	↓ -4.10%	85.08%
b. Postpartum Care	81.89%	80.52%	↓ -1.37%	83.87%
<b>Oral Evaluation, Dental Services (Ages 2-20)</b>	N/A	0.00%	N/A	35.73%
<b>Topical Fluoride For Children</b>	N/A	28.01%	N/A	34.45%
<b>Well-Child Visits in the First 30 Months of Life**</b>				
a. Well-Child Visits in the First 15 Months	47.52%	51.10%	↑ 3.58%	53.77%
b. Well-Child Visits for Age 15 Months–30 Months	57.91%	58.61%	↑ 0.70%	65.36%
<b>Child and Adolescent Well-Care Visits</b>	39.21%	42.46%	↑ 3.25%	47.00%
<b>Diagnosed Mental Health Disorders</b>				
Ages 1 - 17	17.05%	17.78%	↑ 0.73%	22.47%
Ages 18 - 64	32.27%	32.62%	↑ 0.35%	37.37%
Ages 65+	12.50%	18.92%	↑ 6.42%	31.68%
Total	29.47%	29.88%	↑ 0.41%	30.63%
<b>Enrollment by Product Line (Member Months)</b>	386,231	385,841	-390	Not Reported

↓ Rate is lower than previous year.

↑ Rate is higher than previous year.

N/A can indicate that there was no population for the measure, or that measurement has been discontinued or changed

\*\* Did Not Meet Minimum Required Sample Size/small denominator

As displayed in the table above, improvements and opportunities for improvement were seen in several HEDIS® measures in MY2023 compared to MY2022. In addition, several HEDIS® measures were below the Minnesota average. HEDIS® MY2023 rates have been shared with Clinical Quality Outcomes Committee (CQOC), Hennepin Health Board, Executive Leadership and several internal Hennepin Health departments in Q4 2024.

The CQOC established clinical priority workgroups to advance the Accountable Health Model (AHM) partners clinical and quality management priorities. Annually, the AHM partners reviewed their organizations' clinical priorities and identified the clinical priorities for the AHM. The clinical priorities in 2024 were unchanged from 2023 and the workgroups continued to meet in 2024. These clinical priorities align with several HEDIS® measures.

Hennepin Health continued to focus its outreach on preventative care gap closures in 2024. Barriers to care, such as transportation, were addressed. Reminders about annual preventive health exams were posted on the Hennepin Health website, social media, and promoted in brochures. Prenatal and

postpartum packets were sent to the members, as appropriate. Hennepin Health also continued its birthday card postcard distribution to remind parents, children, and teenagers of having an annual preventive and dental exam. In 2024, the Population Health Management department initiated a colorectal cancer screening and breast cancer screening campaigns. Strategies continued to be implemented to improve the HEDIS® behavioral health and substance use disorder measures, such as hiring a Peer Support Specialist to see members at the Hennepin Healthcare Emergency department or if hospitalized with a substance use disorder diagnosis.

Hennepin Health continued to offer the rewards program to increase the HEDIS® rates for measures identified in Table 2 below. Hennepin Health has seen an increase in the number of reward vouchers submitted over the years. In 2023, Hennepin Health implemented rewards for childhood immunizations (Combo-10), adolescent immunizations and colorectal cancer screening. The dollar amount for the eye exams for members living with diabetes was increased. The initiation of the new rewards has not yet impacted the HEDIS® rates. However, it is too early to determine the impact of the new rewards. It takes time for members to become aware of the rewards, engage with the eligible services, and for the resulting care improvements to be reflected in the data.



Table 2. Hennepin Health's Rewards Program for Health by Measure and Product				
HEDIS® Measure	Incentive	PMAP	MinnesotaCare	SNBC
<b>PPC</b> Prenatal and Postpartum Care	First Pregnancy Visit within given time frames	X	X	X
	Postpartum Visit within given time frames	X	X	X
<b>W30</b> Well-Child Visits in the First 30 Months of Life <b>WCV</b> Child and Adolescent Well-Care Visits	Child and Teen Check-Up, ages 0 - 14 months (6 visits), 15 months, 18 months, 24 months, 30 months, and 3-17 years	X	X	
	Young Adult Check-Up, ages 18-21			X
<b>CIS</b> Childhood Immunization Status	Early Childhood Immunizations	X	X	
<b>IMA</b> Immunizations for Adolescents	Adolescent Immunizations	X	X	
<b>ADV</b> Annual Dental Visit	Annual Dental Visit for children ages 1-21 and adults ages 22 and up	X	X	
	Annual Dental Visit for adolescents ages 18-20 and adults ages 22 and up			X
<b>GSD</b> Glycemic Status Assessment for Patients With Diabetes	Annual Blood Glucose (A1c) Test ages 18 and older	X	X	X
<b>EED</b> Eye Exam for Patients With Diabetes	Annual Eye Exam ages 18 and older	X	X	X
<b>CCS</b> Cervical Cancer Screening	Cervical Cancer Screening ages 21 to 64	X	X	X
<b>BCS</b> Breast Cancer Screening	Mammogram Screening ages 40 to 74	X	X	X
<b>COL</b> Colorectal Cancer Screening	Colorectal Cancer Screening ages 45 to 75	X	X	X

## Next Steps and Recommendations

Hennepin Health will continue to offer the rewards program for several HEDIS® measures as a means to improve scores. The rewards program's incentives are reviewed and updated annually, as appropriate. Outreach efforts in 2025 will continue to promote the rewards program and member awareness of their existence. Hennepin Health will continue to focus on member education and preventive care gap closures. Hennepin Health's PMAP/MinnesotaCare care coordination team promote annual preventive health exams and connect members with primary care clinics and practitioners to receive seamless care. Reminders about annual preventive health exams are posted on the Hennepin Health website, social media, and promoted in brochures.



Hennepin Health will continue collaboration the Minnesota Community Measurement (MNCM) Common Health Information Reporting Partnership (CHIRP) which is a facilitated data sharing program, streamlining the bi-directional sharing of patient-level data between health plans and providers.

Next steps include sharing MY2024 HEDIS® rates with the Hennepin Health Board, CQOC, Executive Leadership, and internal Hennepin Health departments in Q4 2025. Hennepin Health plans to actively collaborate with its network providers in an effort to improve scores for the HEDIS® measures.



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