

**SHAPE  
2022**

HENNEPIN COUNTY  
PUBLIC HEALTH

# Hennepin County Adult Data Book



# SHAPE 2022 Adult Data Book

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# Introduction

The 2022 Adult Survey of the Health of All the Population and the Environment, or SHAPE 2022, is the latest implementation in a series of surveys collecting information on the health of Hennepin County residents and the factors that affect their health across a broad range of topics. SHAPE results help us understand how healthy residents are, examine differences in health among communities, and understand how social factors such as income, education, and housing stability affect health. SHAPE was initiated in 1998, and has been repeated every four years since, including data collection iterations in 2002, 2006, 2010, 2014, and 2018. Each administration of SHAPE has been implemented by Hennepin County Public Health.<sup>1</sup>

This data book represents data collected from Hennepin County adults age 18 and older, both using a traditional mailed survey and in-person data collection. The project reports health indicators by different geographic areas in Hennepin County, and by a number of demographic and social factors, including age, sexual orientation and gender identity, race and ethnicity, educational attainment, household income, speaking a language other than English at home, frequent mental distress, and economic distress.

## About SHAPE 2022

The SHAPE 2022 survey collected information on the following health topics: overall health and health conditions, health care access and utilization, lifestyle and risk behaviors, social-environmental factors, and the COVID-19 pandemic. One of the primary goals of SHAPE 2022 was to reach a representative cross-section of residents to gather generalizable data for health status and other measures at a county and sub-county level. This was done in collaboration with ten community partners, including CAPI USA, East Lake Clinic, Hennepin Healthcare, Glendale Townhomes, Minneapolis Public Housing Authority (MPHA), Hennepin County Mental Health Center, Minneapolis High-rises Representative Council, Native American Community Clinic, Neighborhood HealthSource, NorthPoint Health and Wellness Center, Pillsbury United Communities, and Southside Community Health Services for in-person data collection.

## Innovations for SHAPE 2022 included:

- Use of in-person data collection to reach under-represented populations in addition to traditional mailed methodology. This was done in partnership with community organizations including Federally Qualified Health Care Centers (FQHCs), food shelves, multi-unit housing, and the Hennepin County Mental Health Center.
- Use of sampling design for the mail survey, which identified census tracts with high concentrations of people of color, low-income households, and young adults age 18-24. Those tracts were sampled at higher rates, giving households in those tracts a greater chance of being selected for survey participation.
- Use of incentives for in-person data collection. Community partners received a stipend and added their own questions to the survey. Incentives for in-person survey completion increased to \$10 to encourage participation.
- An expansion of topics covering sexual orientation and gender identity (SOGI), asthma, mental health care barriers, telehealth and technology access, impact of substance use and gambling, violence, access to greenspace, food insecurity, discrimination experience, impacts of the COVID-19 pandemic, parent born in another country, and speaking a language other than English at home.
- Expanded targeted outreach to low-response areas. Mail survey returns were monitored from each of the ten sampling areas. Census tracts with a low response were identified and efforts were made to engage residents and encourage them to respond to the survey through targeted marketing. Postcards featuring photos and testimonials from trusted health care professionals were mailed to sampled households in the census tracts served by NorthPoint Health and Wellness Center. Postcards with images of local landmarks were sent to census tracts in the communities of Phillips and Powderhorn, Minneapolis.

## Introduction

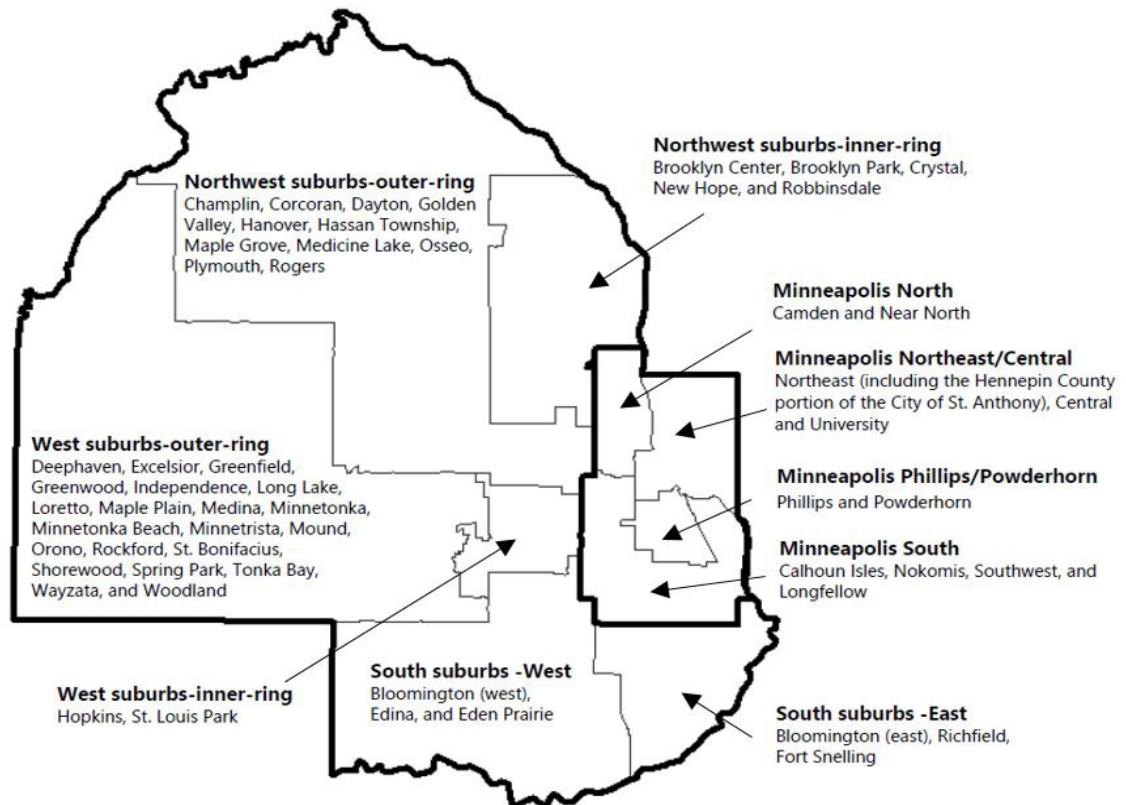
- Additionally, strategies were used to encourage respondents with limited English proficiency.
- A FAQ sheet was included in the materials for the mail survey to provide translation assistance from the Hennepin County Navigation Line.
- The survey instrument was translated into Spanish, Hmong, and Somali. The translated surveys were offered at in-person data collection sites. Spanish surveys were also included in a mailing to census tracts with a high percentage of Hispanic residents.
- Language support was provided in Amharic, Hmong, Lao, Oromo, Somali, Spanish, and Vietnamese.

Through these efforts, the survey reached more residents from populations who are generally under-represented in general population surveys. These groups include young adults, populations with lower incomes or lower educational attainment, racially diverse communities, and people for whom English is not a primary language. Findings from SHAPE 2022 provide estimates by age (including 18-24), race/ethnicity (Black or African American, US-born Black, foreign-born Black, American Indian, Asian, Southeast Asian, Hispanic/Latino, White), educational attainment, and income level.

### Reporting areas

SHAPE 2022 data book reported data for Hennepin County total, as well as by ten geographic areas, referred to as SHAPE 2022 ten reporting areas. Figure 1 provides the description for each of the ten data reporting areas, as well as cities that are included in each area. In the data book, data for the city of Minneapolis, all suburban Hennepin County areas, and three suburban divisions are also reported. See Appendix A for details.

**Figure 1. Geographic reporting areas in Hennepin County for the SHAPE 2022 Adult Data Book**



# Data collection

## Mail survey

Approximately 42,000 households were randomly selected from a list of all households in Hennepin County and invited to participate in the SHAPE 2022 survey through a series of mailings, including an introductory postcard and paper surveys from May through September 2022. Data collection occurred from May through December 2022 and 8,093 completed surveys were received by December. Households located in census tracts with a higher proportion of low income, racially diverse populations, and with a higher concentration of young adults were sampled at a higher rate compared to census tracts with a lower proportion of these populations.

## In-person survey

New in 2022, data collection was conducted in person in collaboration with ten community partners. These partners represented Federally Qualified Health Centers, food shelves, community clinics, and community organizations.

The partners included:

- CAPI USA
- East Lake Clinic, Hennepin Healthcare
- Glendale Townhomes, (MPHA)
- Hennepin County Mental Health Center
- Minneapolis High-rises Representative Council
- Native American Community Clinic
- Neighborhood HealthSource
- NorthPoint Health and Wellness Center
- Pillsbury United Communities
- Southside Community Health Services

A total of 2,133 surveys were completed at 19 data collection sites throughout Hennepin County at 50 different data collection events. Among the surveys completed, 339 were completed in Spanish, 70 in Somali, and 13 in Hmong. Additional language support was provided for Amharic, Lao, Oromo, and Vietnamese.

## Who responded

SHAPE 2022 had 10,226 completed responses from mail (8,093) and in-person (2,133) data collection.

Responses from the mailed survey were the base sample for the SHAPE 2022 general population data reporting. After data cleaning and removal of duplicate and incomplete surveys, the final sample from the mail survey was 7,151.

Responses from the in-person survey were the base sample for the SHAPE 2022 community partner-specific data reporting. After data cleaning and removal of duplicate and incomplete surveys, the final sample from the in-person survey was 2,072.

A subset of in-person surveys were also used for the general population reporting. Respondents for the in-person survey were asked to provide their address. Of the 2,072 in-person surveys collected, 1,987 provided an address. Complete residential addresses were geocoded using ArcGIS Pro<sup>2</sup> and then matched to households that were in the mail sample but who had not yet responded. Some addresses matched exactly to those in the mail survey (132 surveys) for non-response conversion. Other addresses were within 200 meters of an address in the mail sample (1,308 surveys) and became sample replacements. This process resulted in 1,440 surveys from in-person to complement the mail survey. More information about this process is described in Appendix B.

A final dataset used for the general population reporting in this data book includes 8,591 cases. Of these, 7,151 came from the mail survey and 1,440 came from the in-person survey. This dataset is referred to as the mail-plus sample.

Overall, the response rate including the 8,591 surveys was 22.6%. A full description of sample characteristics in the final dataset can be found in Appendix C.

# Analysis and limitations

## Trending

SHAPE results can be compared over time to help inform trend analysis of community health indicators. A thorough analysis of trend over time should take into account changes in survey methodology and changes in survey non-response, especially non-response from populations that are traditionally under-represented. Attention should also be paid to the changes in survey questions, statistical weighting, analysis, and reporting. Community knowledge or experience play a critical role in interpreting and understanding the trending on health data. Comparing SHAPE data over time can start with data published in data books available at [www.hennepin.mn.us/shape](http://www.hennepin.mn.us/shape). For more information about trending over time, please contact the SHAPE Team at [SHAPE@hennepin.us](mailto:SHAPE@hennepin.us).

Due to methodological and analysis differences between surveys, comparing SHAPE 2022 results with releases of prior SHAPE survey results is limited to comparisons at the county level, using published estimates from existing SHAPE data books. Trend analysis for subpopulations, including by age, race, or geography, is not recommended due to changes in methodology and weighting. Key differences could affect the validity of trend comparisons for sub-populations.

Several factors affect the validity of trending over time. Cautions and recommendations described below reflect survey research best practices, as well as detailed analysis of trending given methodology and analysis changes for SHAPE 2022. They are not meant to be exhaustive, however, as other factors not addressed here may also affect comparability.

- One critical methodology change in SHAPE 2018 and SHAPE 2022 was the addition of in-person data collection. This could impact how respondents answered survey questions.
- Comparison of SHAPE 2014 data does not include 18-24 year old respondents, where earlier SHAPE data and SHAPE 2018 and 2022 includes that age cohort.
- For the first time, SHAPE 2018 included education status as a key weighting variable, and weighting was done via raking. This was done in response to growing acceptance of the use of education, in addition to age, gender, and race, as key post-stratification weighting variables in Minnesota and nationally. The Behavioral Risk Factor Surveillance System (BRFSS) added education as a weighting variable in 2011<sup>3</sup>, for example. In order to appropriately compare to previous iterations of SHAPE, previous surveys will need to be re-weighted to include education (and 18-24 year olds) as a factor.
- Survey questions have changed over time. Questions are changed to reflect changes to national surveys, and questions are added or dropped to best reflect needs of stakeholders. Any comparison of trends should ensure questions across iterations of the survey are consistent. In 2022, Hispanic or Latino/a was not asked in separate questions, rather asked as one combined question for race/ethnicity. The American Indian definition has been expanded since 2018. Refer to Appendix A for more details. The sexual orientation and gender identity categories were also revised in 2022 to be more inclusive.
- Finally, several changes to geographic reporting areas made since SHAPE 2018, prohibit trending by sub-geography.

## Data analysis

Weighting the sample data was performed to compensate for unequal probabilities of selection and to adjust for unequal response rates. This results in estimates that are consistent with the adult population of the entire geographic area. The weighting strategy for SHAPE 2022 follows best practices as developed by AAPOR (American Association for Public Opinion Research)<sup>4</sup> and CDC BRFSS<sup>5</sup>. A more detailed description of the weighting process is included in Appendix B.



## Analysis and limitations

### Relative Standard Error

Relative standard error (RSE) is calculated for every estimate. Like confidence intervals, RSE is a measure of data reliability, and is used in this data book to flag point estimates that have a high degree of sampling error, and to advise users to use data with caution. Following guidance from the National Center for Health Statistics, if an estimate has a RSE value of greater than 30 percent but less than or equal to 50 percent, it is flagged with an asterisk (\*) indicating the estimate is potentially unreliable and should be used with caution. If an estimate has a RSE value greater than 50%, it is flagged with a caret (^) indicating the estimate is highly unreliable.<sup>6</sup>

### Limitations

SHAPE 2022 results are subject to several limitations.

- Selection bias - SHAPE 2022 results are subject to respondent self-selection bias in both the mail and in-person data collection methods. This bias occurs when a selected adult that does complete the survey and those who chose to not respond are noticeably different. With the mail survey, a person may simply choose not to complete the survey. During in-person data collection, volunteers approached clients to ask them to complete a survey. If there were multiple people from the same household, the survey was given to the person who expressed a willingness to complete the survey. As such, the random selection of adults in a given household was not assured for the in-person data collection strategy. Additionally, clients could decline to take the survey and therefore were non-responders.
- Response rate - the response rate for the survey was 22.6% percent. Representativeness of survey respondents may be a concern. However, the response rate is similar to other general population surveys and other county level surveys recently conducted in Minnesota.
- Respondents with limited English proficiency - non-English language respondents were under-represented. The initial mailings to households were in English. For mailing 6, two mailing groups were created. Group 1: addresses from census tracts that had a maximum response rate of 15% or lower and where 20% or more of the population was Hispanic (2,379), and Group 2: all other addresses that had neither returned a survey already nor were identified by the US Postal Service as vacant or otherwise not deliverable (29,411). The mailing packet that went to Group 1 included both an English and a Spanish language version of the survey. The mailing packet that went to Group 2 included only an English language version of the survey.
- Survey language - For the in-person strategy, English, Somali, Hmong, and Spanish surveys were available. If there was a need for another language, assistance was only possible if a translator was available. If specific translation services were not available, a person's language needs were unable to be accommodated. Additionally, despite having surveys available in Somali, Hmong, and Spanish, not all persons who spoke those languages were able to read and complete a survey in these languages.
- Small sample sizes - because of small sample size and/or unreliable estimates, the prevalence of certain variables could not be reported for some areas or groups. These instances are noted throughout the data tables in the data book.
- Self-report bias - SHAPE 2022 data are self-reported; therefore, information is subject to recall bias. Potential for bias exists given the wording of and the order the questions are presented.
- Generalizability - SHAPE 2022 results are generalizable to county adults who live in households with a residential address. Community members living in institutions, nursing homes, long-term care facilities, military installations, correctional institutions, were not represented. For the in-person survey, 73 people were identified as homeless and will be included in the community partner reports.

Overall, SHAPE 2022 provides estimates of health status, health risk behaviors, chronic conditions, disabilities, access to health care, impacts of the COVID-19 pandemic, and social-environmental conditions at a local level.

## Analysis and limitations

Given current research, the use of the Delivery Sequence File address-based sampling frame is the best available survey sampling frame with the fewest non-coverage issues. Most of the questions used for the survey were taken or adopted from national health surveys to facilitate comparisons between local, state, and national data. Despite its limitations, SHAPE 2022 is one of the only local sources of data available to track broad public health indicators and health conditions in the population as well as for sub-geographies and sub-populations within the county.



# Overall health and health conditions

## Overall health and health conditions



## Summary measures

## Overall health

Table 1	Very Good or Excellent Health		Poor or Fair Health		Frequent Mental Distress	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,528	55.4% ± 1.5	8,528	13.2% ± 1.1	7,961	14.2% ± 1.1
<b>Minneapolis</b>	3,892	52.8% ± 2.3	3,892	17.2% ± 1.8	3,549	20.0% ± 2.1
Camden, Near North	1,026	37.6% ± 4.6	1,026	22.9% ± 4.2	910	26.8% ± 5.4
Central, Northeast, University, St. Anthony	951	56.7% ± 4.3	951	15.8% ± 3.3	891	18.8% ± 3.5
Phillips, Powderhorn	1,077	42.1% ± 4.2	1,077	24.0% ± 4.0	933	21.6% ± 4.0
Calhoun-Isles, Longfellow, Nokomis, Southwest	838	61.1% ± 4.4	838	12.6% ± 3.7	815	17.9% ± 4.1
<b>Suburban Hennepin County</b>	4,636	56.8% ± 2.0	4,636	11.0% ± 1.3	4,412	11.0% ± 1.4
Northwest suburbs	1,648	53.7% ± 3.2	1,648	13.6% ± 2.3	1,540	10.7% ± 2.2
Northwest - inner	900	45.4% ± 4.5	900	16.9% ± 3.6	820	12.4% ± 3.5
Northwest - outer	748	60.2% ± 4.5	748	11.0% ± 3.3	720	9.4% ± 3.1
West suburbs	1,492	63.4% ± 3.4	1,492	8.2% ± 2.2	1,438	11.0% ± 2.6
West - inner	721	60.8% ± 4.8	721	9.0% ± 3.0	693	14.0% ± 4.3
West - outer	771	65.0% ± 4.7	771	7.8% ± 3.2	745	9.1% ± 3.5
South suburbs	1,496	56.3% ± 3.5	1,496	9.2% ± 2.1	1,434	11.6% ± 2.5
South - east	744	48.1% ± 5.2	744	14.6% ± 4.1	705	14.9% ± 4.2
South - west	752	59.8% ± 4.5	752	6.8% ± 2.6	729	10.2% ± 3.3
<b>Age</b>						
18-24	306	58.5% ± 6.8	306	13.7% ± 5.5	291	27.9% ± 6.6
25-44	2,444	59.7% ± 2.6	2,444	10.6% ± 1.7	2,287	16.7% ± 2.0
45-64	2,648	53.8% ± 2.6	2,648	14.8% ± 2.0	2,495	11.5% ± 1.7
65-74	1,797	50.4% ± 3.0	1,797	13.3% ± 2.1	1,676	7.5% ± 1.7
75 and older	1,291	43.5% ± 3.5	1,291	19.3% ± 3.4	1,176	5.9% ± 1.9
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	310	28.1% ± 8.1	310	29.4% ± 7.3	272	20.7% ± 6.4
Hispanic or Latino/a	493	40.9% ± 7.0	493	28.7% ± 6.4	348	22.1% ± 7.8
Non-Hispanic						
Asian or Asian American	325	52.3% ± 8.0	325	13.0% ± 5.6	297	14.3% ± 7.0
Southeast Asian	115	37.0% ± 12.9	115	*17.9% ± 11.2	103	*15.2% ± 14.7
Black or African American	970	46.7% ± 5.3	970	21.6% ± 4.1	817	15.9% ± 4.3
US-born Black	632	36.1% ± 6.9	632	27.2% ± 6.0	549	22.9% ± 6.3
Foreign-born Black	332	58.5% ± 8.0	332	15.3% ± 5.8	265	*6.5% ± 6.2
White	5,988	59.0% ± 1.8	5,988	9.5% ± 1.1	5,808	11.9% ± 1.3

## Overall health and health conditions



## Summary measures

## Overall health

Table 1	Very Good or Excellent Health		Poor or Fair Health		Frequent Mental Distress	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>						
Female	5,360	53.8% ± 1.9	5,360	13.8% ± 1.4	5,026	15.5% ± 1.5
Male	2,999	57.3% ± 2.5	2,999	12.2% ± 1.6	2,790	11.6% ± 1.8
Nonbinary	98	51.7% ± 13.6	98	*15.6% ± 11.1	91	58.4% ± 14.5
<b>Transgender</b>						
Yes	83	41.6% ± 15.7	83	28.6% ± 15.2	75	59.5% ± 15.5
No	8,325	55.6% ± 1.5	8,325	13.0% ± 1.1	7,795	13.7% ± 1.1
<b>Sexual orientation</b>						
Straight/Heterosexual	7,104	57.1% ± 1.6	7,104	11.8% ± 1.1	6,752	11.8% ± 1.2
LGBQ+	973	50.1% ± 4.5	973	19.0% ± 3.9	922	32.8% ± 4.4
Lesbian/Gay	379	62.4% ± 7.2	379	14.1% ± 6.2	364	22.8% ± 6.6
Bisexual/Pansexual	407	48.8% ± 6.8	407	17.6% ± 5.6	398	41.5% ± 6.9
Queer	229	49.6% ± 8.7	229	18.2% ± 7.5	224	45.4% ± 8.9
<b>Household income</b>						
< 200% of Federal Poverty Level	2,400	36.3% ± 3.2	2,400	29.3% ± 2.9	2,041	24.0% ± 3.0
≥ 200% of Federal Poverty Level	5,741	62.6% ± 1.7	5,741	7.5% ± 1.0	5,573	11.3% ± 1.2
<b>Educational attainment</b>						
Less than high school	426	29.5% ± 7.2	426	40.0% ± 7.3	302	26.9% ± 9.0
High school or GED	1,077	39.0% ± 4.5	1,077	24.0% ± 3.8	926	18.3% ± 3.9
Some college	1,941	43.6% ± 3.5	1,941	17.8% ± 2.8	1,814	19.3% ± 3.1
College degree or higher	4,748	66.4% ± 1.8	4,748	6.1% ± 0.9	4,626	10.6% ± 1.2
<b>Speak a language other than English most of the time at home</b>						
Yes	1,062	43.5% ± 4.4	1,062	22.1% ± 3.8	870	13.9% ± 3.4
No	7,367	57.6% ± 1.6	7,367	11.4% ± 1.1	7,012	14.2% ± 1.2
<b>Economic distress</b>						
Yes	1,849	33.9% ± 3.5	1,849	29.8% ± 3.2	1,593	31.5% ± 3.6
No	6,634	61.1% ± 1.7	6,634	8.7% ± 1.0	6,327	9.9% ± 1.1
<b>Frequent mental distress</b>						
Yes	1,130	30.2% ± 4.2	1,130	31.2% ± 4.0	1,140	100.0% ± 0.0
No	6,796	60.4% ± 1.7	6,796	9.3% ± 1.0	6,821	0.0% ± 0.0

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is &gt; 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error &gt; 50%)

## Overall health and health conditions

 In general, would you say your health is ...?

Table 2	Sample Size	Excellent	Very Good	Good	Fair	Poor
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,528	15.8% ± 1.2	39.6% ± 1.5	31.4% ± 1.4	11.2% ± 1.0	2.0% ± 0.5
<b>Minneapolis</b>	3,892	16.3% ± 1.9	36.5% ± 2.3	30.0% ± 2.1	14.7% ± 1.7	2.5% ± 1.0
Camden, Near North	1,026	12.4% ± 4.2	25.2% ± 3.9	39.5% ± 4.6	20.4% ± 4.2	2.5% ± 1.3
Central, Northeast, University, St. Anthony	951	18.4% ± 4.0	38.2% ± 4.3	27.6% ± 3.8	13.7% ± 3.2	*2.0% ± 1.3
Phillips, Powderhorn	1,077	13.3% ± 3.0	28.8% ± 4.0	34.0% ± 4.0	19.2% ± 3.4	*4.8% ± 3.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	838	17.4% ± 3.5	43.7% ± 4.4	26.3% ± 4.0	10.8% ± 3.4	^1.7% ± 2.4
<b>Suburban Hennepin County</b>	4,636	15.5% ± 1.6	41.3% ± 2.0	32.2% ± 1.9	9.3% ± 1.3	1.7% ± 0.6
Northwest suburbs	1,648	15.5% ± 2.6	38.2% ± 3.2	32.7% ± 3.1	11.8% ± 2.3	1.8% ± 0.9
Northwest - inner	900	14.1% ± 3.6	31.4% ± 4.3	37.7% ± 4.4	14.2% ± 3.5	2.7% ± 1.4
Northwest - outer	748	16.6% ± 3.9	43.6% ± 4.6	28.8% ± 4.2	10.0% ± 3.2	^1.0% ± 1.6
West suburbs	1,492	17.6% ± 2.9	45.9% ± 3.5	28.3% ± 3.2	7.0% ± 2.1	*1.2% ± 1.0
West - inner	721	17.8% ± 4.9	43.1% ± 4.9	30.1% ± 4.5	7.7% ± 2.8	^1.3% ± 1.7
West - outer	771	17.4% ± 3.8	47.6% ± 4.8	27.2% ± 4.5	6.6% ± 3.1	^1.2% ± 1.5
South suburbs	1,496	13.8% ± 2.6	42.5% ± 3.6	34.6% ± 3.4	7.3% ± 1.9	*1.8% ± 1.4
South - east	744	9.4% ± 3.4	38.7% ± 5.2	37.2% ± 5.1	12.5% ± 3.9	^2.2% ± 2.1
South - west	752	15.7% ± 3.5	44.1% ± 4.6	33.4% ± 4.4	5.1% ± 2.2	^1.7% ± 2.0
<b>Age</b>						
18-24	306	15.7% ± 5.8	42.8% ± 6.9	27.8% ± 6.3	12.5% ± 5.4	^1.2% ± 2.6
25-44	2,444	18.4% ± 2.2	41.3% ± 2.6	29.7% ± 2.4	9.4% ± 1.6	*1.2% ± 0.7
45-64	2,648	15.9% ± 1.9	37.9% ± 2.5	31.4% ± 2.5	12.1% ± 1.8	2.7% ± 1.2
65-74	1,797	12.4% ± 2.0	38.0% ± 2.9	36.3% ± 3.0	11.0% ± 1.9	2.3% ± 1.1
75 and older	1,291	6.3% ± 1.8	37.1% ± 3.5	37.3% ± 3.5	16.1% ± 3.3	3.2% ± 1.4
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	310	*10.0% ± 7.2	18.2% ± 7.0	42.5% ± 8.4	23.3% ± 6.7	*6.1% ± 4.9
Hispanic or Latino/a	493	12.3% ± 5.3	28.5% ± 6.9	30.5% ± 6.6	25.3% ± 6.2	*3.4% ± 2.9
Non-Hispanic						
Asian or Asian American	325	21.2% ± 7.7	31.1% ± 8.1	34.7% ± 8.0	11.0% ± 5.5	^2.0% ± 2.3
Southeast Asian	115	*10.8% ± 10.2	26.2% ± 12.5	45.1% ± 13.1	*13.6% ± 11.0	^4.3% ± 6.6
Black or African American	970	19.4% ± 5.0	27.3% ± 5.0	31.7% ± 4.9	18.1% ± 3.9	3.6% ± 2.0
US-born Black	632	*9.8% ± 5.8	26.3% ± 6.5	36.7% ± 6.5	21.7% ± 5.6	*5.4% ± 3.7
Foreign-born Black	332	30.5% ± 8.5	28.0% ± 8.3	26.2% ± 7.6	13.8% ± 5.7	^1.4% ± 1.7
White	5,988	15.6% ± 1.4	43.4% ± 1.8	31.5% ± 1.7	7.9% ± 1.0	1.6% ± 0.6

## Overall health and health conditions



In general, would you say your health is ...?

Table 2	Sample Size	Excellent	Very Good	Good	Fair	Poor
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>						
Female	5,360	13.7% ± 1.3	40.1% ± 1.8	32.3% ± 1.8	12.2% ± 1.4	1.7% ± 0.5
Male	2,999	18.1% ± 2.1	39.2% ± 2.5	30.4% ± 2.3	10.1% ± 1.5	2.2% ± 0.9
Nonbinary	98	<sup>^</sup> 14.7% ± 15.3	36.9% ± 15.0	32.7% ± 12.9	*10.9% ± 9.3	<sup>^</sup> 4.7% ± 10.5
<b>Transgender</b>						
Yes	83	<sup>^</sup> 8.0% ± 9.9	33.6% ± 16.8	29.9% ± 13.8	*20.0% ± 14.9	<sup>^</sup> 8.5% ± 12.0
No	8,325	15.8% ± 1.2	39.8% ± 1.5	31.4% ± 1.4	11.1% ± 1.0	1.9% ± 0.5
<b>Sexual orientation</b>						
Straight/Heterosexual	7,104	16.4% ± 1.3	40.7% ± 1.7	31.1% ± 1.5	10.3% ± 1.1	1.5% ± 0.5
LGBQ+	973	10.5% ± 3.1	39.6% ± 4.5	30.9% ± 4.2	14.9% ± 3.7	4.1% ± 2.3
Lesbian/Gay	379	13.5% ± 5.7	48.9% ± 7.3	23.6% ± 6.4	12.1% ± 6.0	<sup>^</sup> 2.0% ± 3.4
Bisexual/Pansexual	407	10.3% ± 5.6	38.5% ± 6.9	33.6% ± 6.6	11.2% ± 4.5	*6.4% ± 4.6
Queer	229	*11.2% ± 7.7	38.4% ± 9.1	32.2% ± 8.0	14.1% ± 7.0	<sup>^</sup> 4.1% ± 4.9
<b>Household income</b>						
< 200% of Federal Poverty Level	2,400	11.9% ± 2.4	24.4% ± 2.9	34.4% ± 3.0	24.5% ± 2.8	4.8% ± 1.4
≥ 200% of Federal Poverty Level	5,741	17.3% ± 1.5	45.3% ± 1.8	29.9% ± 1.7	6.5% ± 0.9	1.0% ± 0.5
<b>Educational attainment</b>						
Less than high school	426	14.8% ± 6.1	14.6% ± 6.2	30.6% ± 7.0	34.1% ± 7.2	*5.9% ± 3.7
High school or GED	1,077	12.5% ± 3.5	26.5% ± 4.2	37.0% ± 4.3	18.9% ± 3.5	5.1% ± 2.5
Some college	1,941	8.1% ± 2.4	35.6% ± 3.4	38.6% ± 3.4	15.5% ± 2.7	2.3% ± 0.9
College degree or higher	4,748	19.2% ± 1.6	47.2% ± 2.0	27.5% ± 1.7	5.5% ± 0.9	0.6% ± 0.3
<b>Speak a language other than English most of the time at home</b>						
Yes	1,062	17.1% ± 3.5	26.4% ± 4.1	34.3% ± 4.2	19.0% ± 3.6	*3.1% ± 1.8
No	7,367	15.5% ± 1.3	42.1% ± 1.6	31.0% ± 1.5	9.6% ± 1.0	1.8% ± 0.5
<b>Economic distress</b>						
Yes	1,849	9.3% ± 2.4	24.7% ± 3.3	36.2% ± 3.4	23.8% ± 3.0	6.1% ± 1.9
No	6,634	17.5% ± 1.4	43.6% ± 1.7	30.2% ± 1.6	7.8% ± 1.0	0.9% ± 0.4
<b>Frequent mental distress</b>						
Yes	1,130	5.1% ± 2.8	25.1% ± 4.0	38.6% ± 4.2	24.4% ± 3.8	6.7% ± 2.3
No	6,796	17.3% ± 1.4	43.1% ± 1.7	30.3% ± 1.6	8.4% ± 1.0	0.9% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is &gt; 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Overall health and health conditions



Thinking about your mental health, which includes stress, depression, problem with emotions, for how many days during the past 30 days was your mental health not good?

Table 3	Sample Size	0 days	1 to 13 days	14 or more days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	7,961	38.9% ± 1.5	46.9% ± 1.6	14.2% ± 1.1
<b>Minneapolis</b>	3,549	29.8% ± 2.2	50.1% ± 2.4	20.0% ± 2.1
Camden, Near North	910	27.3% ± 4.2	45.9% ± 4.9	26.8% ± 5.4
Central, Northeast, University, St. Anthony	891	28.5% ± 3.9	52.6% ± 4.4	18.8% ± 3.5
Phillips, Powderhorn	933	26.5% ± 3.8	51.8% ± 4.4	21.6% ± 4.0
Calhoun-Isles, Longfellow, Nokomis, Southwest	815	33.5% ± 4.3	48.6% ± 4.4	17.9% ± 4.1
<b>Suburban Hennepin County</b>	4,412	43.8% ± 2.0	45.2% ± 2.1	11.0% ± 1.4
Northwest suburbs	1,540	44.6% ± 3.3	44.8% ± 3.4	10.7% ± 2.2
Northwest - inner	820	42.0% ± 4.7	45.6% ± 4.7	12.4% ± 3.5
Northwest - outer	720	46.5% ± 4.6	44.2% ± 4.7	9.4% ± 3.1
West suburbs	1,438	42.3% ± 3.5	46.8% ± 3.6	11.0% ± 2.6
West - inner	693	35.7% ± 4.7	50.3% ± 5.0	14.0% ± 4.3
West - outer	745	46.2% ± 4.8	44.7% ± 4.9	9.1% ± 3.5
South suburbs	1,434	44.0% ± 3.6	44.4% ± 3.6	11.6% ± 2.5
South - east	705	42.0% ± 5.3	43.2% ± 5.4	14.9% ± 4.2
South - west	729	44.8% ± 4.6	45.0% ± 4.6	10.2% ± 3.3
<b>Age</b>				
18-24	291	17.4% ± 6.4	54.6% ± 7.1	27.9% ± 6.6
25-44	2,287	27.1% ± 2.6	56.2% ± 2.7	16.7% ± 2.0
45-64	2,495	44.8% ± 2.7	43.7% ± 2.6	11.5% ± 1.7
65-74	1,676	62.1% ± 3.0	30.4% ± 2.9	7.5% ± 1.7
75 and older	1,176	66.7% ± 3.7	27.4% ± 3.5	5.9% ± 1.9
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	272	25.1% ± 8.5	54.3% ± 8.6	20.7% ± 6.4
Hispanic or Latino/a	348	29.3% ± 7.6	48.5% ± 8.1	22.1% ± 7.8
Non-Hispanic				
Asian or Asian American	297	32.7% ± 8.3	53.0% ± 8.4	14.3% ± 7.0
Southeast Asian	103	28.0% ± 12.4	56.7% ± 13.8	*15.2% ± 14.7
Black or African American	817	47.9% ± 5.6	36.3% ± 5.5	15.9% ± 4.3
US-born Black	549	36.7% ± 7.1	40.4% ± 6.9	22.9% ± 6.3
Foreign-born Black	265	62.4% ± 9.3	31.1% ± 9.2	*6.5% ± 6.2
White	5,808	42.1% ± 1.8	46.0% ± 1.8	11.9% ± 1.3



## Overall health and health conditions



Thinking about your mental health, which includes stress, depression, problem with emotions, for how many days during the past 30 days was your mental health not good?

Table 3	Sample Size	0 days	1 to 13 days	14 or more days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>				
Female	5,026	35.0% ± 1.8	49.6% ± 1.9	15.5% ± 1.5
Male	2,790	44.0% ± 2.6	44.4% ± 2.6	11.6% ± 1.8
Nonbinary	91	^4.2% ± 5.9	37.4% ± 14.8	58.4% ± 14.5
<b>Transgender</b>				
Yes	75	^4.6% ± 6.3	35.9% ± 15.8	59.5% ± 15.5
No	7,795	39.2% ± 1.5	47.0% ± 1.6	13.7% ± 1.1
<b>Sexual orientation</b>				
Straight/Heterosexual	6,752	42.0% ± 1.7	46.2% ± 1.7	11.8% ± 1.2
LGBQ+	922	14.9% ± 3.8	52.2% ± 4.6	32.8% ± 4.4
Lesbian/Gay	364	25.7% ± 7.3	51.5% ± 7.4	22.8% ± 6.6
Bisexual/Pansexual	398	6.5% ± 3.3	52.0% ± 6.9	41.5% ± 6.9
Queer	224	*4.5% ± 4.1	50.0% ± 8.7	45.4% ± 8.9
<b>Household income</b>				
< 200% of Federal Poverty Level	2,041	35.9% ± 3.3	40.2% ± 3.4	24.0% ± 3.0
≥ 200% of Federal Poverty Level	5,573	39.5% ± 1.8	49.2% ± 1.8	11.3% ± 1.2
<b>Educational attainment</b>				
Less than high school	302	37.7% ± 8.3	35.3% ± 8.6	26.9% ± 9.0
High school or GED	926	44.7% ± 4.7	37.0% ± 4.6	18.3% ± 3.9
Some college	1,814	37.9% ± 3.4	42.8% ± 3.6	19.3% ± 3.1
College degree or higher	4,626	37.9% ± 1.9	51.5% ± 2.0	10.6% ± 1.2
<b>Speak a language other than English most of the time at home</b>				
Yes	870	44.0% ± 4.7	42.1% ± 4.8	13.9% ± 3.4
No	7,012	38.0% ± 1.6	47.7% ± 1.7	14.2% ± 1.2
<b>Economic distress</b>				
Yes	1,593	25.3% ± 3.4	43.2% ± 3.8	31.5% ± 3.6
No	6,327	42.3% ± 1.7	47.8% ± 1.7	9.9% ± 1.1
<b>Frequent mental distress</b>				
Yes	1,140	0.0% ± 0.0	0.0% ± 0.0	100.0% ± 0.0
No	6,821	45.4% ± 1.7	54.6% ± 1.7	0.0% ± 0.0

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Overall health and health conditions


**High risk of anxiety during the past two weeks**

Table 4	Sample Size	Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,483	13.5% ± 1.1
<b>Minneapolis</b>	3,874	18.9% ± 1.9
Camden, Near North	1,024	22.1% ± 4.4
Central, Northeast, University, St. Anthony	944	19.3% ± 3.5
Phillips, Powderhorn	1,070	22.8% ± 4.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	836	15.0% ± 3.7
<b>Suburban Hennepin County</b>	4,609	10.6% ± 1.4
Northwest suburbs	1,642	11.1% ± 2.3
Northwest - inner	899	14.9% ± 3.7
Northwest - outer	743	8.1% ± 3.0
West suburbs	1,480	11.2% ± 2.7
West - inner	712	12.7% ± 4.2
West - outer	768	10.3% ± 3.6
South suburbs	1,487	9.4% ± 2.3
South - east	738	11.7% ± 3.6
South - west	749	8.3% ± 3.0
<b>Age</b>		
18-24	306	27.2% ± 6.4
25-44	2,438	15.6% ± 1.9
45-64	2,642	11.1% ± 1.7
65-74	1,786	7.9% ± 2.0
75 and older	1,270	5.3% ± 1.8
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	308	24.6% ± 6.5
Hispanic or Latino/a	489	15.7% ± 5.9
Non-Hispanic		
Asian or Asian American	326	16.4% ± 7.0
Southeast Asian	115	*17.1% ± 13.4
Black or African American	956	16.7% ± 4.1
US-born Black	627	22.2% ± 5.8
Foreign-born Black	325	*10.4% ± 6.1
White	5,966	11.1% ± 1.3

## Overall health and health conditions


**High risk of anxiety during the past two weeks**

<b>Table 4</b>	<b>Sample Size</b>	<b>Yes</b>
	<b>N</b>	<b>% ± 95% C.I.</b>
<b>Gender</b>		
Female	5,329	14.1% ± 1.4
Male	2,989	12.2% ± 1.8
Nonbinary	97	39.0% ± 14.3
<b>Transgender</b>		
Yes	84	54.2% ± 14.8
No	8,283	13.2% ± 1.1
<b>Sexual orientation</b>		
Straight/Heterosexual	7,069	11.1% ± 1.1
LGBQ+	973	31.8% ± 4.4
Lesbian/Gay	379	22.2% ± 6.7
Bisexual/Pansexual	408	41.1% ± 6.9
Queer	229	39.4% ± 9.0
<b>Household income</b>		
< 200% of Federal Poverty Level	2,375	22.4% ± 2.7
≥ 200% of Federal Poverty Level	5,724	10.5% ± 1.2
<b>Educational attainment</b>		
Less than high school	419	22.3% ± 7.1
High school or GED	1,067	19.3% ± 3.8
Some college	1,931	16.5% ± 2.8
College degree or higher	4,739	10.3% ± 1.2
<b>Speak a language other than English most of the time at home</b>		
Yes	1,049	12.5% ± 3.1
No	7,334	13.7% ± 1.2
<b>Economic distress</b>		
Yes	1,835	30.0% ± 3.4
No	6,604	9.1% ± 1.0
<b>Frequent mental distress</b>		
Yes	1,131	60.7% ± 4.2
No	6,771	5.9% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix A.

