



# **HEDIS Summary Measurement Year 2023 - SNBC**

**June 1, 2025**



## Hennepin Health HEDIS® MY2023 Summary

This section provides the Hennepin Health HEDIS® rate analysis for identified measures by program. Data collected for HEDIS® Measurement Year (MY) 2023 is from the calendar year 2023 and is reported by the individual program.

Hennepin Health, in collaboration with eight Minnesota health plans, creates an annual Minnesota health plan average for each HEDIS® measure to allow for rate comparison between health plans. Minnesota strives to produce high HEDIS® rates, focusing upon the quality of care rather than the quantity of care. The Minnesota average is provided in this report for select HEDIS® measures where an average was created.

## Hennepin Health Measure Strengths HEDIS® MY2023

HEDIS® measure strengths are Hennepin Health's HEDIS® rates that are above their respective Minnesota average. HEDIS® measure strengths are identified at the program level.

The Hennepin Health SNBC program scored higher than the Minnesota average for the following measures:

- *Cervical Cancer Screening (CCS)*
- *Pharmacotherapy Management of COPD Exacerbation (PCE) – Bronchodilator*
- *Controlling High Blood Pressure (CBP)*
- *Antidepressant Medication Management (AMM) – Acute and Continuation*
- *Opioids at High Dosage (HDO)*
- *Use of Opioids from Multiple Providers (UOP) – Providers, Pharmacies, Both*
- *Initiation and Engagement of Substance Use Disorder Treatment (IET) – Initiation Phase, Ages 18-64, Total*
- *Breast Cancer Screening (BCS)*

## Hennepin Health Measure Opportunities HEDIS® MY2023

Measure opportunities are measures where Hennepin Health's rates fell below the Minnesota average. HEDIS® reporting is by product; therefore, measure opportunities are presented by product.

Hennepin Health SNBC saw an improvement in behavioral health focused measures in HEDIS® MY2022, however, the rates decreased in HEDIS® MY2023, trailing the Minnesota average and providing opportunity for improvement in the following measures of *Follow-Up After Emergency Department (ED) Visit for Mental Illness – 7 days* and *Follow-Up After ED Visit for Alcohol and other Drug Abuse/Dependence – 7- and 30-days*. When reviewing the HEDIS® SUD measures, there was a significant increase seen in the *Risk of Continued Opioid use – 15- and 31-day Totals* when compared to the HEDIS® MY2022 rate and the Minnesota average. One important thing to note is while the rates are below the Minnesota average, the denominators for these measures are small (<91members), therefore, comparison may not be appropriate. Hennepin Health will continue to view behavioral health and SUD as opportunities as many Hennepin Health members live with behavioral health and/or SUD illness. NCQA has also expressed concerns about the low performance of health plans nationwide on behavioral health and SUD quality measures.

## The Impact of COVID-19 on MY2023

The COVID-19 pandemic continues to have an impact on HEDIS®, from rates to chart reviews. Utilization has continued to increase in MY2023, with rates being more representative of pre-pandemic numbers. Many members are trying to “catch up on care” as they delayed seeking care since the start of the pandemic. As clinics deal with staffing shortages and trying to accommodate members who are past due on care, delays in care have worsened in some specialties. Efforts have been placed on educating members of the past due care and collaborating with them to complete the recommended care. Clinics have provided comment that many members, when in clinic, are interested in getting past due immunizations and screenings for themselves and family members. Telehealth continues to be a common way of how care is delivered, which is reflective in the increasing telehealth utilization rates.

As the result of the expiration of COVID-19 public health emergency (PHE) and the resumption of the required Medicaid annual eligibility renewal process, the number of eligible members for HEDIS® MY2023 decreased. The COVID-19 PHE suspended the requirement for the completion of annual Medicaid renewal process, allowing Minnesota Health Care Program members to not lose coverage during the pandemic, unless the member makes the request or moves out of Minnesota.

## Hennepin Health’s HEDIS® MY 2023 Rates

The following chart provides an analysis of change for Hennepin Health’s HEDIS® rates for MY2022 and MY2023. The absolute change captures the difference in rates between the two measurement years. The Minnesota average is provided for comparison. Hennepin Health – SNBC HEDIS® rates for MY2022 and MY2023 are displayed in Table 1. Some HEDIS® measures are not reflected in the charts below as they were deemed as not reportable due to an insufficient eligible population in a particular measure.