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^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Overall health and health conditions



## High risk of depression during the past two weeks

Table 5	Sample Size	Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,453	10.2% ± 1.0
<b>Minneapolis</b>	3,854	14.6% ± 1.8
Camden, Near North	1,011	22.3% ± 5.1
Central, Northeast, University, St. Anthony	939	14.3% ± 3.2
Phillips, Powderhorn	1,068	17.8% ± 3.9
Calhoun-Isles, Longfellow, Nokomis, Southwest	836	10.1% ± 3.3
<b>Suburban Hennepin County</b>	4,599	7.7% ± 1.1
Northwest suburbs	1,633	8.1% ± 1.8
Northwest - inner	891	11.6% ± 3.2
Northwest - outer	742	5.2% ± 2.2
West suburbs	1,481	7.6% ± 2.3
West - inner	715	11.1% ± 4.8
West - outer	766	5.6% ± 2.6
South suburbs	1,485	7.3% ± 2.1
South - east	737	9.5% ± 3.6
South - west	748	6.4% ± 2.7
<b>Age</b>		
18-24	304	20.4% ± 5.9
25-44	2,429	11.3% ± 1.7
45-64	2,631	8.7% ± 1.4
65-74	1,784	5.9% ± 1.4
75 and older	1,263	5.1% ± 1.6
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	304	19.9% ± 6.6
Hispanic or Latino/a	487	11.4% ± 5.0
Non-Hispanic		
Asian or Asian American	325	11.9% ± 6.2
Southeast Asian	115	*15.7% ± 13.4
Black or African American	952	16.5% ± 4.3
US-born Black	623	20.8% ± 6.1
Foreign-born Black	325	11.6% ± 6.6
White	5,945	7.7% ± 1.1

## Overall health and health conditions



## High risk of depression during the past two weeks

<b>Table 5</b>	<b>Sample Size</b>	<b>Yes</b>
	<b>N</b>	<b>% ± 95% C.I.</b>
<b>Gender</b>		
Female	5,315	10.7% ± 1.3
Male	2,971	8.7% ± 1.5
Nonbinary	97	37.5% ± 15.5
<b>Transgender</b>		
Yes	84	39.3% ± 15.5
No	8,253	9.8% ± 1.0
<b>Sexual orientation</b>		
Straight/Heterosexual	7,047	7.9% ± 1.0
LGBQ+	970	25.8% ± 4.2
Lesbian/Gay	378	17.5% ± 6.1
Bisexual/Pansexual	404	30.8% ± 6.8
Queer	229	38.1% ± 9.1
<b>Household income</b>		
< 200% of Federal Poverty Level	2,361	19.4% ± 2.6
≥ 200% of Federal Poverty Level	5,710	7.0% ± 0.9
<b>Educational attainment</b>		
Less than high school	415	18.9% ± 6.6
High school or GED	1,057	15.0% ± 3.5
Some college	1,922	14.8% ± 2.6
College degree or higher	4,731	6.6% ± 0.9
<b>Speak a language other than English most of the time at home</b>		
Yes	1,046	11.3% ± 2.8
No	7,308	10.0% ± 1.0
<b>Economic distress</b>		
Yes	1,831	25.0% ± 3.2
No	6,579	6.2% ± 0.8
<b>Frequent mental distress</b>		
Yes	1,128	51.1% ± 4.3
No	6,748	3.3% ± 0.6

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^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Overall health and health conditions



**Have you ever been told by a doctor, nurse, or other health professional that you had...  
Hypertension, also called high blood pressure (Excluding gestational hypertension)**

Table 6	Sample Size	Ever had hypertension	Ever had borderline high or pre-hypertension
	N	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,532	22.5% ± 1.2	8.6% ± 0.9
<b>Minneapolis</b>	3,898	18.7% ± 1.7	7.5% ± 1.2
Camden, Near North	1,021	24.5% ± 3.6	6.6% ± 1.9
Central, Northeast, University, St. Anthony	949	14.3% ± 2.5	6.2% ± 2.1
Phillips, Powderhorn	1,084	22.0% ± 3.8	6.3% ± 1.8
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	18.8% ± 3.7	9.7% ± 2.7
<b>Suburban Hennepin County</b>	4,634	24.6% ± 1.7	9.2% ± 1.3
Northwest suburbs	1,649	25.5% ± 2.7	9.4% ± 2.2
Northwest - inner	904	26.0% ± 3.7	9.0% ± 3.1
Northwest - outer	745	25.2% ± 4.0	9.7% ± 3.2
West suburbs	1,492	21.8% ± 2.8	11.4% ± 2.5
West - inner	717	21.0% ± 4.1	12.1% ± 3.8
West - outer	775	22.3% ± 3.9	10.9% ± 3.3
South suburbs	1,493	25.5% ± 2.9	7.2% ± 1.9
South - east	738	25.5% ± 4.2	8.0% ± 3.2
South - west	755	25.5% ± 3.8	6.9% ± 2.4
<b>Age</b>			
18-24	307	*5.5% ± 4.6	^2.8% ± 3.5
25-44	2,440	8.9% ± 1.7	7.8% ± 1.6
45-64	2,646	28.0% ± 2.4	9.8% ± 1.8
65-74	1,802	45.3% ± 3.0	10.7% ± 2.1
75 and older	1,294	57.1% ± 3.5	11.4% ± 2.4
<b>Selected race/ethnicity</b>			
American Indian or Alaska Native	311	37.1% ± 8.2	*8.4% ± 5.0
Hispanic or Latino/a	488	15.2% ± 5.3	^4.5% ± 5.4
Non-Hispanic			
Asian or Asian American	323	20.6% ± 7.7	*10.8% ± 6.6
Southeast Asian	113	*17.0% ± 12.5	^8.3% ± 10.3
Black or African American	968	31.4% ± 4.6	7.2% ± 3.6
US-born Black	629	39.6% ± 6.3	8.8% ± 5.0
Foreign-born Black	333	22.1% ± 6.6	^5.4% ± 6.7
White	6,000	24.0% ± 1.5	9.9% ± 1.2

# Overall health and health conditions



**Have you ever been told by a doctor, nurse, or other health professional that you had...  
Hypertension, also called high blood pressure (Excluding gestational hypertension)**

<b>Table 6</b>	<b>Sample Size</b>	<b>Ever had hypertension</b>	<b>Ever had borderline high or pre-hypertension</b>
	<b>N</b>	<b>% ± 95% C.I.</b>	<b>% ± 95% C.I.</b>
<b>Gender</b>			
Female	5,361	20.0% ± 1.4	5.4% ± 0.8
Male	3,000	25.4% ± 2.1	12.0% ± 1.7
Nonbinary	98	^7.1% ± 9.1	^11.4% ± 13.1
<b>Transgender</b>			
Yes	84	*13.8% ± 10.4	^8.5% ± 11.8
No	8,329	22.6% ± 1.2	8.6% ± 0.9
<b>Sexual orientation</b>			
Straight/Heterosexual	7,108	23.6% ± 1.4	8.5% ± 1.0
LGBQ+	979	13.1% ± 2.9	10.0% ± 3.1
Lesbian/Gay	379	16.3% ± 4.5	13.1% ± 6.4
Bisexual/Pansexual	410	12.9% ± 5.5	7.7% ± 4.0
Queer	230	*6.7% ± 5.4	*12.0% ± 7.2
<b>Household income</b>			
< 200% of Federal Poverty Level	2,391	29.4% ± 2.8	5.2% ± 1.4
≥ 200% of Federal Poverty Level	5,751	19.7% ± 1.4	9.8% ± 1.2
<b>Educational attainment</b>			
Less than high school	421	29.4% ± 7.0	^3.6% ± 3.9
High school or GED	1,075	32.9% ± 4.1	6.6% ± 2.6
Some college	1,940	29.0% ± 2.9	9.2% ± 2.1
College degree or higher	4,762	16.6% ± 1.4	9.5% ± 1.2
<b>Speak a language other than English most of the time at home</b>			
Yes	1,058	20.2% ± 3.5	5.9% ± 2.3
No	7,374	22.9% ± 1.3	9.1% ± 1.0
<b>Economic distress</b>			
Yes	1,840	26.4% ± 3.1	7.6% ± 2.3
No	6,646	21.5% ± 1.3	8.8% ± 1.0
<b>Frequent mental distress</b>			
Yes	1,131	24.4% ± 3.9	9.3% ± 2.8
No	6,796	21.9% ± 1.3	8.8% ± 1.0

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Overall health and health conditions



**Have you ever been told by a doctor, nurse, or other health professional that you had...  
Diabetes or sugar disease (Excluding gestational diabetes)**

Table 7	Sample Size	Ever had diabetes	Ever had borderline diabetes or pre-diabetes
	N	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,510	7.6% ± 0.8	7.8% ± 0.8
<b>Minneapolis</b>	3,884	7.2% ± 1.1	7.1% ± 1.1
Camden, Near North	1,015	11.4% ± 2.5	8.1% ± 2.3
Central, Northeast, University, St. Anthony	948	5.3% ± 1.7	6.9% ± 2.0
Phillips, Powderhorn	1,082	10.2% ± 2.5	6.5% ± 2.0
Calhoun-Isles, Longfellow, Nokomis, Southwest	839	5.8% ± 2.3	7.3% ± 2.5
<b>Suburban Hennepin County</b>	4,626	7.8% ± 1.1	8.2% ± 1.0
Northwest suburbs	1,644	9.1% ± 1.9	8.9% ± 1.8
Northwest - inner	901	11.5% ± 2.8	9.0% ± 2.6
Northwest - outer	743	7.2% ± 2.8	8.8% ± 2.5
West suburbs	1,489	6.3% ± 1.7	6.7% ± 1.7
West - inner	715	7.0% ± 2.6	6.1% ± 2.1
West - outer	774	5.8% ± 2.4	7.1% ± 2.5
South suburbs	1,493	6.9% ± 1.8	8.3% ± 2.0
South - east	743	8.6% ± 3.2	8.2% ± 2.6
South - west	750	6.2% ± 2.3	8.4% ± 2.7
<b>Age</b>			
18-24	306	^0.5% ± 1.6	^0.9% ± 1.2
25-44	2,439	3.0% ± 1.0	5.0% ± 1.2
45-64	2,640	10.9% ± 1.8	10.4% ± 1.6
65-74	1,792	14.8% ± 2.2	13.4% ± 2.2
75 and older	1,291	15.3% ± 2.9	10.9% ± 2.4
<b>Selected race/ethnicity</b>			
American Indian or Alaska Native	312	22.7% ± 7.6	18.3% ± 7.7
Hispanic or Latino/a	491	14.0% ± 5.4	10.0% ± 5.7
Non-Hispanic			
Asian or Asian American	324	7.6% ± 4.3	*10.8% ± 6.4
Southeast Asian	113	*9.5% ± 9.2	*13.2% ± 12.5
Black or African American	966	15.1% ± 3.6	9.0% ± 3.4
US-born Black	627	16.3% ± 5.2	13.8% ± 5.5
Foreign-born Black	333	13.8% ± 5.6	^3.5% ± 4.6
White	5,978	6.3% ± 0.9	8.2% ± 1.0



## Overall health and health conditions



**Have you ever been told by a doctor, nurse, or other health professional that you had...  
Diabetes or sugar disease (Excluding gestational diabetes)**

<b>Table 7</b>	<b>Sample Size</b>	<b>Ever had diabetes</b>	<b>Ever had borderline diabetes or pre-diabetes</b>
	<b>N</b>	<b>% ± 95% C.I.</b>	<b>% ± 95% C.I.</b>
<b>Gender</b>			
Female	5,355	6.9% ± 1.0	8.0% ± 0.9
Male	2,986	8.3% ± 1.3	7.8% ± 1.3
Nonbinary	97	^4.6% ± 13.9	^2.0% ± 5.3
<b>Transgender</b>			
Yes	81	^9.1% ± 14.7	^3.0% ± 4.8
No	8,309	7.5% ± 0.8	7.9% ± 0.8
<b>Sexual orientation</b>			
Straight/Heterosexual	7,091	7.6% ± 0.9	7.7% ± 0.8
LGBQ+	970	5.3% ± 2.0	8.4% ± 2.6
Lesbian/Gay	376	6.4% ± 3.4	10.2% ± 5.3
Bisexual/Pansexual	407	*3.7% ± 3.5	8.2% ± 3.7
Queer	228	^2.9% ± 6.4	*7.4% ± 5.7
<b>Household income</b>			
< 200% of Federal Poverty Level	2,391	13.9% ± 2.1	9.0% ± 1.8
≥ 200% of Federal Poverty Level	5,731	5.3% ± 0.8	7.2% ± 0.9
<b>Educational attainment</b>			
Less than high school	425	18.2% ± 5.6	*8.6% ± 5.6
High school or GED	1,074	11.6% ± 2.9	9.6% ± 2.4
Some college	1,934	10.0% ± 1.7	9.8% ± 1.9
College degree or higher	4,745	4.6% ± 0.8	6.7% ± 0.9
<b>Speak a language other than English most of the time at home</b>			
Yes	1,058	11.0% ± 2.7	8.3% ± 2.5
No	7,354	6.9% ± 0.8	7.8% ± 0.8
<b>Economic distress</b>			
Yes	1,833	11.7% ± 2.1	9.1% ± 2.0
No	6,632	6.4% ± 0.8	7.5% ± 0.8
<b>Frequent mental distress</b>			
Yes	1,126	8.6% ± 2.6	9.9% ± 2.8
No	6,780	7.1% ± 0.8	7.5% ± 0.8

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## Overall health and health conditions

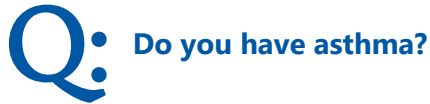


Table 8

	Ever had asthma		Currently have asthma	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,472	15.5% ± 1.2	8,188	7.7% ± 0.9
<b>Minneapolis</b>	3,861	18.0% ± 1.9	3,697	9.4% ± 1.6
Camden, Near North	1,009	20.4% ± 4.6	960	12.7% ± 4.6
Central, Northeast, University, St. Anthony	943	17.5% ± 3.6	907	8.8% ± 2.9
Phillips, Powderhorn	1,072	19.6% ± 3.7	1,015	8.6% ± 2.1
Calhoun-Isles, Longfellow, Nokomis, Southwest	837	16.5% ± 3.6	815	9.3% ± 3.2
<b>Suburban Hennepin County</b>	4,611	14.1% ± 1.5	4,491	6.8% ± 1.1
Northwest suburbs	1,641	14.6% ± 2.5	1,587	6.0% ± 1.8
Northwest - inner	896	13.9% ± 3.5	861	6.5% ± 2.6
Northwest - outer	745	15.1% ± 3.8	726	5.7% ± 2.6
West suburbs	1,488	14.4% ± 2.6	1,453	7.5% ± 1.9
West - inner	715	17.5% ± 4.3	696	8.5% ± 3.1
West - outer	773	12.5% ± 3.3	757	6.9% ± 2.6
South suburbs	1,482	13.0% ± 2.5	1,451	7.4% ± 2.2
South - east	732	16.9% ± 4.6	712	8.9% ± 4.1
South - west	750	11.3% ± 3.1	739	6.8% ± 2.8
<b>Age</b>				
18-24	306	20.6% ± 6.1	300	10.9% ± 5.1
25-44	2,431	17.2% ± 2.1	2,359	8.4% ± 1.6
45-64	2,630	14.2% ± 1.9	2,524	7.1% ± 1.3
65-74	1,787	12.3% ± 2.1	1,731	7.2% ± 1.8
75 and older	1,275	9.9% ± 2.2	1,233	4.1% ± 1.4
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	310	21.9% ± 7.0	283	14.9% ± 6.8
Hispanic or Latino/a	478	12.0% ± 4.8	468	*5.9% ± 3.7
Non-Hispanic				
Asian or Asian American	324	11.6% ± 6.2	316	*6.3% ± 5.7
Southeast Asian	113	*14.4% ± 13.2	109	^6.2% ± 14.4
Black or African American	953	17.5% ± 4.0	880	7.7% ± 2.5
US-born Black	620	24.5% ± 6.0	567	12.0% ± 4.3
Foreign-born Black	327	*9.0% ± 5.4	307	*3.1% ± 2.6
White	5,972	14.6% ± 1.4	5,817	7.1% ± 1.0

# Overall health and health conditions



## Do you have asthma?

**Table 8**

	Ever had asthma		Currently have asthma	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	5,329	16.0% ± 1.4	5,137	8.8% ± 1.1
Male	2,975	14.6% ± 1.9	2,888	6.4% ± 1.4
Nonbinary	98	29.9% ± 14.3	96	*15.9% ± 14.1
<b>Transgender</b>				
Yes	84	*18.6% ± 13.9	82	^13.9% ± 14.7
No	8,271	15.4% ± 1.2	7,994	7.7% ± 0.9
<b>Sexual orientation</b>				
Straight/Heterosexual	7,057	14.7% ± 1.3	6,825	7.2% ± 0.9
LGBQ+	974	22.9% ± 4.0	938	12.6% ± 3.5
Lesbian/Gay	377	20.6% ± 6.9	363	10.7% ± 5.6
Bisexual/Pansexual	409	24.1% ± 6.1	393	11.6% ± 5.0
Queer	231	22.6% ± 8.1	226	*12.4% ± 7.5
<b>Household income</b>				
< 200% of Federal Poverty Level	2,361	18.3% ± 2.5	2,224	10.3% ± 2.0
≥ 200% of Federal Poverty Level	5,725	14.7% ± 1.4	5,588	6.9% ± 1.0
<b>Educational attainment</b>				
Less than high school	412	20.6% ± 7.2	391	13.0% ± 6.4
High school or GED	1,059	14.6% ± 3.2	996	7.3% ± 2.4
Some college	1,928	19.3% ± 3.0	1,840	9.0% ± 2.1
College degree or higher	4,745	14.1% ± 1.4	4,643	7.0% ± 1.1
<b>Speak a language other than English most of the time at home</b>				
Yes	1,048	11.2% ± 2.9	1,003	4.0% ± 1.7
No	7,327	16.1% ± 1.3	7,095	8.4% ± 1.0
<b>Economic distress</b>				
Yes	1,825	23.1% ± 3.1	1,708	12.5% ± 2.5
No	6,601	13.4% ± 1.2	6,437	6.5% ± 0.9
<b>Frequent mental distress</b>				
Yes	1,126	25.6% ± 4.0	1,059	14.0% ± 3.5
No	6,759	14.0% ± 1.2	6,563	6.7% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix A.

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^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Overall health and health conditions



## Weight status based on Body Mass Index (BMI) calculation

Table 9	Sample Size	Underweight	Healthy weight	Overweight	Obese
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,381	1.6% ± 0.4	39.0% ± 1.5	34.4% ± 1.5	25.0% ± 1.3
<b>Minneapolis</b>	3,782	2.4% ± 0.9	40.6% ± 2.3	32.4% ± 2.2	24.7% ± 2.0
Camden, Near North	1,007	*2.2% ± 1.6	25.6% ± 4.9	38.1% ± 4.6	34.1% ± 4.4
Central, Northeast, University, St. Anthony	938	*2.6% ± 2.3	43.5% ± 4.4	33.4% ± 4.2	20.5% ± 3.5
Phillips, Powderhorn	1,003	3.7% ± 2.1	38.3% ± 4.4	30.4% ± 4.2	27.6% ± 4.0
Calhoun-Isles, Longfellow, Nokomis, Southwest	834	*1.6% ± 1.4	45.1% ± 4.3	30.0% ± 4.2	23.3% ± 4.0
<b>Suburban Hennepin County</b>	4,599	1.2% ± 0.5	38.1% ± 2.0	35.5% ± 2.0	25.2% ± 1.8
Northwest suburbs	1,632	*1.2% ± 0.9	34.2% ± 3.2	34.8% ± 3.2	29.7% ± 3.0
Northwest - inner	888	^1.8% ± 1.9	31.7% ± 4.4	33.1% ± 4.3	33.4% ± 4.5
Northwest - outer	744	^0.9% ± 1.0	36.2% ± 4.5	36.2% ± 4.6	26.8% ± 4.2
West suburbs	1,485	^1.7% ± 1.6	40.8% ± 3.4	37.4% ± 3.5	20.2% ± 2.9
West - inner	711	*0.8% ± 0.7	42.3% ± 5.0	35.3% ± 4.9	21.6% ± 4.1
West - outer	774	^2.2% ± 2.8	39.9% ± 4.6	38.6% ± 4.8	19.3% ± 4.0
South suburbs	1,482	*0.6% ± 0.4	41.9% ± 3.6	35.1% ± 3.5	22.4% ± 2.9
South - east	733	^0.5% ± 0.9	37.4% ± 5.4	34.2% ± 5.1	27.9% ± 4.5
South - west	749	*0.6% ± 0.6	43.8% ± 4.6	35.5% ± 4.5	20.0% ± 3.7
<b>Age</b>					
18-24	292	^3.6% ± 4.0	53.6% ± 7.0	25.8% ± 6.6	17.0% ± 5.7
25-44	2,398	1.5% ± 0.7	41.3% ± 2.6	33.8% ± 2.6	23.5% ± 2.3
45-64	2,592	1.2% ± 0.6	35.3% ± 2.5	35.5% ± 2.6	28.0% ± 2.4
65-74	1,783	1.5% ± 0.7	32.9% ± 2.8	37.1% ± 2.9	28.6% ± 2.9
75 and older	1,276	2.0% ± 1.1	35.3% ± 3.4	38.3% ± 3.5	24.5% ± 3.6
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	307	^2.0% ± 3.9	23.0% ± 7.6	28.8% ± 7.5	46.1% ± 8.4
Hispanic or Latino/a	425	^2.5% ± 3.1	23.3% ± 6.6	38.6% ± 7.3	35.6% ± 7.2
Non-Hispanic					
Asian or Asian American	323	^2.9% ± 7.0	45.6% ± 8.0	37.5% ± 8.4	14.0% ± 6.3
Southeast Asian	112	^1.8% ± 5.2	43.0% ± 13.1	32.4% ± 14.1	22.9% ± 12.9
Black or African American	921	*0.7% ± 0.5	25.3% ± 5.0	33.0% ± 5.1	40.9% ± 5.4
US-born Black	621	^0.8% ± 0.9	20.6% ± 6.2	28.9% ± 6.4	49.7% ± 6.7
Foreign-born Black	296	^0.6% ± 0.9	30.8% ± 8.3	38.0% ± 8.5	30.6% ± 8.9
White	5,970	1.4% ± 0.5	39.4% ± 1.8	34.9% ± 1.8	24.4% ± 1.6

## Overall health and health conditions



## Weight status based on Body Mass Index (BMI) calculation

Table 9	Sample Size	Underweight	Healthy weight	Overweight	Obese
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,250	2.0% ± 0.6	42.3% ± 1.9	28.1% ± 1.7	27.6% ± 1.7
Male	2,973	*1.2% ± 0.8	35.6% ± 2.5	41.2% ± 2.5	22.0% ± 2.1
Nonbinary	95	^1.8% ± 7.7	37.0% ± 14.1	26.9% ± 14.7	34.3% ± 14.9
<b>Transgender</b>					
Yes	81	^3.5% ± 7.3	25.2% ± 13.4	35.0% ± 16.7	36.3% ± 15.1
No	8,185	1.6% ± 0.4	39.3% ± 1.5	34.4% ± 1.5	24.7% ± 1.3
<b>Sexual orientation</b>					
Straight/Heterosexual	7,030	1.5% ± 0.4	39.5% ± 1.7	34.1% ± 1.6	24.8% ± 1.5
LGBQ+	954	^2.4% ± 2.7	38.0% ± 4.5	33.5% ± 4.5	26.0% ± 4.0
Lesbian/Gay	379	^0.4% ± 1.2	39.2% ± 7.6	38.2% ± 7.2	22.3% ± 6.1
Bisexual/Pansexual	404	^2.6% ± 5.8	38.9% ± 6.7	28.1% ± 6.8	30.5% ± 6.4
Queer	224	^1.4% ± 3.7	42.4% ± 8.7	31.0% ± 8.9	25.2% ± 8.2
<b>Household income</b>					
< 200% of Federal Poverty Level	2,275	2.8% ± 1.3	31.6% ± 3.2	32.6% ± 3.1	33.0% ± 3.0
≥ 200% of Federal Poverty Level	5,728	1.1% ± 0.4	41.3% ± 1.8	35.1% ± 1.8	22.5% ± 1.5
<b>Educational attainment</b>					
Less than high school	350	^3.6% ± 4.8	26.5% ± 7.8	31.1% ± 7.6	38.8% ± 8.1
High school or GED	1,048	*2.4% ± 1.6	31.2% ± 4.4	33.3% ± 4.3	33.0% ± 4.2
Some college	1,924	*1.6% ± 1.4	34.2% ± 3.5	32.6% ± 3.3	31.6% ± 3.2
College degree or higher	4,738	1.2% ± 0.4	43.6% ± 1.9	35.5% ± 1.9	19.6% ± 1.5
<b>Speak a language other than English most of the time at home</b>					
Yes	982	*1.8% ± 1.6	34.7% ± 4.4	37.0% ± 4.5	26.5% ± 4.2
No	7,306	1.5% ± 0.5	39.8% ± 1.6	33.8% ± 1.6	24.8% ± 1.4
<b>Economic distress</b>					
Yes	1,762	2.7% ± 1.3	29.7% ± 3.5	28.9% ± 3.4	38.7% ± 3.5
No	6,576	1.3% ± 0.5	41.3% ± 1.7	35.8% ± 1.7	21.6% ± 1.4
<b>Frequent mental distress</b>					
Yes	1,122	1.6% ± 0.9	33.7% ± 4.1	32.6% ± 4.2	32.0% ± 4.1
No	6,724	1.5% ± 0.5	40.4% ± 1.7	34.4% ± 1.7	23.7% ± 1.4

NOTE: Definitions for the indicators are provided in Appendix A.

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^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Overall health and health conditions



Are you limited in any activities because of physical, mental, or emotional problems?

**Table 10**

	Among persons aged 18 and older: Yes		Among persons aged 65 and older: Yes	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,462	25.0% ± 1.3	3,102	36.0% ± 2.2
<b>Minneapolis</b>	3,832	28.0% ± 2.1	1,027	37.2% ± 4.0
Camden, Near North	1,017	36.7% ± 4.7	285	47.9% ± 6.7
Central, Northeast, University, St. Anthony	935	27.0% ± 3.8	230	38.6% ± 7.5
Phillips, Powderhorn	1,037	28.8% ± 4.0	234	40.3% ± 7.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	843	25.1% ± 3.9	278	32.5% ± 6.9
<b>Suburban Hennepin County</b>	4,630	23.4% ± 1.7	2,075	35.6% ± 2.6
Northwest suburbs	1,647	23.3% ± 2.7	682	34.4% ± 4.5
Northwest - inner	901	28.8% ± 4.1	347	42.5% ± 6.7
Northwest - outer	746	19.0% ± 3.6	335	29.1% ± 6.0
West suburbs	1,492	23.4% ± 3.1	656	33.4% ± 4.6
West - inner	718	25.5% ± 4.6	273	37.7% ± 7.2
West - outer	774	22.2% ± 4.2	383	31.4% ± 5.9
South suburbs	1,491	23.5% ± 3.0	737	38.6% ± 4.5
South - east	739	24.8% ± 4.6	370	41.2% ± 5.8
South - west	752	22.9% ± 3.9	367	37.8% ± 5.8
<b>Age</b>				
18-24	304	28.5% ± 6.4	N/A	
25-44	2,429	19.7% ± 2.1	N/A	
45-64	2,627	24.3% ± 2.2	N/A	
65-74	1,785	31.9% ± 2.8	1,785	31.9% ± 2.8
75 and older	1,275	42.9% ± 3.6	1,275	42.9% ± 3.6
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	305	42.5% ± 8.1	68	43.0% ± 15.1
Hispanic or Latino/a	489	18.2% ± 5.7	47	38.3% ± 21.0
Non-Hispanic				
Asian or Asian American	324	19.1% ± 6.5	53	35.0% ± 18.4
Southeast Asian	114	*21.2% ± 12.8	<30	
Black or African American	916	29.6% ± 4.9	279	43.7% ± 8.4
US-born Black	621	38.4% ± 6.6	192	45.8% ± 10.2
Foreign-born Black	290	19.3% ± 7.0	84	39.8% ± 15.4
White	5,988	25.1% ± 1.5	2,485	35.3% ± 2.4

# Overall health and health conditions



Are you limited in any activities because of physical, mental, or emotional problems?

**Table 10**

	Among persons aged 18 and older: Yes		Among persons aged 65 and older: Yes	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	5,315	25.9% ± 1.6	1,909	37.2% ± 2.9
Male	2,981	23.2% ± 2.1	1,157	34.9% ± 3.4
Nonbinary	97	63.2% ± 14.2	<30	
<b>Transgender</b>				
Yes	84	66.2% ± 14.7	<30	
No	8,261	24.6% ± 1.3	3,035	36.1% ± 2.2
<b>Sexual orientation</b>				
Straight/Heterosexual	7,058	23.6% ± 1.4	2,807	35.9% ± 2.3
LGBQ+	972	37.8% ± 4.3	129	39.9% ± 11.2
Lesbian/Gay	379	24.9% ± 6.1	81	41.3% ± 14.2
Bisexual/Pansexual	408	49.8% ± 6.8	31	49.9% ± 19.7
Queer	228	57.9% ± 8.7	<30	
<b>Household income</b>				
< 200% of Federal Poverty Level	2,336	35.7% ± 3.0	839	47.4% ± 4.9
≥ 200% of Federal Poverty Level	5,740	21.0% ± 1.4	2,033	31.7% ± 2.5
<b>Educational attainment</b>				
Less than high school	391	35.4% ± 7.5	97	51.2% ± 14.7
High school or GED	1,062	32.2% ± 4.2	459	38.0% ± 6.0
Some college	1,931	31.7% ± 3.1	885	37.8% ± 3.9
College degree or higher	4,748	19.9% ± 1.5	1,477	32.6% ± 2.9
<b>Speak a language other than English most of the time at home</b>				
Yes	1,023	20.9% ± 3.7	214	30.2% ± 8.2
No	7,344	25.9% ± 1.4	2,835	36.6% ± 2.3
<b>Economic distress</b>				
Yes	1,811	41.4% ± 3.5	435	55.9% ± 6.7
No	6,607	20.7% ± 1.3	2,638	33.7% ± 2.3
<b>Frequent mental distress</b>				
Yes	1,126	59.9% ± 4.3	222	67.7% ± 9.3
No	6,757	19.5% ± 1.3	2,628	33.6% ± 2.4

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)







# Access to health care

## Access to health care


**Current health insurance coverage**  
**Among persons aged 18 and older**
**Table 11**

	Sample Size	Private	Public, including Medicare	Insured, type unknown	Uninsured
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,464	61.0% ± 1.5	33.7% ± 1.4	0.7% ± 0.3	4.6% ± 0.7
<b>Minneapolis</b>	3,852	55.6% ± 2.3	36.3% ± 2.2	1.4% ± 0.7	6.8% ± 1.4
Camden, Near North	1,028	38.5% ± 4.5	51.2% ± 4.6	^1.6% ± 1.6	8.6% ± 3.0
Central, Northeast, University, St. Anthony	939	63.2% ± 4.1	30.2% ± 3.8	*1.8% ± 1.7	4.8% ± 2.6
Phillips, Powderhorn	1,044	43.6% ± 4.2	40.1% ± 4.3	^1.6% ± 2.4	14.7% ± 3.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	841	61.6% ± 4.5	34.0% ± 4.3	^0.8% ± 1.6	*3.6% ± 3.3
<b>Suburban Hennepin County</b>	4,612	64.0% ± 1.8	32.2% ± 1.8	^0.3% ± 0.4	3.4% ± 0.9
Northwest suburbs	1,638	62.5% ± 3.0	32.7% ± 2.9	^0.4% ± 1.1	4.4% ± 1.6
Northwest - inner	899	50.5% ± 4.5	41.0% ± 4.4	^0.9% ± 2.4	7.6% ± 3.1
Northwest - outer	739	72.2% ± 3.8	26.0% ± 3.6	0.0% ± 0.0	*1.8% ± 1.6
West suburbs	1,485	67.1% ± 3.2	30.5% ± 3.1	^0.1% ± 0.2	*2.3% ± 1.5
West - inner	712	64.9% ± 4.9	31.3% ± 4.8	^0.2% ± 0.4	*3.6% ± 3.0
West - outer	773	68.4% ± 4.1	30.0% ± 4.0	0.0% ± 0.0	^1.5% ± 1.9
South suburbs	1,489	63.7% ± 3.3	32.9% ± 3.2	^0.5% ± 0.7	*2.9% ± 1.9
South - east	739	59.8% ± 5.1	35.4% ± 5.0	^0.9% ± 2.2	*3.9% ± 2.5
South - west	750	65.4% ± 4.2	31.9% ± 4.0	^0.3% ± 0.8	^2.4% ± 3.0
<b>Age</b>					
18-24	306	67.8% ± 6.8	23.4% ± 6.6	^2.6% ± 3.5	*6.1% ± 3.8
25-44	2,424	74.0% ± 2.4	19.0% ± 2.2	*0.7% ± 0.5	6.3% ± 1.5
45-64	2,628	73.8% ± 2.3	21.2% ± 2.1	*0.6% ± 0.5	4.5% ± 1.2
65-74	1,784	9.3% ± 1.9	90.4% ± 1.9	^0.0% ± 0.1	*0.3% ± 0.3
75 and older	1,279	6.4% ± 2.2	92.6% ± 2.5	^0.4% ± 0.7	^0.6% ± 2.8
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	306	29.8% ± 8.9	65.8% ± 8.8	^1.4% ± 4.4	*3.0% ± 2.7
Hispanic or Latino/a	482	30.3% ± 6.6	29.6% ± 6.6	^1.3% ± 3.7	38.8% ± 7.0
Non-Hispanic					
Asian or Asian American	325	68.2% ± 7.8	29.4% ± 7.7	^0.3% ± 0.6	^2.1% ± 3.3
Southeast Asian	115	65.9% ± 12.2	29.1% ± 11.8	^0.2% ± 1.5	^4.8% ± 9.1
Black or African American	921	29.7% ± 5.3	62.6% ± 5.4	*2.8% ± 2.0	4.9% ± 2.8
US-born Black	625	31.8% ± 7.0	64.1% ± 6.8	^1.3% ± 1.7	*2.9% ± 2.2
Foreign-born Black	290	26.8% ± 8.6	61.2% ± 8.8	*4.5% ± 4.2	*7.4% ± 6.0
White	5,993	66.8% ± 1.6	31.6% ± 1.6	*0.2% ± 0.2	1.4% ± 0.6

# Access to health care



## Current health insurance coverage Among persons aged 18 and older

Table 11	Sample Size	Private	Public, including Medicare	Insured, type unknown	Uninsured
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,327	59.3% ± 1.8	34.6% ± 1.7	1.1% ± 0.6	4.9% ± 1.0
Male	2,971	63.1% ± 2.3	32.6% ± 2.2	^0.3% ± 0.3	4.0% ± 1.1
Nonbinary	97	61.2% ± 15.0	25.9% ± 14.4	0.0% ± 0.0	^12.9% ± 17.7
<b>Transgender</b>					
Yes	84	55.5% ± 15.2	25.6% ± 12.6	0.0% ± 0.0	^18.9% ± 19.9
No	8,265	61.5% ± 1.5	33.5% ± 1.4	0.7% ± 0.3	4.3% ± 0.7
<b>Sexual orientation</b>					
Straight/Heterosexual	7,061	61.9% ± 1.6	33.9% ± 1.5	0.6% ± 0.3	3.6% ± 0.7
LGBQ+	972	66.9% ± 4.4	26.3% ± 4.1	^0.8% ± 1.8	6.0% ± 3.0
Lesbian/Gay	378	68.9% ± 7.2	27.8% ± 7.0	^0.1% ± 0.7	^3.2% ± 5.4
Bisexual/Pansexual	409	69.2% ± 6.7	25.4% ± 6.2	^1.2% ± 5.7	^4.2% ± 5.0
Queer	230	74.4% ± 8.6	15.5% ± 5.9	^0.3% ± 0.9	*9.8% ± 9.5
<b>Household income</b>					
< 200% of Federal Poverty Level	2,346	18.7% ± 2.8	65.7% ± 3.2	*1.9% ± 1.3	13.7% ± 2.5
≥ 200% of Federal Poverty Level	5,730	76.4% ± 1.4	22.1% ± 1.3	*0.3% ± 0.2	1.3% ± 0.5
<b>Educational attainment</b>					
Less than high school	388	*7.6% ± 5.4	63.8% ± 7.5	*4.0% ± 3.7	24.6% ± 7.1
High school or GED	1,070	24.9% ± 4.4	63.0% ± 4.5	^1.2% ± 1.8	10.9% ± 3.0
Some college	1,932	50.6% ± 3.5	44.8% ± 3.4	^0.6% ± 0.8	4.0% ± 1.9
College degree or higher	4,744	79.5% ± 1.3	19.0% ± 1.2	*0.3% ± 0.3	1.2% ± 0.5
<b>Speak a language other than English most of the time at home</b>					
Yes	1,023	39.3% ± 4.4	43.4% ± 4.4	*2.1% ± 1.4	15.3% ± 3.4
No	7,344	65.3% ± 1.5	31.6% ± 1.4	*0.5% ± 0.3	2.6% ± 0.6
<b>Economic distress</b>					
Yes	1,817	31.8% ± 3.5	53.2% ± 3.6	*1.9% ± 1.3	13.1% ± 2.7
No	6,603	68.7% ± 1.5	28.5% ± 1.4	*0.4% ± 0.3	2.4% ± 0.7
<b>Frequent mental distress</b>					
Yes	1,132	53.9% ± 4.2	38.6% ± 4.1	^1.1% ± 1.8	6.4% ± 2.8
No	6,732	65.0% ± 1.5	31.5% ± 1.5	*0.6% ± 0.3	2.9% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Access to health care



## Current health insurance coverage

Among persons aged 18 to 64

Table 12	Sample Size	Private	Public, including Medicare	Insured, type unknown	Uninsured
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	5,358	73.2% ± 1.6	20.4% ± 1.5	0.8% ± 0.4	5.6% ± 0.9
<b>Minneapolis</b>	2,813	62.9% ± 2.5	27.8% ± 2.4	1.6% ± 0.9	7.7% ± 1.6
Camden, Near North	734	43.4% ± 5.1	45.3% ± 5.3	^1.8% ± 1.8	9.6% ± 3.5
Central, Northeast, University, St. Anthony	706	70.0% ± 4.5	22.6% ± 4.0	^2.0% ± 1.9	5.4% ± 2.9
Phillips, Powderhorn	807	47.7% ± 4.6	34.7% ± 4.8	^1.7% ± 2.7	15.9% ± 3.8
Calhoun-Isles, Longfellow, Nokomis, Southwest	566	72.9% ± 5.5	21.7% ± 5.2	^0.9% ± 2.0	*4.4% ± 3.9
<b>Suburban Hennepin County</b>	2,545	79.6% ± 2.1	15.8% ± 1.9	^0.4% ± 0.5	4.3% ± 1.2
Northwest suburbs	959	75.9% ± 3.3	18.3% ± 3.1	^0.5% ± 1.3	5.3% ± 1.9
Northwest - inner	552	59.5% ± 5.4	30.2% ± 5.2	^1.0% ± 2.9	9.2% ± 3.8
Northwest - outer	407	89.6% ± 4.0	8.4% ± 3.8	0.0% ± 0.0	*2.0% ± 1.9
West suburbs	830	83.8% ± 3.7	13.1% ± 3.5	^0.1% ± 0.2	*3.0% ± 1.9
West - inner	438	78.2% ± 6.3	17.1% ± 6.1	^0.2% ± 0.5	*4.5% ± 3.6
West - outer	392	87.4% ± 4.7	10.6% ± 4.5	0.0% ± 0.0	^2.0% ± 2.6
South suburbs	756	82.0% ± 3.9	13.7% ± 3.6	^0.5% ± 1.0	*3.7% ± 2.5
South - east	370	72.8% ± 6.5	21.2% ± 6.4	^1.1% ± 2.8	*4.9% ± 3.2
South - west	386	86.3% ± 5.2	10.3% ± 4.6	^0.2% ± 1.4	^3.2% ± 4.0
<b>Age</b>					
18-24	306	67.8% ± 6.8	23.4% ± 6.6	^2.6% ± 3.5	*6.1% ± 3.8
25-44	2,424	74.0% ± 2.4	19.0% ± 2.2	*0.7% ± 0.5	6.3% ± 1.5
45-64	2,628	73.8% ± 2.3	21.2% ± 2.1	*0.6% ± 0.5	4.5% ± 1.2
65-74	N/A				
75 and older	N/A				
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	239	32.9% ± 9.6	62.3% ± 9.4	^1.6% ± 4.9	*3.2% ± 3.0
Hispanic or Latino/a	435	31.0% ± 6.9	27.5% ± 6.9	^1.2% ± 4.1	40.3% ± 7.3
Non-Hispanic					
Asian or Asian American	272	73.0% ± 8.4	24.4% ± 8.3	^0.3% ± 0.6	^2.2% ± 3.5
Southeast Asian	97	69.4% ± 12.8	25.2% ± 12.5	^0.3% ± 1.6	^5.1% ± 9.8
Black or African American	634	33.1% ± 6.0	58.4% ± 6.0	*3.0% ± 2.2	5.6% ± 3.2
US-born Black	427	36.4% ± 7.9	58.7% ± 7.8	^1.5% ± 2.1	*3.4% ± 2.7
Foreign-born Black	205	28.9% ± 9.3	58.4% ± 9.5	^4.6% ± 4.6	*8.1% ± 6.6
White	3,511	86.3% ± 1.7	11.6% ± 1.6	*0.3% ± 0.2	1.8% ± 0.7

## Access to health care



## Current health insurance coverage

Among persons aged 18 to 64

Table 12	Sample Size	Private	Public, including Medicare	Insured, type unknown	Uninsured
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	3,408	72.4% ± 2.1	20.2% ± 1.9	*1.3% ± 0.8	6.1% ± 1.3
Male	1,823	74.7% ± 2.6	20.1% ± 2.4	^0.4% ± 0.4	4.8% ± 1.4
Nonbinary	90	62.3% ± 15.7	*24.4% ± 15.0	0.0% ± 0.0	^13.3% ± 18.1
<b>Transgender</b>					
Yes	76	56.2% ± 15.7	24.3% ± 12.9	0.0% ± 0.0	^19.5% ± 20.3
No	5,226	73.9% ± 1.6	20.1% ± 1.5	0.8% ± 0.4	5.2% ± 0.9
<b>Sexual orientation</b>					
Straight/Heterosexual	4,258	76.0% ± 1.7	18.9% ± 1.6	*0.7% ± 0.4	4.4% ± 0.9
LGBQ+	841	69.8% ± 4.7	23.0% ± 4.3	^0.8% ± 2.0	6.3% ± 3.1
Lesbian/Gay	296	75.0% ± 8.1	21.3% ± 7.8	^0.1% ± 0.8	^3.6% ± 6.0
Bisexual/Pansexual	377	70.5% ± 6.9	24.0% ± 6.4	^1.2% ± 5.8	^4.3% ± 5.1
Queer	221	75.0% ± 8.7	14.9% ± 5.9	^0.2% ± 1.2	*9.9% ± 9.6
<b>Household income</b>					
< 200% of Federal Poverty Level	1,493	21.6% ± 3.3	60.0% ± 3.7	*2.2% ± 1.5	16.2% ± 2.9
≥ 200% of Federal Poverty Level	3,709	91.5% ± 1.3	6.6% ± 1.2	*0.3% ± 0.2	1.6% ± 0.6
<b>Educational attainment</b>					
Less than high school	292	*7.5% ± 6.2	61.0% ± 8.3	*4.5% ± 4.3	27.0% ± 7.8
High school or GED	604	31.1% ± 5.7	52.4% ± 5.6	^1.6% ± 2.5	14.9% ± 4.1
Some college	1,050	64.0% ± 4.1	30.1% ± 3.9	^0.7% ± 1.0	5.2% ± 2.5
College degree or higher	3,268	91.9% ± 1.1	6.3% ± 1.0	^0.3% ± 0.3	1.5% ± 0.6
<b>Speak a language other than English most of the time at home</b>					
Yes	804	42.1% ± 4.7	39.2% ± 4.8	*2.1% ± 1.6	16.6% ± 3.8
No	4,512	80.0% ± 1.6	16.2% ± 1.5	*0.6% ± 0.4	3.2% ± 0.8
<b>Economic distress</b>					
Yes	1,372	34.8% ± 3.8	49.0% ± 3.9	*2.1% ± 1.4	14.2% ± 2.9
No	3,971	84.8% ± 1.6	11.8% ± 1.4	*0.5% ± 0.4	3.0% ± 0.8
<b>Frequent mental distress</b>					
Yes	907	58.6% ± 4.6	33.1% ± 4.5	^1.2% ± 1.9	7.1% ± 3.0
No	4,117	79.3% ± 1.7	16.4% ± 1.5	*0.7% ± 0.4	3.6% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is &gt; 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error &gt; 50%)

## Access to health care



During the past 12 months, have you seen a doctor, nurse, or other health professional for your own health?

Table 13	Sample Size	Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,510	86.0% ± 1.2
<b>Minneapolis</b>	3,894	84.2% ± 1.9
Camden, Near North	1,025	79.2% ± 4.7
Central, Northeast, University, St. Anthony	948	86.0% ± 3.3
Phillips, Powderhorn	1,081	80.6% ± 3.6
Calhoun-Isles, Longfellow, Nokomis, Southwest	840	86.5% ± 3.9
<b>Suburban Hennepin County</b>	4,616	87.0% ± 1.6
Northwest suburbs	1,642	86.2% ± 2.7
Northwest - inner	901	80.7% ± 4.3
Northwest - outer	741	90.7% ± 3.6
West suburbs	1,486	88.0% ± 2.8
West - inner	715	85.5% ± 4.2
West - outer	771	89.5% ± 3.9
South suburbs	1,488	87.5% ± 3.1
South - east	742	86.5% ± 4.9
South - west	746	87.9% ± 4.1
<b>Age</b>		
18-24	307	80.5% ± 6.0
25-44	2,440	80.0% ± 2.4
45-64	2,641	89.8% ± 1.7
65-74	1,787	94.9% ± 1.3
75 and older	1,293	94.8% ± 2.1
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	307	84.5% ± 7.0
Hispanic or Latino/a	492	74.7% ± 6.7
Non-Hispanic		
Asian or Asian American	323	79.4% ± 7.2
Southeast Asian	115	74.2% ± 12.8
Black or African American	963	80.8% ± 4.9
US-born Black	625	89.4% ± 4.8
Foreign-born Black	333	71.4% ± 8.6
White	5,982	89.4% ± 1.3

## Access to health care



**During the past 12 months, have you seen a doctor, nurse, or other health professional for your own health?**

<b>Table 13</b>	<b>Sample Size</b>	<b>Yes</b>
	<b>N</b>	<b>% ± 95% C.I.</b>
<b>Gender</b>		
Female	5,351	90.1% ± 1.3
Male	2,991	81.9% ± 2.1
Nonbinary	97	76.4% ± 15.8
<b>Transgender</b>		
Yes	83	76.7% ± 18.0
No	8,306	86.3% ± 1.2
<b>Sexual orientation</b>		
Straight/Heterosexual	7,094	86.4% ± 1.3
LGBQ+	971	87.3% ± 3.3
Lesbian/Gay	377	88.7% ± 5.7
Bisexual/Pansexual	408	87.0% ± 5.9
Queer	229	85.2% ± 8.5
<b>Household income</b>		
< 200% of Federal Poverty Level	2,390	80.7% ± 2.8
≥ 200% of Federal Poverty Level	5,729	87.7% ± 1.4
<b>Educational attainment</b>		
Less than high school	426	77.1% ± 6.9
High school or GED	1,077	80.8% ± 3.9
Some college	1,934	85.6% ± 2.9
College degree or higher	4,743	88.4% ± 1.5
<b>Speak a language other than English most of the time at home</b>		
Yes	1,063	81.1% ± 3.7
No	7,346	87.0% ± 1.3
<b>Economic distress</b>		
Yes	1,836	80.0% ± 3.1
No	6,630	87.6% ± 1.3
<b>Frequent mental distress</b>		
Yes	1,136	84.5% ± 3.7
No	6,767	87.5% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Access to health care



During the past 12 months, was there a time when you needed medical care?

Table 14

	Among persons aged 18 and older: Yes		Among persons who needed care: Delayed/didn't get care Yes		Among persons who delayed/didn't get care: Due to cost/no insurance? Yes	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,474	62.9% ± 1.5	5,323	24.6% ± 1.8	1,227	47.9% ± 4.1
<b>Minneapolis</b>	3,876	63.9% ± 2.3	2,452	30.8% ± 2.9	706	47.1% ± 5.7
Camden, Near North	1,017	64.8% ± 4.6	632	40.9% ± 6.0	225	41.6% ± 10.8
Central, Northeast, University, St. Anthony	948	63.7% ± 4.2	602	28.7% ± 5.4	156	46.6% ± 10.7
Phillips, Powderhorn	1,074	63.1% ± 4.2	681	34.2% ± 5.4	211	49.1% ± 9.7
Calhoun-Isles, Longfellow, Nokomis, Southwest	837	64.2% ± 4.4	537	27.2% ± 5.6	114	49.4% ± 11.8
<b>Suburban Hennepin County</b>	4,598	62.4% ± 2.0	2,871	21.0% ± 2.3	521	48.6% ± 5.9
Northwest suburbs	1,637	60.9% ± 3.3	996	20.9% ± 3.7	184	50.5% ± 9.4
Northwest - inner	898	56.6% ± 4.6	518	23.8% ± 5.6	111	53.0% ± 12.5
Northwest - outer	739	64.4% ± 4.7	478	18.8% ± 5.1	73	48.3% ± 13.7
West suburbs	1,483	63.1% ± 3.5	936	23.5% ± 4.3	173	45.1% ± 10.4
West - inner	712	63.0% ± 5.1	456	28.3% ± 6.7	94	50.4% ± 13.9
West - outer	771	63.1% ± 4.7	480	20.6% ± 5.8	79	40.9% ± 15.2
South suburbs	1,478	64.0% ± 3.6	939	19.1% ± 3.9	164	49.1% ± 10.9
South - east	734	66.0% ± 5.1	474	25.4% ± 6.7	99	50.9% ± 14.4
South - west	744	63.2% ± 4.6	465	16.2% ± 5.0	65	47.8% ± 15.4
<b>Age</b>						
18-24	306	64.7% ± 6.7	184	41.4% ± 8.9	76	68.3% ± 14.1
25-44	2,432	58.4% ± 2.7	1,505	29.3% ± 3.1	473	52.7% ± 6.1
45-64	2,639	66.1% ± 2.5	1,695	21.4% ± 2.7	403	38.3% ± 6.9
65-74	1,785	64.8% ± 2.9	1,095	14.4% ± 2.9	177	26.2% ± 9.8
75 and older	1,272	68.3% ± 3.5	821	9.8% ± 2.9	91	*16.0% ± 12.4
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	306	63.9% ± 8.5	194	36.0% ± 9.7	74	46.0% ± 15.5
Hispanic or Latino/a	485	62.3% ± 6.9	270	43.5% ± 9.4	117	62.0% ± 14.9
Non-Hispanic						
Asian or Asian American	324	53.5% ± 8.2	176	19.2% ± 8.9	38	53.3% ± 21.0
Southeast Asian	114	54.1% ± 13.3	60	*28.6% ± 18.4	<30	
Black or African American	949	60.2% ± 5.4	597	33.0% ± 6.7	194	40.3% ± 13.0
US-born Black	616	63.8% ± 6.9	394	31.1% ± 8.1	142	33.6% ± 0.0
Foreign-born Black	328	56.4% ± 8.4	199	35.4% ± 11.6	50	47.7% ± 0.0
White	5,970	64.2% ± 1.8	3,821	19.5% ± 1.9	724	43.0% ± 5.4



## Access to health care



During the past 12 months, was there a time when you needed medical care?