Table 1. Hennepin Health - SNBC HEDIS® Rates – MY2022 and MY2023				
HEDIS® Measure	MY2022	MY2023	Absolute Change	Minnesota Average
Breast Cancer Screening**	57.06%	49.73%	↓ -7.33%	48.93%
Cervical Cancer Screening**	53.17%	55.59%	↑ 2.42%	53.31%
Colorectal Cancer Screening	29.39%	26.45%	↓ -2.94%	43.09%
Pharmacotherapy Management of COPD Exacerbation**				
Corticosteroids	91.67%	55.56%	↓ -36.11%	61.91%
Bronchodilators	91.67%	77.78%	↓ -13.89%	70.92%
Use of Spirometry Testing in the Assessment and Diagnosis of COPD**	21.43%	14.81%	↓ -6.62%	18.89%
Controlling High Blood Pressure**	62.45%	63.98%	↑ 1.53%	59.35%
Persistence of Beta Blocker Treatment After Heart Attack	80.00%	Not Reported	N/A	Not Reported
Hemoglobin A1c Control for Patients With Diabetes**				
a. HA1c Good Control <8	56.64%	59.05%	↑ 2.41%	62.73%
b. HA1c Poor control (lower is better)	28.32%	28.02%	↑ 0.30%	26.70%
Eye Exam for Patients with Diabetes**	51.77%	56.90%	↑ 5.13%	73.71%

**Table 1. Hennepin Health - SNBC HEDIS® Rates – MY2022 and MY2023**

HEDIS® Measure	MY2022	MY2023	Absolute Change	Minnesota Average
<b>Blood Pressure Control for Patients With Diabetes &lt;140/90**</b>	67.26%	59.48%	↓ -7.78%	65.82%
<b>Antidepressant Medication Management**</b>				
a. Acute phase 84 days	59.77%	66.27%	↑ 6.50%	65.26%
b. Continuation phase 180 days	50.57%	51.81%	↑ 1.24%	48.62%
<b>Follow-up After Hospitalization for Mental Illness**</b>				
a. Follow-up after 7 days	23.68%	36.36%	↑ 12.68%	37.90%
b. Follow-up after 30 days	69.23%	63.64%	↓ -5.59%	56.41%
<b>Follow-up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence**</b>				
a. Follow-up after 7 days	58.70%	35.51%	↓ -23.19%	53.65%
b. Follow-up after 30 days	69.57%	53.27%	↓ -16.30%	71.91%
<b>Follow-up After Emergency Department Visit for Mental Illness**</b>				
a. Follow-up after 7 days	60.00%	48.39%	↓ -11.61%	53.65%
b. Follow-up after 30 days	69.23%	70.97%	↑ 1.74%	71.91%
<b>Use of Opioids at High Dosage (lower is better)**</b>	2.86%	3.70%	↓ -0.84%	7.24%
<b>Use of Opioids from Multiple Providers**</b>				
Multiple Prescribers (lower is better)	40.23%	26.26%	↑ 13.97%	30.43%
Multiple Pharmacies (lower is better)	8.05%	8.08%	↓ -0.03%	8.11%
Multiple Prescribers and Multiple Pharmacies (lower is better)	4.60%	5.05%	↓ -0.45%	5.94%
<b>Risk of Continued Opioid Use**</b>				
a. 15 Day Total (lower is better)	6.75%	8.72%	↓ -1.97%	7.19%
b. 31 Day Total (lower is better)	4.91%	8.05%	↓ -3.14%	6.40%
<b>Adults' Access to Preventive/Ambulatory Health Services</b>				
a. Ages 20-44	80.66%	81.99%	↑ 1.33%	87.57%
b. Ages 45-64	89.91%	89.84%	↓ -0.07%	92.33%
c. Ages 65+	40.00%	42.86%	↑ 2.86%	84.93%
d. Total	85.59%	85.99%	↑ 0.40%	90.02%
<b>Diagnosed Mental Health Disorders (Formerly Mental Health Utilization)</b>				
Ages 18 - 64	68.81%	72.32%	↑ 3.51	72.19%
Ages 65+	42.86%	38.89%	↓ -3.11	63.26%
Total	68.52	71.85%	↑ 3.33	72.09%
<b>Plan All Cause Readmission</b>				
Observed (lower is better)	18.93	19.30	↓ -0.37	Not Reported
Expected (lower is better)	13.71	13.87	↓ -0.16	Not Reported
Observed/Expected Ratio (lower is better)	1.3807	1.3917	↓ - 0.011	Not Reported

↓ Rate is lower than previous year.

↑ Rate is higher than previous year.