**Table 14**

	Among persons aged 18 and older: Yes		Among persons who needed care: Delayed/didn't get care Yes		Among persons who delayed/didn't get care: Due to cost/no insurance? Yes	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>						
Female	5,334	67.8% ± 1.8	3,482	24.6% ± 2.2	786	46.6% ± 5.1
Male	2,975	57.1% ± 2.5	1,716	22.9% ± 3.0	381	48.7% ± 7.2
Nonbinary	96	77.3% ± 15.0	78	66.1% ± 14.2	41	64.0% ± 20.0
<b>Transgender</b>						
Yes	82	91.1% ± 7.3	65	52.1% ± 16.1	32	66.2% ± 22.6
No	8,275	62.7% ± 1.5	5,195	24.1% ± 1.8	1,177	47.6% ± 4.2
<b>Sexual orientation</b>						
Straight/Heterosexual	7,065	61.5% ± 1.7	4,382	21.7% ± 1.8	907	43.6% ± 4.8
LGBQ+	970	73.6% ± 4.1	692	38.5% ± 5.5	239	58.8% ± 9.0
Lesbian/Gay	377	66.5% ± 7.3	252	21.2% ± 8.0	55	48.5% ± 18.1
Bisexual/Pansexual	407	78.0% ± 6.1	309	43.8% ± 8.0	123	63.5% ± 11.9
Queer	227	81.2% ± 6.9	177	53.6% ± 9.9	88	69.0% ± 13.4
<b>Household income</b>						
< 200% of Federal Poverty Level	2,367	64.3% ± 3.1	1,488	35.1% ± 4.0	478	45.7% ± 7.1
≥ 200% of Federal Poverty Level	5,723	62.5% ± 1.8	3,615	21.1% ± 2.0	710	50.1% ± 5.2
<b>Educational attainment</b>						
Less than high school	419	63.8% ± 7.3	248	32.5% ± 9.7	78	49.7% ± 16.6
High school or GED	1,069	59.5% ± 4.4	623	35.8% ± 6.0	209	39.7% ± 10.6
Some college	1,924	64.6% ± 3.4	1,221	25.6% ± 4.1	291	54.7% ± 8.7
College degree or higher	4,741	63.2% ± 2.0	3,043	20.8% ± 2.1	600	49.3% ± 5.4
<b>Speak a language other than English most of the time at home</b>						
Yes	1,054	59.0% ± 4.4	617	33.8% ± 5.7	214	49.0% ± 9.9
No	7,321	63.5% ± 1.6	4,641	22.9% ± 1.8	995	47.4% ± 4.6
<b>Economic distress</b>						
Yes	1,821	69.0% ± 3.3	1,231	46.6% ± 4.4	538	54.5% ± 6.5
No	6,610	61.2% ± 1.7	4,065	17.9% ± 1.8	679	42.8% ± 5.4
<b>Frequent mental distress</b>						
Yes	1,123	76.1% ± 3.9	855	44.8% ± 4.9	372	51.5% ± 7.5
No	6,754	61.0% ± 1.7	4,138	19.8% ± 1.9	753	45.3% ± 5.3

NOTE: Definitions for the indicators are provided in Appendix A.

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^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Access to health care



During the past 12 months was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts?

**Table 15**

	Among persons aged 18 and older: Yes		Among persons who needed care: Delayed/didn't get care Yes	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,478	36.1% ± 1.5	2,890	56.1% ± 2.6
<b>Minneapolis</b>	3,876	47.5% ± 2.3	1,675	58.2% ± 3.5
Camden, Near North	1,017	46.5% ± 4.7	440	62.1% ± 6.7
Central, Northeast, University, St. Anthony	945	50.6% ± 4.3	413	56.7% ± 6.5
Phillips, Powderhorn	1,073	50.2% ± 4.2	504	59.8% ± 6.3
Calhoun-Isles, Longfellow, Nokomis, Southwest	841	43.5% ± 4.4	318	57.2% ± 6.7
<b>Suburban Hennepin County</b>	4,602	29.7% ± 1.9	1,215	54.2% ± 3.8
Northwest suburbs	1,636	30.0% ± 3.1	448	54.5% ± 6.0
Northwest - inner	893	30.9% ± 4.3	257	61.2% ± 8.1
Northwest - outer	743	29.3% ± 4.4	191	48.8% ± 8.6
West suburbs	1,484	30.9% ± 3.3	412	52.5% ± 6.4
West - inner	711	36.0% ± 4.9	234	51.0% ± 8.2
West - outer	773	27.9% ± 4.6	178	53.7% ± 9.4
South suburbs	1,482	28.3% ± 3.3	355	55.3% ± 6.8
South - east	736	34.6% ± 5.3	184	58.0% ± 9.4
South - west	746	25.5% ± 4.2	171	53.8% ± 9.2
<b>Age</b>				
18-24	307	62.1% ± 7.0	200	61.8% ± 8.6
25-44	2,434	45.0% ± 2.6	1,276	57.9% ± 3.6
45-64	2,634	29.7% ± 2.3	899	52.8% ± 4.5
65-74	1,786	18.9% ± 2.4	368	42.2% ± 6.8
75 and older	1,274	10.9% ± 2.3	142	49.9% ± 10.7
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	308	43.4% ± 8.2	143	48.7% ± 11.7
Hispanic or Latino/a	483	39.0% ± 6.7	202	57.4% ± 10.6
Non-Hispanic				
Asian or Asian American	323	31.5% ± 7.7	121	52.9% ± 13.7
Southeast Asian	113	28.3% ± 12.8	38	70.1% ± 25.5
Black or African American	955	31.3% ± 5.0	307	55.2% ± 9.5
US-born Black	622	39.4% ± 6.5	240	61.4% ± 10.3
Foreign-born Black	327	22.1% ± 8.0	64	42.6% ± 18.9
White	5,966	33.0% ± 1.7	1,947	54.8% ± 3.3

## Access to health care



During the past 12 months was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts?

**Table 15**

	Among persons aged 18 and older: Yes		Among persons who needed care: Delayed/didn't get care: Yes	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	5,333	41.9% ± 1.9	1,989	56.1% ± 3.0
Male	2,977	28.7% ± 2.3	796	55.8% ± 4.8
Nonbinary	97	85.2% ± 16.1	81	59.5% ± 14.4
<b>Transgender</b>				
Yes	83	87.9% ± 10.9	69	63.1% ± 15.5
No	8,277	35.6% ± 1.5	2,791	55.8% ± 2.6
<b>Sexual orientation</b>				
Straight/Heterosexual	7,065	32.2% ± 1.6	2,135	56.0% ± 3.0
LGBQ+	973	67.4% ± 4.4	630	58.2% ± 5.4
Lesbian/Gay	377	53.2% ± 7.4	194	53.5% ± 10.1
Bisexual/Pansexual	408	79.8% ± 5.9	313	56.7% ± 7.7
Queer	230	87.4% ± 6.0	188	61.4% ± 9.5
<b>Household income</b>				
< 200% of Federal Poverty Level	2,370	40.4% ± 3.1	887	55.9% ± 5.0
≥ 200% of Federal Poverty Level	5,727	34.8% ± 1.7	1,913	56.0% ± 3.1
<b>Educational attainment</b>				
Less than high school	418	38.8% ± 7.4	146	50.5% ± 12.2
High school or GED	1,067	31.0% ± 4.3	301	61.4% ± 8.1
Some college	1,921	35.7% ± 3.4	599	57.3% ± 6.1
College degree or higher	4,742	37.2% ± 1.9	1,738	54.7% ± 3.1
<b>Speak a language other than English most of the time at home</b>				
Yes	1,050	30.9% ± 4.1	332	58.9% ± 7.9
No	7,329	37.1% ± 1.6	2,534	55.8% ± 2.7
<b>Economic distress</b>				
Yes	1,818	51.4% ± 3.5	905	61.2% ± 5.0
No	6,614	32.0% ± 1.6	1,972	54.1% ± 3.0
<b>Frequent mental distress</b>				
Yes	1,126	79.5% ± 3.8	879	61.0% ± 4.7
No	6,758	29.8% ± 1.6	1,865	53.4% ± 3.2

NOTE: Definitions for the indicators are provided in Appendix A.

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## Access to health care



## Barriers to access mental health care

## Among those with unmet mental health care needs

Table 16

	Did not know where to go or how to get help		Could not find provider or appointment		Could not find provider who understands my language/culture	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	1,801	38.8% ± 3.3	1,801	26.7% ± 3.0	1,801	4.6% ± 1.6
<b>Minneapolis</b>	1,099	38.2% ± 4.4	1,099	27.5% ± 3.8	1,099	5.6% ± 2.3
Camden, Near North	332	37.9% ± 8.0	332	23.2% ± 6.9	332	*6.1% ± 5.8
Central, Northeast, University, St. Anthony	232	32.8% ± 8.4	232	26.9% ± 7.8	232	*8.6% ± 6.7
Phillips, Powderhorn	354	39.5% ± 7.9	354	29.4% ± 6.6	354	7.4% ± 3.9
Calhoun-Isles, Longfellow, Nokomis, Southwest	181	43.0% ± 9.3	181	29.3% ± 8.3	181	^0.7% ± 2.0
<b>Suburban Hennepin County</b>	702	39.4% ± 5.0	702	26.0% ± 4.7	702	*3.6% ± 2.6
Northwest suburbs	276	40.0% ± 7.8	276	27.4% ± 7.7	276	^3.8% ± 4.5
Northwest - inner	178	36.0% ± 9.9	178	28.9% ± 10.5	178	^1.6% ± 2.6
Northwest - outer	98	45.2% ± 12.1	98	25.5% ± 11.9	98	^6.7% ± 10.4
West suburbs	218	37.2% ± 9.1	218	25.7% ± 8.4	218	^3.0% ± 4.2
West - inner	122	42.8% ± 12.3	122	30.3% ± 11.3	122	^4.9% ± 7.9
West - outer	96	32.7% ± 13.2	96	*22.0% ± 13.0	96	^1.4% ± 8.0
South suburbs	208	40.2% ± 9.1	208	23.5% ± 7.7	208	^3.6% ± 7.2
South - east	113	49.4% ± 12.2	113	30.6% ± 12.2	113	^3.9% ± 8.5
South - west	95	33.5% ± 12.7	95	18.3% ± 10.2	95	^3.4% ± 15.2
<b>Age</b>						
18-24	137	53.2% ± 10.4	137	30.2% ± 10.1	137	^7.2% ± 8.0
25-44	826	38.3% ± 4.5	826	28.5% ± 4.2	826	4.7% ± 2.2
45-64	542	32.3% ± 5.7	542	22.1% ± 5.2	542	*2.6% ± 1.6
65-74	211	29.9% ± 8.9	211	23.3% ± 8.0	211	^4.2% ± 5.6
75 and older	79	30.1% ± 14.1	79	*19.9% ± 12.6	79	^4.5% ± 11.1
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	99	39.8% ± 14.8	99	*15.7% ± 9.8	99	^6.3% ± 7.1
Hispanic or Latino/a	173	33.3% ± 10.9	173	26.3% ± 11.2	173	*10.4% ± 6.8
Non-Hispanic						
Asian or Asian American	80	48.7% ± 16.5	80	*21.2% ± 14.6	80	^5.4% ± 6.7
Southeast Asian	<30		<30		<30	
Black or African American	268	30.6% ± 10.1	268	27.1% ± 10.9	268	*11.2% ± 8.6
US-born Black	197	28.2% ± 12.2	197	30.7% ± 13.3	197	^5.7% ± 7.3
Foreign-born Black	69	33.7% ± 18.7	69	*21.9% ± 20.4	69	*19.7% ± 17.5
White	1,069	34.5% ± 4.3	1,069	28.6% ± 4.0	1,069	*0.5% ± 0.4

# Access to health care



## Barriers to access mental health care Among those with unmet mental health care needs

**Table 16**

	Did not know where to go or how to get help		Could not find provider or appointment		Could not find provider who understands my language/culture	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>						
Female	1,186	38.2% ± 4.1	1,186	27.3% ± 3.7	1,186	4.4% ± 2.3
Male	541	40.7% ± 5.9	541	25.1% ± 5.5	541	*3.9% ± 2.7
Nonbinary	49	*32.4% ± 21.1	49	34.7% ± 17.6	49	^8.2% ± 10.2
<b>Transgender</b>						
Yes	41	*37.1% ± 23.3	41	39.6% ± 20.8	41	^13.7% ± 16.4
No	1,733	39.1% ± 3.4	1,733	26.3% ± 3.0	1,733	4.3% ± 1.6
<b>Sexual orientation</b>						
Straight/Heterosexual	1,291	37.9% ± 3.9	1,291	25.1% ± 3.5	1,291	3.9% ± 2.0
LGBQ+	381	46.0% ± 7.2	381	33.6% ± 6.7	381	*4.9% ± 3.3
Lesbian/Gay	112	41.1% ± 13.2	112	28.8% ± 11.5	112	^2.4% ± 4.1
Bisexual/Pansexual	170	44.4% ± 10.9	170	38.0% ± 10.5	170	*5.2% ± 4.9
Queer	116	41.3% ± 12.6	116	32.7% ± 11.5	116	^4.4% ± 4.9
<b>Household income</b>						
< 200% of Federal Poverty Level	649	40.3% ± 6.0	649	25.1% ± 5.5	649	6.4% ± 2.8
≥ 200% of Federal Poverty Level	1,092	38.5% ± 4.1	1,092	28.3% ± 3.7	1,092	*3.6% ± 2.3
<b>Educational attainment</b>						
Less than high school	128	30.8% ± 13.5	128	*21.9% ± 14.2	128	*10.3% ± 8.3
High school or GED	256	43.4% ± 9.1	256	18.7% ± 7.4	256	^5.5% ± 6.7
Some college	363	39.2% ± 8.1	363	25.2% ± 7.7	363	^3.8% ± 3.8
College degree or higher	971	39.0% ± 4.2	971	31.8% ± 4.0	971	*3.4% ± 2.0
<b>Speak a language other than English most of the time at home</b>						
Yes	267	45.4% ± 8.9	267	25.9% ± 8.7	267	12.9% ± 6.9
No	1,514	37.6% ± 3.6	1,514	27.0% ± 3.2	1,514	2.9% ± 1.5
<b>Economic distress</b>						
Yes	695	40.2% ± 5.8	695	22.7% ± 4.8	695	8.2% ± 3.7
No	1,095	38.1% ± 4.1	1,095	29.2% ± 3.9	1,095	*2.4% ± 1.6
<b>Frequent mental distress</b>						
Yes	556	37.6% ± 6.1	556	28.7% ± 5.5	556	*4.9% ± 3.7
No	1,074	39.7% ± 4.2	1,074	26.6% ± 3.8	1,074	3.4% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix A.

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^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Access to health care



## Barriers to access mental health care

## Among those with unmet mental health care needs

Table 17

	Afraid of what others would do or think		Had no insurance or cost was too high		Had work, family, or other duties		Other reason	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	1,801	12.8% ± 2.8	1,801	30.0% ± 3.0	1,801	35.7% ± 3.2	1,801	19.0% ± 2.6
<b>Minneapolis</b>	1,099	11.7% ± 3.3	1,099	32.1% ± 4.2	1,099	35.5% ± 4.1	1,099	17.2% ± 3.4
Camden, Near North	332	10.5% ± 5.2	332	27.2% ± 8.5	332	33.6% ± 7.4	332	15.2% ± 5.2
Central, Northeast, University, St. Anthony	232	14.8% ± 7.7	232	33.0% ± 8.3	232	39.3% ± 8.5	232	18.8% ± 7.6
Phillips, Powderhorn	354	9.8% ± 5.6	354	32.4% ± 6.7	354	33.5% ± 6.9	354	18.6% ± 5.8
Calhoun-Isles, Longfellow, Nokomis, Southwest	181	*10.5% ± 7.2	181	33.7% ± 9.2	181	34.0% ± 8.7	181	15.5% ± 7.8
<b>Suburban Hennepin County</b>	702	13.8% ± 4.6	702	28.0% ± 4.5	702	35.9% ± 4.8	702	20.8% ± 4.0
Northwest suburbs	276	17.2% ± 7.6	276	26.5% ± 6.8	276	31.6% ± 7.2	276	22.0% ± 6.6
Northwest - inner	178	21.6% ± 10.9	178	24.6% ± 8.9	178	28.3% ± 9.0	178	24.0% ± 8.9
Northwest - outer	98	^11.3% ± 11.4	98	28.9% ± 11.2	98	35.8% ± 12.0	98	19.3% ± 10.6
West suburbs	218	*6.3% ± 5.3	218	29.1% ± 8.8	218	45.1% ± 9.0	218	23.6% ± 7.8
West - inner	122	^4.5% ± 4.9	122	33.4% ± 13.0	122	35.7% ± 11.2	122	*15.5% ± 9.6
West - outer	96	^7.8% ± 9.7	96	25.7% ± 12.1	96	52.6% ± 12.6	96	30.2% ± 12.2
South suburbs	208	*14.0% ± 10.0	208	29.8% ± 8.5	208	36.4% ± 8.7	208	16.1% ± 6.2
South - east	113	^9.3% ± 11.3	113	34.7% ± 11.9	113	32.3% ± 11.4	113	18.4% ± 9.7
South - west	95	*17.4% ± 15.7	95	26.3% ± 12.4	95	39.4% ± 12.5	95	*14.3% ± 8.7
<b>Age</b>								
18-24	137	23.4% ± 10.5	137	35.7% ± 10.3	137	27.8% ± 9.5	137	15.2% ± 8.6
25-44	826	11.0% ± 3.7	826	33.2% ± 4.2	826	40.9% ± 4.5	826	15.5% ± 3.4
45-64	542	11.3% ± 4.6	542	23.3% ± 5.0	542	34.9% ± 5.6	542	24.9% ± 5.4
65-74	211	*5.0% ± 4.4	211	18.1% ± 7.5	211	18.5% ± 8.1	211	35.3% ± 9.0
75 and older	79	^2.8% ± 7.8	79	^10.6% ± 12.1	79	*21.4% ± 15.1	79	30.6% ± 13.5
<b>Selected race/ethnicity</b>								
American Indian or Alaska Native	99	23.9% ± 13.7	99	*17.6% ± 10.9	99	26.3% ± 12.9	99	24.3% ± 12.4
Hispanic or Latino/a	173	^5.5% ± 6.4	173	41.8% ± 11.4	173	29.2% ± 10.6	173	*10.4% ± 8.2
Non-Hispanic								
Asian or Asian American	80	^16.9% ± 18.0	80	*25.1% ± 19.4	80	44.8% ± 17.1	80	*13.9% ± 11.2
Southeast Asian	<30		<30		<30		<30	
Black or African American	268	*11.1% ± 10.0	268	15.9% ± 8.3	268	30.2% ± 10.1	268	23.7% ± 9.6
US-born Black	197	*16.4% ± 15.0	197	*11.6% ± 6.9	197	39.3% ± 12.4	197	21.0% ± 11.2
Foreign-born Black	69	^3.0% ± 7.3	69	*22.5% ± 18.7	69	^16.6% ± 18.3	69	*27.9% ± 18.5
White	1,069	9.0% ± 2.8	1,069	30.6% ± 4.2	1,069	40.2% ± 4.4	1,069	21.1% ± 3.7

# Access to health care



## Barriers to access mental health care Among those with unmet mental health care needs

**Table 17**

	Afraid of what others would do or think		Had no insurance or cost was too high		Had work, family, or other duties		Other reason	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>								
Female	1,186	11.2% ± 3.4	1,186	30.9% ± 3.7	1,186	39.3% ± 3.9	1,186	18.9% ± 3.3
Male	541	16.1% ± 5.3	541	27.0% ± 5.5	541	31.8% ± 5.7	541	17.9% ± 4.6
Nonbinary	49	<sup>^</sup> 4.2% ± 12.1	49	52.4% ± 18.1	49	*23.9% ± 15.3	49	34.0% ± 19.7
<b>Transgender</b>								
Yes	41	<sup>^</sup> 6.0% ± 15.6	41	54.0% ± 20.8	41	<sup>^</sup> 20.9% ± 21.3	41	*24.9% ± 21.3
No	1,733	13.1% ± 2.9	1,733	29.0% ± 3.1	1,733	36.3% ± 3.2	1,733	18.8% ± 2.6
<b>Sexual orientation</b>								
Straight/Heterosexual	1,291	14.6% ± 3.5	1,291	26.9% ± 3.5	1,291	37.3% ± 3.8	1,291	19.1% ± 3.1
LGBQ+	381	*9.2% ± 5.6	381	40.2% ± 7.0	381	34.5% ± 6.7	381	17.7% ± 5.9
Lesbian/Gay	112	<sup>^</sup> 13.6% ± 15.4	112	38.7% ± 12.6	112	33.4% ± 11.9	112	*12.1% ± 8.2
Bisexual/Pansexual	170	<sup>^</sup> 7.6% ± 9.0	170	43.5% ± 10.6	170	38.5% ± 10.8	170	21.3% ± 10.5
Queer	116	<sup>^</sup> 3.5% ± 6.1	116	51.8% ± 12.1	116	37.4% ± 12.1	116	23.9% ± 12.6
<b>Household income</b>								
< 200% of Federal Poverty Level	649	12.4% ± 4.8	649	24.4% ± 5.1	649	26.5% ± 5.3	649	21.7% ± 5.1
≥ 200% of Federal Poverty Level	1,092	12.7% ± 3.7	1,092	33.2% ± 3.9	1,092	40.1% ± 4.0	1,092	17.2% ± 3.0
<b>Educational attainment</b>								
Less than high school	128	<sup>^</sup> 10.8% ± 14.5	128	25.2% ± 13.0	128	*19.2% ± 12.8	128	*13.0% ± 8.2
High school or GED	256	16.1% ± 8.7	256	22.2% ± 8.3	256	26.6% ± 7.9	256	22.9% ± 7.9
Some college	363	17.9% ± 8.6	363	34.2% ± 8.0	363	33.8% ± 7.6	363	18.8% ± 6.6
College degree or higher	971	9.9% ± 3.0	971	31.6% ± 3.9	971	41.6% ± 4.2	971	18.3% ± 3.4
<b>Speak a language other than English most of the time at home</b>								
Yes	267	16.1% ± 8.7	267	28.2% ± 7.9	267	22.8% ± 7.4	267	12.6% ± 6.3
No	1,514	12.1% ± 3.0	1,514	30.4% ± 3.4	1,514	38.2% ± 3.5	1,514	20.4% ± 2.9
<b>Economic distress</b>								
Yes	695	14.5% ± 5.1	695	32.8% ± 5.6	695	28.9% ± 5.1	695	17.0% ± 4.3
No	1,095	11.9% ± 3.5	1,095	28.4% ± 3.6	1,095	39.7% ± 4.0	1,095	20.4% ± 3.4
<b>Frequent mental distress</b>								
Yes	556	16.2% ± 5.6	556	36.4% ± 5.9	556	37.2% ± 5.7	556	20.7% ± 5.0
No	1,074	11.4% ± 3.5	1,074	27.7% ± 3.8	1,074	36.9% ± 4.1	1,074	19.0% ± 3.4

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Access to health care



When you are sick or need medical care, where do you usually go?

Table 18	Sample Size	Doctor's office or clinic	Hospital emergency room	Urgent care	Clinic located in a drug or grocery store	No usual place
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,519	73.3% ± 1.4	4.2% ± 0.7	11.7% ± 1.1	2.3% ± 0.5	8.5% ± 1.0
<b>Minneapolis</b>	3,903	68.9% ± 2.3	6.7% ± 1.4	9.5% ± 1.5	2.8% ± 0.9	12.1% ± 1.7
Camden, Near North	1,029	61.7% ± 4.7	12.0% ± 4.1	9.9% ± 2.8	*3.8% ± 2.4	12.6% ± 3.6
Central, Northeast, University, St. Anthony	952	68.5% ± 4.3	5.6% ± 2.2	9.6% ± 3.0	*3.6% ± 2.6	12.7% ± 3.4
Phillips, Powderhorn	1,078	64.8% ± 4.3	10.8% ± 3.7	8.1% ± 2.1	2.5% ± 1.4	13.8% ± 3.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	74.4% ± 4.4	*3.4% ± 2.8	10.1% ± 3.3	*1.7% ± 1.4	10.4% ± 3.5
<b>Suburban Hennepin County</b>	4,616	75.8% ± 1.9	2.8% ± 0.9	12.9% ± 1.5	2.0% ± 0.6	6.5% ± 1.2
Northwest suburbs	1,640	77.0% ± 3.0	3.1% ± 1.4	12.7% ± 2.5	*1.0% ± 0.8	6.2% ± 1.9
Northwest - inner	899	70.4% ± 4.5	5.3% ± 2.6	15.4% ± 4.1	*1.8% ± 1.7	7.2% ± 2.8
Northwest - outer	741	82.4% ± 4.1	^1.2% ± 2.1	10.6% ± 3.4	^0.4% ± 0.9	5.4% ± 2.8
West suburbs	1,488	72.2% ± 3.5	*2.6% ± 1.8	14.9% ± 2.9	2.8% ± 1.4	7.7% ± 2.5
West - inner	714	71.9% ± 5.1	*5.1% ± 4.6	12.0% ± 3.5	*2.7% ± 1.8	8.4% ± 3.8
West - outer	774	72.3% ± 4.8	^1.1% ± 1.3	16.6% ± 4.3	*2.8% ± 2.2	7.2% ± 3.5
South suburbs	1,488	76.8% ± 3.4	*2.5% ± 1.7	11.7% ± 2.7	2.9% ± 1.7	6.1% ± 2.3
South - east	738	74.6% ± 5.6	*4.1% ± 3.7	9.8% ± 4.2	*2.8% ± 2.8	8.6% ± 4.5
South - west	750	77.7% ± 4.3	^1.8% ± 2.3	12.5% ± 3.5	*2.9% ± 2.3	5.0% ± 2.8
<b>Age</b>						
18-24	309	56.9% ± 6.9	*7.9% ± 4.9	15.2% ± 6.0	*4.5% ± 3.5	15.6% ± 5.6
25-44	2,445	67.6% ± 2.5	4.7% ± 1.3	13.6% ± 2.0	2.9% ± 1.0	11.2% ± 1.8
45-64	2,647	77.0% ± 2.3	3.6% ± 1.0	11.2% ± 1.8	1.8% ± 0.8	6.5% ± 1.4
65-74	1,790	86.6% ± 2.1	2.4% ± 0.9	7.0% ± 1.8	*0.7% ± 0.7	3.2% ± 1.0
75 and older	1,288	88.0% ± 2.3	2.5% ± 1.1	6.8% ± 2.0	^0.1% ± 0.3	2.6% ± 1.1
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	307	62.8% ± 8.3	17.5% ± 7.9	9.6% ± 5.5	^1.4% ± 2.1	*8.7% ± 5.5
Hispanic or Latino/a	495	63.6% ± 6.9	12.6% ± 6.2	*4.3% ± 2.6	^1.2% ± 2.1	18.3% ± 6.0
Non-Hispanic						
Asian or Asian American	325	70.0% ± 7.9	*2.3% ± 2.1	14.6% ± 6.2	^4.2% ± 6.4	*8.8% ± 6.1
Southeast Asian	115	54.4% ± 12.9	^4.5% ± 5.7	25.4% ± 12.7	^3.5% ± 10.5	^12.3% ± 14.4
Black or African American	968	63.8% ± 5.2	12.7% ± 3.7	12.8% ± 4.2	^2.0% ± 2.8	8.8% ± 3.6
US-born Black	630	58.4% ± 6.6	17.4% ± 5.4	15.5% ± 5.9	^0.9% ± 1.1	*7.7% ± 4.7
Foreign-born Black	333	70.3% ± 8.3	*7.4% ± 5.7	*9.6% ± 6.7	^3.1% ± 6.8	*9.6% ± 5.9
White	5,984	78.7% ± 1.6	1.2% ± 0.5	11.7% ± 1.3	1.9% ± 0.6	6.4% ± 1.0



# Access to health care



When you are sick or need medical care, where do you usually go?

Table 18	Sample Size	Doctor's office or clinic	Hospital emergency room	Urgent care	Clinic located in a drug or grocery store	No usual place
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>						
Female	5,362	77.1% ± 1.7	3.9% ± 0.9	10.6% ± 1.3	2.3% ± 0.6	6.1% ± 1.0
Male	2,991	69.5% ± 2.4	4.4% ± 1.2	12.8% ± 1.9	2.2% ± 0.9	11.0% ± 1.7
Nonbinary	96	58.9% ± 14.5	^3.0% ± 6.2	*19.8% ± 17.0	^2.9% ± 6.3	*15.4% ± 11.5
<b>Transgender</b>						
Yes	83	56.0% ± 15.4	^4.8% ± 8.8	*24.2% ± 18.0	^3.2% ± 6.7	^11.8% ± 12.3
No	8,316	73.6% ± 1.5	4.0% ± 0.7	11.6% ± 1.1	2.3% ± 0.5	8.4% ± 1.0
<b>Sexual orientation</b>						
Straight/Heterosexual	7,098	74.6% ± 1.6	4.0% ± 0.8	11.5% ± 1.2	2.1% ± 0.5	7.9% ± 1.0
LGBQ+	972	68.0% ± 4.4	3.6% ± 2.0	12.8% ± 3.6	*3.5% ± 2.3	12.1% ± 3.2
Lesbian/Gay	377	78.6% ± 6.6	*1.8% ± 1.7	8.2% ± 4.7	^4.7% ± 6.5	6.7% ± 3.9
Bisexual/Pansexual	406	61.6% ± 7.0	*2.7% ± 2.1	16.0% ± 6.4	*3.6% ± 2.9	16.0% ± 6.3
Queer	229	63.3% ± 9.2	^1.8% ± 3.1	*15.2% ± 9.2	^2.7% ± 3.2	17.0% ± 7.9
<b>Household income</b>						
< 200% of Federal Poverty Level	2,393	62.8% ± 3.2	12.6% ± 2.3	11.5% ± 2.3	2.2% ± 1.0	10.8% ± 2.2
≥ 200% of Federal Poverty Level	5,735	76.8% ± 1.7	1.2% ± 0.5	12.1% ± 1.3	2.3% ± 0.6	7.7% ± 1.1
<b>Educational attainment</b>						
Less than high school	428	59.5% ± 7.4	18.4% ± 6.3	*9.2% ± 6.0	^0.9% ± 0.9	12.1% ± 5.7
High school or GED	1,085	65.9% ± 4.4	11.3% ± 3.1	12.9% ± 3.7	*1.2% ± 1.1	8.6% ± 2.8
Some college	1,930	70.9% ± 3.5	4.1% ± 1.6	13.7% ± 2.9	*2.6% ± 1.6	8.8% ± 2.5
College degree or higher	4,747	77.4% ± 1.7	0.7% ± 0.4	11.2% ± 1.3	2.7% ± 0.7	8.0% ± 1.2
<b>Speak a language other than English most of the time at home</b>						
Yes	1,069	67.4% ± 4.2	9.7% ± 2.8	10.8% ± 3.2	*2.2% ± 1.5	10.0% ± 2.8
No	7,350	74.5% ± 1.5	3.1% ± 0.7	11.9% ± 1.2	2.3% ± 0.6	8.2% ± 1.0
<b>Economic distress</b>						
Yes	1,836	55.4% ± 3.6	14.4% ± 2.8	15.4% ± 3.0	2.8% ± 1.3	12.0% ± 2.5
No	6,640	78.0% ± 1.5	1.6% ± 0.5	10.8% ± 1.2	2.1% ± 0.6	7.6% ± 1.1
<b>Frequent mental distress</b>						
Yes	1,133	63.5% ± 4.4	8.7% ± 3.4	14.5% ± 3.6	3.3% ± 1.7	10.0% ± 2.9
No	6,780	75.8% ± 1.6	3.0% ± 0.6	11.4% ± 1.2	2.1% ± 0.6	7.8% ± 1.1

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Access to health care



During the past 12 months, did you skip doses, take smaller amounts of your prescription, or not fill a prescription because of cost?

**Table 19**

	Among persons aged 18 and older who take prescription medication: Yes		Among persons aged 65 and older who take prescription medication: Yes	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	7,176	7.7% ± 0.9	2,908	4.2% ± 1.0
<b>Minneapolis</b>	3,227	10.5% ± 1.6	967	5.8% ± 2.0
Camden, Near North	858	15.8% ± 3.8	276	8.3% ± 4.6
Central, Northeast, University, St. Anthony	785	8.5% ± 2.8	216	*6.7% ± 5.6
Phillips, Powderhorn	890	14.5% ± 4.0	226	13.5% ± 7.0
Calhoun-Isles, Longfellow, Nokomis, Southwest	694	8.1% ± 3.5	249	^2.0% ± 2.8
<b>Suburban Hennepin County</b>	3,949	6.2% ± 1.2	1,941	3.7% ± 1.2
Northwest suburbs	1,379	6.6% ± 2.0	632	4.0% ± 2.2
Northwest - inner	737	9.2% ± 3.2	317	*5.6% ± 3.3
Northwest - outer	642	*4.7% ± 2.8	315	^2.9% ± 3.4
West suburbs	1,275	5.0% ± 1.9	609	*3.0% ± 2.6
West - inner	606	6.9% ± 4.0	254	^6.1% ± 7.6
West - outer	669	3.9% ± 2.2	355	^1.5% ± 2.2
South suburbs	1,295	6.6% ± 2.3	700	4.0% ± 2.2
South - east	634	*8.0% ± 4.8	351	*5.5% ± 3.4
South - west	661	6.0% ± 2.7	349	*3.5% ± 3.0
<b>Age</b>				
18-24	220	*8.6% ± 5.6	N/A	
25-44	1,815	9.8% ± 1.9	N/A	
45-64	2,233	7.5% ± 1.5	N/A	
65-74	1,638	4.2% ± 1.2	1,638	4.2% ± 1.2
75 and older	1,232	4.0% ± 1.9	1,232	4.0% ± 1.9
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	263	16.6% ± 7.6	65	^9.1% ± 16.4
Hispanic or Latino/a	372	19.4% ± 7.3	41	*32.7% ± 21.7
Non-Hispanic				
Asian or Asian American	233	*7.1% ± 5.7	45	^5.2% ± 10.2
Southeast Asian	85	^12.1% ± 13.0	<30	
Black or African American	860	13.8% ± 4.4	296	11.6% ± 6.7
US-born Black	563	17.2% ± 6.4	195	*11.8% ± 8.4
Foreign-born Black	293	*10.0% ± 6.7	98	^11.5% ± 14.7
White	5,073	5.5% ± 1.0	2,302	3.1% ± 1.0

## Access to health care



**During the past 12 months, did you skip doses, take smaller amounts of your prescription, or not fill a prescription because of cost?**

**Table 19**

	Among persons aged 18 and older who take prescription medication: Yes		Among persons aged 65 and older who take prescription medication: Yes	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	4,573	7.7% ± 1.1	1,787	4.7% ± 1.5
Male	2,460	7.4% ± 1.6	1,085	3.6% ± 1.4
Nonbinary	78	*15.1% ± 12.5	<30	
<b>Transgender</b>				
Yes	72	*15.3% ± 12.5	<30	
No	6,994	7.5% ± 0.9	2,840	4.2% ± 1.0
<b>Sexual orientation</b>				
Straight/Heterosexual	5,985	6.9% ± 1.0	2,622	3.9% ± 1.0
LGBQ+	806	12.4% ± 3.5	120	^8.0% ± 8.2
Lesbian/Gay	322	12.3% ± 7.1	79	^5.3% ± 8.2
Bisexual/Pansexual	330	12.2% ± 5.1	<30	
Queer	188	15.7% ± 7.5	<30	
<b>Household income</b>				
< 200% of Federal Poverty Level	2,076	13.7% ± 2.5	818	8.8% ± 2.9
≥ 200% of Federal Poverty Level	4,760	5.7% ± 1.0	1,874	3.0% ± 1.1
<b>Educational attainment</b>				
Less than high school	364	15.4% ± 6.6	107	*11.1% ± 10.3
High school or GED	942	10.5% ± 3.0	440	*3.6% ± 2.7
Some college	1,679	10.0% ± 2.5	816	5.5% ± 2.1
College degree or higher	3,897	5.5% ± 1.1	1,371	3.6% ± 1.5
<b>Speak a language other than English most of the time at home</b>				
Yes	867	12.1% ± 3.3	218	13.1% ± 6.7
No	6,216	6.8% ± 0.9	2,638	3.4% ± 1.0
<b>Economic distress</b>				
Yes	1,554	20.0% ± 3.2	423	16.6% ± 5.5
No	5,583	4.4% ± 0.8	2,457	2.6% ± 0.9
<b>Frequent mental distress</b>				
Yes	968	17.6% ± 3.7	216	13.5% ± 5.9
No	5,679	5.7% ± 0.9	2,442	3.0% ± 1.0

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Access to health care



How long has it been since you last visited a dentist or dental clinic for any reason?

Table 20	Sample Size	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,508	74.8% ± 1.4	11.3% ± 1.1	7.1% ± 0.9	5.5% ± 0.7	1.3% ± 0.4
<b>Minneapolis</b>	3,894	67.9% ± 2.2	12.8% ± 1.7	9.6% ± 1.5	7.0% ± 1.2	2.6% ± 1.0
Camden, Near North	1,026	58.7% ± 4.7	15.8% ± 3.4	12.7% ± 4.4	11.1% ± 3.3	*1.7% ± 1.5
Central, Northeast, University, St. Anthony	950	69.4% ± 4.1	13.6% ± 3.1	7.5% ± 2.4	7.5% ± 2.8	*2.0% ± 1.6
Phillips, Powderhorn	1,076	56.5% ± 4.3	16.3% ± 4.0	11.3% ± 2.6	11.4% ± 3.1	4.5% ± 2.1
Calhoun-Isles, Longfellow, Nokomis, Southwest	842	76.4% ± 4.5	9.1% ± 3.4	9.5% ± 3.3	*2.5% ± 2.0	^2.5% ± 3.0
<b>Suburban Hennepin County</b>	4,614	78.6% ± 1.8	10.4% ± 1.4	5.7% ± 1.1	4.7% ± 0.9	*0.6% ± 0.4
Northwest suburbs	1,645	76.1% ± 2.9	11.5% ± 2.4	5.9% ± 1.7	5.4% ± 1.5	*1.1% ± 0.9
Northwest - inner	904	66.4% ± 4.5	16.0% ± 4.0	7.3% ± 2.6	8.7% ± 2.9	^1.6% ± 1.7
Northwest - outer	741	83.9% ± 3.8	7.9% ± 3.2	4.8% ± 2.6	*2.8% ± 1.7	^0.6% ± 1.3
West suburbs	1,484	81.6% ± 3.0	9.4% ± 2.5	5.0% ± 1.8	3.7% ± 1.7	^0.2% ± 0.7
West - inner	715	76.6% ± 4.9	8.9% ± 3.1	7.8% ± 3.9	*6.1% ± 3.7	^0.6% ± 1.8
West - outer	769	84.6% ± 4.0	9.8% ± 3.7	*3.3% ± 2.0	*2.3% ± 1.9	0.0% ± 0.0
South suburbs	1,485	79.9% ± 3.2	9.5% ± 2.4	6.0% ± 2.3	4.4% ± 1.8	^0.1% ± 0.4
South - east	738	69.8% ± 5.6	14.5% ± 4.7	8.0% ± 4.4	7.3% ± 4.0	^0.4% ± 1.2
South - west	747	84.4% ± 4.0	7.3% ± 3.0	5.2% ± 3.0	*3.1% ± 2.2	0.0% ± 0.0
<b>Age</b>						
18-24	307	58.8% ± 6.9	22.5% ± 6.3	9.9% ± 4.8	*6.7% ± 4.8	^2.2% ± 2.9
25-44	2,443	73.4% ± 2.4	11.1% ± 1.8	8.9% ± 1.6	5.6% ± 1.3	*1.0% ± 0.6
45-64	2,640	77.1% ± 2.2	10.5% ± 1.7	5.7% ± 1.3	5.0% ± 1.1	*1.7% ± 1.0
65-74	1,792	83.1% ± 2.3	7.1% ± 1.7	4.0% ± 1.3	5.2% ± 1.5	^0.6% ± 0.7
75 and older	1,284	78.7% ± 3.3	8.2% ± 2.0	5.3% ± 1.7	6.8% ± 2.7	^1.0% ± 2.1
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	305	54.7% ± 8.3	20.6% ± 7.8	13.1% ± 6.0	11.2% ± 5.9	^0.5% ± 1.7
Hispanic or Latino/a	490	54.7% ± 6.9	22.0% ± 6.5	10.3% ± 5.3	7.2% ± 3.3	*5.8% ± 3.5
Non-Hispanic						
Asian or Asian American	323	75.3% ± 7.3	11.7% ± 6.5	*6.2% ± 4.5	*6.0% ± 4.3	^0.9% ± 1.9
Southeast Asian	115	64.8% ± 13.5	*20.0% ± 14.7	^8.3% ± 10.2	^5.4% ± 6.0	^1.5% ± 6.0
Black or African American	963	57.3% ± 5.3	20.5% ± 4.5	7.2% ± 3.2	11.0% ± 4.0	*3.9% ± 2.5
US-born Black	626	62.2% ± 6.5	17.8% ± 5.1	9.9% ± 5.2	8.6% ± 4.6	^1.4% ± 2.4
Foreign-born Black	331	51.6% ± 8.3	23.6% ± 8.0	^4.2% ± 4.2	13.9% ± 7.2	*6.7% ± 5.1
White	5,986	81.3% ± 1.5	7.3% ± 1.0	6.9% ± 1.1	4.2% ± 0.8	^0.2% ± 0.3

## Access to health care



## How long has it been since you last visited a dentist or dental clinic for any reason?

Table 20	Sample Size	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>						
Female	5,351	76.9% ± 1.7	10.9% ± 1.3	6.5% ± 1.0	4.5% ± 0.8	1.2% ± 0.6
Male	2,990	72.8% ± 2.3	11.6% ± 1.8	7.5% ± 1.5	6.7% ± 1.3	1.3% ± 0.7
Nonbinary	97	65.2% ± 14.4	*11.7% ± 11.0	^15.1% ± 16.0	^7.6% ± 8.7	^0.5% ± 2.0
<b>Transgender</b>						
Yes	84	66.2% ± 15.5	*11.0% ± 10.3	^15.6% ± 18.0	^7.1% ± 8.7	^0.1% ± 0.7
No	8,305	75.0% ± 1.4	11.2% ± 1.1	7.0% ± 0.9	5.5% ± 0.7	1.2% ± 0.4
<b>Sexual orientation</b>						
Straight/Heterosexual	7,086	76.4% ± 1.5	10.9% ± 1.2	6.8% ± 0.9	4.9% ± 0.7	1.0% ± 0.5
LGBQ+	974	69.7% ± 4.3	12.3% ± 3.3	8.8% ± 2.6	8.8% ± 3.3	^0.4% ± 0.6
Lesbian/Gay	378	78.3% ± 6.3	7.4% ± 3.6	7.9% ± 3.9	*6.4% ± 6.1	0.0% ± 0.0
Bisexual/Pansexual	409	68.2% ± 6.6	13.6% ± 5.3	9.5% ± 4.7	8.4% ± 4.4	^0.3% ± 1.1
Queer	230	68.8% ± 8.8	*7.2% ± 5.0	*12.8% ± 8.0	*11.1% ± 7.2	^0.2% ± 1.1
<b>Household income</b>						
< 200% of Federal Poverty Level	2,384	53.6% ± 3.2	19.6% ± 2.7	11.0% ± 2.1	11.8% ± 2.1	4.0% ± 1.5
≥ 200% of Federal Poverty Level	5,734	82.0% ± 1.5	8.5% ± 1.2	5.8% ± 1.0	3.4% ± 0.7	^0.3% ± 0.4
<b>Educational attainment</b>						
Less than high school	421	47.3% ± 7.4	18.4% ± 5.9	11.5% ± 6.3	13.1% ± 5.6	9.8% ± 5.2
High school or GED	1,081	59.5% ± 4.4	16.4% ± 3.6	10.4% ± 3.0	10.4% ± 2.8	*3.3% ± 2.1
Some college	1,929	70.9% ± 3.3	14.9% ± 2.9	7.3% ± 1.9	6.7% ± 1.6	^0.2% ± 0.2
College degree or higher	4,746	82.8% ± 1.6	8.0% ± 1.2	5.9% ± 1.0	3.1% ± 0.8	^0.2% ± 0.2
<b>Speak a language other than English most of the time at home</b>						
Yes	1,064	59.1% ± 4.4	20.4% ± 4.0	6.9% ± 2.4	9.2% ± 2.8	4.4% ± 2.1
No	7,346	77.7% ± 1.4	9.6% ± 1.1	7.2% ± 0.9	4.8% ± 0.7	0.7% ± 0.4
<b>Economic distress</b>						
Yes	1,828	52.2% ± 3.5	20.2% ± 2.9	12.3% ± 2.6	11.5% ± 2.3	3.8% ± 1.6
No	6,637	80.8% ± 1.5	8.9% ± 1.1	5.7% ± 0.9	3.9% ± 0.7	*0.7% ± 0.4
<b>Frequent mental distress</b>						
Yes	1,130	60.6% ± 4.2	16.0% ± 3.5	13.3% ± 3.3	9.5% ± 2.5	^0.7% ± 1.0
No	6,767	78.5% ± 1.5	9.9% ± 1.1	6.1% ± 0.9	4.7% ± 0.8	0.9% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is &gt; 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error &gt; 50%)

## Access to health care



**Telehealth has become a common way to get healthcare. Which of these make it hard for you to get healthcare on a computer, tablet, or smartphone?**

**No or slow computer/tablet/smartphone, No or slow internet, I don't know how, or My provider doesn't offer this option**

**Table 21**

	Sample Size	Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,331	20.4% ± 1.2
<b>Minneapolis</b>	3,782	23.3% ± 2.0
Camden, Near North	1,010	36.5% ± 4.6
Central, Northeast, University, St. Anthony	917	21.4% ± 3.7
Phillips, Powderhorn	1,024	30.3% ± 4.3
Calhoun-Isles, Longfellow, Nokomis, Southwest	831	16.4% ± 3.8
<b>Suburban Hennepin County</b>	4,549	18.8% ± 1.6
Northwest suburbs	1,618	19.8% ± 2.6
Northwest - inner	884	24.7% ± 3.9
Northwest - outer	734	15.9% ± 3.6
West suburbs	1,463	17.6% ± 2.9
West - inner	703	20.0% ± 4.5
West - outer	760	16.2% ± 4.0
South suburbs	1,468	18.4% ± 2.8
South - east	726	26.4% ± 4.8
South - west	742	14.9% ± 3.5
<b>Age</b>		
18-24	305	20.4% ± 6.2
25-44	2,394	15.6% ± 2.0
45-64	2,602	20.4% ± 2.2
65-74	1,753	24.6% ± 2.6
75 and older	1,236	40.7% ± 3.6
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	297	46.3% ± 8.4
Hispanic or Latino/a	475	37.2% ± 6.9
Non-Hispanic		
Asian or Asian American	321	27.0% ± 8.0
Southeast Asian	112	23.1% ± 12.0
Black or African American	898	40.0% ± 5.4
US-born Black	615	42.9% ± 6.8
Foreign-born Black	277	36.7% ± 8.9
White	5,901	15.1% ± 1.3

## Access to health care



**Telehealth has become a common way to get healthcare. Which of these make it hard for you to get healthcare on a computer, tablet, or smartphone?**

**No or slow computer/tablet/smartphone, No or slow internet, I don't know how, or My provider doesn't offer this option**

**Table 21**

	Sample Size N	Yes % ± 95% C.I.
<b>Gender</b>		
Female	5,238	20.3% ± 1.5
Male	2,927	19.9% ± 2.0
Nonbinary	96	35.5% ± 14.4
<b>Transgender</b>		
Yes	82	38.5% ± 15.2
No	8,138	20.1% ± 1.2
<b>Sexual orientation</b>		
Straight/Heterosexual	6,947	19.1% ± 1.3
LGBQ+	964	21.7% ± 3.9
Lesbian/Gay	376	15.6% ± 6.3
Bisexual/Pansexual	405	19.2% ± 5.3
Queer	227	25.5% ± 8.2
<b>Household income</b>		
< 200% of Federal Poverty Level	2,277	42.6% ± 3.2
≥ 200% of Federal Poverty Level	5,674	12.4% ± 1.2
<b>Educational attainment</b>		
Less than high school	378	51.9% ± 7.7
High school or GED	1,034	40.8% ± 4.4
Some college	1,894	25.6% ± 3.0
College degree or higher	4,701	10.1% ± 1.1
<b>Speak a language other than English most of the time at home</b>		
Yes	996	34.1% ± 4.3
No	7,245	17.7% ± 1.2
<b>Economic distress</b>		
Yes	1,775	44.1% ± 3.6
No	6,513	14.3% ± 1.2
<b>Frequent mental distress</b>		
Yes	1,100	29.9% ± 4.0
No	6,663	17.2% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Access to health care



Telehealth has become a common way to get healthcare. Which of these make it hard for you to get healthcare on a computer, tablet, or smartphone?