N/A can indicate that there was no population for the measure, or that measurement has been discontinued or changed

\*\* Did Not Meet Minimum Required Sample Size/small denominator

As displayed in the table above, improvements and opportunities for improvement were seen in several HEDIS® measures in MY2023 compared to MY2022. In addition, several HEDIS® measures were below the Minnesota average. HEDIS® MY2023 rates have been shared with Clinical Quality Outcomes Committee (CQOC), Hennepin Health Board, Executive Leadership and several internal Hennepin Health departments in Q4 2024.

The CQOC established clinical priority workgroups to advance the Accountable Health Model (AHM) partners clinical and quality management priorities. Annually, the AHM partners reviewed their organizations' clinical priorities and identified the clinical priorities for the AHM. The clinical priorities in 2024 were unchanged from 2023 and the workgroups continued to meet in 2024. These clinical priorities align with several HEDIS® measures.

Hennepin Health continued to focus its outreach on preventative care gap closures in 2024. Barriers to care, such as transportation, were addressed. Reminders about annual preventive health exams were posted on the Hennepin Health website, social media, and promoted in brochures. Prenatal and postpartum packets were sent to the members, as appropriate. Hennepin Health also continued its birthday card postcard distribution to remind parents, children, and teenagers of having an annual preventive and dental exam. In 2024, the Population Health Management department initiated a colorectal cancer screening and breast cancer screening campaigns.

Hennepin Health continued to offer the rewards program to increase the HEDIS® rates for measures identified in Table 2. Hennepin Health has seen an increase in the number of reward vouchers submitted over the years. In 2023, Hennepin Health implemented a reward for colorectal cancer screening. The dollar amount for the eye exams for members living with diabetes was increased. The initiation of the new reward has not yet impacted the HEDIS® rates. However, it is too early to determine the impact of the new reward. It takes time for members to become aware of the rewards, engage with the eligible services, and for the resulting care improvements to be reflected in the data.

Table 2. Hennepin Health's Rewards Program for Health by Measure and Product				
HEDIS® Measure	Incentive	PMAP	MinnesotaCare	SNBC
<b>PPC</b> Prenatal and Postpartum Care	First Pregnancy Visit within given time frames	X	X	X
	Postpartum Visit within given time frames	X	X	X
<b>W30</b> Well-Child Visits in the First 30 Months of Life <b>WCV</b> Child and Adolescent Well-Care Visits	Child and Teen Check-Up, ages 0 - 14 months (6 visits), 15 months, 18 months, 24 months, 30 months, and 3-17 years	X	X	
	Young Adult Check-Up, ages 18-21			X
<b>CIS</b> Childhood Immunization Status	Early Childhood Immunizations	X	X	
<b>IMA</b> Immunizations for Adolescents	Adolescent Immunizations	X	X	
<b>ADV</b> Annual Dental Visit	Annual Dental Visit for children ages 1-21 and adults ages 22 and up	X	X	
	Annual Dental Visit for adolescents ages 18-20 and adults ages 22 and up			X
<b>GSD</b> Glycemic Status Assessment for Patients With Diabetes	Annual Blood Glucose (A1c) Test ages 18 and older	X	X	X
<b>EED</b> Eye Exam for Patients With Diabetes	Annual Eye Exam ages 18 and older	X	X	X
<b>CCS</b> Cervical Cancer Screening	Cervical Cancer Screening ages 21 to 64	X	X	X
<b>BCS</b> Breast Cancer Screening	Mammogram Screening ages 40 to 74	X	X	X
<b>COL</b> Colorectal Cancer Screening	Colorectal Cancer Screening ages 45 to 75	X	X	X

## Next Steps and Recommendations

Hennepin Health will continue to offer the rewards program for several HEDIS® measures as a means to improve scores. The rewards program's incentives are reviewed and updated annually, as appropriate. Outreach efforts in 2025 will continue to promote the rewards program and member awareness of their existence. Hennepin Health will continue to focus on member education and preventive care gap closures. Hennepin Health's SNBC care coordination team promotes annual preventive health exams and connects members with primary care clinics and practitioners to receive seamless care. Reminders about annual preventive health exams are posted on the Hennepin Health website, social media, and promoted in brochures.

Hennepin Health will continue collaboration the Minnesota Community Measurement (MNCM) Common Health Information Reporting Partnership (CHIRP) which is a facilitated data sharing program, streamlining the bi-directional sharing of patient-level data between health plans and providers.

Next steps include sharing MY2024 HEDIS® rates with the Hennepin Health Board, CQOC, Executive Leadership, and internal Hennepin Health departments in Q4 2025. Hennepin Health plans to actively collaborate with its network providers in an effort to improve scores for the HEDIS® measures.



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