**Table 22**

	No or slow computer/tablet/smartphone		No or slow internet		I don't know how		My provider doesn't offer this option	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,331	6.5% ± 0.8	8,331	4.8% ± 0.7	8,331	9.1% ± 0.9	8,331	3.1% ± 0.5
<b>Minneapolis</b>	3,782	8.1% ± 1.4	3,782	6.3% ± 1.3	3,782	9.7% ± 1.5	3,782	3.4% ± 0.9
Camden, Near North	1,010	11.5% ± 3.3	1,010	10.6% ± 4.2	1,010	14.1% ± 3.0	1,010	4.6% ± 2.2
Central, Northeast, University, St. Anthony	917	6.8% ± 2.6	917	6.5% ± 2.6	917	7.9% ± 2.7	917	4.1% ± 1.9
Phillips, Powderhorn	1,024	12.1% ± 2.9	1,024	8.0% ± 3.0	1,024	12.4% ± 3.4	1,024	*4.0% ± 2.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	831	5.8% ± 2.9	831	*3.4% ± 2.4	831	8.3% ± 3.0	831	*2.1% ± 1.5
<b>Suburban Hennepin County</b>	4,549	5.7% ± 1.0	4,549	3.9% ± 0.9	4,549	8.8% ± 1.1	4,549	2.9% ± 0.7
Northwest suburbs	1,618	5.8% ± 1.6	1,618	5.0% ± 1.7	1,618	9.2% ± 1.8	1,618	2.7% ± 1.1
Northwest - inner	884	6.5% ± 2.1	884	4.7% ± 2.1	884	12.5% ± 3.1	884	3.6% ± 1.9
Northwest - outer	734	5.3% ± 2.6	734	5.2% ± 2.7	734	6.6% ± 2.3	734	*2.0% ± 1.5
West suburbs	1,463	5.2% ± 1.6	1,463	2.8% ± 1.4	1,463	8.7% ± 2.3	1,463	3.4% ± 1.7
West - inner	703	6.4% ± 2.9	703	*3.2% ± 2.0	703	9.5% ± 3.9	703	4.0% ± 2.2
West - outer	760	4.5% ± 2.1	760	*2.6% ± 2.1	760	8.3% ± 3.1	760	*3.0% ± 2.8
South suburbs	1,468	6.0% ± 2.0	1,468	3.2% ± 1.5	1,468	8.3% ± 1.7	1,468	2.8% ± 1.3
South - east	726	7.1% ± 2.9	726	*5.3% ± 3.4	726	14.9% ± 3.9	726	2.5% ± 1.4
South - west	742	5.5% ± 2.8	742	*2.3% ± 1.7	742	5.4% ± 1.9	742	*2.9% ± 1.9
<b>Age</b>								
18-24	305	*6.4% ± 4.7	305	*7.3% ± 4.5	305	*7.0% ± 4.7	305	^2.7% ± 3.3
25-44	2,394	4.9% ± 1.2	2,394	4.2% ± 1.2	2,394	4.9% ± 1.3	2,394	3.4% ± 1.0
45-64	2,602	6.7% ± 1.5	2,602	4.7% ± 1.3	2,602	9.2% ± 1.7	2,602	2.8% ± 0.9
65-74	1,753	8.1% ± 1.6	1,753	5.0% ± 1.5	1,753	14.0% ± 2.1	1,753	2.7% ± 1.1
75 and older	1,236	12.3% ± 2.5	1,236	4.7% ± 1.8	1,236	27.3% ± 3.5	1,236	3.6% ± 1.6
<b>Selected race/ethnicity</b>								
American Indian or Alaska Native	297	21.0% ± 7.9	297	11.6% ± 5.3	297	18.1% ± 7.1	297	*4.7% ± 3.7
Hispanic or Latino/a	475	16.2% ± 5.7	475	6.6% ± 3.5	475	18.7% ± 6.4	475	*3.1% ± 2.3
Non-Hispanic								
Asian or Asian American	321	*7.4% ± 5.1	321	*6.8% ± 5.6	321	*9.6% ± 6.5	321	*4.7% ± 4.6
Southeast Asian	112	*14.4% ± 12.7	112	^3.4% ± 4.0	112	*5.1% ± 4.4	112	^2.7% ± 5.8
Black or African American	898	10.9% ± 3.7	898	7.4% ± 3.4	898	17.3% ± 4.3	898	7.6% ± 3.6
US-born Black	615	12.6% ± 5.2	615	7.2% ± 4.0	615	19.1% ± 5.6	615	*8.3% ± 5.6
Foreign-born Black	277	*8.8% ± 5.9	277	*7.8% ± 6.8	277	15.2% ± 7.2	277	*6.7% ± 5.2
White	5,901	4.9% ± 0.9	5,901	3.2% ± 0.7	5,901	7.3% ± 0.9	5,901	2.3% ± 0.6



# Access to health care



**Telehealth has become a common way to get healthcare. Which of these make it hard for you to get healthcare on a computer, tablet, or smartphone?**

Table 22	No or slow computer/tablet/smartphone		No or slow internet		I don't know how		My provider doesn't offer this option	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>								
Female	5,238	7.0% ± 1.0	5,238	4.8% ± 0.9	5,238	8.7% ± 1.0	5,238	3.0% ± 0.7
Male	2,927	6.0% ± 1.3	2,927	4.4% ± 1.2	2,927	9.5% ± 1.5	2,927	2.8% ± 0.9
Nonbinary	96	<sup>^</sup> 1.3% ± 4.1	96	<sup>^</sup> 8.8% ± 10.2	96	<sup>^</sup> 12.6% ± 15.9	96	<sup>*</sup> 16.7% ± 11.9
<b>Transgender</b>								
Yes	82	<sup>^</sup> 10.9% ± 11.7	82	<sup>*</sup> 17.0% ± 15.8	82	<sup>^</sup> 5.7% ± 7.4	82	<sup>^</sup> 7.5% ± 12.0
No	8,138	6.5% ± 0.8	8,138	4.6% ± 0.7	8,138	9.1% ± 0.9	8,138	3.0% ± 0.5
<b>Sexual orientation</b>								
Straight/Heterosexual	6,947	6.2% ± 0.9	6,947	4.1% ± 0.7	6,947	8.8% ± 0.9	6,947	2.9% ± 0.6
LGBQ+	964	5.9% ± 2.3	964	7.3% ± 2.9	964	6.3% ± 2.5	964	4.7% ± 2.0
Lesbian/Gay	376	<sup>*</sup> 4.8% ± 3.7	376	<sup>*</sup> 6.5% ± 5.8	376	<sup>*</sup> 4.2% ± 3.4	376	<sup>^</sup> 2.8% ± 2.8
Bisexual/Pansexual	405	4.4% ± 2.4	405	<sup>*</sup> 6.7% ± 4.1	405	<sup>*</sup> 4.2% ± 2.8	405	<sup>*</sup> 5.6% ± 3.6
Queer	227	<sup>*</sup> 5.2% ± 4.2	227	<sup>*</sup> 9.7% ± 6.4	227	<sup>*</sup> 7.1% ± 6.2	227	<sup>*</sup> 5.9% ± 5.4
<b>Household income</b>								
< 200% of Federal Poverty Level	2,277	15.6% ± 2.4	2,277	10.0% ± 2.0	2,277	19.4% ± 2.7	2,277	4.5% ± 1.3
≥ 200% of Federal Poverty Level	5,674	3.4% ± 0.7	5,674	3.0% ± 0.7	5,674	5.3% ± 0.7	5,674	2.5% ± 0.6
<b>Educational attainment</b>								
Less than high school	378	15.1% ± 5.6	378	<sup>*</sup> 10.1% ± 6.3	378	28.4% ± 7.2	378	<sup>*</sup> 3.6% ± 2.7
High school or GED	1,034	15.7% ± 3.6	1,034	9.0% ± 2.8	1,034	19.8% ± 3.5	1,034	3.7% ± 1.8
Some college	1,894	9.9% ± 2.1	1,894	6.0% ± 1.9	1,894	10.8% ± 2.1	1,894	3.6% ± 1.5
College degree or higher	4,701	2.1% ± 0.5	4,701	2.7% ± 0.7	4,701	3.8% ± 0.7	4,701	2.6% ± 0.7
<b>Speak a language other than English most of the time at home</b>								
Yes	996	12.0% ± 3.3	996	7.9% ± 2.7	996	13.9% ± 3.3	996	4.8% ± 1.8
No	7,245	5.5% ± 0.8	7,245	4.0% ± 0.7	7,245	8.2% ± 0.9	7,245	2.8% ± 0.6
<b>Economic distress</b>								
Yes	1,775	16.9% ± 2.8	1,775	13.8% ± 2.8	1,775	17.0% ± 2.8	1,775	4.5% ± 1.5
No	6,513	3.8% ± 0.7	6,513	2.4% ± 0.6	6,513	7.1% ± 0.8	6,513	2.7% ± 0.6
<b>Frequent mental distress</b>								
Yes	1,100	10.6% ± 2.9	1,100	9.9% ± 2.9	1,100	9.9% ± 2.8	1,100	4.7% ± 1.9
No	6,663	5.4% ± 0.8	6,663	3.6% ± 0.7	6,663	8.2% ± 0.9	6,663	2.7% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)





# Healthy lifestyle and behaviors

## Healthy lifestyles and behaviors



## Summary measures

## Nutrition intake

Table 23

	Having 2 servings or more a day of fruit		Having 3 servings or more a day of vegetables		Having 5 servings or more a day of fruit and vegetables	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,424	48.7% ± 1.5	8,431	27.4% ± 1.4	8,474	29.0% ± 1.4
<b>Minneapolis</b>	3,841	45.9% ± 2.3	3,847	27.3% ± 2.0	3,872	27.7% ± 2.0
Camden, Near North	1,015	49.5% ± 4.7	1,020	22.2% ± 3.7	1,026	27.6% ± 4.2
Central, Northeast, University, St. Anthony	943	44.1% ± 4.4	946	25.6% ± 3.9	949	24.7% ± 4.0
Phillips, Powderhorn	1,047	40.1% ± 4.1	1,046	24.1% ± 3.4	1,056	23.3% ± 3.3
Calhoun-Isles, Longfellow, Nokomis, Southwest	836	49.2% ± 4.3	835	32.6% ± 4.0	841	33.0% ± 4.0
<b>Suburban Hennepin County</b>	4,583	50.3% ± 2.0	4,584	27.5% ± 1.8	4,602	29.7% ± 1.9
Northwest suburbs	1,624	47.2% ± 3.3	1,624	25.6% ± 2.9	1,633	27.0% ± 3.0
Northwest - inner	882	47.8% ± 4.6	881	22.5% ± 3.9	889	26.5% ± 4.3
Northwest - outer	742	46.7% ± 4.6	743	27.9% ± 4.3	744	27.4% ± 4.3
West suburbs	1,479	52.8% ± 3.5	1,481	27.9% ± 3.1	1,483	32.7% ± 3.4
West - inner	711	55.8% ± 4.9	711	28.0% ± 4.5	712	34.2% ± 5.0
West - outer	768	51.1% ± 4.8	770	27.9% ± 4.2	771	31.9% ± 4.5
South suburbs	1,480	53.1% ± 3.6	1,479	30.2% ± 3.4	1,486	31.5% ± 3.5
South - east	736	48.9% ± 5.2	739	24.6% ± 4.8	740	26.5% ± 5.0
South - west	744	54.9% ± 4.6	740	32.6% ± 4.5	746	33.8% ± 4.5
<b>Age</b>						
18-24	298	44.1% ± 7.0	300	19.0% ± 5.9	300	22.4% ± 6.4
25-44	2,408	49.4% ± 2.6	2,407	30.4% ± 2.5	2,419	32.4% ± 2.5
45-64	2,611	48.1% ± 2.6	2,622	29.5% ± 2.3	2,630	30.0% ± 2.4
65-74	1,782	52.4% ± 3.0	1,780	24.6% ± 2.6	1,794	25.5% ± 2.6
75 and older	1,286	47.9% ± 3.6	1,282	16.4% ± 2.8	1,291	19.8% ± 2.8
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	301	45.1% ± 8.4	303	17.8% ± 7.6	304	20.7% ± 7.5
Hispanic or Latino/a	451	41.6% ± 7.0	450	12.4% ± 4.6	461	15.8% ± 5.3
Non-Hispanic						
Asian or Asian American	318	54.6% ± 8.1	322	26.2% ± 7.6	323	30.2% ± 8.0
Southeast Asian	114	49.3% ± 12.9	114	*18.4% ± 11.5	114	21.3% ± 11.5
Black or African American	941	46.5% ± 5.3	945	20.3% ± 4.6	955	25.9% ± 5.0
US-born Black	618	49.0% ± 6.7	626	22.9% ± 6.3	629	30.3% ± 6.7
Foreign-born Black	319	43.6% ± 8.6	314	17.2% ± 7.3	321	20.7% ± 7.8
White	5,973	50.1% ± 1.8	5,973	31.1% ± 1.7	5,989	31.4% ± 1.7

# Healthy lifestyles and behaviors



## Summary measures

### Nutrition intake

**Table 23**

	Having 2 servings or more a day of fruit		Having 3 servings or more a day of vegetables		Having 5 servings or more a day of fruit and vegetables	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>						
Female	5,301	53.3% ± 1.9	5,312	31.6% ± 1.7	5,326	33.2% ± 1.8
Male	2,964	44.0% ± 2.5	2,958	23.2% ± 2.2	2,985	25.0% ± 2.3
Nonbinary	97	35.7% ± 13.7	97	23.6% ± 12.1	98	*16.1% ± 13.6
<b>Transgender</b>						
Yes	80	43.0% ± 15.0	83	23.5% ± 13.2	83	*18.9% ± 12.2
No	8,236	48.7% ± 1.6	8,239	27.6% ± 1.4	8,277	29.0% ± 1.4
<b>Sexual orientation</b>						
Straight/Heterosexual	7,047	49.6% ± 1.7	7,058	28.0% ± 1.5	7,080	29.6% ± 1.6
LGBQ+	962	39.9% ± 4.4	964	26.2% ± 3.9	969	25.2% ± 3.8
Lesbian/Gay	374	39.5% ± 7.3	377	26.6% ± 6.3	377	26.5% ± 6.5
Bisexual/Pansexual	408	37.8% ± 6.6	408	27.3% ± 6.3	409	25.0% ± 6.1
Queer	230	38.4% ± 8.4	231	29.9% ± 8.4	231	22.1% ± 7.5
<b>Household income</b>						
< 200% of Federal Poverty Level	2,327	44.2% ± 3.2	2,332	17.5% ± 2.6	2,357	22.3% ± 2.9
≥ 200% of Federal Poverty Level	5,715	50.1% ± 1.8	5,719	31.2% ± 1.7	5,734	31.7% ± 1.7
<b>Educational attainment</b>						
Less than high school	395	44.2% ± 7.6	390	11.7% ± 5.4	402	17.5% ± 6.1
High school or GED	1,051	41.6% ± 4.5	1,060	17.5% ± 3.8	1,068	22.5% ± 4.2
Some college	1,919	43.8% ± 3.5	1,925	20.7% ± 2.9	1,931	23.1% ± 3.1
College degree or higher	4,738	52.1% ± 2.0	4,733	34.1% ± 1.9	4,749	34.0% ± 1.9
<b>Speak a language other than English most of the time at home</b>						
Yes	1,019	45.0% ± 4.4	1,021	20.5% ± 3.6	1,038	25.6% ± 4.0
No	7,312	49.3% ± 1.6	7,317	28.5% ± 1.5	7,341	29.5% ± 1.5
<b>Economic distress</b>						
Yes	1,785	42.1% ± 3.6	1,792	16.1% ± 2.7	1,809	19.5% ± 2.9
No	6,596	50.4% ± 1.7	6,595	30.4% ± 1.6	6,621	31.5% ± 1.6
<b>Frequent mental distress</b>						
Yes	1,126	36.5% ± 4.1	1,130	17.7% ± 3.2	1,131	19.0% ± 3.4
No	6,748	50.7% ± 1.7	6,763	29.3% ± 1.6	6,775	30.7% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Healthy lifestyles and behaviors



**A serving of vegetables - not including french fries - is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have yesterday?**

Table 24	Sample Size	0 servings	1 serving	2 servings	3 or more servings
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,431	14.4% ± 1.2	28.5% ± 1.4	29.7% ± 1.4	27.4% ± 1.4
<b>Minneapolis</b>	3,847	15.8% ± 1.9	28.7% ± 2.2	28.3% ± 2.1	27.3% ± 2.0
Camden, Near North	1,020	19.5% ± 4.2	29.9% ± 4.8	28.4% ± 4.1	22.2% ± 3.7
Central, Northeast, University, St. Anthony	946	16.1% ± 3.6	30.6% ± 4.3	27.7% ± 4.0	25.6% ± 3.9
Phillips, Powderhorn	1,046	20.7% ± 4.2	29.2% ± 4.0	26.0% ± 3.8	24.1% ± 3.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	835	11.4% ± 3.6	26.0% ± 4.3	30.0% ± 4.1	32.6% ± 4.0
<b>Suburban Hennepin County</b>	4,584	13.6% ± 1.6	28.4% ± 1.8	30.5% ± 1.9	27.5% ± 1.8
Northwest suburbs	1,624	15.6% ± 2.7	29.2% ± 3.0	29.6% ± 3.1	25.6% ± 2.9
Northwest - inner	881	19.7% ± 4.1	29.5% ± 4.3	28.3% ± 4.3	22.5% ± 3.9
Northwest - outer	743	12.5% ± 3.7	28.9% ± 4.2	30.7% ± 4.4	27.9% ± 4.3
West suburbs	1,481	12.5% ± 2.8	26.0% ± 3.2	33.6% ± 3.4	27.9% ± 3.1
West - inner	711	12.0% ± 3.8	25.0% ± 4.7	35.0% ± 4.8	28.0% ± 4.5
West - outer	770	12.8% ± 4.0	26.5% ± 4.4	32.8% ± 4.6	27.9% ± 4.2
South suburbs	1,479	11.4% ± 2.6	29.1% ± 3.3	29.3% ± 3.2	30.2% ± 3.4
South - east	739	13.7% ± 4.3	31.4% ± 5.0	30.3% ± 4.9	24.6% ± 4.8
South - west	740	10.4% ± 3.3	28.1% ± 4.3	28.9% ± 4.2	32.6% ± 4.5
<b>Age</b>					
18-24	300	25.7% ± 6.6	29.9% ± 6.7	25.4% ± 6.4	19.0% ± 5.9
25-44	2,407	14.4% ± 2.0	25.8% ± 2.4	29.3% ± 2.5	30.4% ± 2.5
45-64	2,622	13.3% ± 1.9	28.0% ± 2.5	29.2% ± 2.4	29.5% ± 2.3
65-74	1,780	10.3% ± 1.9	31.4% ± 2.9	33.8% ± 2.9	24.6% ± 2.6
75 and older	1,282	11.9% ± 2.5	38.3% ± 3.6	33.4% ± 3.5	16.4% ± 2.8
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	303	21.7% ± 7.4	27.9% ± 7.7	32.6% ± 8.5	17.8% ± 7.6
Hispanic or Latino/a	450	21.9% ± 7.1	37.5% ± 6.9	28.2% ± 6.7	12.4% ± 4.6
Non-Hispanic					
Asian or Asian American	322	14.2% ± 6.5	30.4% ± 7.8	29.2% ± 8.0	26.2% ± 7.6
Southeast Asian	114	<sup>^</sup> 10.8% ± 11.6	36.6% ± 12.6	34.2% ± 13.8	<sup>*</sup> 18.4% ± 11.5
Black or African American	945	24.6% ± 4.9	33.3% ± 5.1	21.7% ± 4.6	20.3% ± 4.6
US-born Black	626	21.7% ± 6.2	28.1% ± 5.8	27.3% ± 6.5	22.9% ± 6.3
Foreign-born Black	314	28.5% ± 8.3	39.9% ± 8.7	14.5% ± 6.6	17.2% ± 7.3
White	5,973	11.2% ± 1.3	26.4% ± 1.6	31.3% ± 1.7	31.1% ± 1.7

## Healthy lifestyles and behaviors



**A serving of vegetables - not including french fries - is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have yesterday?**

Table 24	Sample Size	0 servings	1 serving	2 servings	3 or more servings
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,312	11.8% ± 1.4	26.1% ± 1.7	30.4% ± 1.7	31.6% ± 1.7
Male	2,958	17.2% ± 2.1	30.9% ± 2.4	28.8% ± 2.3	23.2% ± 2.2
Nonbinary	97	*13.6% ± 9.3	30.9% ± 13.9	31.9% ± 16.1	23.6% ± 12.1
<b>Transgender</b>					
Yes	83	*15.9% ± 11.2	33.7% ± 15.7	*26.9% ± 17.2	23.5% ± 13.2
No	8,239	14.5% ± 1.2	28.3% ± 1.4	29.6% ± 1.4	27.6% ± 1.4
<b>Sexual orientation</b>					
Straight/Heterosexual	7,058	13.9% ± 1.3	28.0% ± 1.5	30.0% ± 1.5	28.0% ± 1.5
LGBQ+	964	18.1% ± 4.1	28.3% ± 4.3	27.3% ± 4.3	26.2% ± 3.9
Lesbian/Gay	377	12.3% ± 6.1	31.8% ± 7.5	29.3% ± 7.2	26.6% ± 6.3
Bisexual/Pansexual	408	22.0% ± 6.7	26.2% ± 6.2	24.6% ± 6.4	27.3% ± 6.3
Queer	231	14.5% ± 6.3	31.6% ± 8.9	24.0% ± 8.2	29.9% ± 8.4
<b>Household income</b>					
< 200% of Federal Poverty Level	2,332	22.0% ± 2.8	33.0% ± 3.1	27.5% ± 3.0	17.5% ± 2.6
≥ 200% of Federal Poverty Level	5,719	12.0% ± 1.4	26.2% ± 1.6	30.6% ± 1.7	31.2% ± 1.7
<b>Educational attainment</b>					
Less than high school	390	27.5% ± 7.1	39.3% ± 7.9	21.4% ± 6.4	11.7% ± 5.4
High school or GED	1,060	22.6% ± 4.1	31.3% ± 4.1	28.5% ± 4.2	17.5% ± 3.8
Some college	1,925	19.3% ± 3.1	31.7% ± 3.3	28.3% ± 3.2	20.7% ± 2.9
College degree or higher	4,733	9.6% ± 1.3	25.3% ± 1.7	31.0% ± 1.8	34.1% ± 1.9
<b>Speak a language other than English most of the time at home</b>					
Yes	1,021	20.8% ± 4.0	33.7% ± 4.4	25.1% ± 4.1	20.5% ± 3.6
No	7,317	13.3% ± 1.2	27.6% ± 1.5	30.6% ± 1.5	28.5% ± 1.5
<b>Economic distress</b>					
Yes	1,792	25.7% ± 3.3	33.6% ± 3.5	24.6% ± 3.2	16.1% ± 2.7
No	6,595	11.5% ± 1.2	27.2% ± 1.6	30.9% ± 1.6	30.4% ± 1.6
<b>Frequent mental distress</b>					
Yes	1,130	23.8% ± 4.0	33.2% ± 4.2	25.2% ± 3.7	17.7% ± 3.2
No	6,763	13.0% ± 1.3	27.4% ± 1.5	30.3% ± 1.6	29.3% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Healthy lifestyles and behaviors



A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut or canned fruit. How many servings of fruit did you have yesterday? (Do not include fruit juice)

Table 25	Sample Size	0 servings	1 serving	2 servings	3 or more servings
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,424	19.0% ± 1.3	32.3% ± 1.5	28.7% ± 1.4	20.0% ± 1.3
<b>Minneapolis</b>	3,841	22.0% ± 2.1	32.1% ± 2.2	28.0% ± 2.1	17.8% ± 1.8
Camden, Near North	1,015	23.1% ± 4.6	27.4% ± 3.9	27.4% ± 4.4	22.0% ± 4.2
Central, Northeast, University, St. Anthony	943	24.3% ± 4.0	31.5% ± 4.0	27.9% ± 4.1	16.3% ± 3.7
Phillips, Powderhorn	1,047	21.1% ± 3.5	38.8% ± 4.4	24.1% ± 3.5	15.9% ± 3.0
Calhoun-Isles, Longfellow, Nokomis, Southwest	836	19.9% ± 4.1	30.9% ± 4.3	30.5% ± 4.0	18.7% ± 3.4
<b>Suburban Hennepin County</b>	4,583	17.3% ± 1.7	32.5% ± 1.9	29.1% ± 1.8	21.2% ± 1.7
Northwest suburbs	1,624	20.0% ± 2.9	32.8% ± 3.2	27.3% ± 2.9	19.9% ± 2.8
Northwest - inner	882	21.4% ± 4.1	30.8% ± 4.4	27.4% ± 4.1	20.4% ± 4.1
Northwest - outer	742	18.8% ± 4.1	34.4% ± 4.5	27.2% ± 4.1	19.5% ± 3.9
West suburbs	1,479	14.9% ± 2.9	32.2% ± 3.3	29.7% ± 3.3	23.1% ± 3.1
West - inner	711	13.4% ± 3.4	30.8% ± 4.7	29.9% ± 4.6	25.9% ± 5.0
West - outer	768	15.9% ± 4.2	33.0% ± 4.5	29.6% ± 4.5	21.5% ± 4.1
South suburbs	1,480	14.9% ± 2.7	32.0% ± 3.4	31.4% ± 3.4	21.7% ± 3.1
South - east	736	19.0% ± 4.6	32.0% ± 4.9	29.2% ± 4.9	19.7% ± 4.9
South - west	744	13.0% ± 3.4	32.0% ± 4.4	32.4% ± 4.4	22.5% ± 4.0
<b>Age</b>					
18-24	298	28.5% ± 6.7	27.4% ± 6.5	25.6% ± 6.4	18.5% ± 6.4
25-44	2,408	19.4% ± 2.2	31.2% ± 2.5	27.3% ± 2.4	22.1% ± 2.3
45-64	2,611	18.6% ± 2.2	33.3% ± 2.5	29.0% ± 2.4	19.1% ± 2.1
65-74	1,782	15.1% ± 2.4	32.5% ± 2.9	33.0% ± 2.9	19.4% ± 2.4
75 and older	1,286	12.2% ± 2.6	39.9% ± 3.6	32.1% ± 3.5	15.8% ± 2.6
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	301	19.5% ± 6.8	35.3% ± 8.5	24.5% ± 7.7	20.7% ± 8.0
Hispanic or Latino/a	451	16.8% ± 6.2	41.6% ± 7.2	28.6% ± 6.9	12.9% ± 4.7
Non-Hispanic					
Asian or Asian American	318	18.2% ± 7.1	27.1% ± 7.6	36.0% ± 8.4	18.6% ± 6.8
Southeast Asian	114	24.6% ± 13.9	26.1% ± 12.2	29.9% ± 13.6	*19.4% ± 11.7
Black or African American	941	22.1% ± 4.5	31.3% ± 5.0	24.7% ± 5.0	21.8% ± 4.9
US-born Black	618	21.8% ± 5.7	29.2% ± 6.5	25.3% ± 6.1	23.7% ± 6.5
Foreign-born Black	319	22.8% ± 7.6	33.6% ± 8.1	24.0% ± 8.7	19.6% ± 7.8
White	5,973	17.9% ± 1.5	32.0% ± 1.7	30.2% ± 1.7	19.9% ± 1.5



## Healthy lifestyles and behaviors



**A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut or canned fruit. How many servings of fruit did you have yesterday? (Do not include fruit juice)**

Table 25	Sample Size	0 servings	1 serving	2 servings	3 or more servings
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,301	15.9% ± 1.5	30.8% ± 1.7	31.2% ± 1.7	22.1% ± 1.6
Male	2,964	21.9% ± 2.2	34.1% ± 2.4	26.0% ± 2.3	18.0% ± 2.0
Nonbinary	97	35.0% ± 14.8	29.3% ± 14.1	25.2% ± 11.8	^10.5% ± 15.1
<b>Transgender</b>					
Yes	80	35.7% ± 16.2	*21.3% ± 15.1	31.8% ± 14.9	^11.3% ± 12.2
No	8,236	18.8% ± 1.3	32.5% ± 1.5	28.7% ± 1.4	20.0% ± 1.3
<b>Sexual orientation</b>					
Straight/Heterosexual	7,047	18.2% ± 1.4	32.2% ± 1.6	29.4% ± 1.5	20.2% ± 1.4
LGBQ+	962	26.9% ± 4.3	33.2% ± 4.5	23.6% ± 3.8	16.3% ± 3.5
Lesbian/Gay	374	28.1% ± 7.1	32.5% ± 7.5	23.4% ± 6.6	16.0% ± 6.0
Bisexual/Pansexual	408	29.8% ± 7.0	32.4% ± 6.8	21.1% ± 5.3	16.7% ± 5.7
Queer	230	30.0% ± 9.0	31.6% ± 8.8	25.3% ± 7.5	13.2% ± 6.7
<b>Household income</b>					
< 200% of Federal Poverty Level	2,327	21.8% ± 2.8	34.0% ± 3.1	24.8% ± 2.8	19.4% ± 2.8
≥ 200% of Federal Poverty Level	5,715	18.1% ± 1.5	31.8% ± 1.7	29.9% ± 1.6	20.2% ± 1.5
<b>Educational attainment</b>					
Less than high school	395	22.2% ± 7.1	33.5% ± 7.2	28.3% ± 7.5	15.9% ± 6.1
High school or GED	1,051	20.0% ± 3.8	38.4% ± 4.5	21.9% ± 3.7	19.7% ± 4.1
Some college	1,919	25.9% ± 3.4	30.3% ± 3.2	27.8% ± 3.1	16.0% ± 2.8
College degree or higher	4,738	16.3% ± 1.6	31.5% ± 1.8	30.4% ± 1.8	21.7% ± 1.6
<b>Speak a language other than English most of the time at home</b>					
Yes	1,019	17.8% ± 3.7	37.2% ± 4.4	25.2% ± 4.0	19.7% ± 3.7
No	7,312	19.2% ± 1.4	31.5% ± 1.5	29.4% ± 1.5	19.9% ± 1.4
<b>Economic distress</b>					
Yes	1,785	25.1% ± 3.3	32.7% ± 3.4	24.2% ± 3.2	18.0% ± 3.0
No	6,596	17.3% ± 1.4	32.3% ± 1.6	29.9% ± 1.6	20.5% ± 1.4
<b>Frequent mental distress</b>					
Yes	1,126	31.4% ± 4.2	32.1% ± 4.1	22.3% ± 3.5	14.2% ± 3.1
No	6,748	17.2% ± 1.4	32.1% ± 1.6	30.0% ± 1.6	20.7% ± 1.4

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



How easy or difficult is it for you to get...

Fruit and vegetables in your local area?

Table 26	Sample Size	Very easy	Somewhat easy	Somewhat difficult	Very difficult
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,532	79.6% ± 1.3	14.9% ± 1.1	4.2% ± 0.7	1.3% ± 0.4
<b>Minneapolis</b>	3,912	70.0% ± 2.2	20.6% ± 2.0	6.9% ± 1.4	2.5% ± 1.1
Camden, Near North	1,033	53.3% ± 4.7	30.1% ± 4.7	12.1% ± 3.4	*4.5% ± 4.4
Central, Northeast, University, St. Anthony	954	69.6% ± 4.3	20.2% ± 3.9	8.0% ± 3.1	*2.3% ± 2.0
Phillips, Powderhorn	1,081	62.7% ± 4.3	26.8% ± 4.2	7.7% ± 2.6	*2.8% ± 1.7
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	81.2% ± 4.2	13.7% ± 3.8	*3.5% ± 2.5	^1.6% ± 2.6
<b>Suburban Hennepin County</b>	4,620	85.0% ± 1.6	11.7% ± 1.4	2.6% ± 0.8	*0.6% ± 0.4
Northwest suburbs	1,642	82.6% ± 2.6	13.3% ± 2.4	3.3% ± 1.4	^0.9% ± 0.9
Northwest - inner	898	74.9% ± 4.3	18.2% ± 3.9	5.0% ± 2.5	^1.9% ± 2.1
Northwest - outer	744	88.7% ± 3.4	9.3% ± 3.1	^1.9% ± 2.1	^0.1% ± 0.3
West suburbs	1,485	86.7% ± 2.7	10.6% ± 2.5	*2.0% ± 1.3	^0.8% ± 1.0
West - inner	714	85.0% ± 4.2	10.3% ± 3.5	*3.4% ± 3.1	^1.4% ± 2.4
West - outer	771	87.7% ± 3.7	10.7% ± 3.6	^1.1% ± 1.3	^0.5% ± 1.5
South suburbs	1,493	87.3% ± 2.7	10.3% ± 2.4	*2.2% ± 1.6	^0.1% ± 0.4
South - east	743	82.8% ± 4.3	12.9% ± 3.6	*4.2% ± 3.6	^0.1% ± 0.5
South - west	750	89.3% ± 3.5	9.1% ± 3.3	^1.4% ± 2.1	^0.2% ± 0.6
<b>Age</b>					
18-24	308	59.5% ± 6.9	28.5% ± 6.5	9.9% ± 5.3	^2.0% ± 3.3
25-44	2,442	78.1% ± 2.2	16.2% ± 2.0	4.2% ± 1.0	*1.6% ± 1.0
45-64	2,649	82.4% ± 2.0	12.6% ± 1.8	3.8% ± 1.1	1.2% ± 0.6
65-74	1,799	87.2% ± 2.0	9.9% ± 1.8	2.1% ± 0.9	*0.8% ± 0.7
75 and older	1,293	88.7% ± 2.1	9.1% ± 1.9	2.1% ± 1.0	^0.1% ± 0.2
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	310	54.6% ± 8.2	28.2% ± 7.7	11.3% ± 5.4	*5.9% ± 5.6
Hispanic or Latino/a	497	62.3% ± 6.9	24.9% ± 6.3	8.5% ± 4.9	*4.3% ± 4.1
Non-Hispanic					
Asian or Asian American	322	79.4% ± 6.8	15.2% ± 6.3	*4.6% ± 4.1	^0.9% ± 2.0
Southeast Asian	115	64.2% ± 13.4	27.4% ± 13.6	^6.8% ± 9.2	^1.6% ± 6.4
Black or African American	968	55.8% ± 5.3	28.3% ± 5.1	12.4% ± 3.9	*3.6% ± 2.7
US-born Black	632	59.0% ± 6.7	25.4% ± 6.1	13.7% ± 5.9	^1.9% ± 2.1
Foreign-born Black	331	52.4% ± 8.3	31.2% ± 8.4	10.9% ± 5.7	^5.5% ± 5.6
White	5,993	87.6% ± 1.3	9.8% ± 1.1	2.3% ± 0.7	^0.3% ± 0.4

## Healthy lifestyles and behaviors



How easy or difficult is it for you to get...

Fruit and vegetables in your local area?

Table 26	Sample Size	Very easy	Somewhat easy	Somewhat difficult	Very difficult
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,367	78.7% ± 1.7	16.1% ± 1.5	4.3% ± 0.9	0.9% ± 0.4
Male	2,997	81.8% ± 2.0	12.6% ± 1.8	3.9% ± 1.1	1.7% ± 0.9
Nonbinary	98	44.6% ± 13.9	44.9% ± 14.1	^9.8% ± 11.5	^0.7% ± 3.4
<b>Transgender</b>					
Yes	84	44.1% ± 14.7	41.1% ± 15.8	*14.4% ± 12.3	^0.5% ± 2.8
No	8,328	80.2% ± 1.3	14.5% ± 1.1	4.1% ± 0.7	1.3% ± 0.5
<b>Sexual orientation</b>					
Straight/Heterosexual	7,104	82.5% ± 1.3	13.2% ± 1.2	3.4% ± 0.7	0.9% ± 0.4
LGBQ+	976	65.1% ± 4.5	23.4% ± 4.0	9.1% ± 3.4	*2.4% ± 2.2
Lesbian/Gay	378	80.2% ± 6.3	12.8% ± 5.3	*5.4% ± 4.5	^1.6% ± 4.1
Bisexual/Pansexual	408	57.8% ± 7.0	30.4% ± 6.7	10.6% ± 5.8	^1.1% ± 3.2
Queer	231	55.5% ± 8.8	33.4% ± 9.0	*10.1% ± 6.6	^1.0% ± 2.7
<b>Household income</b>					
< 200% of Federal Poverty Level	2,401	57.6% ± 3.2	28.0% ± 3.0	10.5% ± 2.0	3.8% ± 1.4
≥ 200% of Federal Poverty Level	5,737	87.4% ± 1.3	10.2% ± 1.1	2.0% ± 0.7	^0.4% ± 0.5
<b>Educational attainment</b>					
Less than high school	429	50.9% ± 7.3	29.1% ± 7.3	11.6% ± 5.0	*8.4% ± 5.9
High school or GED	1,084	67.7% ± 4.3	21.8% ± 4.0	8.8% ± 3.0	*1.7% ± 1.3
Some college	1,936	75.2% ± 3.1	16.5% ± 2.7	6.4% ± 2.1	*2.0% ± 1.4
College degree or higher	4,753	87.0% ± 1.3	11.2% ± 1.3	1.5% ± 0.5	*0.3% ± 0.2
<b>Speak a language other than English most of the time at home</b>					
Yes	1,069	64.9% ± 4.2	24.6% ± 4.0	7.0% ± 2.4	3.6% ± 1.8
No	7,361	82.6% ± 1.3	13.0% ± 1.1	3.6% ± 0.7	0.8% ± 0.4
<b>Economic distress</b>					
Yes	1,849	48.9% ± 3.5	29.7% ± 3.3	16.0% ± 2.8	5.4% ± 2.1
No	6,638	87.8% ± 1.2	11.0% ± 1.1	1.1% ± 0.4	*0.2% ± 0.1
<b>Frequent mental distress</b>					
Yes	1,134	63.7% ± 4.2	20.8% ± 3.6	11.6% ± 3.3	*3.9% ± 2.4
No	6,780	83.4% ± 1.3	13.1% ± 1.2	2.8% ± 0.7	*0.6% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



How easy or difficult is it for you to get...

Food in your local area that reflects your culture that is affordable?

Table 27	Sample Size	Very easy	Somewhat easy	Somewhat difficult	Very difficult
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,456	59.8% ± 1.5	27.8% ± 1.4	9.3% ± 1.0	3.1% ± 0.6
<b>Minneapolis</b>	3,869	52.3% ± 2.3	30.7% ± 2.2	11.5% ± 1.6	5.4% ± 1.3
Camden, Near North	1,014	36.4% ± 4.3	38.3% ± 4.7	15.9% ± 3.3	9.4% ± 4.6
Central, Northeast, University, St. Anthony	944	54.1% ± 4.4	28.4% ± 4.2	12.4% ± 3.3	5.0% ± 2.7
Phillips, Powderhorn	1,075	47.2% ± 4.2	33.3% ± 4.1	12.0% ± 2.9	7.5% ± 3.1
Calhoun-Isles, Longfellow, Nokomis, Southwest	836	59.7% ± 4.5	28.4% ± 4.3	8.8% ± 3.2	*3.1% ± 2.5
<b>Suburban Hennepin County</b>	4,587	64.0% ± 2.0	26.2% ± 1.9	8.0% ± 1.3	1.8% ± 0.6
Northwest suburbs	1,633	62.4% ± 3.3	26.2% ± 3.0	9.3% ± 2.2	2.0% ± 1.1
Northwest - inner	894	54.8% ± 4.6	32.1% ± 4.5	9.8% ± 3.2	*3.3% ± 2.3
Northwest - outer	739	68.4% ± 4.6	21.6% ± 4.2	8.9% ± 3.3	^1.0% ± 1.1
West suburbs	1,471	62.4% ± 3.6	28.5% ± 3.5	7.0% ± 2.3	*2.1% ± 1.3
West - inner	704	62.9% ± 5.2	22.5% ± 4.2	10.7% ± 4.9	*3.9% ± 3.2
West - outer	767	62.1% ± 4.9	32.1% ± 4.9	4.8% ± 2.4	^1.1% ± 1.3
South suburbs	1,483	67.7% ± 3.5	24.3% ± 3.2	6.9% ± 2.2	^1.2% ± 1.3
South - east	739	61.5% ± 5.3	29.5% ± 5.0	7.9% ± 3.7	^1.1% ± 1.7
South - west	744	70.4% ± 4.5	21.9% ± 4.2	6.4% ± 2.9	^1.3% ± 2.0
<b>Age</b>					
18-24	304	43.1% ± 6.9	37.2% ± 6.9	14.7% ± 5.7	*5.1% ± 3.9
25-44	2,434	52.7% ± 2.6	32.2% ± 2.5	11.4% ± 1.8	3.7% ± 1.1
45-64	2,622	63.5% ± 2.5	25.4% ± 2.3	8.1% ± 1.5	3.0% ± 1.0
65-74	1,776	74.8% ± 2.6	19.1% ± 2.4	4.6% ± 1.3	*1.5% ± 0.9
75 and older	1,278	79.3% ± 3.1	16.4% ± 2.8	3.7% ± 1.9	*0.6% ± 0.6
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	307	31.2% ± 8.0	32.9% ± 8.2	22.4% ± 7.2	*13.5% ± 8.0
Hispanic or Latino/a	490	41.6% ± 6.9	34.5% ± 6.8	17.2% ± 6.0	*6.7% ± 4.2
Non-Hispanic					
Asian or Asian American	324	41.4% ± 8.2	37.5% ± 8.1	16.6% ± 6.6	^4.4% ± 5.9
Southeast Asian	115	33.2% ± 12.7	41.5% ± 13.5	21.8% ± 12.0	^3.5% ± 6.1
Black or African American	951	35.6% ± 5.0	40.2% ± 5.4	16.0% ± 4.1	8.2% ± 3.7
US-born Black	617	33.6% ± 6.3	41.5% ± 6.9	17.4% ± 5.6	7.4% ± 4.3
Foreign-born Black	328	38.0% ± 8.0	38.3% ± 8.6	14.6% ± 6.6	*9.1% ± 7.1
White	5,942	69.2% ± 1.8	23.1% ± 1.6	6.2% ± 1.0	1.5% ± 0.7

## Healthy lifestyles and behaviors



How easy or difficult is it for you to get...

Food in your local area that reflects your culture that is affordable?

Table 27	Sample Size	Very easy	Somewhat easy	Somewhat difficult	Very difficult
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,314	59.0% ± 1.9	28.0% ± 1.8	10.2% ± 1.3	2.7% ± 0.7
Male	2,975	61.3% ± 2.5	27.4% ± 2.4	8.0% ± 1.5	3.3% ± 1.1
Nonbinary	97	43.0% ± 14.6	31.5% ± 13.3	*21.5% ± 13.4	^4.0% ± 6.8
<b>Transgender</b>					
Yes	83	48.7% ± 15.0	24.7% ± 13.8	*20.7% ± 13.7	^5.9% ± 8.2
No	8,253	59.9% ± 1.6	27.9% ± 1.5	9.2% ± 1.0	3.1% ± 0.6
<b>Sexual orientation</b>					
Straight/Heterosexual	7,048	62.2% ± 1.7	27.1% ± 1.6	8.4% ± 1.0	2.3% ± 0.5
LGBQ+	964	46.0% ± 4.5	32.9% ± 4.3	13.9% ± 3.6	7.3% ± 3.3
Lesbian/Gay	373	50.7% ± 7.4	27.3% ± 6.5	13.1% ± 6.5	*8.9% ± 7.1
Bisexual/Pansexual	403	43.1% ± 6.9	36.8% ± 6.8	13.9% ± 5.2	*6.2% ± 5.3
Queer	229	40.4% ± 9.0	39.5% ± 8.7	11.6% ± 6.5	*8.5% ± 6.7
<b>Household income</b>					
< 200% of Federal Poverty Level	2,359	42.5% ± 3.2	33.8% ± 3.1	15.9% ± 2.5	7.7% ± 1.9
≥ 200% of Federal Poverty Level	5,709	65.9% ± 1.8	25.6% ± 1.6	7.0% ± 1.1	1.5% ± 0.6
<b>Educational attainment</b>					
Less than high school	423	43.0% ± 7.3	34.2% ± 7.6	11.4% ± 4.5	11.4% ± 6.1
High school or GED	1,070	49.5% ± 4.4	30.8% ± 4.3	15.1% ± 3.8	4.6% ± 2.0
Some college	1,905	53.6% ± 3.5	29.7% ± 3.4	12.0% ± 2.6	4.7% ± 1.9
College degree or higher	4,727	66.1% ± 1.9	25.9% ± 1.8	6.7% ± 1.1	1.3% ± 0.5
<b>Speak a language other than English most of the time at home</b>					
Yes	1,058	42.9% ± 4.4	36.8% ± 4.4	14.6% ± 3.4	5.6% ± 2.0
No	7,299	63.1% ± 1.6	26.1% ± 1.5	8.3% ± 1.0	2.5% ± 0.6
<b>Economic distress</b>					
Yes	1,813	32.1% ± 3.4	33.0% ± 3.4	23.4% ± 3.2	11.6% ± 2.5
No	6,598	67.1% ± 1.7	26.5% ± 1.6	5.5% ± 0.9	0.9% ± 0.4
<b>Frequent mental distress</b>					
Yes	1,120	38.8% ± 4.1	32.0% ± 4.2	19.3% ± 3.7	9.8% ± 3.1
No	6,733	63.9% ± 1.7	26.8% ± 1.6	7.4% ± 1.0	1.9% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Healthy lifestyles and behaviors



During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as walking, running, gardening, sports, or other types of exercise?

**Table 28**

	Sample Size	Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,522	88.8% ± 1.0
<b>Minneapolis</b>	3,902	86.5% ± 1.7
Camden, Near North	1,030	75.5% ± 4.5
Central, Northeast, University, St. Anthony	951	88.5% ± 2.9
Phillips, Powderhorn	1,078	80.9% ± 3.7
Calhoun-Isles, Longfellow, Nokomis, Southwest	843	91.9% ± 3.6
<b>Suburban Hennepin County</b>	4,620	90.1% ± 1.2
Northwest suburbs	1,642	87.6% ± 2.1
Northwest - inner	897	79.8% ± 3.9
Northwest - outer	745	93.8% ± 2.3
West suburbs	1,487	92.5% ± 2.1
West - inner	715	92.2% ± 3.3
West - outer	772	92.6% ± 2.9
South suburbs	1,491	92.1% ± 1.9
South - east	741	89.9% ± 3.1
South - west	750	93.0% ± 2.6
<b>Age</b>		
18-24	307	89.6% ± 4.8
25-44	2,442	89.5% ± 1.7
45-64	2,643	88.6% ± 1.7
65-74	1,796	90.7% ± 1.7
75 and older	1,292	82.4% ± 2.9
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	307	77.9% ± 7.2
Hispanic or Latino/a	493	63.3% ± 7.1
Non-Hispanic		
Asian or Asian American	324	88.3% ± 5.8
Southeast Asian	114	84.5% ± 11.3
Black or African American	959	71.7% ± 5.0
US-born Black	625	70.9% ± 6.2
Foreign-born Black	328	72.5% ± 8.3
White	5,997	92.9% ± 1.0

## Healthy lifestyles and behaviors



**During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as walking, running, gardening, sports, or other types of exercise?**

<b>Table 28</b>	<b>Sample Size</b>	<b>Yes</b>
	<b>N</b>	<b>% ± 95% C.I.</b>
<b>Gender</b>		
Female	5,362	88.3% ± 1.2
Male	2,994	89.6% ± 1.6
Nonbinary	98	87.4% ± 16.5
<b>Transgender</b>		
Yes	84	81.6% ± 17.7
No	8,319	89.1% ± 1.0
<b>Sexual orientation</b>		
Straight/Heterosexual	7,099	90.0% ± 1.0
LGBQ+	973	86.3% ± 3.8
Lesbian/Gay	376	89.5% ± 6.1
Bisexual/Pansexual	407	87.7% ± 6.1
Queer	231	93.0% ± 9.0
<b>Household income</b>		
< 200% of Federal Poverty Level	2,389	74.8% ± 2.8
≥ 200% of Federal Poverty Level	5,740	93.8% ± 0.9
<b>Educational attainment</b>		
Less than high school	424	68.3% ± 7.0
High school or GED	1,078	76.9% ± 3.8
Some college	1,932	85.1% ± 2.4
College degree or higher	4,756	95.4% ± 0.8
<b>Speak a language other than English most of the time at home</b>		
Yes	1,061	76.0% ± 4.0
No	7,360	91.3% ± 0.9
<b>Economic distress</b>		
Yes	1,836	73.5% ± 3.1
No	6,641	92.9% ± 0.9
<b>Frequent mental distress</b>		
Yes	1,132	81.9% ± 3.3
No	6,782	91.6% ± 1.0

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



**During an average week, other than your regular job, how many days do you participate in any physical activity or exercise for at least 30 minutes per day?**

**Table 29**

	Sample Size	0 days	1-2 days	3-4 days	5-7 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,200	9.9% ± 1.0	21.3% ± 1.3	31.2% ± 1.5	37.6% ± 1.5
<b>Minneapolis</b>	3,705	9.9% ± 1.5	22.0% ± 2.0	30.9% ± 2.2	37.1% ± 2.3
Camden, Near North	972	16.3% ± 3.5	26.0% ± 4.1	31.9% ± 5.0	25.7% ± 4.4
Central, Northeast, University, St. Anthony	895	9.2% ± 2.7	20.8% ± 3.9	35.0% ± 4.4	35.0% ± 4.3
Phillips, Powderhorn	1,007	11.2% ± 3.2	25.8% ± 4.2	28.2% ± 3.8	34.8% ± 4.3
Calhoun-Isles, Longfellow, Nokomis, Southwest	831	7.4% ± 3.3	19.7% ± 3.9	28.3% ± 4.1	44.6% ± 4.4
<b>Suburban Hennepin County</b>	4,495	10.0% ± 1.3	20.9% ± 1.7	31.3% ± 1.9	37.8% ± 2.0
Northwest suburbs	1,584	12.2% ± 2.3	21.0% ± 2.8	31.9% ± 3.2	34.9% ± 3.2
Northwest - inner	853	19.5% ± 4.1	24.6% ± 4.2	26.3% ± 4.2	29.5% ± 4.4
Northwest - outer	731	6.6% ± 2.5	18.3% ± 4.0	36.1% ± 4.6	39.0% ± 4.5
West suburbs	1,452	7.7% ± 2.0	19.1% ± 3.1	32.9% ± 3.4	40.3% ± 3.5
West - inner	694	8.4% ± 3.4	21.6% ± 4.5	30.6% ± 4.9	39.4% ± 4.9
West - outer	758	7.3% ± 2.7	17.5% ± 4.4	34.3% ± 4.7	40.9% ± 4.7
South suburbs	1,459	8.4% ± 2.0	22.3% ± 3.2	29.2% ± 3.3	40.2% ± 3.6
South - east	726	10.9% ± 3.2	22.6% ± 4.6	31.1% ± 5.2	35.5% ± 5.3
South - west	733	7.2% ± 2.7	22.1% ± 4.2	28.4% ± 4.2	42.3% ± 4.6
<b>Age</b>					
18-24	285	*6.7% ± 4.3	30.0% ± 6.8	33.1% ± 7.0	30.1% ± 7.1
25-44	2,328	8.6% ± 1.7	22.2% ± 2.3	34.9% ± 2.6	34.4% ± 2.6
45-64	2,560	10.1% ± 1.8	20.6% ± 2.2	28.5% ± 2.4	40.7% ± 2.6
65-74	1,738	9.6% ± 1.9	16.5% ± 2.4	28.5% ± 2.8	45.4% ± 3.0
75 and older	1,249	20.6% ± 3.1	17.4% ± 3.0	25.2% ± 3.4	36.8% ± 3.5
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	264	16.4% ± 7.0	22.3% ± 8.7	23.3% ± 8.0	37.9% ± 9.3
Hispanic or Latino/a	439	23.0% ± 7.3	29.0% ± 6.9	27.9% ± 6.7	20.1% ± 6.2
Non-Hispanic					
Asian or Asian American	317	*7.8% ± 5.2	25.0% ± 7.3	33.5% ± 8.3	33.7% ± 8.3
Southeast Asian	112	^13.2% ± 13.0	39.6% ± 13.4	21.6% ± 11.2	25.7% ± 13.8
Black or African American	878	24.8% ± 5.2	24.8% ± 5.1	27.2% ± 5.2	23.2% ± 4.7
US-born Black	583	24.9% ± 6.2	26.8% ± 6.9	23.7% ± 6.1	24.6% ± 6.4
Foreign-born Black	291	24.9% ± 9.0	21.8% ± 7.8	31.7% ± 8.9	21.7% ± 7.2
White	5,879	8.0% ± 1.0	19.9% ± 1.5	29.9% ± 1.7	42.2% ± 1.8



## Healthy lifestyles and behaviors



**During an average week, other than your regular job, how many days do you participate in any physical activity or exercise for at least 30 minutes per day?**

Table 29	Sample Size	0 days	1-2 days	3-4 days	5-7 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,176	10.1% ± 1.2	22.0% ± 1.6	31.8% ± 1.8	36.2% ± 1.8
Male	2,864	9.7% ± 1.6	20.5% ± 2.2	30.4% ± 2.4	39.4% ± 2.5
Nonbinary	96	<sup>^</sup> 10.9% ± 11.6	26.7% ± 15.2	39.8% ± 14.5	22.6% ± 12.1
<b>Transgender</b>					
Yes	81	*11.4% ± 10.2	40.3% ± 16.5	26.5% ± 13.8	21.7% ± 12.5
No	8,012	9.8% ± 1.0	21.1% ± 1.3	31.2% ± 1.5	37.8% ± 1.5
<b>Sexual orientation</b>					
Straight/Heterosexual	6,873	9.9% ± 1.0	19.9% ± 1.4	30.9% ± 1.6	39.4% ± 1.7
LGBQ+	936	9.8% ± 3.4	27.3% ± 4.3	34.0% ± 4.5	28.9% ± 4.2
Lesbian/Gay	368	*7.5% ± 5.6	20.8% ± 6.4	38.9% ± 7.5	32.9% ± 7.3
Bisexual/Pansexual	396	7.9% ± 3.9	36.4% ± 7.1	29.3% ± 6.8	26.4% ± 6.1
Queer	228	*9.1% ± 6.7	28.9% ± 8.9	33.7% ± 8.8	28.3% ± 7.9
<b>Household income</b>					
< 200% of Federal Poverty Level	2,191	20.7% ± 2.8	25.8% ± 3.0	25.3% ± 2.9	28.2% ± 3.2
≥ 200% of Federal Poverty Level	5,632	6.4% ± 0.9	20.0% ± 1.5	33.1% ± 1.8	40.5% ± 1.8
<b>Educational attainment</b>					
Less than high school	364	26.0% ± 7.9	23.5% ± 7.2	24.8% ± 7.2	25.7% ± 7.4
High school or GED	980	19.1% ± 3.7	23.7% ± 4.1	24.6% ± 4.1	32.6% ± 4.6
Some college	1,870	13.7% ± 2.3	23.8% ± 3.1	31.0% ± 3.5	31.5% ± 3.4
College degree or higher	4,675	5.0% ± 0.9	19.8% ± 1.7	33.6% ± 1.9	41.6% ± 1.9
<b>Speak a language other than English most of the time at home</b>					
Yes	969	17.6% ± 4.0	25.6% ± 4.1	29.5% ± 4.3	27.3% ± 4.1
No	7,140	8.6% ± 0.9	20.5% ± 1.4	31.6% ± 1.6	39.4% ± 1.6
<b>Economic distress</b>					
Yes	1,685	20.8% ± 3.0	26.0% ± 3.3	28.6% ± 3.5	24.7% ± 3.4
No	6,474	7.2% ± 1.0	20.1% ± 1.5	31.8% ± 1.6	40.8% ± 1.7
<b>Frequent mental distress</b>					
Yes	1,067	16.8% ± 3.1	26.8% ± 4.1	27.3% ± 4.0	29.1% ± 4.2
No	6,613	8.2% ± 1.0	20.4% ± 1.4	32.1% ± 1.6	39.2% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



During an average week, how many days do you walk/bike to get to and from places such as work, stores, or to run errands?

Table 30	Sample Size	0 days	1-2 days	3-4 days	5-6 days	7 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,314	53.8% ± 1.5	19.6% ± 1.2	11.7% ± 1.0	8.3% ± 0.9	6.6% ± 0.8
<b>Minneapolis</b>	3,775	33.4% ± 2.2	25.4% ± 2.0	17.1% ± 1.9	13.3% ± 1.8	10.8% ± 1.7
Camden, Near North	988	39.1% ± 4.4	22.0% ± 3.9	15.4% ± 3.4	13.1% ± 4.4	10.5% ± 5.0
Central, Northeast, University, St. Anthony	926	28.6% ± 4.1	24.9% ± 3.8	19.1% ± 3.8	17.2% ± 4.0	10.1% ± 2.6
Phillips, Powderhorn	1,027	27.5% ± 3.9	25.4% ± 3.7	18.2% ± 3.8	13.2% ± 3.2	15.7% ± 3.9
Calhoun-Isles, Longfellow, Nokomis, Southwest	834	38.9% ± 4.3	27.2% ± 3.9	15.3% ± 3.5	9.7% ± 2.7	9.0% ± 3.5
<b>Suburban Hennepin County</b>	4,539	65.1% ± 2.0	16.4% ± 1.6	8.7% ± 1.3	5.6% ± 1.0	4.3% ± 0.9
Northwest suburbs	1,598	66.7% ± 3.2	15.4% ± 2.5	8.7% ± 2.1	5.1% ± 1.6	4.1% ± 1.4
Northwest - inner	863	59.4% ± 4.7	16.8% ± 3.8	11.9% ± 3.6	7.1% ± 2.9	4.9% ± 2.4
Northwest - outer	735	72.3% ± 4.3	14.4% ± 3.6	6.2% ± 2.8	3.6% ± 1.9	3.5% ± 1.8
West suburbs	1,468	63.5% ± 3.5	15.8% ± 2.7	8.8% ± 2.3	7.1% ± 2.1	4.7% ± 1.7
West - inner	703	55.0% ± 5.0	20.5% ± 4.3	12.7% ± 4.1	8.2% ± 3.9	3.6% ± 1.8
West - outer	765	68.6% ± 4.6	13.0% ± 3.6	6.5% ± 2.8	6.5% ± 2.7	5.4% ± 2.7
South suburbs	1,473	63.7% ± 3.6	18.5% ± 3.0	8.5% ± 2.3	5.1% ± 1.9	4.2% ± 1.7
South - east	732	62.4% ± 5.3	19.9% ± 4.7	8.8% ± 3.3	5.5% ± 2.9	*3.4% ± 3.3
South - west	741	64.3% ± 4.6	17.9% ± 4.0	8.4% ± 3.1	5.0% ± 2.6	4.5% ± 2.2
<b>Age</b>						
18-24	292	35.9% ± 6.9	20.0% ± 5.9	18.8% ± 6.1	16.0% ± 5.9	9.2% ± 5.4
25-44	2,379	54.3% ± 2.6	21.7% ± 2.2	11.4% ± 1.8	6.9% ± 1.3	5.7% ± 1.3
45-64	2,590	55.7% ± 2.6	19.0% ± 2.1	10.3% ± 1.6	8.3% ± 1.6	6.7% ± 1.3
65-74	1,752	56.2% ± 3.0	16.3% ± 2.2	12.4% ± 2.1	6.8% ± 1.6	8.3% ± 1.9
75 and older	1,261	60.6% ± 3.6	15.9% ± 2.8	9.6% ± 2.3	8.9% ± 2.5	5.0% ± 1.6
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	277	35.3% ± 9.2	14.8% ± 6.2	21.9% ± 8.4	*10.5% ± 6.2	17.5% ± 6.8
Hispanic or Latino/a	453	38.2% ± 7.2	27.7% ± 6.6	15.8% ± 5.6	11.9% ± 5.7	*6.4% ± 4.4
Non-Hispanic						
Asian or Asian American	319	46.3% ± 8.2	23.0% ± 7.5	13.3% ± 6.9	10.9% ± 5.5	*6.5% ± 6.0
Southeast Asian	114	39.9% ± 13.6	35.9% ± 13.5	*7.8% ± 5.9	^10.1% ± 11.0	^6.2% ± 8.4
Black or African American	900	32.2% ± 5.3	24.6% ± 5.0	21.6% ± 4.9	10.7% ± 3.6	11.0% ± 3.3
US-born Black	592	33.2% ± 6.5	20.3% ± 5.5	21.1% ± 6.3	14.3% ± 5.6	11.1% ± 5.1
Foreign-born Black	305	31.2% ± 8.8	29.6% ± 8.8	21.8% ± 8.2	*6.7% ± 4.5	10.8% ± 4.6
White	5,929	60.6% ± 1.8	19.0% ± 1.5	8.8% ± 1.1	6.4% ± 1.0	5.2% ± 0.9

# Healthy lifestyles and behaviors



**During an average week, how many days do you walk/bike to get to and from places such as work, stores, or to run errands?**

Table 30	Sample Size	0 days	1-2 days	3-4 days	5-6 days	7 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>						
Female	5,235	56.7% ± 1.9	20.6% ± 1.6	10.8% ± 1.3	6.6% ± 1.0	5.3% ± 0.9
Male	2,922	51.2% ± 2.5	18.5% ± 1.9	12.5% ± 1.7	9.9% ± 1.5	7.9% ± 1.4
Nonbinary	95	40.6% ± 14.7	20.6% ± 11.5	*16.0% ± 14.3	*12.7% ± 11.2	^10.0% ± 12.8
<b>Transgender</b>						
Yes	83	41.1% ± 15.5	28.6% ± 16.0	^10.9% ± 11.1	*13.3% ± 12.5	^6.1% ± 7.3
No	8,127	54.2% ± 1.5	19.5% ± 1.2	11.5% ± 1.0	8.1% ± 0.9	6.5% ± 0.8
<b>Sexual orientation</b>						
Straight/Heterosexual	6,967	56.0% ± 1.6	18.8% ± 1.3	11.1% ± 1.1	7.6% ± 0.9	6.6% ± 0.9
LGBQ+	948	47.5% ± 4.6	20.6% ± 3.7	12.7% ± 3.1	12.7% ± 3.5	6.6% ± 2.9
Lesbian/Gay	370	47.6% ± 7.4	20.2% ± 5.5	14.4% ± 6.1	13.4% ± 6.4	*4.4% ± 3.0
Bisexual/Pansexual	398	50.4% ± 6.8	19.1% ± 5.5	10.3% ± 4.6	12.4% ± 5.7	*7.9% ± 4.9
Queer	229	44.4% ± 8.9	27.4% ± 8.3	12.4% ± 5.5	*9.1% ± 6.2	*6.7% ± 5.0
<b>Household income</b>						
< 200% of Federal Poverty Level	2,250	35.1% ± 3.1	20.4% ± 2.7	17.9% ± 2.6	13.4% ± 2.5	13.2% ± 2.4
≥ 200% of Federal Poverty Level	5,690	60.1% ± 1.7	19.4% ± 1.4	9.5% ± 1.1	6.6% ± 0.9	4.4% ± 0.7
<b>Educational attainment</b>						
Less than high school	375	29.1% ± 8.0	23.4% ± 7.2	19.2% ± 6.3	10.2% ± 4.9	18.1% ± 7.1
High school or GED	1,021	41.7% ± 4.5	18.1% ± 3.7	15.5% ± 3.7	13.0% ± 3.4	11.7% ± 3.1
Some college	1,880	54.7% ± 3.5	17.8% ± 2.8	11.9% ± 2.4	8.9% ± 2.3	6.7% ± 1.9
College degree or higher	4,718	58.9% ± 1.9	20.2% ± 1.6	10.0% ± 1.2	6.8% ± 1.0	4.2% ± 0.8
<b>Speak a language other than English most of the time at home</b>						
Yes	1,000	35.2% ± 4.5	25.3% ± 4.1	17.0% ± 3.6	12.9% ± 3.2	9.6% ± 2.7
No	7,222	57.3% ± 1.6	18.6% ± 1.3	10.6% ± 1.1	7.5% ± 0.9	6.0% ± 0.8
<b>Economic distress</b>						
Yes	1,721	36.9% ± 3.5	22.2% ± 3.1	17.1% ± 2.9	10.4% ± 2.5	13.3% ± 2.8
No	6,549	58.0% ± 1.7	19.0% ± 1.3	10.2% ± 1.1	7.8% ± 1.0	4.9% ± 0.7
<b>Frequent mental distress</b>						
Yes	1,094	55.4% ± 4.3	17.9% ± 3.4	10.7% ± 2.9	7.6% ± 2.4	8.4% ± 3.0
No	6,693	55.0% ± 1.7	19.7% ± 1.4	11.5% ± 1.2	8.0% ± 1.0	5.9% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors

## Summary measures

### Alcohol use

Table 31

	Currently drinking		Heavy drinking (>1 drink/day for females, or >2 drinks/day for males)		Binge drinking (≥ 4 drinks (females) or ≥ 5 drinks (males) at least once in 30 days)		Excessive drinking (Engaged in either heavy or binge drinking)	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,591	67.4% ± 1.5	8,426	54.4% ± 1.6	7,999	23.0% ± 1.4	8,121	56.9% ± 1.6
<b>Minneapolis</b>	3,933	65.8% ± 2.2	3,814	54.5% ± 2.3	3,580	27.8% ± 2.3	3,649	57.6% ± 2.4
Camden, Near North	1,036	59.0% ± 4.5	1,004	50.2% ± 4.7	929	28.2% ± 5.3	962	54.3% ± 4.8
Central, Northeast, University, St. Anthony	957	67.7% ± 4.1	931	55.9% ± 4.4	890	31.3% ± 4.5	898	59.0% ± 4.5
Phillips, Powderhorn	1,093	55.3% ± 4.2	1,046	46.4% ± 4.2	948	26.6% ± 4.1	969	51.5% ± 4.5
Calhoun-Isles, Longfellow, Nokomis, Southwest	847	72.5% ± 4.3	833	59.2% ± 4.5	813	24.9% ± 4.0	820	60.6% ± 4.5
<b>Suburban Hennepin County</b>	4,658	68.3% ± 1.9	4,612	54.4% ± 2.0	4,419	20.4% ± 1.8	4,472	56.5% ± 2.1
Northwest suburbs	1,657	63.9% ± 3.2	1,645	52.3% ± 3.3	1,560	19.6% ± 2.9	1,579	54.7% ± 3.3
Northwest - inner	909	57.9% ± 4.6	903	48.6% ± 4.5	843	21.5% ± 4.2	856	51.7% ± 4.6
Northwest - outer	748	68.7% ± 4.5	742	55.3% ± 4.7	717	18.1% ± 4.2	723	57.1% ± 4.7
West suburbs	1,500	74.2% ± 3.1	1,479	57.2% ± 3.6	1,430	22.5% ± 3.3	1,445	59.1% ± 3.6
West - inner	722	70.6% ± 4.5	710	59.0% ± 4.9	686	28.5% ± 5.0	692	60.6% ± 4.9
West - outer	778	76.4% ± 4.2	769	56.1% ± 4.9	744	19.0% ± 4.4	753	58.1% ± 4.9
South suburbs	1,501	70.4% ± 3.4	1,488	55.4% ± 3.6	1,429	19.9% ± 3.2	1,448	57.2% ± 3.6
South - east	746	64.0% ± 5.2	739	50.9% ± 5.2	707	23.5% ± 4.9	721	52.4% ± 5.3
South - west	755	73.2% ± 4.3	749	57.4% ± 4.6	722	18.3% ± 4.1	727	59.2% ± 4.7
<b>Age</b>								
18-24	309	63.2% ± 6.9	289	53.5% ± 7.1	277	31.1% ± 6.9	282	56.0% ± 7.2
25-44	2,455	72.0% ± 2.5	2,369	60.5% ± 2.7	2,278	33.4% ± 2.6	2,303	63.3% ± 2.7
45-64	2,662	67.7% ± 2.5	2,641	53.8% ± 2.6	2,516	18.0% ± 2.0	2,561	56.0% ± 2.7
65-74	1,815	64.1% ± 2.9	1,805	47.9% ± 3.0	1,687	8.3% ± 1.8	1,716	50.1% ± 3.1
75 and older	1,307	52.0% ± 3.6	1,303	36.7% ± 3.4	1,224	2.1% ± 1.1	1,242	38.1% ± 3.5
<b>Selected race/ethnicity</b>								
American Indian or Alaska Native	314	49.7% ± 8.1	311	46.0% ± 8.4	284	28.4% ± 9.1	290	48.4% ± 8.5
Hispanic or Latino/a	500	56.1% ± 6.7	473	52.2% ± 7.0	394	26.6% ± 7.8	416	58.6% ± 7.3
Non-Hispanic								
Asian or Asian American	327	52.1% ± 8.1	320	38.8% ± 8.2	297	19.3% ± 8.2	301	41.8% ± 8.5
Southeast Asian	116	34.3% ± 13.1	115	32.5% ± 13.3	106	*21.1% ± 13.2	109	33.7% ± 13.4
Black or African American	979	41.5% ± 5.2	952	33.2% ± 5.1	856	17.7% ± 4.8	883	35.7% ± 5.3
US-born Black	636	52.5% ± 6.6	620	43.0% ± 6.7	568	21.9% ± 6.3	590	45.5% ± 6.9
Foreign-born Black	337	28.7% ± 8.5	327	21.5% ± 8.2	284	*12.6% ± 8.5	289	22.9% ± 8.6
White	6,025	74.9% ± 1.6	5,933	59.9% ± 1.8	5,751	22.1% ± 1.6	5,808	61.6% ± 1.8

# Healthy lifestyles and behaviors

## Summary measures Alcohol use

**Table 31**

	Currently drinking		Heavy drinking (>1 drink/day for females, or >2 drinks/day for males)		Binge drinking (≥ 4 drinks (females) or ≥ 5 drinks (males) at least once in 30 days)		Excessive drinking (Engaged in either heavy or binge drinking)	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>								
Female	5,402	63.8% ± 1.9	5,402	63.8% ± 1.9	5,158	20.8% ± 1.6	5,216	65.5% ± 1.9
Male	3,018	71.6% ± 2.3	3,018	44.4% ± 2.5	2,841	25.4% ± 2.4	2,905	47.6% ± 2.6
Nonbinary	98	70.3% ± 15.5	N/A		N/A		N/A	
<b>Transgender</b>								
Yes	84	57.1% ± 15.4	38	*28.5% ± 21.4	32	^17.6% ± 23.4	33	*32.0% ± 23.3
No	8,385	68.0% ± 1.5	8,299	54.9% ± 1.6	7,898	23.0% ± 1.4	8,017	57.2% ± 1.6
<b>Sexual orientation</b>								
Straight/Heterosexual	7,151	68.6% ± 1.6	7,131	55.1% ± 1.7	6,840	21.8% ± 1.5	6,935	57.0% ± 1.7
LGBQ+	980	70.2% ± 4.3	875	59.2% ± 4.8	835	32.5% ± 4.8	849	62.1% ± 4.8
Lesbian/Gay	380	76.2% ± 6.5	362	54.0% ± 7.6	348	28.7% ± 7.8	354	57.1% ± 7.7
Bisexual/Pansexual	410	69.5% ± 6.6	360	66.0% ± 7.1	347	35.4% ± 7.4	351	68.5% ± 7.0
Queer	231	73.0% ± 8.9	158	65.9% ± 10.3	149	34.2% ± 10.8	152	70.2% ± 10.5
<b>Household income</b>								
< 200% of Federal Poverty Level	2,431	43.0% ± 3.1	2,370	38.3% ± 3.1	2,109	20.7% ± 3.0	2,174	42.2% ± 3.3
≥ 200% of Federal Poverty Level	5,765	76.6% ± 1.6	5,667	60.4% ± 1.8	5,523	23.8% ± 1.6	5,573	62.0% ± 1.8
<b>Educational attainment</b>								
Less than high school	435	32.7% ± 7.6	416	31.6% ± 7.8	331	24.0% ± 8.5	347	35.2% ± 8.4
High school or GED	1,092	45.7% ± 4.4	1,075	38.4% ± 4.3	976	16.5% ± 3.7	1,010	41.2% ± 4.5
Some college	1,952	58.9% ± 3.5	1,923	48.6% ± 3.5	1,819	18.5% ± 3.1	1,853	50.7% ± 3.5
College degree or higher	4,775	79.9% ± 1.6	4,680	63.1% ± 2.0	4,567	25.8% ± 1.8	4,600	64.9% ± 2.0
<b>Speak a language other than English most of the time at home</b>								
Yes	1,078	41.7% ± 4.3	1,050	33.2% ± 4.2	927	15.8% ± 3.6	960	37.0% ± 4.5
No	7,411	72.4% ± 1.5	7,299	58.4% ± 1.7	7,015	24.1% ± 1.5	7,102	60.4% ± 1.7
<b>Economic distress</b>								
Yes	1,869	48.9% ± 3.5	1,809	42.3% ± 3.5	1,616	24.1% ± 3.5	1,667	45.8% ± 3.7
No	6,676	72.4% ± 1.6	6,589	57.6% ± 1.7	6,358	22.6% ± 1.5	6,428	59.6% ± 1.7
<b>Frequent mental distress</b>								
Yes	1,140	67.8% ± 4.1	1,081	58.4% ± 4.4	1,027	28.5% ± 4.3	1,046	60.6% ± 4.5
No	6,821	69.5% ± 1.6	6,741	55.1% ± 1.7	6,524	22.0% ± 1.5	6,599	56.8% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

Table 32	Sample Size	0 days	1 to 3 days	4 to 9 days	10 to 19 days	≥ 20 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,387	31.4% ± 1.5	20.0% ± 1.2	21.1% ± 1.3	13.4% ± 1.1	14.2% ± 1.1
<b>Minneapolis</b>	3,799	32.8% ± 2.2	19.3% ± 2.0	20.4% ± 2.0	14.1% ± 1.7	13.4% ± 1.6
Camden, Near North	1,001	39.3% ± 4.6	28.2% ± 4.8	16.7% ± 4.3	9.2% ± 2.4	6.7% ± 2.0
Central, Northeast, University, St. Anthony	937	31.2% ± 4.1	18.9% ± 3.9	22.2% ± 4.1	15.8% ± 3.5	11.9% ± 2.7
Phillips, Powderhorn	1,023	41.3% ± 4.4	18.8% ± 3.8	16.0% ± 3.0	13.2% ± 3.0	10.8% ± 2.8
Calhoun-Isles, Longfellow, Nokomis, Southwest	838	27.3% ± 4.4	16.6% ± 3.6	22.5% ± 3.7	14.9% ± 3.1	18.7% ± 3.4
<b>Suburban Hennepin County</b>	4,588	30.6% ± 1.9	20.3% ± 1.6	21.4% ± 1.7	13.0% ± 1.5	14.7% ± 1.5
Northwest suburbs	1,620	34.7% ± 3.2	21.5% ± 2.6	19.6% ± 2.7	11.9% ± 2.4	12.3% ± 2.3
Northwest - inner	876	39.7% ± 4.6	25.1% ± 4.2	15.5% ± 3.3	9.0% ± 2.8	10.8% ± 2.9
Northwest - outer	744	30.9% ± 4.5	18.8% ± 3.4	22.6% ± 4.1	14.1% ± 3.8	13.5% ± 3.5
West suburbs	1,482	24.9% ± 3.1	18.0% ± 2.9	23.9% ± 3.2	16.6% ± 2.8	16.7% ± 2.7
West - inner	713	28.4% ± 4.5	18.3% ± 4.4	21.9% ± 4.2	18.5% ± 4.4	12.9% ± 3.6
West - outer	769	22.7% ± 4.2	17.8% ± 3.9	25.1% ± 4.5	15.4% ± 3.8	19.0% ± 3.8
South suburbs	1,486	29.0% ± 3.3	20.4% ± 3.0	22.2% ± 3.1	11.7% ± 2.5	16.6% ± 2.9
South - east	740	35.8% ± 5.2	19.5% ± 4.4	21.5% ± 4.7	10.7% ± 3.7	12.5% ± 3.7
South - west	746	26.1% ± 4.3	20.8% ± 3.9	22.6% ± 4.0	12.1% ± 3.3	18.4% ± 3.8
<b>Age</b>						
18-24	302	35.9% ± 7.0	25.8% ± 6.4	22.0% ± 6.2	12.9% ± 5.1	^3.5% ± 3.4
25-44	2,396	26.5% ± 2.5	18.8% ± 2.1	24.2% ± 2.3	16.3% ± 2.0	14.1% ± 2.0
45-64	2,604	31.4% ± 2.5	19.4% ± 2.1	21.0% ± 2.2	12.7% ± 1.8	15.5% ± 2.0
65-74	1,766	34.5% ± 2.9	22.1% ± 2.7	15.2% ± 2.2	10.5% ± 1.9	17.7% ± 2.5
75 and older	1,279	47.0% ± 3.6	18.2% ± 2.9	12.2% ± 2.3	5.6% ± 1.7	17.0% ± 2.8
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	302	48.9% ± 8.3	19.9% ± 7.7	*11.8% ± 7.4	*7.1% ± 4.6	*12.3% ± 8.1
Hispanic or Latino/a	432	37.6% ± 7.0	31.2% ± 7.3	17.4% ± 6.5	*7.7% ± 5.3	^6.1% ± 6.2
Non-Hispanic						
Asian or Asian American	317	46.8% ± 8.2	28.6% ± 8.0	10.6% ± 5.2	*12.0% ± 7.7	^1.9% ± 2.1
Southeast Asian	113	65.5% ± 13.1	*15.7% ± 11.5	^8.0% ± 9.0	^9.7% ± 12.0	^1.0% ± 3.5
Black or African American	924	56.9% ± 5.3	22.6% ± 4.8	10.1% ± 3.7	6.0% ± 3.0	*4.4% ± 3.1
US-born Black	616	45.5% ± 6.7	26.0% ± 6.0	13.7% ± 5.3	8.4% ± 4.3	*6.3% ± 4.9
Foreign-born Black	304	70.8% ± 8.8	18.2% ± 8.3	^5.8% ± 5.9	^3.1% ± 5.5	^2.2% ± 5.8
White	5,974	24.7% ± 1.6	17.5% ± 1.3	23.6% ± 1.6	15.3% ± 1.4	19.0% ± 1.5

## Healthy lifestyles and behaviors



During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

Table 32	Sample Size	0 days	1 to 3 days	4 to 9 days	10 to 19 days	≥ 20 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>						
Female	5,281	35.1% ± 1.9	21.5% ± 1.6	20.2% ± 1.5	11.9% ± 1.2	11.4% ± 1.1
Male	2,950	27.3% ± 2.3	17.9% ± 2.0	22.3% ± 2.2	15.1% ± 1.9	17.4% ± 2.0
Nonbinary	98	29.7% ± 15.5	31.1% ± 14.9	*17.9% ± 11.6	*11.9% ± 9.4	*9.3% ± 7.6
<b>Transgender</b>						
Yes	83	42.6% ± 15.5	26.8% ± 15.4	*16.2% ± 12.9	*11.2% ± 10.8	^3.3% ± 5.0
No	8,201	30.9% ± 1.5	20.0% ± 1.3	21.2% ± 1.3	13.5% ± 1.1	14.4% ± 1.1
<b>Sexual orientation</b>						
Straight/Heterosexual	7,050	30.6% ± 1.6	19.7% ± 1.3	21.3% ± 1.4	13.4% ± 1.2	15.0% ± 1.2
LGBQ+	960	29.0% ± 4.3	19.2% ± 3.9	23.4% ± 4.2	16.4% ± 3.5	12.0% ± 2.9
Lesbian/Gay	376	23.0% ± 6.5	19.8% ± 7.2	23.4% ± 6.9	18.7% ± 6.8	15.1% ± 5.0
Bisexual/Pansexual	406	30.7% ± 6.6	19.0% ± 5.9	22.6% ± 6.4	16.1% ± 5.2	11.7% ± 5.4
Queer	231	27.0% ± 8.9	23.6% ± 8.4	20.8% ± 7.6	16.5% ± 7.0	12.2% ± 6.2
<b>Household income</b>						
< 200% of Federal Poverty Level	2,277	55.0% ± 3.2	22.4% ± 2.8	11.4% ± 2.1	6.8% ± 1.9	4.4% ± 1.4
≥ 200% of Federal Poverty Level	5,728	23.0% ± 1.6	19.2% ± 1.4	24.5% ± 1.6	15.8% ± 1.4	17.5% ± 1.4
<b>Educational attainment</b>						
Less than high school	363	66.2% ± 8.2	19.8% ± 7.3	*6.1% ± 5.7	^4.4% ± 5.3	^3.5% ± 6.7
High school or GED	1,049	52.9% ± 4.5	22.0% ± 3.9	11.3% ± 3.1	5.4% ± 2.6	8.3% ± 2.9
Some college	1,917	40.0% ± 3.5	20.5% ± 2.8	17.4% ± 3.0	11.1% ± 2.4	11.0% ± 2.1
College degree or higher	4,735	19.7% ± 1.6	19.2% ± 1.6	26.4% ± 1.8	17.1% ± 1.6	17.7% ± 1.5
<b>Speak a language other than English most of the time at home</b>						
Yes	992	55.9% ± 4.5	24.0% ± 4.1	11.5% ± 2.9	4.0% ± 2.2	4.6% ± 2.1
No	7,306	26.9% ± 1.5	19.3% ± 1.3	22.8% ± 1.4	15.1% ± 1.2	16.0% ± 1.2
<b>Economic distress</b>						
Yes	1,754	49.5% ± 3.6	23.8% ± 3.2	13.0% ± 2.6	7.2% ± 2.3	6.5% ± 2.0
No	6,591	26.8% ± 1.6	19.0% ± 1.4	23.1% ± 1.5	14.9% ± 1.3	16.2% ± 1.3
<b>Frequent mental distress</b>						
Yes	1,126	31.9% ± 4.1	21.8% ± 3.7	20.2% ± 3.7	11.9% ± 2.9	14.2% ± 3.3
No	6,757	30.0% ± 1.6	19.2% ± 1.3	21.8% ± 1.4	14.1% ± 1.2	14.9% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



During the past 30 days, on the days when you drank, about how many drinks did you have on average?

Table 33	Sample Size	0 drinks	1 drink	2 drinks	3 or more drinks
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,251	30.4% ± 1.5	30.8% ± 1.4	23.0% ± 1.3	15.8% ± 1.2
<b>Minneapolis</b>	3,751	32.0% ± 2.2	25.9% ± 2.1	22.1% ± 1.9	20.0% ± 2.1
Camden, Near North	992	38.7% ± 4.6	19.5% ± 3.3	18.4% ± 3.6	23.5% ± 5.2
Central, Northeast, University, St. Anthony	919	30.4% ± 4.1	25.2% ± 4.1	23.0% ± 3.7	21.5% ± 4.2
Phillips, Powderhorn	1,015	40.4% ± 4.4	21.9% ± 3.6	17.3% ± 3.3	20.4% ± 3.7
Calhoun-Isles, Longfellow, Nokomis, Southwest	825	26.4% ± 4.4	31.2% ± 4.0	25.2% ± 3.8	17.1% ± 3.8
<b>Suburban Hennepin County</b>	4,500	29.5% ± 1.9	33.5% ± 1.9	23.4% ± 1.8	13.5% ± 1.5
Northwest suburbs	1,595	33.5% ± 3.2	30.2% ± 3.0	22.2% ± 2.8	14.1% ± 2.5
Northwest - inner	863	38.4% ± 4.7	25.4% ± 3.9	19.4% ± 3.7	16.7% ± 4.0
Northwest - outer	732	29.7% ± 4.5	33.9% ± 4.4	24.3% ± 4.2	12.1% ± 3.4
West suburbs	1,450	23.5% ± 3.1	37.0% ± 3.5	24.7% ± 3.1	14.8% ± 2.9
West - inner	698	26.8% ± 4.5	28.1% ± 4.4	23.9% ± 4.5	21.1% ± 5.0
West - outer	752	21.4% ± 4.2	42.4% ± 4.8	25.2% ± 4.2	11.0% ± 3.7
South suburbs	1,455	28.3% ± 3.4	35.7% ± 3.4	24.4% ± 3.3	11.6% ± 2.6
South - east	722	35.0% ± 5.3	30.6% ± 5.0	21.8% ± 4.6	12.6% ± 3.9
South - west	733	25.3% ± 4.3	38.0% ± 4.5	25.5% ± 4.3	11.2% ± 3.4
<b>Age</b>					
18-24	303	35.6% ± 7.0	23.5% ± 6.4	18.3% ± 5.4	22.6% ± 6.2
25-44	2,381	25.8% ± 2.5	28.1% ± 2.4	26.0% ± 2.4	20.1% ± 2.2
45-64	2,576	30.3% ± 2.5	31.1% ± 2.5	24.3% ± 2.3	14.3% ± 1.9
65-74	1,722	33.1% ± 2.9	38.8% ± 3.0	20.0% ± 2.6	8.1% ± 1.8
75 and older	1,229	45.0% ± 3.7	41.4% ± 3.6	10.5% ± 2.2	3.1% ± 1.3
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	293	47.8% ± 8.4	10.4% ± 5.0	13.7% ± 7.8	28.1% ± 9.0
Hispanic or Latino/a	437	36.7% ± 6.9	14.2% ± 5.1	22.0% ± 6.9	27.2% ± 7.7
Non-Hispanic					
Asian or Asian American	311	46.5% ± 8.2	29.6% ± 8.0	13.5% ± 7.6	10.4% ± 5.7
Southeast Asian	111	65.4% ± 13.2	*12.6% ± 10.6	^11.1% ± 11.5	*10.9% ± 10.5
Black or African American	909	54.8% ± 5.4	20.1% ± 5.0	14.4% ± 4.2	10.6% ± 3.5
US-born Black	611	45.0% ± 6.7	20.1% ± 5.8	20.9% ± 6.1	13.9% ± 5.1
Foreign-born Black	295	67.3% ± 9.1	19.7% ± 8.9	^6.4% ± 6.4	*6.5% ± 5.5
White	5,869	23.6% ± 1.6	35.6% ± 1.7	26.2% ± 1.7	14.7% ± 1.4



## Healthy lifestyles and behaviors



During the past 30 days, on the days when you drank, about how many drinks did you have on average?

Table 33	Sample Size	0 drinks	1 drink	2 drinks	3 or more drinks
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,185	34.0% ± 1.9	33.6% ± 1.8	22.1% ± 1.5	10.3% ± 1.2
Male	2,911	26.5% ± 2.3	27.9% ± 2.3	24.0% ± 2.2	21.6% ± 2.2
Nonbinary	97	29.4% ± 15.6	25.7% ± 14.4	24.6% ± 12.2	*20.3% ± 12.4
<b>Transgender</b>					
Yes	82	42.3% ± 15.7	*21.2% ± 14.9	*12.8% ± 10.6	*23.7% ± 14.3
No	8,068	29.9% ± 1.5	31.1% ± 1.4	23.1% ± 1.3	15.9% ± 1.2
<b>Sexual orientation</b>					
Straight/Heterosexual	6,933	29.8% ± 1.6	31.6% ± 1.5	23.2% ± 1.4	15.4% ± 1.3
LGBQ+	946	27.9% ± 4.3	26.5% ± 4.3	25.6% ± 4.0	19.9% ± 4.0
Lesbian/Gay	371	22.3% ± 6.6	27.8% ± 7.4	25.6% ± 6.7	24.3% ± 7.1
Bisexual/Pansexual	397	29.3% ± 6.7	26.9% ± 6.7	25.1% ± 6.0	18.7% ± 6.4
Queer	227	26.3% ± 9.0	27.0% ± 8.0	31.1% ± 8.6	15.7% ± 7.2
<b>Household income</b>					
< 200% of Federal Poverty Level	2,235	53.6% ± 3.3	15.9% ± 2.5	12.7% ± 2.2	17.8% ± 2.8
≥ 200% of Federal Poverty Level	5,643	22.2% ± 1.6	35.8% ± 1.7	26.7% ± 1.6	15.3% ± 1.4
<b>Educational attainment</b>					
Less than high school	364	63.1% ± 8.2	*8.0% ± 5.5	*7.7% ± 5.2	21.1% ± 8.2
High school or GED	1,038	51.9% ± 4.5	20.7% ± 4.0	11.4% ± 2.8	15.9% ± 3.7
Some college	1,878	38.9% ± 3.5	25.2% ± 3.0	20.2% ± 3.0	15.6% ± 2.8
College degree or higher	4,656	18.8% ± 1.6	37.3% ± 1.9	28.5% ± 1.8	15.4% ± 1.5
<b>Speak a language other than English most of the time at home</b>					
Yes	981	55.0% ± 4.5	19.5% ± 3.8	12.5% ± 3.3	12.9% ± 3.1
No	7,183	25.9% ± 1.5	32.9% ± 1.6	24.9% ± 1.4	16.3% ± 1.3
<b>Economic distress</b>					
Yes	1,727	48.0% ± 3.6	17.7% ± 3.0	12.8% ± 2.3	21.6% ± 3.3
No	6,480	25.9% ± 1.6	34.2% ± 1.6	25.5% ± 1.5	14.4% ± 1.3
<b>Frequent mental distress</b>					
Yes	1,113	31.3% ± 4.1	27.0% ± 4.0	19.6% ± 3.4	22.1% ± 3.9
No	6,647	29.2% ± 1.6	32.3% ± 1.6	23.9% ± 1.5	14.7% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



## Binge drinking during the past 30 days

(For females: having 4 or more drinks on one occasion at least one time;

For males: having 5 or more drinks on one occasion at least one time)

Table 34	Sample Size	0 times	1 time	2 times	3 to 5 times	6 or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	7,999	77.0% ± 1.4	9.0% ± 1.0	4.4% ± 0.7	5.9% ± 0.9	3.7% ± 0.6
<b>Minneapolis</b>	3,580	72.2% ± 2.3	10.4% ± 1.6	5.4% ± 1.1	6.8% ± 1.5	5.2% ± 1.3
Camden, Near North	929	71.8% ± 5.3	8.6% ± 2.6	5.7% ± 3.0	7.9% ± 4.6	*6.0% ± 4.5
Central, Northeast, University, St. Anthony	890	68.7% ± 4.5	12.1% ± 3.6	5.9% ± 2.6	7.1% ± 3.1	6.2% ± 2.6
Phillips, Powderhorn	948	73.4% ± 4.1	9.9% ± 2.8	5.0% ± 2.0	6.9% ± 2.9	4.8% ± 2.3
Calhoun-Isles, Longfellow, Nokomis, Southwest	813	75.1% ± 4.0	9.7% ± 3.0	5.1% ± 2.0	6.0% ± 2.5	*4.1% ± 2.5
<b>Suburban Hennepin County</b>	4,419	79.6% ± 1.8	8.3% ± 1.3	3.8% ± 0.9	5.4% ± 1.1	2.8% ± 0.8
Northwest suburbs	1,560	80.4% ± 2.9	8.1% ± 2.2	3.1% ± 1.3	5.3% ± 2.0	3.1% ± 1.3
Northwest - inner	843	78.5% ± 4.2	8.2% ± 3.2	4.0% ± 2.3	6.0% ± 2.9	3.3% ± 1.8
Northwest - outer	717	81.9% ± 4.2	8.0% ± 3.3	*2.5% ± 1.8	*4.7% ± 3.0	*2.9% ± 2.0
West suburbs	1,430	77.5% ± 3.3	8.0% ± 2.1	5.1% ± 2.1	5.9% ± 2.0	3.4% ± 2.0
West - inner	686	71.5% ± 5.0	11.1% ± 3.4	4.7% ± 2.5	6.8% ± 3.0	*5.8% ± 4.6
West - outer	744	81.0% ± 4.4	6.2% ± 3.0	5.4% ± 3.1	5.4% ± 3.0	^1.9% ± 2.0
South suburbs	1,429	80.1% ± 3.2	8.9% ± 2.5	3.7% ± 1.8	5.2% ± 2.0	2.0% ± 1.1
South - east	707	76.5% ± 4.9	13.0% ± 4.2	*3.3% ± 2.7	*4.3% ± 2.7	*2.9% ± 2.4
South - west	722	81.7% ± 4.1	7.2% ± 3.2	*3.9% ± 2.4	5.5% ± 2.8	*1.7% ± 1.5
<b>Age</b>						
18-24	277	68.9% ± 6.9	14.0% ± 5.7	*3.3% ± 3.1	8.7% ± 5.1	*5.1% ± 4.0
25-44	2,278	66.6% ± 2.6	13.6% ± 2.0	6.7% ± 1.4	8.5% ± 1.7	4.5% ± 1.2
45-64	2,516	82.0% ± 2.0	6.3% ± 1.3	3.1% ± 0.9	4.6% ± 1.3	4.0% ± 1.1
65-74	1,687	91.7% ± 1.8	3.0% ± 1.1	2.7% ± 1.4	1.7% ± 0.8	*0.9% ± 0.7
75 and older	1,224	97.9% ± 1.1	^0.4% ± 0.5	*1.1% ± 1.1	^0.4% ± 0.6	^0.2% ± 0.3
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	284	71.6% ± 9.1	*7.6% ± 7.2	^7.6% ± 8.0	*5.2% ± 4.3	*7.9% ± 7.2
Hispanic or Latino/a	394	73.4% ± 7.8	12.6% ± 6.4	^4.7% ± 5.1	*6.7% ± 6.3	^2.7% ± 4.4
Non-Hispanic						
Asian or Asian American	297	80.7% ± 8.2	*9.4% ± 8.1	^4.5% ± 4.6	^2.7% ± 4.6	^2.6% ± 3.4
Southeast Asian	106	78.9% ± 13.2	^7.0% ± 11.4	^4.9% ± 10.2	^6.1% ± 12.3	^3.1% ± 5.3
Black or African American	856	82.3% ± 4.8	6.3% ± 3.4	*6.0% ± 4.3	*3.4% ± 2.1	*2.1% ± 1.5
US-born Black	568	78.1% ± 6.3	5.5% ± 3.0	*7.9% ± 6.4	*5.6% ± 3.5	*3.0% ± 2.4
Foreign-born Black	284	87.4% ± 8.5	^7.4% ± 7.5	^3.6% ± 8.0	^0.6% ± 3.7	^1.0% ± 2.5
White	5,751	77.9% ± 1.6	8.4% ± 1.1	4.4% ± 0.8	5.6% ± 1.0	3.7% ± 0.9

## Healthy lifestyles and behaviors



### Binge drinking during the past 30 days

(For females: having 4 or more drinks on one occasion at least one time;

For males: having 5 or more drinks on one occasion at least one time)

Table 34	Sample Size	0 times	1 time	2 times	3 to 5 times	6 or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>						
Female	5,158	79.2% ± 1.6	8.7% ± 1.1	4.6% ± 0.8	4.7% ± 0.9	2.8% ± 0.6
Male	2,841	74.6% ± 2.4	9.4% ± 1.7	4.1% ± 1.2	7.2% ± 1.6	4.6% ± 1.2
Nonbinary	N/A					
<b>Transgender</b>						
Yes	32	82.4% ± 23.4	0.0% ± 0.0	^3.5% ± 14.2	^12.6% ± 25.5	^1.5% ± 9.0
No	7,898	77.0% ± 1.4	9.1% ± 1.0	4.4% ± 0.7	5.9% ± 0.9	3.7% ± 0.7
<b>Sexual orientation</b>						
Straight/Heterosexual	6,840	78.2% ± 1.5	8.5% ± 1.0	4.0% ± 0.7	5.8% ± 0.9	3.4% ± 0.7
LGBQ+	835	67.5% ± 4.8	13.8% ± 4.2	5.5% ± 2.3	6.8% ± 3.0	6.4% ± 2.6
Lesbian/Gay	348	71.3% ± 7.8	14.5% ± 8.0	*5.0% ± 4.3	*3.1% ± 2.6	*6.0% ± 3.8
Bisexual/Pansexual	347	64.6% ± 7.4	14.2% ± 6.1	*6.2% ± 3.8	*9.3% ± 6.6	*5.7% ± 4.0
Queer	149	65.8% ± 10.8	*9.4% ± 8.8	*8.7% ± 7.8	^5.4% ± 5.5	*10.6% ± 10.3
<b>Household income</b>						
< 200% of Federal Poverty Level	2,109	79.3% ± 3.0	7.3% ± 2.0	4.5% ± 1.7	5.6% ± 2.0	3.3% ± 1.6
≥ 200% of Federal Poverty Level	5,523	76.2% ± 1.6	9.7% ± 1.2	4.3% ± 0.8	6.1% ± 1.0	3.7% ± 0.7
<b>Educational attainment</b>						
Less than high school	331	76.0% ± 8.5	^4.3% ± 4.9	^5.8% ± 6.3	*7.1% ± 5.9	^6.8% ± 7.6
High school or GED	976	83.5% ± 3.7	6.8% ± 3.0	2.6% ± 1.4	4.4% ± 2.4	*2.6% ± 1.8
Some college	1,819	81.5% ± 3.1	7.3% ± 2.4	3.9% ± 1.6	3.6% ± 1.7	3.7% ± 1.5
College degree or higher	4,567	74.2% ± 1.8	10.7% ± 1.4	4.8% ± 0.9	6.8% ± 1.2	3.5% ± 0.8
<b>Speak a language other than English most of the time at home</b>						
Yes	927	84.2% ± 3.6	6.7% ± 2.9	*3.4% ± 2.1	3.7% ± 2.0	*2.0% ± 1.4
No	7,015	75.9% ± 1.5	9.5% ± 1.1	4.5% ± 0.7	6.3% ± 1.0	4.0% ± 0.7
<b>Economic distress</b>						
Yes	1,616	75.9% ± 3.5	8.0% ± 2.5	4.6% ± 2.0	6.9% ± 2.3	4.7% ± 1.9
No	6,358	77.4% ± 1.5	9.2% ± 1.1	4.3% ± 0.7	5.6% ± 1.0	3.4% ± 0.7
<b>Frequent mental distress</b>						
Yes	1,027	71.5% ± 4.3	8.5% ± 3.0	3.9% ± 1.6	7.9% ± 2.9	8.1% ± 3.0
No	6,524	78.0% ± 1.5	9.1% ± 1.1	4.3% ± 0.7	5.6% ± 1.0	3.0% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Healthy lifestyles and behaviors


**Current smoking status**

Table 35	Sample Size	Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,482	8.4% ± 0.9
<b>Minneapolis</b>	3,875	13.6% ± 1.7
Camden, Near North	1,021	21.5% ± 4.2
Central, Northeast, University, St. Anthony	942	10.1% ± 2.7
Phillips, Powderhorn	1,080	19.1% ± 4.0
Calhoun-Isles, Longfellow, Nokomis, Southwest	832	10.6% ± 3.7
<b>Suburban Hennepin County</b>	4,607	5.5% ± 1.0
Northwest suburbs	1,638	5.3% ± 1.4
Northwest - inner	900	7.6% ± 2.4
Northwest - outer	738	3.4% ± 1.9
West suburbs	1,487	5.3% ± 2.1
West - inner	714	*5.4% ± 3.2
West - outer	773	5.2% ± 3.0
South suburbs	1,482	6.1% ± 2.1
South - east	734	9.1% ± 4.1
South - west	748	4.8% ± 2.6
<b>Age</b>		
18-24	305	*6.7% ± 4.7
25-44	2,440	9.0% ± 1.6
45-64	2,625	9.5% ± 1.5
65-74	1,785	7.7% ± 1.8
75 and older	1,285	3.0% ± 1.4
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	308	43.0% ± 8.3
Hispanic or Latino/a	492	*8.5% ± 5.4
Non-Hispanic		
Asian or Asian American	325	*4.6% ± 3.5
Southeast Asian	115	^5.1% ± 9.0
Black or African American	957	15.1% ± 3.8
US-born Black	618	26.4% ± 6.3
Foreign-born Black	333	^2.6% ± 2.6
White	5,966	6.7% ± 1.0

## Healthy lifestyles and behaviors



## Current smoking status

Table 35	Sample Size	Yes
	N	% ± 95% C.I.
<b>Gender</b>		
Female	5,348	6.9% ± 0.9
Male	2,965	10.2% ± 1.6
Nonbinary	98	<sup>^</sup> 5.0% ± 7.7
<b>Transgender</b>		
Yes	83	<sup>^</sup> 9.9% ± 11.7
No	8,282	8.2% ± 0.9
<b>Sexual orientation</b>		
Straight/Heterosexual	7,062	8.2% ± 1.0
LGBQ+	969	10.6% ± 2.7
Lesbian/Gay	375	9.7% ± 4.3
Bisexual/Pansexual	404	12.2% ± 4.9
Queer	230	12.1% ± 6.5
<b>Household income</b>		
< 200% of Federal Poverty Level	2,385	17.9% ± 2.4
≥ 200% of Federal Poverty Level	5,705	5.2% ± 0.9
<b>Educational attainment</b>		
Less than high school	423	19.6% ± 6.5
High school or GED	1,072	17.4% ± 3.4
Some college	1,916	13.7% ± 2.4
College degree or higher	4,740	3.3% ± 0.7
<b>Speak a language other than English most of the time at home</b>		
Yes	1,060	7.4% ± 2.4
No	7,324	8.6% ± 1.0
<b>Economic distress</b>		
Yes	1,833	22.7% ± 3.0
No	6,606	4.6% ± 0.7
<b>Frequent mental distress</b>		
Yes	1,123	18.1% ± 3.4
No	6,749	6.6% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



## Current smoking status

Table 36	Sample Size	Every day smoker	Some days smoker	Former smoker	Never smoked
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,453	5.5% ± 0.7	2.8% ± 0.5	19.3% ± 1.2	72.4% ± 1.3
<b>Minneapolis</b>	3,854	8.6% ± 1.4	4.8% ± 1.2	17.3% ± 1.7	69.4% ± 2.1
Camden, Near North	1,011	15.2% ± 4.0	5.8% ± 2.1	13.9% ± 2.6	65.0% ± 4.4
Central, Northeast, University, St. Anthony	939	5.8% ± 1.9	4.0% ± 2.3	15.1% ± 3.0	75.1% ± 3.6
Phillips, Powderhorn	1,072	13.1% ± 3.9	6.0% ± 2.1	14.2% ± 2.5	66.7% ± 4.1
Calhoun-Isles, Longfellow, Nokomis, Southwest	832	6.2% ± 3.1	*4.4% ± 2.8	22.3% ± 3.7	67.1% ± 4.3
<b>Suburban Hennepin County</b>	4,599	3.8% ± 0.8	1.7% ± 0.6	20.4% ± 1.5	74.1% ± 1.7
Northwest suburbs	1,636	3.8% ± 1.3	1.5% ± 0.7	17.2% ± 2.3	77.5% ± 2.6
Northwest - inner	898	5.2% ± 2.1	2.5% ± 1.4	14.8% ± 2.9	77.6% ± 3.5
Northwest - outer	738	*2.7% ± 1.8	^0.7% ± 1.0	19.2% ± 3.6	77.4% ± 3.8
West suburbs	1,483	3.2% ± 1.8	*2.1% ± 1.5	24.8% ± 3.1	70.0% ± 3.3
West - inner	711	*3.0% ± 2.0	^2.4% ± 3.3	25.2% ± 4.5	69.4% ± 4.8
West - outer	772	*3.3% ± 2.8	^1.8% ± 1.8	24.5% ± 4.2	70.3% ± 4.5
South suburbs	1,480	4.2% ± 1.8	*1.9% ± 1.4	21.7% ± 2.9	72.2% ± 3.2
South - east	732	4.6% ± 2.5	*4.5% ± 4.2	19.8% ± 3.9	71.1% ± 4.8
South - west	748	*4.0% ± 2.6	^0.8% ± 1.1	22.5% ± 3.9	72.6% ± 4.2
<b>Age</b>					
18-24	303	^2.9% ± 3.9	^3.9% ± 3.9	*3.2% ± 2.9	90.0% ± 4.9
25-44	2,434	6.2% ± 1.4	2.7% ± 0.9	14.4% ± 1.9	76.7% ± 2.2
45-64	2,615	6.2% ± 1.2	3.3% ± 1.1	20.4% ± 2.2	70.1% ± 2.4
65-74	1,782	5.4% ± 1.7	2.2% ± 0.9	31.4% ± 2.9	61.0% ± 3.0
75 and older	1,278	*1.9% ± 1.2	*1.1% ± 1.0	41.6% ± 3.6	55.4% ± 3.6
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	303	32.3% ± 8.2	*10.0% ± 6.3	21.4% ± 7.8	36.4% ± 8.3
Hispanic or Latino/a	488	^3.8% ± 4.1	^4.7% ± 4.9	13.3% ± 5.5	78.2% ± 6.5
Non-Hispanic					
Asian or Asian American	324	*2.6% ± 2.3	^2.0% ± 3.6	*8.4% ± 6.5	87.0% ± 6.5
Southeast Asian	115	^0.9% ± 3.9	^4.2% ± 9.6	^5.6% ± 10.1	89.4% ± 10.8
Black or African American	949	9.8% ± 3.3	5.2% ± 2.6	7.9% ± 2.5	77.1% ± 4.2
US-born Black	616	16.8% ± 5.7	9.6% ± 4.6	11.9% ± 4.2	61.7% ± 6.6
Foreign-born Black	327	^1.8% ± 2.6	^0.4% ± 1.2	*3.4% ± 2.7	94.4% ± 3.3
White	5,956	4.5% ± 0.9	2.2% ± 0.6	24.7% ± 1.6	68.6% ± 1.7

# Healthy lifestyles and behaviors



## Current smoking status

Table 36	Sample Size	Every day smoker	Some days smoker	Former smoker	Never smoked
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,330	4.5% ± 0.8	2.3% ± 0.6	17.7% ± 1.3	75.5% ± 1.5
Male	2,955	6.7% ± 1.4	3.4% ± 1.0	21.1% ± 2.0	68.8% ± 2.3
Nonbinary	98	<sup>^</sup> 0.6% ± 3.4	<sup>^</sup> 4.4% ± 7.9	*15.1% ± 9.4	79.9% ± 10.6
<b>Transgender</b>					
Yes	83	<sup>^</sup> 3.3% ± 15.1	<sup>^</sup> 6.6% ± 8.8	*16.3% ± 11.1	73.8% ± 13.2
No	8,255	5.4% ± 0.7	2.7% ± 0.5	19.4% ± 1.2	72.5% ± 1.3
<b>Sexual orientation</b>					
Straight/Heterosexual	7,042	5.4% ± 0.8	2.8% ± 0.6	20.2% ± 1.3	71.7% ± 1.5
LGBQ+	968	6.8% ± 2.2	3.8% ± 1.9	16.9% ± 3.3	72.6% ± 3.9
Lesbian/Gay	375	6.8% ± 3.8	<sup>^</sup> 2.9% ± 2.9	21.7% ± 6.2	68.5% ± 6.7
Bisexual/Pansexual	404	7.3% ± 4.0	*4.9% ± 3.9	18.7% ± 5.3	69.1% ± 6.3
Queer	230	*6.7% ± 5.8	*5.5% ± 4.8	18.9% ± 7.2	69.0% ± 8.2
<b>Household income</b>					
< 200% of Federal Poverty Level	2,364	13.0% ± 2.2	4.7% ± 1.3	12.6% ± 1.9	69.8% ± 2.8
≥ 200% of Federal Poverty Level	5,699	2.9% ± 0.7	2.2% ± 0.6	21.3% ± 1.4	73.5% ± 1.6
<b>Educational attainment</b>					
Less than high school	417	15.5% ± 6.3	*4.2% ± 3.4	*7.1% ± 4.4	73.2% ± 6.9
High school or GED	1,060	11.2% ± 2.9	5.9% ± 2.3	22.7% ± 3.7	60.1% ± 4.3
Some college	1,910	9.9% ± 2.2	3.7% ± 1.4	25.6% ± 2.9	60.9% ± 3.3
College degree or higher	4,737	1.6% ± 0.5	1.7% ± 0.6	17.3% ± 1.4	79.3% ± 1.5
<b>Speak a language other than English most of the time at home</b>					
Yes	1,053	5.1% ± 2.1	*2.2% ± 1.4	9.0% ± 2.7	83.7% ± 3.3
No	7,305	5.6% ± 0.8	3.0% ± 0.6	21.2% ± 1.3	70.3% ± 1.5
<b>Economic distress</b>					
Yes	1,817	16.1% ± 2.7	6.5% ± 1.9	12.6% ± 2.3	64.9% ± 3.3
No	6,595	2.8% ± 0.6	1.8% ± 0.5	21.0% ± 1.3	74.4% ± 1.4
<b>Frequent mental distress</b>					
Yes	1,119	13.2% ± 3.2	4.9% ± 1.9	22.2% ± 3.5	59.7% ± 4.1
No	6,731	4.1% ± 0.7	2.4% ± 0.6	19.7% ± 1.3	73.8% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



## Menthol cigarette use

**Table 37**

	Among persons aged 18 and older: Currently smoke menthol cigarettes Yes		Among persons 18 and older and are current smokers: Menthol is usual cigarette brand Yes	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,464	3.2% ± 0.5	801	38.7% ± 5.1
<b>Minneapolis</b>	3,865	6.0% ± 1.2	541	44.9% ± 6.5
Camden, Near North	1,018	13.1% ± 3.8	193	61.5% ± 10.1
Central, Northeast, University, St. Anthony	939	4.3% ± 1.8	101	43.6% ± 12.7
Phillips, Powderhorn	1,076	10.0% ± 3.4	185	53.1% ± 11.3
Calhoun-Isles, Longfellow, Nokomis, Southwest	832	^2.6% ± 2.6	62	*24.8% ± 17.5
<b>Suburban Hennepin County</b>	4,599	1.6% ± 0.6	260	30.2% ± 8.2
Northwest suburbs	1,634	1.5% ± 0.8	111	29.2% ± 12.0
Northwest - inner	897	*2.9% ± 1.8	83	38.2% ± 15.0
Northwest - outer	737	^0.5% ± 0.8	<30	
West suburbs	1,487	*1.2% ± 0.9	65	*22.4% ± 14.4
West - inner	714	^2.1% ± 2.1	33	*39.0% ± 24.4
West - outer	773	^0.6% ± 1.0	32	^11.9% ± 17.0
South suburbs	1,478	*2.2% ± 1.5	84	37.3% ± 16.7
South - east	731	*3.4% ± 2.4	53	39.2% ± 20.3
South - west	747	^1.7% ± 2.3	31	*35.7% ± 25.5
<b>Age</b>				
18-24	305	^2.6% ± 3.2	<30	
25-44	2,435	3.7% ± 1.1	257	42.1% ± 8.6
45-64	2,620	3.6% ± 0.9	318	37.9% ± 7.5
65-74	1,780	2.3% ± 0.9	165	31.0% ± 10.1
75 and older	1,282	^0.7% ± 0.9	38	*23.9% ± 21.7
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	306	19.2% ± 7.4	124	44.8% ± 12.7
Hispanic or Latino/a	490	^1.3% ± 2.6	<30	
Non-Hispanic				
Asian or Asian American	325	^1.5% ± 1.8	<30	
Southeast Asian	115	^1.7% ± 3.4	<30	
Black or African American	952	11.5% ± 3.4	183	77.2% ± 12.9
US-born Black	614	20.3% ± 5.8	170	77.7% ± 14.6
Foreign-born Black	332	^1.8% ± 2.6	<30	
White	5,957	1.6% ± 0.6	394	23.8% ± 7.4



# Healthy lifestyles and behaviors



## Menthol cigarette use

**Table 37**

	Among persons aged 18 and older: Currently smoke menthol cigarettes Yes		Among persons 18 and older and are current smokers: Menthol is usual cigarette brand Yes	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	5,341	2.7% ± 0.6	449	40.2% ± 6.5
Male	2,955	3.8% ± 1.0	344	37.9% ± 7.6
Nonbinary	97	0.0% ± 0.0	<30	
<b>Transgender</b>				
Yes	83	<sup>^</sup> 6.8% ± 12.1	<30	
No	8,265	3.1% ± 0.6	776	38.5% ± 5.2
<b>Sexual orientation</b>				
Straight/Heterosexual	7,047	3.2% ± 0.6	649	39.2% ± 5.8
LGBQ+	967	3.4% ± 1.7	115	32.2% ± 12.1
Lesbian/Gay	375	*4.1% ± 3.3	42	42.0% ± 19.3
Bisexual/Pansexual	402	*4.5% ± 3.6	52	37.4% ± 18.9
Queer	230	<sup>^</sup> 4.8% ± 5.3	<30	
<b>Household income</b>				
< 200% of Federal Poverty Level	2,374	9.0% ± 1.8	471	51.0% ± 7.0
≥ 200% of Federal Poverty Level	5,698	1.2% ± 0.4	313	23.0% ± 7.3
<b>Educational attainment</b>				
Less than high school	422	12.5% ± 5.7	81	64.2% ± 17.1
High school or GED	1,068	8.0% ± 2.3	209	46.4% ± 9.7
Some college	1,911	4.7% ± 1.4	290	34.8% ± 8.4
College degree or higher	4,732	0.6% ± 0.3	184	19.3% ± 8.0
<b>Speak a language other than English most of the time at home</b>				
Yes	1,055	2.8% ± 1.2	93	38.8% ± 13.8
No	7,311	3.3% ± 0.6	693	38.5% ± 5.5
<b>Economic distress</b>				
Yes	1,826	11.6% ± 2.3	440	51.4% ± 7.2
No	6,595	1.0% ± 0.3	354	22.3% ± 6.5
<b>Frequent mental distress</b>				
Yes	1,119	8.4% ± 2.6	213	46.8% ± 9.8
No	6,738	2.2% ± 0.5	519	33.7% ± 6.1

NOTE: Definitions for the indicators are provided in Appendix A.

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<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



Does anyone, including yourself, smoke regularly inside your home?

**Table 38**

	Among all persons aged 18 and older:		Among households with children 0-17:	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,534	4.1% ± 0.5	1,874	3.6% ± 0.9
<b>Minneapolis</b>	3,907	6.9% ± 0.9	910	6.5% ± 1.9
Camden, Near North	1,029	13.1% ± 2.2	309	13.6% ± 4.3
Central, Northeast, University, St. Anthony	948	6.6% ± 1.9	151	*6.9% ± 5.8
Phillips, Powderhorn	1,088	8.6% ± 1.8	269	7.1% ± 3.7
Calhoun-Isles, Longfellow, Nokomis, Southwest	842	4.4% ± 1.6	181	^2.8% ± 3.8
<b>Suburban Hennepin County</b>	4,627	2.6% ± 0.5	964	2.1% ± 1.1
Northwest suburbs	1,645	3.6% ± 1.0	409	*3.0% ± 2.0
Northwest - inner	899	5.1% ± 1.7	240	*5.0% ± 3.6
Northwest - outer	746	2.4% ± 1.4	169	^1.2% ± 3.5
West suburbs	1,494	1.7% ± 0.8	275	^1.3% ± 2.2
West - inner	719	2.5% ± 1.4	130	^2.3% ± 4.7
West - outer	775	*1.1% ± 1.0	145	^0.7% ± 4.1
South suburbs	1,488	2.1% ± 0.8	280	^1.3% ± 2.0
South - east	739	3.9% ± 1.7	120	^3.3% ± 5.2
South - west	749	*1.3% ± 1.1	160	^0.6% ± 3.7
<b>Age</b>				
18-24	308	8.7% ± 4.1	68	^12.7% ± 12.7
25-44	2,441	4.8% ± 0.9	1,069	3.7% ± 1.2
45-64	2,644	4.8% ± 0.9	642	*2.4% ± 1.6
65-74	1,804	3.7% ± 1.0	67	*10.0% ± 9.4
75 and older	1,294	*1.4% ± 0.9	<30	
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	312	24.5% ± 6.0	105	21.5% ± 9.8
Hispanic or Latino/a	494	5.4% ± 3.1	271	*5.3% ± 4.4
Non-Hispanic				
Asian or Asian American	326	^1.7% ± 2.1	112	^4.2% ± 5.7
Southeast Asian	116	^0.5% ± 2.1	56	^1.1% ± 4.4
Black or African American	965	8.3% ± 3.1	287	*6.8% ± 5.8
US-born Black	628	13.0% ± 4.8	159	*14.6% ± 11.7
Foreign-born Black	331	^0.9% ± 1.7	127	0.0% ± 0.0
White	6,002	2.9% ± 0.5	1,009	*1.0% ± 0.8

# Healthy lifestyles and behaviors



Does anyone, including yourself, smoke regularly inside your home?

**Table 38**

	Among all persons aged 18 and older:		Among households with children 0-17:	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	5,361	3.6% ± 0.5	1,328	3.8% ± 1.2
Male	3,003	5.1% ± 0.9	515	3.2% ± 1.7
Nonbinary	98	<sup>^</sup> 3.6% ± 6.0	<30	
<b>Transgender</b>				
Yes	83	<sup>^</sup> 7.3% ± 9.2	<30	
No	8,330	4.1% ± 0.5	1,830	3.5% ± 0.9
<b>Sexual orientation</b>				
Straight/Heterosexual	7,106	3.9% ± 0.5	1,573	3.3% ± 1.0
LGBQ+	974	6.1% ± 1.8	153	*5.7% ± 4.9
Lesbian/Gay	380	6.7% ± 3.5	<30	
Bisexual/Pansexual	408	5.6% ± 2.8	87	<sup>^</sup> 7.6% ± 8.4
Queer	228	*5.5% ± 3.8	<30	
<b>Household income</b>				
< 200% of Federal Poverty Level	2,402	10.5% ± 1.4	697	9.3% ± 2.5
≥ 200% of Federal Poverty Level	5,742	2.3% ± 0.5	1,129	*1.4% ± 0.9
<b>Educational attainment</b>				
Less than high school	425	14.5% ± 4.4	168	*10.6% ± 7.1
High school or GED	1,080	11.1% ± 2.2	256	13.1% ± 5.5
Some college	1,940	6.2% ± 1.3	336	5.8% ± 2.8
College degree or higher	4,760	1.6% ± 0.4	1,060	*0.9% ± 0.8
<b>Speak a language other than English most of the time at home</b>				
Yes	1,067	5.5% ± 1.7	461	5.0% ± 2.7
No	7,368	4.0% ± 0.5	1,390	3.3% ± 1.0
<b>Economic distress</b>				
Yes	1,845	13.3% ± 1.8	583	11.1% ± 3.1
No	6,645	2.3% ± 0.4	1,283	*1.3% ± 0.8
<b>Frequent mental distress</b>				
Yes	1,137	10.8% ± 2.1	258	7.7% ± 3.9
No	6,781	3.1% ± 0.4	1,432	2.8% ± 1.0

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Healthy lifestyles and behaviors


**Electronic cigarettes (E-cigarettes) use status**
**Table 39**

	Ever used E-cigarettes		Currently use E-cigarettes	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,496	8.4% ± 1.0	8,496	4.4% ± 0.8
<b>Minneapolis</b>	3,862	12.4% ± 1.9	3,862	6.7% ± 1.5
Camden, Near North	1,025	17.4% ± 4.9	1,025	12.0% ± 4.9
Central, Northeast, University, St. Anthony	934	13.2% ± 3.8	934	6.1% ± 2.7
Phillips, Powderhorn	1,060	14.6% ± 4.3	1,060	9.2% ± 4.1
Calhoun-Isles, Longfellow, Nokomis, Southwest	843	8.5% ± 3.2	843	*3.9% ± 2.7
<b>Suburban Hennepin County</b>	4,634	6.1% ± 1.2	4,634	3.2% ± 1.0
Northwest suburbs	1,647	6.6% ± 2.1	1,647	3.3% ± 1.7
Northwest - inner	903	10.6% ± 3.7	903	*4.8% ± 2.8
Northwest - outer	744	*3.5% ± 2.5	744	^2.2% ± 2.6
West suburbs	1,494	6.0% ± 2.5	1,494	*2.4% ± 1.7
West - inner	720	7.8% ± 4.5	720	*3.5% ± 3.4
West - outer	774	*4.8% ± 3.4	774	^1.7% ± 2.3
South suburbs	1,493	5.6% ± 2.1	1,493	3.6% ± 1.9
South - east	742	8.3% ± 4.3	742	*4.8% ± 4.4
South - west	751	*4.4% ± 2.7	751	*3.1% ± 2.3
<b>Age</b>				
18-24	305	25.3% ± 6.7	305	13.6% ± 5.8
25-44	2,434	10.9% ± 1.8	2,434	5.7% ± 1.3
45-64	2,637	4.0% ± 1.2	2,637	2.2% ± 1.0
65-74	1,794	3.4% ± 1.7	1,794	*1.8% ± 1.5
75 and older	1,283	^1.0% ± 1.1	1,283	^0.3% ± 0.5
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	310	19.5% ± 7.5	310	15.2% ± 7.4
Hispanic or Latino/a	493	*8.4% ± 6.0	493	^2.4% ± 3.5
Non-Hispanic				
Asian or Asian American	324	*8.6% ± 5.9	324	^4.1% ± 4.5
Southeast Asian	115	*12.9% ± 12.6	115	^7.9% ± 11.9
Black or African American	930	10.2% ± 3.6	930	6.1% ± 3.1
US-born Black	625	15.2% ± 5.8	625	9.1% ± 5.2
Foreign-born Black	299	*4.4% ± 3.9	299	^2.6% ± 3.6
White	6,000	5.4% ± 1.0	6,000	2.6% ± 0.7

# Healthy lifestyles and behaviors



## Electronic cigarettes (E-cigarettes) use status

**Table 39**

	Ever used E-cigarettes		Currently use E-cigarettes	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	5,334	6.3% ± 1.1	5,334	3.9% ± 0.9
Male	2,993	10.6% ± 1.8	2,993	4.9% ± 1.4
Nonbinary	98	*13.1% ± 10.9	98	^9.4% ± 10.8
<b>Transgender</b>				
Yes	84	*22.1% ± 13.8	84	^12.5% ± 13.4
No	8,295	8.2% ± 1.0	8,295	4.3% ± 0.8
<b>Sexual orientation</b>				
Straight/Heterosexual	7,072	7.3% ± 1.1	7,072	3.7% ± 0.8
LGBQ+	973	17.6% ± 3.9	973	10.6% ± 3.4
Lesbian/Gay	378	15.2% ± 7.3	378	*9.2% ± 7.3
Bisexual/Pansexual	406	20.1% ± 5.9	406	13.0% ± 5.3
Queer	229	16.8% ± 6.9	229	11.0% ± 6.3
<b>Household income</b>				
< 200% of Federal Poverty Level	2,364	15.3% ± 2.8	2,364	8.7% ± 2.3
≥ 200% of Federal Poverty Level	5,738	6.0% ± 1.0	5,738	2.9% ± 0.8
<b>Educational attainment</b>				
Less than high school	402	19.9% ± 7.5	402	*9.4% ± 6.0
High school or GED	1,071	12.2% ± 3.5	1,071	8.5% ± 3.1
Some college	1,933	12.4% ± 2.8	1,933	5.6% ± 2.1
College degree or higher	4,759	5.0% ± 1.0	4,759	2.5% ± 0.8
<b>Speak a language other than English most of the time at home</b>				
Yes	1,035	9.9% ± 3.1	1,035	6.0% ± 2.6
No	7,366	8.1% ± 1.1	7,366	4.2% ± 0.8
<b>Economic distress</b>				
Yes	1,828	19.7% ± 3.3	1,828	12.1% ± 2.8
No	6,624	5.4% ± 0.9	6,624	2.5% ± 0.7
<b>Frequent mental distress</b>				
Yes	1,129	17.8% ± 3.8	1,129	10.3% ± 3.1
No	6,752	6.6% ± 1.0	6,752	3.3% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



During the past 30 days, have you used marijuana or products containing THC in any form?

**Table 40**

	Yes, prescribed by a doctor or healthcare provider		Yes, used for other reasons		Yes, any reason	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,518	1.7% ± 0.5	8,518	14.5% ± 1.1	8,518	16.0% ± 1.2
<b>Minneapolis</b>	3,888	2.3% ± 0.9	3,888	22.9% ± 2.1	3,888	25.1% ± 2.1
Camden, Near North	1,025	4.8% ± 2.5	1,025	22.1% ± 4.8	1,025	26.3% ± 4.9
Central, Northeast, University, St. Anthony	945	*1.4% ± 1.0	945	24.5% ± 4.1	945	25.7% ± 4.1
Phillips, Powderhorn	1,078	*3.9% ± 3.6	1,078	25.4% ± 3.9	1,078	28.9% ± 4.3
Calhoun-Isles, Longfellow, Nokomis, Southwest	840	^1.4% ± 1.7	840	20.5% ± 3.9	840	21.9% ± 4.0
<b>Suburban Hennepin County</b>	4,630	1.3% ± 0.7	4,630	9.8% ± 1.3	4,630	11.0% ± 1.4
Northwest suburbs	1,645	^1.3% ± 1.2	1,645	9.4% ± 2.2	1,645	10.7% ± 2.3
Northwest - inner	902	^1.4% ± 1.9	902	10.4% ± 3.2	902	11.8% ± 3.4
Northwest - outer	743	^1.1% ± 2.2	743	8.7% ± 3.2	743	9.8% ± 3.4
West suburbs	1,493	^1.5% ± 1.7	1,493	12.6% ± 2.5	1,493	13.9% ± 2.7
West - inner	719	*1.7% ± 1.6	719	19.5% ± 4.7	719	20.7% ± 4.7
West - outer	774	^1.4% ± 3.1	774	8.4% ± 3.1	774	9.8% ± 3.5
South suburbs	1,492	*1.2% ± 1.0	1,492	7.9% ± 2.3	1,492	9.1% ± 2.4
South - east	739	^1.1% ± 1.7	739	10.8% ± 3.7	739	11.9% ± 3.8
South - west	753	^1.2% ± 1.4	753	6.7% ± 3.0	753	8.0% ± 3.1
<b>Age</b>						
18-24	308	^1.4% ± 1.6	308	27.0% ± 6.4	308	27.9% ± 6.4
25-44	2,435	1.9% ± 1.0	2,435	19.6% ± 2.0	2,435	21.4% ± 2.1
45-64	2,639	1.9% ± 0.9	2,639	10.2% ± 1.6	2,639	12.1% ± 1.7
65-74	1,798	*0.9% ± 0.6	1,798	7.1% ± 1.7	1,798	8.0% ± 1.7
75 and older	1,296	^0.8% ± 1.5	1,296	*1.5% ± 1.2	1,296	*2.3% ± 1.6
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	312	*6.0% ± 5.1	312	17.8% ± 6.1	312	23.6% ± 6.9
Hispanic or Latino/a	494	^0.9% ± 1.4	494	9.4% ± 4.8	494	10.3% ± 4.8
Non-Hispanic						
Asian or Asian American	325	^0.9% ± 2.6	325	*5.5% ± 4.1	325	*6.4% ± 4.3
Southeast Asian	116	^1.2% ± 6.9	116	^8.2% ± 10.7	116	^9.4% ± 10.8
Black or African American	957	*3.6% ± 2.5	957	13.1% ± 3.8	957	16.6% ± 4.1
US-born Black	622	*6.0% ± 4.6	622	22.3% ± 6.2	622	28.1% ± 6.6
Foreign-born Black	329	^0.7% ± 1.4	329	^2.4% ± 2.7	329	*3.1% ± 2.7
White	5,991	1.3% ± 0.6	5,991	14.0% ± 1.4	5,991	15.3% ± 1.4

# Healthy lifestyles and behaviors



During the past 30 days, have you used marijuana or products containing THC in any form?

**Table 40**

	Yes, prescribed by a doctor or healthcare provider		Yes, used for other reasons		Yes, any reason	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>						
Female	5,354	1.4% ± 0.6	5,354	11.4% ± 1.2	5,354	12.7% ± 1.3
Male	2,995	1.8% ± 0.9	2,995	17.2% ± 2.0	2,995	19.0% ± 2.1
Nonbinary	97	^6.2% ± 9.1	97	37.8% ± 13.4	97	41.9% ± 13.6
<b>Transgender</b>						
Yes	84	^2.6% ± 4.3	84	34.9% ± 14.9	84	36.6% ± 14.8
No	8,314	1.7% ± 0.5	8,314	14.3% ± 1.1	8,314	15.9% ± 1.2
<b>Sexual orientation</b>						
Straight/Heterosexual	7,100	1.5% ± 0.6	7,100	13.0% ± 1.2	7,100	14.4% ± 1.3
LGBQ+	972	3.6% ± 1.9	972	29.7% ± 4.3	972	32.7% ± 4.3
Lesbian/Gay	377	^4.0% ± 4.5	377	27.6% ± 7.2	377	30.6% ± 7.3
Bisexual/Pansexual	406	*3.7% ± 2.7	406	33.9% ± 6.7	406	37.1% ± 6.8
Queer	228	*3.7% ± 3.4	228	35.5% ± 8.3	228	37.2% ± 8.3
<b>Household income</b>						
< 200% of Federal Poverty Level	2,396	3.9% ± 1.6	2,396	14.9% ± 2.5	2,396	18.5% ± 2.7
≥ 200% of Federal Poverty Level	5,733	0.9% ± 0.4	5,733	14.5% ± 1.3	5,733	15.3% ± 1.3
<b>Educational attainment</b>						
Less than high school	424	^4.0% ± 5.6	424	13.0% ± 6.9	424	16.9% ± 7.4
High school or GED	1,076	*3.8% ± 2.4	1,076	12.8% ± 3.3	1,076	16.3% ± 3.7
Some college	1,938	1.9% ± 0.9	1,938	16.0% ± 2.8	1,938	17.7% ± 2.8
College degree or higher	4,750	0.8% ± 0.4	4,750	14.6% ± 1.4	4,750	15.3% ± 1.4
<b>Speak a language other than English most of the time at home</b>						
Yes	1,060	*1.7% ± 1.0	1,060	5.7% ± 2.1	1,060	7.4% ± 2.2
No	7,361	1.7% ± 0.6	7,361	16.2% ± 1.3	7,361	17.7% ± 1.3
<b>Economic distress</b>						
Yes	1,839	5.3% ± 2.0	1,839	20.4% ± 3.2	1,839	25.2% ± 3.4
No	6,635	0.7% ± 0.4	6,635	12.9% ± 1.2	6,635	13.7% ± 1.2
<b>Frequent mental distress</b>						
Yes	1,133	3.0% ± 1.3	1,133	27.6% ± 4.1	1,133	29.9% ± 4.1
No	6,776	1.1% ± 0.5	6,776	13.0% ± 1.2	6,776	14.1% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



During the past 12 months, have any of the following been a problem for you or your family? Any of these 4:

**Alcohol, Marijuana, Opioids (prescription pain killers, heroin, or fentanyl), or other drugs**

**Table 41**

	Sample Size	Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,222	10.1% ± 0.7
<b>Minneapolis</b>	3,716	14.1% ± 1.3
Camden, Near North	970	19.8% ± 2.6
Central, Northeast, University, St. Anthony	908	13.9% ± 2.5
Phillips, Powderhorn	1,026	17.2% ± 2.5
Calhoun-Isles, Longfellow, Nokomis, Southwest	812	10.9% ± 2.3
<b>Suburban Hennepin County</b>	4,506	8.1% ± 0.9
Northwest suburbs	1,597	8.1% ± 1.5
Northwest - inner	875	10.0% ± 2.2
Northwest - outer	722	6.8% ± 2.1
West suburbs	1,458	7.2% ± 1.5
West - inner	696	7.9% ± 2.3
West - outer	762	6.7% ± 2.0
South suburbs	1,451	8.8% ± 1.7
South - east	716	9.6% ± 2.4
South - west	735	8.4% ± 2.2
<b>Age</b>		
18-24	295	25.8% ± 5.8
25-44	2,361	13.1% ± 1.5
45-64	2,523	12.4% ± 1.5
65-74	1,739	6.5% ± 1.4
75 and older	1,262	3.1% ± 1.2
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	274	37.9% ± 7.4
Hispanic or Latino/a	465	11.8% ± 4.0
Non-Hispanic		
Asian or Asian American	316	4.7% ± 2.6
Southeast Asian	110	^4.9% ± 5.7
Black or African American	908	11.1% ± 3.5
US-born Black	581	17.0% ± 5.4
Foreign-born Black	321	^2.0% ± 2.1
White	5,836	9.1% ± 0.8



## Healthy lifestyles and behaviors



During the past 12 months, have any of the following been a problem for you or your family? Any of these 4:

**Alcohol, Marijuana, Opioids (prescription pain killers, heroin, or fentanyl), or other drugs**

Table 41	Sample Size	Yes
	N	% ± 95% C.I.
<b>Gender</b>		
Female	5,189	9.9% ± 0.9
Male	2,868	10.1% ± 1.2
Nonbinary	97	24.5% ± 10.8
<b>Transgender</b>		
Yes	82	19.8% ± 11.3
No	8,031	10.1% ± 0.7
<b>Sexual orientation</b>		
Straight/Heterosexual	6,860	9.3% ± 0.8
LGBQ+	934	19.2% ± 2.9
Lesbian/Gay	361	16.2% ± 4.5
Bisexual/Pansexual	392	22.8% ± 4.8
Queer	224	21.4% ± 6.5
<b>Household income</b>		
< 200% of Federal Poverty Level	2,261	14.3% ± 1.6
≥ 200% of Federal Poverty Level	5,590	9.3% ± 0.8
<b>Educational attainment</b>		
Less than high school	398	15.1% ± 4.5
High school or GED	1,011	14.3% ± 2.5
Some college	1,852	12.0% ± 1.7
College degree or higher	4,647	8.4% ± 0.9
<b>Speak a language other than English most of the time at home</b>		
Yes	1,011	8.5% ± 2.0
No	7,117	10.3% ± 0.8
<b>Economic distress</b>		
Yes	1,720	21.3% ± 2.2
No	6,458	8.0% ± 0.7
<b>Frequent mental distress</b>		
Yes	1,073	24.3% ± 3.0
No	6,577	8.3% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



During the past 12 months, have any of the following been a problem for you or your family?

**Table 42**

	Alcohol		Marijuana		Opioids (prescription pain killers, heroin, or fentanyl)		Other drugs	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,333	8.1% ± 0.7	8,333	2.9% ± 0.4	8,333	1.4% ± 0.3	8,333	0.7% ± 0.2
<b>Minneapolis</b>	3,798	10.6% ± 1.1	3,798	4.8% ± 0.8	3,798	2.6% ± 0.6	3,798	1.2% ± 0.4
Camden, Near North	996	13.4% ± 2.3	996	7.5% ± 1.8	996	4.3% ± 1.5	996	2.0% ± 1.1
Central, Northeast, University, St. Anthony	936	10.0% ± 2.2	936	5.5% ± 1.7	936	2.2% ± 1.1	936	*1.0% ± 0.9
Phillips, Powderhorn	1,037	11.8% ± 2.1	1,037	5.6% ± 1.6	1,037	3.9% ± 1.4	1,037	*1.6% ± 1.0
Calhoun-Isles, Longfellow, Nokomis, Southwest	829	9.6% ± 2.2	829	3.0% ± 1.4	829	*1.7% ± 1.1	829	^0.8% ± 0.9
<b>Suburban Hennepin County</b>	4,535	6.8% ± 0.8	4,535	1.9% ± 0.5	4,535	0.8% ± 0.3	4,535	0.5% ± 0.3
Northwest suburbs	1,611	7.2% ± 1.4	1,611	1.9% ± 0.8	1,611	*0.8% ± 0.5	1,611	^0.3% ± 0.4
Northwest - inner	876	8.5% ± 2.0	876	2.1% ± 1.2	876	*1.3% ± 1.0	876	^0.4% ± 0.7
Northwest - outer	735	6.4% ± 2.0	735	*1.7% ± 1.2	735	^0.4% ± 0.9	735	^0.3% ± 0.8
West suburbs	1,463	5.9% ± 1.4	1,463	1.9% ± 0.8	1,463	*1.0% ± 0.7	1,463	^0.3% ± 0.5
West - inner	705	6.6% ± 2.1	705	3.2% ± 1.6	705	*1.4% ± 1.2	705	^0.1% ± 0.8
West - outer	758	5.6% ± 1.9	758	*1.2% ± 1.1	758	^0.8% ± 1.0	758	^0.4% ± 0.8
South suburbs	1,461	6.9% ± 1.6	1,461	2.0% ± 0.9	1,461	*0.7% ± 0.6	1,461	*0.9% ± 0.7
South - east	722	6.6% ± 2.1	722	*2.4% ± 1.4	722	*1.5% ± 1.2	722	^0.7% ± 0.9
South - west	739	7.0% ± 2.1	739	*1.9% ± 1.3	739	^0.4% ± 0.8	739	^0.9% ± 1.0
<b>Age</b>								
18-24	301	16.2% ± 5.2	301	14.3% ± 4.8	301	*5.9% ± 3.5	301	^2.1% ± 2.4
25-44	2,405	10.5% ± 1.4	2,405	4.0% ± 0.9	2,405	2.5% ± 0.7	2,405	1.3% ± 0.6
45-64	2,586	10.4% ± 1.4	2,586	3.4% ± 0.8	2,586	0.9% ± 0.4	2,586	*0.7% ± 0.4
65-74	1,752	5.3% ± 1.3	1,752	1.3% ± 0.7	1,752	*0.7% ± 0.5	1,752	^0.3% ± 0.5
75 and older	1,248	2.2% ± 1.1	1,248	^0.5% ± 0.6	1,248	^0.8% ± 0.8	1,248	^0.2% ± 0.5
<b>Selected race/ethnicity</b>								
American Indian or Alaska Native	295	18.7% ± 5.9	295	11.8% ± 5.4	295	19.3% ± 6.7	295	*4.7% ± 3.1
Hispanic or Latino/a	460	10.1% ± 3.6	460	*3.6% ± 2.4	460	*2.9% ± 2.8	460	^1.5% ± 2.6
Non-Hispanic								
Asian or Asian American	320	*3.1% ± 2.4	320	^0.9% ± 1.8	320	^1.3% ± 1.9	320	^0.8% ± 1.9
Southeast Asian	114	^2.7% ± 5.7	114	^0.5% ± 2.8	114	^1.8% ± 5.4	114	^1.2% ± 3.7
Black or African American	917	7.4% ± 3.0	917	6.8% ± 2.8	917	*2.0% ± 1.6	917	^0.8% ± 3.0
US-born Black	593	11.2% ± 4.6	593	10.5% ± 4.3	593	^2.4% ± 2.6	593	^1.3% ± 5.0
Foreign-born Black	319	^1.4% ± 2.3	319	^1.4% ± 2.0	319	^1.5% ± 2.1	319	0.0% ± 0.0
White	5,911	7.9% ± 0.8	5,911	2.3% ± 0.5	5,911	0.8% ± 0.3	5,911	0.5% ± 0.2

# Healthy lifestyles and behaviors



During the past 12 months, have any of the following been a problem for you or your family?

**Table 42**

	Alcohol		Marijuana		Opioids (prescription pain killers, heroin, or fentanyl)		Other drugs	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>								
Female	5,229	8.1% ± 0.8	5,229	2.9% ± 0.5	5,229	1.5% ± 0.3	5,229	0.7% ± 0.3
Male	2,940	8.2% ± 1.1	2,940	2.7% ± 0.6	2,940	1.3% ± 0.5	2,940	0.7% ± 0.4
Nonbinary	97	*12.8% ± 8.8	97	*12.2% ± 9.4	97	^1.9% ± 10.4	97	^4.3% ± 9.5
<b>Transgender</b>								
Yes	82	*10.7% ± 10.0	82	*8.8% ± 7.6	82	^2.4% ± 5.5	82	^9.8% ± 11.0
No	8,145	8.1% ± 0.7	8,145	2.9% ± 0.4	8,145	1.4% ± 0.3	8,145	0.6% ± 0.2
<b>Sexual orientation</b>								
Straight/Heterosexual	6,965	7.5% ± 0.7	6,965	2.5% ± 0.4	6,965	1.3% ± 0.3	6,965	0.5% ± 0.2
LGBQ+	963	14.7% ± 2.6	963	6.7% ± 1.8	963	3.2% ± 1.3	963	2.2% ± 1.2
Lesbian/Gay	373	13.4% ± 4.4	373	5.4% ± 3.0	373	^2.6% ± 2.6	373	^1.9% ± 2.0
Bisexual/Pansexual	402	17.6% ± 4.5	402	7.6% ± 3.1	402	4.9% ± 2.6	402	*3.3% ± 2.3
Queer	228	12.1% ± 5.5	228	9.2% ± 5.2	228	^1.6% ± 3.0	228	^3.7% ± 4.3
<b>Household income</b>								
< 200% of Federal Poverty Level	2,291	9.3% ± 1.4	2,291	4.8% ± 1.0	2,291	4.2% ± 1.0	2,291	1.8% ± 0.7
≥ 200% of Federal Poverty Level	5,667	8.2% ± 0.8	5,667	2.5% ± 0.5	5,667	0.7% ± 0.2	5,667	0.4% ± 0.2
<b>Educational attainment</b>								
Less than high school	389	9.7% ± 4.0	389	5.2% ± 3.1	389	*6.1% ± 3.6	389	^3.0% ± 3.0
High school or GED	1,038	10.6% ± 2.2	1,038	4.8% ± 1.5	1,038	3.7% ± 1.3	1,038	*1.1% ± 0.8
Some college	1,884	8.6% ± 1.5	1,884	3.5% ± 1.0	1,884	2.2% ± 0.8	1,884	*1.1% ± 0.6
College degree or higher	4,710	7.5% ± 0.9	4,710	2.2% ± 0.5	4,710	0.5% ± 0.2	4,710	0.4% ± 0.2
<b>Speak a language other than English most of the time at home</b>								
Yes	1,018	6.4% ± 1.8	1,018	2.9% ± 1.1	1,018	2.7% ± 1.2	1,018	*0.9% ± 0.9
No	7,224	8.4% ± 0.7	7,224	2.9% ± 0.4	7,224	1.3% ± 0.3	7,224	0.7% ± 0.2
<b>Economic distress</b>								
Yes	1,755	14.1% ± 1.9	1,755	7.7% ± 1.5	1,755	5.8% ± 1.3	1,755	3.1% ± 1.1
No	6,534	7.0% ± 0.7	6,534	2.0% ± 0.4	6,534	0.6% ± 0.2	6,534	*0.3% ± 0.2
<b>Frequent mental distress</b>								
Yes	1,098	17.8% ± 2.7	1,098	7.4% ± 1.9	1,098	4.6% ± 1.5	1,098	3.1% ± 1.4
No	6,673	7.0% ± 0.7	6,673	2.3% ± 0.4	6,673	0.9% ± 0.3	6,673	0.4% ± 0.2

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## Healthy lifestyles and behaviors



During the past 12 months, have any of the following been a problem for you or your family?

Table 43	Sample Size	Gambling
	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,333	0.7% ± 0.2
<b>Minneapolis</b>	3,798	1.0% ± 0.4
Camden, Near North	996	1.8% ± 1.1
Central, Northeast, University, St. Anthony	936	*1.2% ± 1.0
Phillips, Powderhorn	1,037	*1.6% ± 1.0
Calhoun-Isles, Longfellow, Nokomis, Southwest	829	^0.2% ± 0.6
<b>Suburban Hennepin County</b>	4,535	0.6% ± 0.3
Northwest suburbs	1,611	*0.9% ± 0.6
Northwest - inner	876	*1.0% ± 0.9
Northwest - outer	735	^0.8% ± 1.0
West suburbs	1,463	^0.5% ± 0.5
West - inner	705	^0.9% ± 1.0
West - outer	758	^0.3% ± 0.8
South suburbs	1,461	^0.3% ± 0.5
South - east	722	^0.3% ± 0.8
South - west	739	^0.3% ± 0.8
<b>Age</b>		
18-24	301	^2.7% ± 3.1
25-44	2,405	1.1% ± 0.5
45-64	2,586	*0.8% ± 0.5
65-74	1,752	^0.3% ± 0.3
75 and older	1,248	^0.4% ± 0.8
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	295	*3.3% ± 2.4
Hispanic or Latino/a	460	^0.6% ± 1.2
Non-Hispanic		
Asian or Asian American	320	^1.1% ± 1.9
Southeast Asian	114	^2.1% ± 6.0
Black or African American	917	^1.9% ± 2.3
US-born Black	593	^2.8% ± 3.8
Foreign-born Black	319	^0.5% ± 2.7
White	5,911	0.4% ± 0.2

## Healthy lifestyles and behaviors



During the past 12 months, have any of the following been a problem for you or your family?

<b>Table 43</b>	<b>Sample Size</b>	<b>Gambling</b>
	<b>N</b>	<b>% ± 95% C.I.</b>
<b>Gender</b>		
Female	5,229	0.8% ± 0.3
Male	2,940	0.6% ± 0.3
Nonbinary	97	^1.4% ± 4.5
<b>Transgender</b>		
Yes	82	^0.6% ± 3.5
No	8,145	0.7% ± 0.2
<b>Sexual orientation</b>		
Straight/Heterosexual	6,965	0.7% ± 0.2
LGBQ+	963	*1.6% ± 1.0
Lesbian/Gay	373	^1.2% ± 2.0
Bisexual/Pansexual	402	*2.0% ± 1.9
Queer	228	^0.6% ± 1.9
<b>Household income</b>		
< 200% of Federal Poverty Level	2,291	1.7% ± 0.7
≥ 200% of Federal Poverty Level	5,667	0.5% ± 0.2
<b>Educational attainment</b>		
Less than high school	389	^1.7% ± 3.1
High school or GED	1,038	1.8% ± 1.0
Some college	1,884	*1.0% ± 0.7
College degree or higher	4,710	*0.4% ± 0.2
<b>Speak a language other than English most of the time at home</b>		
Yes	1,018	*0.8% ± 0.7
No	7,224	0.7% ± 0.2
<b>Economic distress</b>		
Yes	1,755	2.5% ± 1.0
No	6,534	0.4% ± 0.2
<b>Frequent mental distress</b>		
Yes	1,098	2.9% ± 1.4
No	6,673	0.5% ± 0.2

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# Healthy lifestyles and behaviors



Individuals or family members that often have a problem with alcohol, marijuana, opioids, other drugs, or gambling during the past 12 months

**Table 44**

	Among all adults aged 18 and older		Among all adults aged 18 and older which had a problem	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,222	3.1% ± 0.4	955	30.6% ± 3.4
<b>Minneapolis</b>	3,716	4.1% ± 0.7	581	29.1% ± 4.3
Camden, Near North	970	8.0% ± 1.9	190	40.5% ± 7.2
Central, Northeast, University, St. Anthony	908	3.0% ± 1.4	126	21.9% ± 8.4
Phillips, Powderhorn	1,026	5.2% ± 1.5	176	30.5% ± 7.2
Calhoun-Isles, Longfellow, Nokomis, Southwest	812	3.2% ± 1.4	89	29.7% ± 10.0
<b>Suburban Hennepin County</b>	4,506	2.6% ± 0.5	374	31.9% ± 5.3
Northwest suburbs	1,597	2.8% ± 0.9	137	34.7% ± 8.7
Northwest - inner	875	3.7% ± 1.5	88	36.7% ± 10.5
Northwest - outer	722	*2.2% ± 1.4	49	32.6% ± 14.4
West suburbs	1,458	2.0% ± 0.9	106	27.4% ± 9.6
West - inner	696	*2.3% ± 1.4	55	29.2% ± 13.5
West - outer	762	*1.7% ± 1.2	51	26.2% ± 14.0
South suburbs	1,451	2.7% ± 1.1	131	31.0% ± 9.3
South - east	716	3.1% ± 1.5	69	31.9% ± 12.0
South - west	735	2.6% ± 1.4	62	30.7% ± 12.6
<b>Age</b>				
18-24	295	8.6% ± 4.1	78	33.2% ± 12.4
25-44	2,361	4.0% ± 0.9	364	30.6% ± 5.6
45-64	2,523	3.7% ± 0.9	334	29.7% ± 5.8
65-74	1,739	1.8% ± 0.8	129	28.3% ± 9.6
75 and older	1,262	*1.2% ± 0.9	44	39.9% ± 17.3
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	274	19.0% ± 6.1	100	50.2% ± 12.1
Hispanic or Latino/a	465	*3.7% ± 2.5	61	30.9% ± 15.6
Non-Hispanic				
Asian or Asian American	316	^1.0% ± 1.6	<30	
Southeast Asian	110	^1.5% ± 5.2	<30	
Black or African American	908	*3.9% ± 2.6	135	35.3% ± 15.4
US-born Black	581	*6.1% ± 4.2	123	36.0% ± 16.2
Foreign-born Black	321	^0.7% ± 1.8	<30	
White	5,836	2.5% ± 0.5	568	28.0% ± 4.4

## Healthy lifestyles and behaviors



Individuals or family members that often have a problem with alcohol, marijuana, opioids, other drugs, or gambling during the past 12 months

**Table 44**

	Among all adults aged 18 and older		Among all adults aged 18 and older which had a problem	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	5,189	3.3% ± 0.6	579	33.9% ± 4.5
Male	2,868	2.6% ± 0.6	343	25.4% ± 5.4
Nonbinary	97	<sup>^</sup> 4.0% ± 5.0	<30	
<b>Transgender</b>				
Yes	82	<sup>^</sup> 2.4% ± 5.4	<30	
No	8,031	3.1% ± 0.4	927	30.9% ± 3.5
<b>Sexual orientation</b>				
Straight/Heterosexual	6,860	2.9% ± 0.4	727	30.8% ± 3.9
LGBQ+	934	5.7% ± 1.9	194	29.8% ± 7.7
Lesbian/Gay	361	*3.9% ± 2.9	61	24.0% ± 13.7
Bisexual/Pansexual	392	7.7% ± 3.5	98	33.6% ± 11.3
Queer	224	*5.7% ± 4.5	50	*26.6% ± 16.0
<b>Household income</b>				
< 200% of Federal Poverty Level	2,261	5.5% ± 1.1	365	38.8% ± 5.9
≥ 200% of Federal Poverty Level	5,590	2.5% ± 0.5	569	27.0% ± 4.3
<b>Educational attainment</b>				
Less than high school	398	8.3% ± 4.0	61	54.9% ± 14.1
High school or GED	1,011	5.7% ± 1.7	170	40.1% ± 8.7
Some college	1,852	3.5% ± 1.0	260	28.8% ± 6.9
College degree or higher	4,647	2.2% ± 0.5	427	25.9% ± 4.9
<b>Speak a language other than English most of the time at home</b>				
Yes	1,011	2.9% ± 1.4	106	34.3% ± 11.3
No	7,117	3.1% ± 0.5	838	30.4% ± 3.6
<b>Economic distress</b>				
Yes	1,720	8.0% ± 1.5	404	37.8% ± 5.6
No	6,458	2.2% ± 0.4	547	27.0% ± 4.3
<b>Frequent mental distress</b>				
Yes	1,073	11.1% ± 2.3	275	45.5% ± 6.8
No	6,577	2.0% ± 0.4	624	24.0% ± 4.0

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)







# How you feel

# How you feel



## Percent of adults who experienced psychological distress during the past 30 days

**Table 45**

	Serious Psychological Distress		Any Psychological Distress	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,455	6.3% ± 0.8	8,455	22.9% ± 1.3
<b>Minneapolis</b>	3,853	10.3% ± 1.7	3,853	32.4% ± 2.3
Camden, Near North	1,011	14.9% ± 4.4	1,011	39.6% ± 4.9
Central, Northeast, University, St. Anthony	935	8.5% ± 2.5	935	32.5% ± 4.2
Phillips, Powderhorn	1,067	13.6% ± 4.0	1,067	39.1% ± 4.5
Calhoun-Isles, Longfellow, Nokomis, Southwest	840	8.2% ± 3.5	840	25.7% ± 4.2
<b>Suburban Hennepin County</b>	4,602	4.1% ± 0.9	4,602	17.7% ± 1.7
Northwest suburbs	1,632	3.9% ± 1.4	1,632	18.2% ± 2.7
Northwest - inner	889	5.9% ± 2.6	889	22.1% ± 4.1
Northwest - outer	743	*2.4% ± 1.7	743	15.1% ± 3.8
West suburbs	1,486	4.2% ± 1.9	1,486	17.9% ± 3.1
West - inner	715	*6.3% ± 3.9	715	23.7% ± 5.1
West - outer	771	*2.9% ± 2.4	771	14.3% ± 4.0
South suburbs	1,484	4.3% ± 2.0	1,484	16.7% ± 3.0
South - east	736	*4.7% ± 2.8	736	21.2% ± 4.8
South - west	748	*4.1% ± 2.7	748	14.7% ± 3.8
<b>Age</b>				
18-24	303	14.3% ± 5.3	303	47.8% ± 6.9
25-44	2,426	7.9% ± 1.4	2,426	27.0% ± 2.3
45-64	2,618	4.5% ± 1.2	2,618	18.7% ± 2.1
65-74	1,784	2.6% ± 1.1	1,784	10.7% ± 1.9
75 and older	1,281	^1.1% ± 1.2	1,281	8.1% ± 2.3
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	305	12.7% ± 5.2	305	34.1% ± 7.5
Hispanic or Latino/a	485	*8.2% ± 4.9	485	27.3% ± 6.5
Non-Hispanic				
Asian or Asian American	322	*6.1% ± 4.2	322	23.7% ± 7.1
Southeast Asian	115	^5.2% ± 6.5	115	23.0% ± 11.3
Black or African American	936	9.7% ± 3.3	936	27.8% ± 5.0
US-born Black	617	10.6% ± 4.1	617	31.9% ± 6.5
Foreign-born Black	313	*8.7% ± 6.2	313	22.5% ± 8.0
White	5,975	4.3% ± 0.9	5,975	18.1% ± 1.5

# How you feel



## Percent of adults who experienced psychological distress during the past 30 days

Table 45	Serious Psychological Distress		Any Psychological Distress	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	5,319	5.9% ± 1.0	5,319	23.4% ± 1.7
Male	2,969	6.0% ± 1.4	2,969	20.9% ± 2.2
Nonbinary	96	27.0% ± 15.1	96	73.0% ± 13.3
<b>Transgender</b>				
Yes	84	36.2% ± 15.8	84	80.3% ± 11.1
No	8,255	5.9% ± 0.8	8,255	22.3% ± 1.3
<b>Sexual orientation</b>				
Straight/Heterosexual	7,046	4.4% ± 0.8	7,046	19.3% ± 1.4
LGBQ+	974	20.1% ± 3.9	974	48.6% ± 4.5
Lesbian/Gay	378	10.3% ± 5.5	378	32.8% ± 7.2
Bisexual/Pansexual	406	26.7% ± 6.7	406	58.9% ± 6.9
Queer	229	27.8% ± 9.3	229	66.9% ± 8.4
<b>Household income</b>				
< 200% of Federal Poverty Level	2,347	12.5% ± 2.2	2,347	36.6% ± 3.1
≥ 200% of Federal Poverty Level	5,728	4.1% ± 0.8	5,728	18.4% ± 1.5
<b>Educational attainment</b>				
Less than high school	401	13.5% ± 6.4	401	32.3% ± 7.8
High school or GED	1,069	11.8% ± 3.4	1,069	32.5% ± 4.4
Some college	1,919	8.1% ± 2.0	1,919	28.0% ± 3.3
College degree or higher	4,741	3.5% ± 0.7	4,741	18.0% ± 1.5
<b>Speak a language other than English most of the time at home</b>				
Yes	1,042	7.0% ± 2.4	1,042	25.6% ± 4.0
No	7,315	6.1% ± 0.9	7,315	22.4% ± 1.4
<b>Economic distress</b>				
Yes	1,815	18.2% ± 2.9	1,815	48.0% ± 3.6
No	6,595	3.1% ± 0.7	6,595	16.1% ± 1.3
<b>Frequent mental distress</b>				
Yes	1,117	34.5% ± 4.2	1,117	78.9% ± 3.7
No	6,747	1.7% ± 0.6	6,747	13.9% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## How you feel



During the past 30 days, about how often did you feel ...?

So sad that nothing could cheer you up

Table 46

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,543	63.9% ± 1.5	22.4% ± 1.3	9.8% ± 1.0	3.8% ± 0.6
<b>Minneapolis</b>	3,905	54.9% ± 2.3	26.0% ± 2.1	13.6% ± 1.8	5.6% ± 1.2
Camden, Near North	1,026	47.7% ± 4.6	24.3% ± 3.7	18.6% ± 4.5	9.4% ± 4.1
Central, Northeast, University, St. Anthony	947	56.8% ± 4.3	26.3% ± 4.2	11.9% ± 2.9	5.0% ± 2.0
Phillips, Powderhorn	1,087	45.1% ± 4.1	29.0% ± 4.0	17.4% ± 4.1	8.5% ± 3.1
Calhoun-Isles, Longfellow, Nokomis, Southwest	845	61.3% ± 4.4	24.7% ± 4.0	11.1% ± 3.5	*2.9% ± 2.4
<b>Suburban Hennepin County</b>	4,638	69.0% ± 1.9	20.4% ± 1.7	7.8% ± 1.2	2.9% ± 0.8
Northwest suburbs	1,647	68.4% ± 3.1	19.7% ± 2.7	8.7% ± 2.1	3.2% ± 1.2
Northwest - inner	899	62.5% ± 4.5	22.3% ± 3.9	10.5% ± 3.5	4.8% ± 2.0
Northwest - outer	748	73.0% ± 4.3	17.6% ± 3.8	7.4% ± 2.9	*2.0% ± 1.7
West suburbs	1,495	68.9% ± 3.4	22.7% ± 3.1	6.1% ± 1.9	*2.3% ± 1.7
West - inner	719	63.0% ± 5.0	25.3% ± 4.7	8.6% ± 3.1	^3.1% ± 3.9
West - outer	776	72.4% ± 4.5	21.1% ± 4.1	*4.6% ± 2.7	^1.9% ± 1.9
South suburbs	1,496	70.0% ± 3.4	19.7% ± 2.9	7.6% ± 2.2	*2.8% ± 1.7
South - east	744	64.4% ± 5.2	21.6% ± 4.3	10.9% ± 4.4	*3.1% ± 2.5
South - west	752	72.4% ± 4.4	18.8% ± 3.8	6.1% ± 2.8	*2.7% ± 2.3
<b>Age</b>					
18-24	306	41.0% ± 6.9	32.3% ± 6.8	20.3% ± 5.9	*6.4% ± 4.0
25-44	2,443	60.9% ± 2.5	24.5% ± 2.2	10.9% ± 1.7	3.8% ± 1.0
45-64	2,652	67.4% ± 2.4	20.3% ± 2.1	8.0% ± 1.5	4.3% ± 1.2
65-74	1,803	73.5% ± 2.7	17.7% ± 2.4	6.2% ± 1.5	2.6% ± 1.2
75 and older	1,296	77.8% ± 3.1	15.6% ± 2.6	5.6% ± 2.1	*1.1% ± 0.9
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	313	50.3% ± 8.1	24.6% ± 7.5	13.9% ± 5.5	11.1% ± 5.1
Hispanic or Latino/a	496	51.2% ± 6.8	30.2% ± 6.7	13.4% ± 5.7	*5.3% ± 3.1
Non-Hispanic					
Asian or Asian American	324	59.8% ± 8.0	24.7% ± 7.6	11.1% ± 5.7	*4.4% ± 3.2
Southeast Asian	115	50.1% ± 12.8	31.1% ± 13.1	^12.1% ± 11.9	^6.8% ± 7.0
Black or African American	964	56.1% ± 5.3	20.7% ± 4.7	14.8% ± 4.2	8.4% ± 3.3
US-born Black	628	50.7% ± 6.7	22.4% ± 6.2	18.3% ± 5.8	8.6% ± 4.5
Foreign-born Black	330	62.7% ± 8.5	18.3% ± 7.8	*10.7% ± 6.7	*8.3% ± 5.5
White	6,005	69.8% ± 1.7	20.7% ± 1.5	7.0% ± 1.0	2.5% ± 0.8

# How you feel



**During the past 30 days, about how often did you feel ...?**  
**So sad that nothing could cheer you up**

**Table 46**

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,378	61.5% ± 1.9	24.5% ± 1.7	10.5% ± 1.3	3.5% ± 0.7
Male	2,995	67.8% ± 2.4	19.6% ± 2.0	8.6% ± 1.6	4.0% ± 1.1
Nonbinary	98	20.8% ± 11.9	42.8% ± 14.0	28.7% ± 15.2	^7.8% ± 10.6
<b>Transgender</b>					
Yes	84	*17.4% ± 10.8	45.4% ± 15.0	*22.3% ± 17.0	*15.0% ± 13.5
No	8,341	64.4% ± 1.5	22.1% ± 1.3	9.8% ± 1.0	3.7% ± 0.6
<b>Sexual orientation</b>					
Straight/Heterosexual	7,111	67.4% ± 1.6	21.0% ± 1.4	8.5% ± 1.0	3.1% ± 0.7
LGBQ+	978	41.6% ± 4.5	30.8% ± 4.2	19.2% ± 3.8	8.3% ± 2.7
Lesbian/Gay	380	50.4% ± 7.3	31.3% ± 7.1	15.5% ± 6.4	*2.8% ± 2.2
Bisexual/Pansexual	408	35.6% ± 6.9	32.6% ± 6.5	18.1% ± 5.8	13.7% ± 5.7
Queer	230	29.1% ± 8.3	29.6% ± 7.7	33.5% ± 9.3	*7.8% ± 6.3
<b>Household income</b>					
< 200% of Federal Poverty Level	2,405	47.9% ± 3.1	26.5% ± 2.9	16.8% ± 2.6	8.8% ± 1.8
≥ 200% of Federal Poverty Level	5,751	69.3% ± 1.7	21.2% ± 1.5	7.3% ± 1.0	2.2% ± 0.6
<b>Educational attainment</b>					
Less than high school	423	46.1% ± 7.2	25.0% ± 7.2	17.4% ± 6.8	11.5% ± 5.8
High school or GED	1,083	53.0% ± 4.4	23.4% ± 3.9	15.4% ± 3.6	8.3% ± 2.7
Some college	1,943	58.2% ± 3.4	24.1% ± 3.1	13.3% ± 2.6	4.5% ± 1.5
College degree or higher	4,760	70.2% ± 1.8	21.6% ± 1.6	6.5% ± 1.0	1.7% ± 0.5
<b>Speak a language other than English most of the time at home</b>					
Yes	1,070	56.9% ± 4.3	25.7% ± 4.0	11.4% ± 3.0	6.0% ± 2.1
No	7,372	65.3% ± 1.6	21.7% ± 1.4	9.6% ± 1.1	3.4% ± 0.7
<b>Economic distress</b>					
Yes	1,851	37.2% ± 3.4	30.0% ± 3.4	20.7% ± 3.1	12.2% ± 2.4
No	6,647	71.1% ± 1.6	20.5% ± 1.4	6.8% ± 0.9	1.6% ± 0.5
<b>Frequent mental distress</b>					
Yes	1,133	13.5% ± 3.2	31.0% ± 4.0	37.5% ± 4.2	18.0% ± 3.5
No	6,797	72.2% ± 1.6	21.3% ± 1.4	5.3% ± 0.9	1.3% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## How you feel



During the past 30 days, about how often did you feel ...?

Nervous

Table 47

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,540	36.1% ± 1.5	38.0% ± 1.5	17.8% ± 1.2	8.2% ± 0.9
<b>Minneapolis</b>	3,902	30.0% ± 2.1	34.6% ± 2.2	22.7% ± 2.0	12.7% ± 1.7
Camden, Near North	1,026	32.6% ± 4.3	28.6% ± 4.1	22.8% ± 4.3	16.0% ± 4.5
Central, Northeast, University, St. Anthony	944	27.2% ± 3.8	35.0% ± 4.4	25.0% ± 4.0	12.7% ± 3.1
Phillips, Powderhorn	1,088	30.6% ± 3.7	30.7% ± 3.9	23.0% ± 3.7	15.7% ± 4.0
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	31.3% ± 4.3	38.7% ± 4.2	20.5% ± 3.8	9.6% ± 3.2
<b>Suburban Hennepin County</b>	4,638	39.4% ± 2.0	39.8% ± 2.0	15.1% ± 1.5	5.7% ± 1.1
Northwest suburbs	1,648	40.1% ± 3.2	38.7% ± 3.2	15.8% ± 2.6	5.4% ± 1.8
Northwest - inner	901	41.8% ± 4.5	34.2% ± 4.3	17.4% ± 3.7	6.6% ± 2.9
Northwest - outer	747	38.7% ± 4.5	42.2% ± 4.6	14.5% ± 3.7	4.5% ± 2.5
West suburbs	1,493	38.1% ± 3.4	41.5% ± 3.5	15.0% ± 2.7	5.4% ± 2.1
West - inner	717	36.2% ± 4.8	37.7% ± 4.7	19.0% ± 4.6	7.1% ± 3.8
West - outer	776	39.3% ± 4.6	43.8% ± 4.8	12.5% ± 3.5	*4.4% ± 2.7
South suburbs	1,497	39.3% ± 3.5	40.3% ± 3.5	14.1% ± 2.7	6.4% ± 2.3
South - east	744	38.2% ± 5.3	37.9% ± 5.0	16.2% ± 4.1	7.8% ± 4.0
South - west	753	39.8% ± 4.5	41.3% ± 4.5	13.1% ± 3.6	5.8% ± 3.0
<b>Age</b>					
18-24	305	20.1% ± 6.3	28.9% ± 6.7	27.8% ± 6.4	23.2% ± 6.2
25-44	2,445	28.3% ± 2.6	40.0% ± 2.6	21.7% ± 2.1	10.1% ± 1.6
45-64	2,648	39.5% ± 2.6	40.0% ± 2.5	15.4% ± 2.0	5.0% ± 1.3
65-74	1,806	50.9% ± 3.0	35.9% ± 2.9	9.8% ± 1.9	3.3% ± 1.2
75 and older	1,293	58.4% ± 3.5	32.4% ± 3.4	7.8% ± 2.2	*1.4% ± 0.9
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	312	27.9% ± 8.2	39.1% ± 8.6	20.3% ± 6.2	12.7% ± 5.0
Hispanic or Latino/a	495	46.2% ± 6.9	26.5% ± 6.3	19.9% ± 6.0	7.5% ± 3.5
Non-Hispanic					
Asian or Asian American	324	33.6% ± 8.0	40.3% ± 8.2	20.9% ± 7.2	*5.3% ± 4.7
Southeast Asian	115	30.0% ± 12.2	41.5% ± 13.2	25.8% ± 14.1	^2.8% ± 5.5
Black or African American	964	45.5% ± 5.2	26.0% ± 4.9	19.4% ± 4.6	9.1% ± 3.6
US-born Black	628	39.7% ± 6.8	31.3% ± 6.6	18.0% ± 5.0	11.0% ± 5.5
Foreign-born Black	330	52.5% ± 8.4	19.5% ± 7.9	21.2% ± 8.5	*6.9% ± 5.1
White	6,003	36.4% ± 1.7	41.4% ± 1.8	15.6% ± 1.4	6.6% ± 1.1

# How you feel



During the past 30 days, about how often did you feel ...?

## Nervous

**Table 47**

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,371	32.0% ± 1.8	40.2% ± 1.8	19.0% ± 1.5	8.9% ± 1.2
Male	2,999	41.2% ± 2.5	36.2% ± 2.5	15.8% ± 2.0	6.8% ± 1.5
Nonbinary	98	*5.6% ± 5.5	*18.1% ± 12.0	51.1% ± 13.7	25.2% ± 12.4
<b>Transgender</b>					
Yes	84	*5.8% ± 5.7	*19.6% ± 14.4	35.2% ± 16.5	39.3% ± 14.7
No	8,337	36.2% ± 1.5	38.3% ± 1.5	17.6% ± 1.2	7.9% ± 0.9
<b>Sexual orientation</b>					
Straight/Heterosexual	7,111	37.9% ± 1.6	40.1% ± 1.6	15.8% ± 1.3	6.2% ± 0.9
LGBQ+	978	17.1% ± 3.9	27.5% ± 4.0	32.2% ± 4.4	23.2% ± 4.1
Lesbian/Gay	380	25.3% ± 7.0	35.2% ± 7.0	24.5% ± 7.0	15.0% ± 6.4
Bisexual/Pansexual	408	8.6% ± 4.6	28.7% ± 6.5	33.9% ± 6.9	28.7% ± 6.5
Queer	230	*7.0% ± 5.8	20.4% ± 7.0	44.4% ± 8.8	28.2% ± 8.6
<b>Household income</b>					
< 200% of Federal Poverty Level	2,402	36.5% ± 3.1	28.0% ± 2.9	21.8% ± 2.8	13.7% ± 2.4
≥ 200% of Federal Poverty Level	5,751	35.6% ± 1.7	41.5% ± 1.8	16.7% ± 1.4	6.3% ± 1.0
<b>Educational attainment</b>					
Less than high school	426	45.3% ± 7.2	22.7% ± 6.7	19.0% ± 6.9	13.0% ± 6.1
High school or GED	1,079	41.4% ± 4.4	28.4% ± 4.1	18.2% ± 3.7	12.0% ± 3.3
Some college	1,943	35.4% ± 3.2	36.1% ± 3.5	19.3% ± 3.0	9.2% ± 2.3
College degree or higher	4,758	33.8% ± 1.9	42.4% ± 1.9	17.3% ± 1.5	6.5% ± 1.0
<b>Speak a language other than English most of the time at home</b>					
Yes	1,063	46.2% ± 4.4	31.0% ± 4.1	14.6% ± 3.1	8.1% ± 2.8
No	7,376	34.2% ± 1.6	39.3% ± 1.6	18.3% ± 1.3	8.2% ± 1.0
<b>Economic distress</b>					
Yes	1,853	26.9% ± 3.2	27.7% ± 3.2	27.5% ± 3.3	17.9% ± 2.8
No	6,642	38.5% ± 1.7	40.8% ± 1.7	15.3% ± 1.3	5.5% ± 0.9
<b>Frequent mental distress</b>					
Yes	1,133	6.8% ± 2.3	17.9% ± 3.3	39.2% ± 4.3	36.1% ± 4.2
No	6,796	39.4% ± 1.7	42.2% ± 1.7	14.6% ± 1.2	3.8% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# How you feel



**During the past 30 days, about how often did you feel ...?**  
**So restless or fidgety that you could not sit still**

**Table 48**

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,542	59.6% ± 1.5	24.1% ± 1.4	11.1% ± 1.1	5.2% ± 0.8
<b>Minneapolis</b>	3,906	51.1% ± 2.3	25.8% ± 2.1	14.6% ± 1.8	8.5% ± 1.5
Camden, Near North	1,027	48.0% ± 4.6	23.6% ± 3.6	14.9% ± 4.1	13.5% ± 3.9
Central, Northeast, University, St. Anthony	946	48.2% ± 4.3	26.2% ± 4.1	17.3% ± 3.9	8.2% ± 2.6
Phillips, Powderhorn	1,089	49.3% ± 4.2	24.8% ± 3.6	16.2% ± 3.8	9.6% ± 3.8
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	55.8% ± 4.4	26.9% ± 4.2	11.0% ± 3.0	6.3% ± 3.1
<b>Suburban Hennepin County</b>	4,636	64.3% ± 2.0	23.1% ± 1.8	9.2% ± 1.3	3.4% ± 0.9
Northwest suburbs	1,647	64.8% ± 3.2	22.3% ± 2.9	9.4% ± 2.2	3.4% ± 1.5
Northwest - inner	901	60.1% ± 4.5	24.4% ± 4.0	10.7% ± 3.4	4.8% ± 2.3
Northwest - outer	746	68.6% ± 4.6	20.7% ± 4.1	8.4% ± 3.2	*2.3% ± 2.2
West suburbs	1,494	61.5% ± 3.6	25.5% ± 3.4	9.3% ± 2.5	3.7% ± 1.9
West - inner	718	61.7% ± 5.1	22.6% ± 4.7	10.7% ± 3.4	*5.1% ± 3.8
West - outer	776	61.4% ± 4.9	27.3% ± 4.7	8.5% ± 3.6	*2.9% ± 2.3
South suburbs	1,495	65.6% ± 3.5	22.5% ± 3.1	8.7% ± 2.5	3.2% ± 1.8
South - east	742	60.5% ± 5.3	24.6% ± 5.1	10.3% ± 3.4	4.6% ± 2.7
South - west	753	67.9% ± 4.6	21.6% ± 3.9	8.1% ± 3.4	^2.5% ± 2.6
<b>Age</b>					
18-24	306	33.6% ± 6.9	30.4% ± 6.6	22.9% ± 6.4	13.1% ± 4.9
25-44	2,443	52.5% ± 2.6	26.8% ± 2.4	14.0% ± 1.9	6.6% ± 1.4
45-64	2,647	64.4% ± 2.5	23.8% ± 2.3	8.3% ± 1.5	3.6% ± 1.1
65-74	1,808	75.5% ± 2.6	17.8% ± 2.4	4.9% ± 1.4	1.8% ± 0.9
75 and older	1,295	82.3% ± 2.8	13.7% ± 2.5	3.2% ± 1.5	*0.9% ± 0.7
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	312	32.6% ± 8.5	33.4% ± 8.3	26.8% ± 7.4	7.1% ± 4.0
Hispanic or Latino/a	494	57.1% ± 6.9	24.9% ± 6.5	11.7% ± 5.4	*6.3% ± 3.8
Non-Hispanic					
Asian or Asian American	326	57.3% ± 8.2	25.6% ± 7.9	11.9% ± 6.4	*5.2% ± 4.0
Southeast Asian	115	53.1% ± 13.2	31.8% ± 14.3	^8.5% ± 11.2	^6.6% ± 9.9
Black or African American	965	58.2% ± 5.2	20.2% ± 4.6	12.7% ± 4.0	8.8% ± 3.1
US-born Black	629	49.0% ± 6.7	25.9% ± 6.4	14.3% ± 5.6	10.8% ± 4.1
Foreign-born Black	330	69.3% ± 8.4	13.7% ± 7.1	*10.4% ± 6.5	*6.6% ± 5.5
White	6,002	63.9% ± 1.8	23.7% ± 1.6	8.9% ± 1.1	3.5% ± 0.8



# How you feel



**During the past 30 days, about how often did you feel ...?**  
**So restless or fidgety that you could not sit still**

**Table 48**

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,372	60.7% ± 1.9	24.4% ± 1.7	10.4% ± 1.3	4.5% ± 0.9
Male	3,001	59.1% ± 2.5	23.6% ± 2.2	11.6% ± 1.8	5.7% ± 1.4
Nonbinary	97	26.6% ± 13.4	37.4% ± 15.1	*22.1% ± 13.5	*13.9% ± 10.3
<b>Transgender</b>					
Yes	84	*14.0% ± 10.1	29.1% ± 15.7	43.5% ± 15.4	*13.4% ± 10.3
No	8,339	60.0% ± 1.5	24.1% ± 1.4	10.8% ± 1.1	5.2% ± 0.8
<b>Sexual orientation</b>					
Straight/Heterosexual	7,113	62.8% ± 1.7	23.6% ± 1.5	9.8% ± 1.1	3.9% ± 0.7
LGBQ+	978	35.5% ± 4.3	31.1% ± 4.3	18.7% ± 3.8	14.7% ± 3.6
Lesbian/Gay	380	41.2% ± 7.2	32.2% ± 7.2	15.2% ± 6.6	11.4% ± 6.3
Bisexual/Pansexual	408	28.2% ± 6.3	31.5% ± 6.8	23.7% ± 6.6	16.6% ± 5.6
Queer	230	27.7% ± 8.0	34.5% ± 8.9	26.7% ± 8.8	11.1% ± 5.4
<b>Household income</b>					
< 200% of Federal Poverty Level	2,406	50.2% ± 3.1	25.7% ± 2.9	14.7% ± 2.3	9.4% ± 2.0
≥ 200% of Federal Poverty Level	5,748	62.5% ± 1.8	23.8% ± 1.6	9.9% ± 1.2	3.8% ± 0.8
<b>Educational attainment</b>					
Less than high school	425	57.5% ± 7.4	22.3% ± 7.0	11.4% ± 5.5	*8.7% ± 5.2
High school or GED	1,084	53.4% ± 4.4	25.0% ± 4.1	12.2% ± 3.3	9.5% ± 3.0
Some college	1,940	56.1% ± 3.5	22.5% ± 3.1	15.0% ± 2.9	6.4% ± 2.0
College degree or higher	4,758	62.3% ± 1.9	24.8% ± 1.7	9.6% ± 1.3	3.3% ± 0.8
<b>Speak a language other than English most of the time at home</b>					
Yes	1,067	61.6% ± 4.3	20.7% ± 3.8	12.0% ± 3.2	5.7% ± 2.0
No	7,374	59.1% ± 1.6	24.8% ± 1.5	10.9% ± 1.1	5.2% ± 0.9
<b>Economic distress</b>					
Yes	1,851	39.8% ± 3.5	29.2% ± 3.3	17.4% ± 2.8	13.6% ± 2.6
No	6,646	64.8% ± 1.7	22.8% ± 1.5	9.4% ± 1.1	3.0% ± 0.7
<b>Frequent mental distress</b>					
Yes	1,133	21.6% ± 3.6	30.3% ± 4.0	29.3% ± 4.0	18.9% ± 3.6
No	6,798	65.1% ± 1.7	23.5% ± 1.5	8.3% ± 1.1	3.2% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# How you feel



During the past 30 days, about how often did you feel ...?

## Hopeless

**Table 49**

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,548	68.0% ± 1.4	19.4% ± 1.2	8.2% ± 0.9	4.4% ± 0.7
<b>Minneapolis</b>	3,908	57.6% ± 2.3	24.1% ± 2.1	11.0% ± 1.6	7.3% ± 1.3
Camden, Near North	1,029	54.7% ± 4.7	21.1% ± 3.6	13.2% ± 4.0	11.1% ± 4.4
Central, Northeast, University, St. Anthony	946	57.7% ± 4.4	25.0% ± 4.2	10.0% ± 2.8	7.3% ± 2.4
Phillips, Powderhorn	1,088	53.5% ± 4.2	24.9% ± 4.0	11.1% ± 2.9	10.5% ± 3.6
Calhoun-Isles, Longfellow, Nokomis, Southwest	845	61.0% ± 4.4	24.0% ± 4.0	11.2% ± 3.4	3.8% ± 2.1
<b>Suburban Hennepin County</b>	4,640	73.7% ± 1.8	16.7% ± 1.5	6.7% ± 1.2	2.9% ± 0.8
Northwest suburbs	1,650	73.8% ± 2.9	15.6% ± 2.4	8.1% ± 2.1	2.5% ± 1.1
Northwest - inner	902	68.3% ± 4.4	18.2% ± 3.6	9.5% ± 3.6	3.9% ± 1.8
Northwest - outer	748	78.2% ± 4.0	13.5% ± 3.4	6.9% ± 2.8	^1.4% ± 1.5
West suburbs	1,494	72.7% ± 3.3	18.6% ± 2.9	5.5% ± 1.9	3.3% ± 1.8
West - inner	719	68.0% ± 5.1	18.5% ± 3.9	8.6% ± 4.1	*4.9% ± 3.9
West - outer	775	75.5% ± 4.4	18.7% ± 4.2	3.6% ± 2.0	*2.2% ± 2.0
South suburbs	1,496	74.4% ± 3.3	17.0% ± 2.8	5.5% ± 2.0	3.1% ± 1.7
South - east	742	66.6% ± 5.2	24.2% ± 4.8	5.6% ± 2.9	*3.7% ± 2.7
South - west	754	77.8% ± 4.2	13.9% ± 3.5	5.5% ± 2.7	*2.8% ± 2.4
<b>Age</b>					
18-24	306	47.9% ± 6.9	29.2% ± 6.5	14.3% ± 5.6	8.5% ± 4.1
25-44	2,447	61.8% ± 2.5	22.6% ± 2.2	9.9% ± 1.7	5.7% ± 1.2
45-64	2,649	72.1% ± 2.3	17.4% ± 2.0	6.9% ± 1.4	3.6% ± 1.1
65-74	1,807	81.1% ± 2.4	12.6% ± 1.9	4.7% ± 1.7	1.6% ± 0.7
75 and older	1,296	86.3% ± 2.5	9.3% ± 2.1	3.3% ± 1.5	^1.0% ± 1.3
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	311	55.3% ± 8.1	26.0% ± 7.9	10.2% ± 4.3	8.5% ± 4.7
Hispanic or Latino/a	495	58.1% ± 6.9	23.8% ± 6.2	12.7% ± 6.1	*5.3% ± 3.3
Non-Hispanic					
Asian or Asian American	326	65.3% ± 8.1	22.7% ± 8.0	*8.0% ± 5.0	*4.1% ± 3.5
Southeast Asian	115	65.2% ± 13.4	24.7% ± 14.0	*6.0% ± 5.7	^4.1% ± 6.2
Black or African American	968	68.7% ± 5.0	14.3% ± 4.0	9.6% ± 3.6	7.4% ± 3.0
US-born Black	631	63.9% ± 6.4	15.6% ± 5.2	12.2% ± 5.1	8.3% ± 4.0
Foreign-born Black	331	74.6% ± 8.1	12.4% ± 7.0	*6.5% ± 6.1	*6.5% ± 5.2
White	6,005	71.5% ± 1.7	18.8% ± 1.5	6.6% ± 1.0	3.1% ± 0.7

# How you feel



During the past 30 days, about how often did you feel ...?

## Hopeless

**Table 49**

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,376	66.9% ± 1.8	20.6% ± 1.5	8.7% ± 1.2	3.8% ± 0.7
Male	3,003	70.2% ± 2.4	17.8% ± 2.0	7.3% ± 1.5	4.6% ± 1.2
Nonbinary	97	24.9% ± 13.4	34.0% ± 13.4	*19.8% ± 17.8	21.3% ± 12.1
<b>Transgender</b>					
Yes	84	27.2% ± 14.7	26.5% ± 14.6	*25.1% ± 17.5	*21.2% ± 12.7
No	8,345	68.4% ± 1.5	19.4% ± 1.2	8.0% ± 0.9	4.2% ± 0.7
<b>Sexual orientation</b>					
Straight/Heterosexual	7,116	71.2% ± 1.5	18.3% ± 1.3	7.4% ± 1.0	3.1% ± 0.6
LGBQ+	978	43.2% ± 4.5	29.5% ± 4.3	13.5% ± 3.4	13.8% ± 3.1
Lesbian/Gay	380	53.1% ± 7.4	28.3% ± 7.7	10.8% ± 5.2	*7.8% ± 4.6
Bisexual/Pansexual	408	35.4% ± 6.8	32.3% ± 6.8	15.0% ± 5.7	17.3% ± 5.5
Queer	230	27.9% ± 8.2	29.8% ± 8.2	22.4% ± 9.4	19.8% ± 7.3
<b>Household income</b>					
< 200% of Federal Poverty Level	2,408	58.1% ± 3.1	20.2% ± 2.6	12.3% ± 2.3	9.4% ± 1.9
≥ 200% of Federal Poverty Level	5,753	71.1% ± 1.7	19.3% ± 1.5	6.8% ± 1.0	2.8% ± 0.6
<b>Educational attainment</b>					
Less than high school	425	58.4% ± 7.5	16.9% ± 5.9	13.9% ± 7.0	10.9% ± 5.6
High school or GED	1,084	64.0% ± 4.3	16.3% ± 3.3	12.7% ± 3.5	7.1% ± 2.6
Some college	1,944	63.3% ± 3.5	21.6% ± 3.3	9.3% ± 2.2	5.8% ± 1.6
College degree or higher	4,760	71.3% ± 1.7	19.9% ± 1.6	6.1% ± 1.0	2.7% ± 0.6
<b>Speak a language other than English most of the time at home</b>					
Yes	1,068	65.4% ± 4.2	20.9% ± 3.8	8.6% ± 3.0	5.1% ± 1.7
No	7,379	68.4% ± 1.5	19.2% ± 1.3	8.1% ± 1.0	4.3% ± 0.7
<b>Economic distress</b>					
Yes	1,854	44.5% ± 3.5	26.2% ± 3.2	16.7% ± 3.0	12.7% ± 2.4
No	6,649	74.2% ± 1.5	17.6% ± 1.3	5.9% ± 0.9	2.3% ± 0.6
<b>Frequent mental distress</b>					
Yes	1,133	16.7% ± 3.4	29.1% ± 4.0	30.0% ± 4.1	24.2% ± 3.6
No	6,799	75.8% ± 1.5	18.3% ± 1.3	4.7% ± 0.8	1.2% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# How you feel



**During the past 30 days, about how often did you feel ...?**  
**That everything was an effort**

**Table 50**

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,534	43.2% ± 1.5	31.2% ± 1.4	14.7% ± 1.1	10.8% ± 1.0
<b>Minneapolis</b>	3,901	36.0% ± 2.2	29.3% ± 2.1	18.3% ± 1.8	16.4% ± 1.9
Camden, Near North	1,027	34.0% ± 4.4	23.5% ± 3.7	21.2% ± 4.2	21.3% ± 4.5
Central, Northeast, University, St. Anthony	945	33.8% ± 4.2	32.7% ± 4.3	18.2% ± 3.6	15.2% ± 3.2
Phillips, Powderhorn	1,087	32.3% ± 3.8	27.3% ± 3.7	21.4% ± 3.9	19.0% ± 3.9
Calhoun-Isles, Longfellow, Nokomis, Southwest	842	40.8% ± 4.4	29.6% ± 3.9	15.5% ± 3.3	14.0% ± 3.9
<b>Suburban Hennepin County</b>	4,633	47.2% ± 2.0	32.3% ± 1.9	12.7% ± 1.5	7.8% ± 1.2
Northwest suburbs	1,647	48.8% ± 3.2	31.0% ± 3.1	12.1% ± 2.4	8.1% ± 1.9
Northwest - inner	899	44.4% ± 4.5	30.9% ± 4.2	14.2% ± 3.8	10.5% ± 3.0
Northwest - outer	748	52.2% ± 4.6	31.1% ± 4.4	10.4% ± 3.2	6.3% ± 2.6
West suburbs	1,493	47.6% ± 3.5	30.7% ± 3.2	13.4% ± 2.8	8.3% ± 2.3
West - inner	719	40.9% ± 4.9	31.9% ± 4.6	15.0% ± 4.2	12.3% ± 4.2
West - outer	774	51.7% ± 4.7	29.9% ± 4.4	12.5% ± 3.9	5.9% ± 2.9
South suburbs	1,493	44.5% ± 3.5	35.7% ± 3.5	13.0% ± 2.7	6.8% ± 2.2
South - east	740	43.3% ± 5.3	33.3% ± 4.9	14.0% ± 4.2	9.4% ± 3.9
South - west	753	45.0% ± 4.5	36.7% ± 4.5	12.6% ± 3.5	5.7% ± 2.9
<b>Age</b>					
18-24	305	30.5% ± 6.9	25.6% ± 6.4	23.3% ± 6.2	20.6% ± 5.8
25-44	2,446	36.6% ± 2.6	32.2% ± 2.5	17.8% ± 2.0	13.4% ± 1.8
45-64	2,638	47.4% ± 2.6	31.7% ± 2.4	12.5% ± 1.8	8.4% ± 1.6
65-74	1,805	57.1% ± 3.0	29.9% ± 2.8	7.9% ± 1.6	5.1% ± 1.5
75 and older	1,297	54.2% ± 3.6	33.4% ± 3.4	7.5% ± 1.9	5.0% ± 2.1
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	314	27.9% ± 8.0	38.0% ± 8.6	16.8% ± 6.3	17.3% ± 6.0
Hispanic or Latino/a	493	46.1% ± 6.9	27.6% ± 6.5	15.4% ± 5.9	10.8% ± 4.3
Non-Hispanic					
Asian or Asian American	326	37.0% ± 8.0	35.6% ± 8.2	18.0% ± 6.9	*9.4% ± 5.9
Southeast Asian	115	31.7% ± 12.6	31.2% ± 13.3	23.1% ± 13.0	*14.0% ± 13.2
Black or African American	962	42.3% ± 5.3	21.3% ± 4.5	18.8% ± 4.5	17.5% ± 4.2
US-born Black	628	39.6% ± 6.7	22.8% ± 5.6	23.4% ± 6.4	14.2% ± 5.1
Foreign-born Black	328	45.6% ± 8.4	19.8% ± 7.8	13.2% ± 6.5	21.5% ± 7.3
White	6,000	46.1% ± 1.8	32.3% ± 1.7	12.5% ± 1.3	9.0% ± 1.2

# How you feel



**During the past 30 days, about how often did you feel ...?**  
**That everything was an effort**

**Table 50**

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,368	42.2% ± 1.9	31.8% ± 1.7	15.0% ± 1.4	11.1% ± 1.3
Male	2,997	45.1% ± 2.5	31.3% ± 2.4	13.9% ± 1.9	9.7% ± 1.6
Nonbinary	98	<sup>^</sup> 10.9% ± 12.6	*14.9% ± 13.6	31.4% ± 13.4	42.9% ± 14.2
<b>Transgender</b>					
Yes	84	*14.3% ± 12.2	*14.4% ± 13.7	29.0% ± 14.7	42.3% ± 15.4
No	8,333	43.4% ± 1.5	31.5% ± 1.4	14.5% ± 1.1	10.5% ± 1.0
<b>Sexual orientation</b>					
Straight/Heterosexual	7,105	45.3% ± 1.7	32.2% ± 1.6	13.8% ± 1.2	8.8% ± 1.0
LGBQ+	977	24.7% ± 4.3	27.6% ± 4.2	22.5% ± 3.9	25.3% ± 4.0
Lesbian/Gay	379	32.1% ± 7.5	37.4% ± 7.2	17.7% ± 6.5	12.8% ± 5.1
Bisexual/Pansexual	408	16.8% ± 5.9	26.1% ± 6.7	25.5% ± 6.2	31.6% ± 6.6
Queer	229	14.3% ± 7.5	17.7% ± 6.8	25.6% ± 8.0	42.4% ± 9.0
<b>Household income</b>					
< 200% of Federal Poverty Level	2,398	39.0% ± 3.2	25.1% ± 2.8	18.1% ± 2.5	17.8% ± 2.5
≥ 200% of Federal Poverty Level	5,749	44.6% ± 1.8	33.3% ± 1.7	13.6% ± 1.3	8.5% ± 1.1
<b>Educational attainment</b>					
Less than high school	421	45.2% ± 7.3	23.5% ± 7.2	13.6% ± 5.7	17.7% ± 6.2
High school or GED	1,083	45.3% ± 4.4	22.4% ± 3.7	15.5% ± 3.4	16.8% ± 3.8
Some college	1,939	41.5% ± 3.4	29.2% ± 3.2	15.6% ± 2.7	13.6% ± 2.6
College degree or higher	4,758	43.0% ± 1.9	35.0% ± 1.9	14.2% ± 1.4	7.8% ± 1.0
<b>Speak a language other than English most of the time at home</b>					
Yes	1,066	44.6% ± 4.4	26.9% ± 4.0	15.6% ± 3.4	13.0% ± 3.2
No	7,369	42.9% ± 1.6	32.1% ± 1.5	14.6% ± 1.2	10.4% ± 1.1
<b>Economic distress</b>					
Yes	1,847	28.5% ± 3.3	24.6% ± 3.1	22.6% ± 3.0	24.2% ± 3.2
No	6,642	47.2% ± 1.7	33.0% ± 1.6	12.5% ± 1.2	7.3% ± 0.9
<b>Frequent mental distress</b>					
Yes	1,132	6.3% ± 2.6	18.6% ± 3.5	34.1% ± 4.1	41.0% ± 4.2
No	6,791	47.9% ± 1.7	34.4% ± 1.6	11.8% ± 1.2	5.9% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# How you feel



During the past 30 days, about how often did you feel ...?

**Worthless**

**Table 51**

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,527	71.8% ± 1.4	16.7% ± 1.2	7.6% ± 0.9	3.9% ± 0.6
<b>Minneapolis</b>	3,897	65.0% ± 2.3	19.1% ± 1.9	10.5% ± 1.6	5.5% ± 1.2
Camden, Near North	1,028	60.8% ± 4.8	17.1% ± 3.3	13.8% ± 4.4	8.2% ± 4.0
Central, Northeast, University, St. Anthony	943	65.3% ± 4.2	19.8% ± 3.7	10.5% ± 3.0	4.3% ± 1.7
Phillips, Powderhorn	1,082	57.5% ± 4.3	20.7% ± 3.7	12.7% ± 3.9	9.1% ± 3.1
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	70.3% ± 4.3	18.3% ± 3.7	7.9% ± 2.9	*3.5% ± 2.5
<b>Suburban Hennepin County</b>	4,630	75.6% ± 1.8	15.4% ± 1.6	6.0% ± 1.0	3.0% ± 0.8
Northwest suburbs	1,646	75.3% ± 2.9	15.4% ± 2.6	5.8% ± 1.7	3.5% ± 1.4
Northwest - inner	901	70.7% ± 4.4	16.7% ± 3.9	7.4% ± 2.9	5.2% ± 2.3
Northwest - outer	745	78.9% ± 4.0	14.5% ± 3.5	4.5% ± 2.4	*2.1% ± 1.9
West suburbs	1,492	75.2% ± 3.3	17.0% ± 3.1	4.4% ± 1.5	3.5% ± 1.8
West - inner	718	72.8% ± 5.1	15.7% ± 4.5	5.7% ± 2.6	*5.8% ± 4.0
West - outer	774	76.7% ± 4.5	17.8% ± 4.2	*3.5% ± 2.1	*2.0% ± 1.8
South suburbs	1,492	76.4% ± 3.2	14.1% ± 2.7	7.7% ± 2.2	*1.9% ± 1.4
South - east	740	69.2% ± 5.1	17.7% ± 4.4	10.8% ± 3.9	*2.3% ± 2.0
South - west	752	79.5% ± 4.1	12.5% ± 3.4	6.3% ± 2.8	^1.7% ± 2.1
<b>Age</b>					
18-24	305	51.8% ± 6.9	26.5% ± 6.4	14.4% ± 5.4	7.2% ± 4.1
25-44	2,447	67.7% ± 2.4	18.4% ± 2.0	8.7% ± 1.5	5.1% ± 1.2
45-64	2,640	75.3% ± 2.3	15.2% ± 2.0	6.5% ± 1.3	3.0% ± 1.1
65-74	1,802	81.4% ± 2.5	12.5% ± 2.3	4.5% ± 1.4	1.5% ± 0.7
75 and older	1,290	87.1% ± 2.6	9.2% ± 2.3	*2.8% ± 1.7	*0.9% ± 0.8
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	312	61.0% ± 8.0	20.6% ± 7.5	9.3% ± 4.8	9.0% ± 4.4
Hispanic or Latino/a	495	63.0% ± 6.9	20.9% ± 6.5	9.5% ± 4.6	*6.6% ± 4.5
Non-Hispanic					
Asian or Asian American	325	71.8% ± 7.7	17.4% ± 7.3	*6.4% ± 4.1	*4.4% ± 3.9
Southeast Asian	115	65.7% ± 13.3	25.4% ± 13.9	^5.1% ± 5.5	^3.8% ± 6.0
Black or African American	960	74.2% ± 4.8	11.3% ± 3.7	7.7% ± 3.1	6.7% ± 3.2
US-born Black	629	68.4% ± 6.4	15.6% ± 5.6	9.5% ± 4.5	*6.5% ± 3.9
Foreign-born Black	325	81.4% ± 7.5	*6.3% ± 5.3	*5.2% ± 5.0	*7.1% ± 6.2
White	5,998	75.5% ± 1.6	15.4% ± 1.4	6.4% ± 1.0	2.7% ± 0.7

# How you feel



During the past 30 days, about how often did you feel ...?

Worthless

**Table 51**

	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,363	70.9% ± 1.8	17.7% ± 1.5	7.8% ± 1.1	3.5% ± 0.7
Male	2,996	73.6% ± 2.3	15.4% ± 1.9	7.2% ± 1.4	3.8% ± 1.1
Nonbinary	97	38.8% ± 13.7	30.2% ± 14.6	*10.4% ± 9.7	*20.6% ± 15.5
<b>Transgender</b>					
Yes	84	37.4% ± 14.8	*23.9% ± 15.4	*18.7% ± 12.5	*20.0% ± 17.4
No	8,324	72.2% ± 1.4	16.6% ± 1.2	7.5% ± 0.9	3.7% ± 0.6
<b>Sexual orientation</b>					
Straight/Heterosexual	7,104	74.3% ± 1.5	16.3% ± 1.3	6.6% ± 0.9	2.8% ± 0.6
LGBQ+	974	52.8% ± 4.5	21.1% ± 3.9	15.2% ± 3.5	10.9% ± 3.1
Lesbian/Gay	378	67.4% ± 7.0	14.4% ± 5.1	14.4% ± 6.4	*3.8% ± 2.9
Bisexual/Pansexual	406	44.0% ± 6.9	25.4% ± 6.3	16.0% ± 5.1	14.7% ± 6.1
Queer	229	41.4% ± 8.7	24.1% ± 7.6	19.1% ± 7.7	15.4% ± 9.1
<b>Household income</b>					
< 200% of Federal Poverty Level	2,398	61.0% ± 3.1	19.9% ± 2.7	10.8% ± 2.1	8.2% ± 1.9
≥ 200% of Federal Poverty Level	5,746	75.5% ± 1.6	15.7% ± 1.4	6.4% ± 1.0	2.4% ± 0.6
<b>Educational attainment</b>					
Less than high school	420	61.5% ± 7.6	17.8% ± 7.1	11.9% ± 5.7	*8.8% ± 5.8
High school or GED	1,084	62.9% ± 4.4	19.9% ± 3.8	10.3% ± 3.2	6.9% ± 2.6
Some college	1,937	68.9% ± 3.3	16.3% ± 2.8	9.8% ± 2.4	5.0% ± 1.5
College degree or higher	4,759	76.1% ± 1.7	15.9% ± 1.5	5.7% ± 0.9	2.2% ± 0.6
<b>Speak a language other than English most of the time at home</b>					
Yes	1,063	70.9% ± 4.1	17.5% ± 3.8	7.3% ± 2.2	4.3% ± 1.9
No	7,365	72.0% ± 1.5	16.6% ± 1.3	7.7% ± 1.0	3.7% ± 0.7
<b>Economic distress</b>					
Yes	1,848	50.8% ± 3.5	22.7% ± 3.2	15.1% ± 2.7	11.4% ± 2.4
No	6,634	77.4% ± 1.5	15.0% ± 1.3	5.6% ± 0.9	1.9% ± 0.5
<b>Frequent mental distress</b>					
Yes	1,131	22.6% ± 3.5	31.7% ± 4.2	26.4% ± 4.0	19.4% ± 3.4
No	6,784	79.3% ± 1.4	14.6% ± 1.3	4.7% ± 0.8	1.4% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## How you feel



How often do you get the social and emotional support you need?

Table 52	Sample Size	Always	Usually	Sometimes	Rarely/Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,545	31.0% ± 1.4	38.8% ± 1.5	17.2% ± 1.2	13.0% ± 1.1
<b>Minneapolis</b>	3,905	26.6% ± 2.1	38.0% ± 2.2	21.2% ± 2.0	14.2% ± 1.8
Camden, Near North	1,031	23.7% ± 3.8	31.7% ± 4.2	24.8% ± 4.6	19.8% ± 4.5
Central, Northeast, University, St. Anthony	948	23.8% ± 3.8	40.3% ± 4.2	21.7% ± 4.0	14.2% ± 3.3
Phillips, Powderhorn	1,085	25.5% ± 3.6	33.6% ± 4.0	23.4% ± 4.1	17.5% ± 3.5
Calhoun-Isles, Longfellow, Nokomis, Southwest	841	31.0% ± 4.3	40.7% ± 4.3	18.0% ± 3.3	10.3% ± 3.7
<b>Suburban Hennepin County</b>	4,640	33.4% ± 1.9	39.3% ± 2.0	15.1% ± 1.5	12.2% ± 1.5
Northwest suburbs	1,651	34.4% ± 3.1	36.8% ± 3.2	14.4% ± 2.4	14.4% ± 2.5
Northwest - inner	904	31.1% ± 4.2	32.6% ± 4.3	16.6% ± 3.6	19.7% ± 4.2
Northwest - outer	747	37.1% ± 4.5	40.1% ± 4.6	12.7% ± 3.3	10.2% ± 3.2
West suburbs	1,494	32.0% ± 3.3	42.4% ± 3.5	15.6% ± 2.8	10.0% ± 2.7
West - inner	719	31.7% ± 4.7	40.3% ± 4.8	16.2% ± 3.9	11.8% ± 4.9
West - outer	775	32.2% ± 4.5	43.7% ± 4.7	15.2% ± 3.9	9.0% ± 3.5
South suburbs	1,495	33.0% ± 3.4	40.6% ± 3.5	15.7% ± 2.8	10.7% ± 2.5
South - east	742	30.3% ± 4.9	36.2% ± 5.0	18.3% ± 5.0	15.2% ± 4.2
South - west	753	34.1% ± 4.4	42.5% ± 4.6	14.6% ± 3.5	8.8% ± 3.3
<b>Age</b>					
18-24	306	22.9% ± 6.4	36.2% ± 6.8	22.3% ± 6.2	18.6% ± 6.2
25-44	2,445	26.7% ± 2.4	42.2% ± 2.6	18.0% ± 2.0	13.2% ± 2.0
45-64	2,654	32.3% ± 2.5	36.1% ± 2.5	17.9% ± 2.0	13.8% ± 1.9
65-74	1,805	38.7% ± 3.0	37.8% ± 2.9	14.6% ± 2.2	8.8% ± 1.8
75 and older	1,292	46.0% ± 3.6	37.6% ± 3.4	8.7% ± 2.2	7.8% ± 2.0
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	311	23.1% ± 7.2	34.3% ± 8.7	23.6% ± 6.9	19.1% ± 7.3
Hispanic or Latino/a	496	30.1% ± 6.3	20.2% ± 6.0	18.1% ± 6.2	31.6% ± 6.9
Non-Hispanic					
Asian or Asian American	326	30.5% ± 7.8	27.0% ± 7.3	17.0% ± 6.5	25.5% ± 8.5
Southeast Asian	116	36.8% ± 13.7	*18.8% ± 11.9	24.7% ± 12.9	19.6% ± 11.4
Black or African American	969	31.2% ± 4.9	23.6% ± 4.7	17.4% ± 4.0	27.9% ± 5.2
US-born Black	631	34.1% ± 6.4	27.0% ± 6.6	16.7% ± 4.9	22.2% ± 6.3
Foreign-born Black	332	27.9% ± 8.0	19.2% ± 6.7	18.2% ± 7.0	34.8% ± 8.6
White	6,003	32.3% ± 1.7	43.1% ± 1.8	16.5% ± 1.4	8.1% ± 1.1



# How you feel



## How often do you get the social and emotional support you need?

Table 52	Sample Size	Always	Usually	Sometimes	Rarely/Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,373	32.5% ± 1.8	40.1% ± 1.8	16.4% ± 1.4	10.9% ± 1.3
Male	3,002	29.6% ± 2.3	37.5% ± 2.5	17.9% ± 2.0	14.9% ± 1.9
Nonbinary	98	<sup>^</sup> 11.9% ± 12.0	47.3% ± 13.8	27.8% ± 14.0	<sup>^</sup> 13.1% ± 14.9
<b>Transgender</b>					
Yes	84	*7.5% ± 6.4	48.7% ± 14.8	31.9% ± 15.5	<sup>^</sup> 11.9% ± 11.7
No	8,341	31.2% ± 1.5	38.9% ± 1.5	17.1% ± 1.2	12.8% ± 1.1
<b>Sexual orientation</b>					
Straight/Heterosexual	7,117	32.3% ± 1.6	39.4% ± 1.6	16.5% ± 1.3	11.8% ± 1.2
LGBQ+	975	21.4% ± 4.1	42.2% ± 4.5	23.3% ± 3.8	13.1% ± 3.3
Lesbian/Gay	377	25.0% ± 7.2	42.3% ± 7.3	20.7% ± 6.2	11.9% ± 6.4
Bisexual/Pansexual	409	20.4% ± 6.2	42.4% ± 6.9	26.0% ± 6.3	11.1% ± 4.4
Queer	230	*11.4% ± 6.8	51.3% ± 8.7	23.6% ± 8.1	13.7% ± 6.6
<b>Household income</b>					
< 200% of Federal Poverty Level	2,411	28.8% ± 2.9	25.0% ± 2.8	21.6% ± 2.7	24.6% ± 2.8
≥ 200% of Federal Poverty Level	5,747	31.7% ± 1.7	43.8% ± 1.8	15.7% ± 1.3	8.8% ± 1.2
<b>Educational attainment</b>					
Less than high school	428	32.5% ± 7.1	21.6% ± 6.8	19.6% ± 6.3	26.4% ± 6.7
High school or GED	1,083	33.3% ± 4.2	26.3% ± 4.2	19.9% ± 3.7	20.5% ± 3.8
Some college	1,939	30.4% ± 3.2	33.8% ± 3.4	18.0% ± 2.8	17.8% ± 2.9
College degree or higher	4,762	30.4% ± 1.8	45.7% ± 1.9	16.0% ± 1.4	7.9% ± 1.2
<b>Speak a language other than English most of the time at home</b>					
Yes	1,070	33.8% ± 4.2	23.8% ± 3.8	17.5% ± 3.5	24.9% ± 4.0
No	7,374	30.4% ± 1.5	41.8% ± 1.6	17.2% ± 1.3	10.6% ± 1.1
<b>Economic distress</b>					
Yes	1,857	22.2% ± 3.1	25.5% ± 3.2	26.5% ± 3.1	25.9% ± 3.2
No	6,643	33.4% ± 1.6	42.3% ± 1.7	14.8% ± 1.2	9.5% ± 1.2
<b>Frequent mental distress</b>					
Yes	1,138	11.9% ± 3.1	30.7% ± 4.1	32.2% ± 4.0	25.3% ± 4.0
No	6,792	34.1% ± 1.6	41.6% ± 1.7	14.7% ± 1.2	9.7% ± 1.1

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# How you feel



## How often do you feel lonely or isolated from others?

**Table 53**

	Sample Size	Always/Usually	Sometimes	Rarely	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,534	10.1% ± 1.0	24.5% ± 1.3	34.9% ± 1.5	30.5% ± 1.4
<b>Minneapolis</b>	3,900	14.4% ± 1.7	28.6% ± 2.1	31.4% ± 2.2	25.6% ± 2.1
Camden, Near North	1,033	21.1% ± 4.6	29.1% ± 4.4	24.0% ± 3.8	25.9% ± 4.0
Central, Northeast, University, St. Anthony	944	14.8% ± 3.1	28.3% ± 4.1	32.9% ± 4.3	24.0% ± 3.7
Phillips, Powderhorn	1,081	15.5% ± 3.3	32.2% ± 4.1	26.7% ± 3.8	25.6% ± 3.7
Calhoun-Isles, Longfellow, Nokomis, Southwest	842	10.7% ± 3.1	26.8% ± 4.0	35.5% ± 4.1	27.0% ± 4.3
<b>Suburban Hennepin County</b>	4,634	7.8% ± 1.2	22.3% ± 1.7	36.8% ± 2.0	33.2% ± 1.9
Northwest suburbs	1,649	8.5% ± 2.1	22.1% ± 2.8	34.9% ± 3.1	34.5% ± 3.2
Northwest - inner	902	9.6% ± 3.1	24.4% ± 4.0	31.1% ± 4.3	35.0% ± 4.4
Northwest - outer	747	7.7% ± 3.0	20.3% ± 3.9	37.8% ± 4.5	34.1% ± 4.5
West suburbs	1,493	6.5% ± 2.1	22.8% ± 3.1	38.7% ± 3.4	32.0% ± 3.3
West - inner	717	10.0% ± 4.0	28.7% ± 4.9	33.0% ± 4.5	28.3% ± 4.6
West - outer	776	*4.4% ± 2.7	19.3% ± 4.0	42.0% ± 4.8	34.3% ± 4.5
South suburbs	1,492	7.7% ± 2.2	22.1% ± 3.2	38.2% ± 3.5	32.0% ± 3.3
South - east	741	12.6% ± 4.5	25.2% ± 5.1	33.9% ± 4.9	28.3% ± 4.7
South - west	751	5.6% ± 2.6	20.7% ± 4.1	40.1% ± 4.6	33.7% ± 4.4
<b>Age</b>					
18-24	306	18.3% ± 5.9	38.9% ± 6.8	27.0% ± 6.6	15.8% ± 5.9
25-44	2,442	12.4% ± 1.7	26.3% ± 2.3	35.9% ± 2.6	25.3% ± 2.5
45-64	2,648	8.3% ± 1.4	22.5% ± 2.2	35.0% ± 2.5	34.2% ± 2.6
65-74	1,802	5.6% ± 1.4	17.2% ± 2.3	36.1% ± 2.9	41.0% ± 3.0
75 and older	1,293	3.4% ± 1.4	17.6% ± 2.9	36.1% ± 3.5	42.8% ± 3.6
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	309	16.1% ± 5.4	35.5% ± 8.5	25.2% ± 7.6	23.2% ± 8.3
Hispanic or Latino/a	495	12.3% ± 5.0	23.8% ± 6.6	25.3% ± 6.5	38.6% ± 6.8
Non-Hispanic					
Asian or Asian American	325	9.3% ± 4.6	23.4% ± 7.3	35.4% ± 8.3	31.8% ± 8.1
Southeast Asian	116	*5.8% ± 5.7	35.5% ± 13.5	33.3% ± 13.7	25.3% ± 11.7
Black or African American	966	18.1% ± 4.3	21.8% ± 4.5	19.1% ± 4.7	40.9% ± 5.2
US-born Black	628	24.8% ± 6.6	19.1% ± 5.0	24.5% ± 6.4	31.6% ± 6.4
Foreign-born Black	332	10.4% ± 4.9	24.7% ± 8.0	12.7% ± 7.1	52.2% ± 8.3
White	5,998	7.6% ± 1.1	23.0% ± 1.5	39.3% ± 1.8	30.2% ± 1.7

# How you feel



## How often do you feel lonely or isolated from others?

**Table 53**

	Sample Size	Always/Usually	Sometimes	Rarely	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,370	10.1% ± 1.2	25.9% ± 1.7	35.4% ± 1.8	28.6% ± 1.7
Male	2,993	9.8% ± 1.6	22.5% ± 2.2	35.0% ± 2.5	32.7% ± 2.4
Nonbinary	98	*17.6% ± 12.2	52.0% ± 13.7	22.2% ± 12.8	^8.2% ± 12.3
<b>Transgender</b>					
Yes	84	31.2% ± 15.2	50.5% ± 14.6	*13.0% ± 12.0	^5.3% ± 5.9
No	8,329	10.0% ± 1.0	24.2% ± 1.4	35.3% ± 1.5	30.5% ± 1.5
<b>Sexual orientation</b>					
Straight/Heterosexual	7,104	8.7% ± 1.0	23.2% ± 1.5	36.5% ± 1.6	31.6% ± 1.6
LGBQ+	974	21.4% ± 4.0	35.6% ± 4.4	29.2% ± 4.3	13.8% ± 3.6
Lesbian/Gay	376	12.0% ± 5.7	36.2% ± 7.3	33.6% ± 7.3	18.2% ± 6.5
Bisexual/Pansexual	409	24.0% ± 5.8	37.6% ± 6.9	28.5% ± 6.5	9.9% ± 5.7
Queer	231	26.5% ± 8.1	49.0% ± 8.7	20.8% ± 7.6	*3.7% ± 3.2
<b>Household income</b>					
< 200% of Federal Poverty Level	2,405	18.1% ± 2.5	28.5% ± 3.0	20.2% ± 2.6	33.2% ± 3.0
≥ 200% of Federal Poverty Level	5,742	7.3% ± 1.0	23.3% ± 1.6	40.2% ± 1.8	29.2% ± 1.7
<b>Educational attainment</b>					
Less than high school	429	19.2% ± 6.5	21.6% ± 6.7	17.7% ± 6.7	41.5% ± 7.1
High school or GED	1,079	14.5% ± 3.3	26.4% ± 4.2	22.7% ± 3.8	36.3% ± 4.4
Some college	1,940	13.8% ± 2.6	27.2% ± 3.4	28.7% ± 3.2	30.2% ± 3.1
College degree or higher	4,754	6.9% ± 1.0	23.7% ± 1.6	41.9% ± 1.9	27.5% ± 1.8
<b>Speak a language other than English most of the time at home</b>					
Yes	1,068	11.9% ± 2.9	23.0% ± 4.0	24.8% ± 4.0	40.3% ± 4.3
No	7,365	9.8% ± 1.0	24.8% ± 1.4	36.8% ± 1.6	28.5% ± 1.5
<b>Economic distress</b>					
Yes	1,849	24.6% ± 3.1	31.7% ± 3.4	20.6% ± 3.0	23.1% ± 3.1
No	6,641	6.3% ± 0.9	22.6% ± 1.4	38.6% ± 1.7	32.4% ± 1.6
<b>Frequent mental distress</b>					
Yes	1,137	37.8% ± 4.1	40.1% ± 4.2	16.4% ± 3.5	5.7% ± 2.4
No	6,783	5.4% ± 0.9	22.7% ± 1.5	38.9% ± 1.7	32.9% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)





# About your community

# About your community



Overall, how much impact do you think you have in making your community a safer and better place to live?

**Table 54**

	Sample Size	Big impact	Moderate impact	Small impact	No impact	Don't know
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,547	9.3% ± 1.0	21.5% ± 1.3	44.3% ± 1.5	15.4% ± 1.1	9.6% ± 0.9
<b>Minneapolis</b>	3,907	10.3% ± 1.5	21.4% ± 2.0	43.4% ± 2.3	14.0% ± 1.7	11.0% ± 1.6
Camden, Near North	1,030	14.2% ± 3.3	17.1% ± 3.2	36.4% ± 4.3	15.8% ± 4.2	16.6% ± 4.7
Central, Northeast, University, St. Anthony	949	10.4% ± 3.2	21.8% ± 3.8	41.9% ± 4.3	16.4% ± 3.5	9.4% ± 2.8
Phillips, Powderhorn	1,085	12.2% ± 3.0	24.3% ± 3.9	37.8% ± 4.0	12.5% ± 3.5	13.2% ± 3.1
Calhoun-Isles, Longfellow, Nokomis, Southwest	843	7.5% ± 2.9	21.1% ± 3.9	50.6% ± 4.4	11.8% ± 3.2	9.0% ± 3.5
<b>Suburban Hennepin County</b>	4,640	8.8% ± 1.4	21.5% ± 1.7	44.7% ± 2.0	16.2% ± 1.5	8.8% ± 1.1
Northwest suburbs	1,652	10.2% ± 2.4	22.0% ± 2.8	42.2% ± 3.2	16.9% ± 2.5	8.6% ± 1.6
Northwest - inner	905	10.9% ± 3.5	21.0% ± 4.0	38.5% ± 4.5	17.4% ± 3.6	12.2% ± 2.8
Northwest - outer	747	9.6% ± 3.6	22.9% ± 4.1	45.2% ± 4.6	16.6% ± 3.5	5.8% ± 2.1
West suburbs	1,495	7.1% ± 2.2	20.9% ± 2.8	46.8% ± 3.5	15.5% ± 2.6	9.7% ± 2.3
West - inner	720	7.0% ± 3.4	20.2% ± 4.1	44.8% ± 4.9	15.8% ± 3.6	12.3% ± 4.5
West - outer	775	7.1% ± 3.0	21.4% ± 3.8	48.1% ± 4.8	15.3% ± 3.8	8.1% ± 2.6
South suburbs	1,493	7.9% ± 2.5	21.2% ± 3.0	46.9% ± 3.6	15.5% ± 2.8	8.5% ± 1.9
South - east	742	9.1% ± 4.1	20.7% ± 4.7	43.6% ± 5.2	16.3% ± 4.5	10.3% ± 3.1
South - west	751	7.4% ± 3.2	21.4% ± 3.9	48.3% ± 4.6	15.1% ± 3.7	7.8% ± 2.4
<b>Age</b>						
18-24	306	8.8% ± 5.1	17.8% ± 6.2	40.3% ± 6.8	19.8% ± 6.0	13.4% ± 5.5
25-44	2,448	9.7% ± 1.8	20.2% ± 2.2	48.1% ± 2.6	14.9% ± 2.0	7.0% ± 1.4
45-64	2,651	10.4% ± 1.8	22.5% ± 2.2	44.8% ± 2.6	13.6% ± 1.8	8.7% ± 1.5
65-74	1,806	7.7% ± 1.9	24.9% ± 2.7	38.4% ± 2.9	17.3% ± 2.4	11.6% ± 2.0
75 and older	1,293	5.0% ± 1.6	22.7% ± 3.4	35.2% ± 3.4	17.4% ± 3.0	19.7% ± 3.0
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	312	13.4% ± 7.3	23.1% ± 7.4	36.6% ± 8.5	12.8% ± 5.9	14.1% ± 5.6
Hispanic or Latino/a	493	18.4% ± 6.1	18.3% ± 5.5	24.4% ± 6.4	12.0% ± 5.7	26.8% ± 6.4
Non-Hispanic						
Asian or Asian American	327	15.2% ± 6.4	23.1% ± 7.8	33.2% ± 7.7	15.9% ± 7.6	12.6% ± 6.6
Southeast Asian	116	*11.5% ± 10.1	28.5% ± 13.7	32.3% ± 13.4	*11.4% ± 10.9	*16.3% ± 11.8
Black or African American	971	26.8% ± 5.0	23.4% ± 4.5	20.4% ± 4.6	12.1% ± 3.8	17.3% ± 4.3
US-born Black	633	21.5% ± 6.6	21.8% ± 5.7	24.7% ± 5.9	16.2% ± 5.9	15.8% ± 5.0
Foreign-born Black	333	33.1% ± 8.0	25.3% ± 7.6	15.0% ± 7.8	*7.3% ± 5.1	19.2% ± 7.7
White	6,005	5.0% ± 0.9	20.9% ± 1.5	51.4% ± 1.8	15.6% ± 1.3	7.0% ± 0.8

# About your community



**Overall, how much impact do you think you have in making your community a safer and better place to live?**

<b>Table 54</b>	<b>Sample Size</b>	<b>Big impact</b>	<b>Moderate impact</b>	<b>Small impact</b>	<b>No impact</b>	<b>Don't know</b>
	<b>N</b>	<b>% ± 95% C.I.</b>	<b>% ± 95% C.I.</b>	<b>% ± 95% C.I.</b>	<b>% ± 95% C.I.</b>	<b>% ± 95% C.I.</b>
<b>Gender</b>						
Female	5,371	8.4% ± 1.2	21.9% ± 1.6	43.4% ± 1.8	15.8% ± 1.4	10.5% ± 1.2
Male	3,007	9.9% ± 1.7	21.2% ± 2.1	45.5% ± 2.5	14.8% ± 1.9	8.6% ± 1.4
Nonbinary	97	<sup>^</sup> 6.9% ± 19.6	<sup>*</sup> 17.0% ± 11.6	45.7% ± 13.7	<sup>*</sup> 25.6% ± 16.4	<sup>^</sup> 4.8% ± 8.1
<b>Transgender</b>						
Yes	84	<sup>^</sup> 5.5% ± 10.9	26.8% ± 15.4	30.2% ± 13.4	<sup>*</sup> 20.8% ± 17.4	<sup>*</sup> 16.6% ± 15.0
No	8,342	9.3% ± 1.0	21.5% ± 1.3	44.6% ± 1.5	15.3% ± 1.1	9.3% ± 0.9
<b>Sexual orientation</b>						
Straight/Heterosexual	7,122	8.5% ± 1.1	21.8% ± 1.4	45.6% ± 1.7	15.4% ± 1.2	8.8% ± 0.9
LGBQ+	976	9.3% ± 3.5	19.7% ± 3.6	44.7% ± 4.5	17.8% ± 3.8	8.5% ± 3.1
Lesbian/Gay	379	<sup>*</sup> 9.2% ± 6.1	20.9% ± 5.6	44.9% ± 7.3	18.7% ± 7.1	<sup>*</sup> 6.3% ± 5.1
Bisexual/Pansexual	409	<sup>*</sup> 7.3% ± 5.1	22.4% ± 6.0	41.9% ± 6.7	21.0% ± 6.5	<sup>*</sup> 7.4% ± 5.2
Queer	230	<sup>^</sup> 3.3% ± 5.3	18.7% ± 7.0	59.2% ± 8.9	<sup>*</sup> 13.6% ± 8.8	<sup>^</sup> 5.2% ± 5.3
<b>Household income</b>						
< 200% of Federal Poverty Level	2,411	16.7% ± 2.6	22.2% ± 2.8	27.1% ± 2.8	14.5% ± 2.3	19.4% ± 2.6
≥ 200% of Federal Poverty Level	5,747	6.8% ± 1.1	21.3% ± 1.5	50.6% ± 1.8	15.4% ± 1.4	5.8% ± 0.8
<b>Educational attainment</b>						
Less than high school	427	20.9% ± 6.2	22.9% ± 7.0	20.5% ± 6.7	10.0% ± 5.1	25.7% ± 6.8
High school or GED	1,088	13.9% ± 3.4	24.3% ± 4.2	26.6% ± 4.0	16.9% ± 3.6	18.3% ± 3.2
Some college	1,942	10.3% ± 2.6	17.8% ± 2.8	40.4% ± 3.5	19.9% ± 2.9	11.7% ± 2.1
College degree or higher	4,758	6.6% ± 1.2	21.8% ± 1.6	52.8% ± 2.0	13.8% ± 1.4	5.0% ± 0.8
<b>Speak a language other than English most of the time at home</b>						
Yes	1,069	22.5% ± 3.9	22.4% ± 3.7	26.5% ± 4.1	12.4% ± 3.4	16.3% ± 3.3
No	7,377	6.7% ± 1.0	21.3% ± 1.4	47.8% ± 1.6	16.0% ± 1.2	8.2% ± 0.9
<b>Economic distress</b>						
Yes	1,857	15.9% ± 2.8	20.8% ± 3.0	29.5% ± 3.3	16.3% ± 2.7	17.5% ± 2.8
No	6,645	7.5% ± 1.1	21.7% ± 1.4	48.1% ± 1.7	15.2% ± 1.3	7.5% ± 0.8
<b>Frequent mental distress</b>						
Yes	1,138	7.7% ± 2.9	15.2% ± 3.3	42.7% ± 4.2	23.9% ± 3.7	10.5% ± 2.8
No	6,795	8.7% ± 1.1	22.6% ± 1.5	46.5% ± 1.7	14.0% ± 1.2	8.3% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# About your community



This is a good community to raise children in.

**Table 55**

	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,505	44.5% ± 1.5	40.6% ± 1.5	10.5% ± 0.9	4.4% ± 0.7
<b>Minneapolis</b>	3,891	28.8% ± 2.1	44.6% ± 2.3	18.5% ± 1.8	8.0% ± 1.3
Camden, Near North	1,026	16.7% ± 4.6	41.2% ± 4.6	27.1% ± 4.0	15.1% ± 3.4
Central, Northeast, University, St. Anthony	948	26.0% ± 3.9	43.7% ± 4.3	22.0% ± 3.9	8.2% ± 2.9
Phillips, Powderhorn	1,075	26.6% ± 3.7	43.5% ± 4.2	18.3% ± 3.4	11.6% ± 3.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	842	37.5% ± 4.2	47.5% ± 4.4	11.9% ± 3.4	*3.1% ± 1.8
<b>Suburban Hennepin County</b>	4,614	53.2% ± 2.0	38.3% ± 2.0	6.1% ± 1.0	2.4% ± 0.8
Northwest suburbs	1,647	46.5% ± 3.2	42.3% ± 3.2	7.9% ± 1.6	3.4% ± 1.4
Northwest - inner	901	30.1% ± 4.3	50.3% ± 4.5	14.0% ± 3.2	5.5% ± 2.6
Northwest - outer	746	59.5% ± 4.6	35.9% ± 4.5	3.0% ± 1.6	^1.6% ± 2.0
West suburbs	1,482	61.1% ± 3.5	32.9% ± 3.4	4.0% ± 1.6	*2.0% ± 1.7
West - inner	714	51.4% ± 4.9	39.2% ± 4.9	*5.7% ± 3.5	^3.6% ± 4.1
West - outer	768	66.9% ± 4.7	29.0% ± 4.7	*3.0% ± 1.8	^1.1% ± 1.8
South suburbs	1,485	57.2% ± 3.5	36.6% ± 3.5	5.0% ± 2.0	*1.2% ± 0.9
South - east	733	39.4% ± 5.1	51.3% ± 5.2	7.4% ± 3.3	^2.0% ± 2.2
South - west	752	64.9% ± 4.6	30.3% ± 4.4	*3.9% ± 2.7	^0.9% ± 1.2
<b>Age</b>					
18-24	305	21.4% ± 6.5	48.2% ± 6.9	21.6% ± 5.9	8.8% ± 5.0
25-44	2,434	41.5% ± 2.7	43.2% ± 2.6	10.7% ± 1.5	4.6% ± 1.1
45-64	2,642	47.5% ± 2.6	39.3% ± 2.5	9.3% ± 1.3	3.9% ± 1.0
65-74	1,802	54.8% ± 2.9	34.9% ± 2.8	7.1% ± 1.4	3.2% ± 1.0
75 and older	1,279	59.2% ± 3.6	32.3% ± 3.4	6.4% ± 2.2	2.1% ± 1.1
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	311	23.6% ± 8.6	38.3% ± 8.3	24.4% ± 7.2	13.8% ± 5.9
Hispanic or Latino/a	484	43.9% ± 7.1	35.5% ± 6.6	13.3% ± 5.4	7.3% ± 3.9
Non-Hispanic					
Asian or Asian American	324	43.6% ± 8.3	42.4% ± 8.1	*8.6% ± 5.2	*5.4% ± 4.0
Southeast Asian	115	27.7% ± 12.7	55.2% ± 13.1	^10.6% ± 12.9	^6.4% ± 6.7
Black or African American	968	34.1% ± 5.1	41.7% ± 5.3	14.1% ± 3.8	10.1% ± 3.2
US-born Black	633	26.3% ± 6.5	46.1% ± 6.7	15.9% ± 4.6	11.7% ± 4.4
Foreign-born Black	329	43.4% ± 8.2	36.5% ± 8.6	12.1% ± 6.8	*8.1% ± 5.4
White	5,974	48.1% ± 1.8	40.7% ± 1.8	8.5% ± 1.1	2.7% ± 0.7



## About your community



This is a good community to raise children in.

Table 55	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,348	43.3% ± 1.8	42.2% ± 1.9	10.8% ± 1.2	3.7% ± 0.7
Male	2,990	45.8% ± 2.5	38.9% ± 2.5	10.2% ± 1.5	5.1% ± 1.2
Nonbinary	97	34.5% ± 16.0	47.4% ± 13.7	*13.3% ± 10.0	^4.8% ± 6.1
<b>Transgender</b>					
Yes	83	35.4% ± 16.2	48.5% ± 14.9	*9.3% ± 8.7	^6.9% ± 10.0
No	8,301	44.5% ± 1.5	40.6% ± 1.5	10.4% ± 0.9	4.4% ± 0.7
<b>Sexual orientation</b>					
Straight/Heterosexual	7,101	46.3% ± 1.6	39.6% ± 1.6	10.1% ± 1.0	4.0% ± 0.7
LGBQ+	969	30.1% ± 4.5	48.8% ± 4.5	13.9% ± 3.4	7.2% ± 2.7
Lesbian/Gay	378	30.4% ± 7.3	50.2% ± 7.3	12.8% ± 5.9	*6.6% ± 5.2
Bisexual/Pansexual	407	28.9% ± 7.0	48.0% ± 6.8	14.9% ± 5.2	8.2% ± 4.5
Queer	228	30.8% ± 9.1	53.0% ± 8.8	13.0% ± 6.2	^3.2% ± 4.1
<b>Household income</b>					
< 200% of Federal Poverty Level	2,391	31.8% ± 3.0	42.7% ± 3.2	15.8% ± 2.3	9.7% ± 1.9
≥ 200% of Federal Poverty Level	5,724	49.0% ± 1.8	39.6% ± 1.8	8.8% ± 1.0	2.6% ± 0.6
<b>Educational attainment</b>					
Less than high school	419	38.7% ± 7.2	38.1% ± 7.6	15.8% ± 6.2	7.5% ± 4.1
High school or GED	1,076	38.7% ± 4.5	40.0% ± 4.4	14.0% ± 3.1	7.3% ± 2.3
Some college	1,931	36.2% ± 3.4	44.6% ± 3.5	12.6% ± 2.3	6.6% ± 1.9
College degree or higher	4,746	49.1% ± 1.9	39.7% ± 1.9	8.5% ± 1.0	2.7% ± 0.8
<b>Speak a language other than English most of the time at home</b>					
Yes	1,056	40.9% ± 4.4	40.4% ± 4.4	12.8% ± 2.9	5.9% ± 1.8
No	7,350	45.2% ± 1.6	40.6% ± 1.6	10.1% ± 1.0	4.1% ± 0.7
<b>Economic distress</b>					
Yes	1,841	27.4% ± 3.3	41.8% ± 3.5	18.7% ± 2.7	12.0% ± 2.4
No	6,622	49.0% ± 1.7	40.3% ± 1.7	8.2% ± 0.9	2.4% ± 0.6
<b>Frequent mental distress</b>					
Yes	1,127	26.2% ± 3.9	46.5% ± 4.3	18.1% ± 3.4	9.1% ± 2.5
No	6,776	47.8% ± 1.7	39.6% ± 1.7	9.3% ± 1.0	3.3% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# About your community



People in my neighborhood have access to safe parks or trails for biking or walking.

**Table 56**

	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,504	65.1% ± 1.4	27.0% ± 1.4	5.2% ± 0.7	2.7% ± 0.5
<b>Minneapolis</b>	3,887	52.9% ± 2.3	33.4% ± 2.2	9.0% ± 1.3	4.7% ± 1.0
Camden, Near North	1,018	31.4% ± 4.2	40.1% ± 4.7	16.5% ± 3.4	12.0% ± 4.2
Central, Northeast, University, St. Anthony	947	51.1% ± 4.3	37.9% ± 4.3	7.5% ± 2.5	3.5% ± 2.0
Phillips, Powderhorn	1,079	40.3% ± 4.1	39.1% ± 4.3	12.7% ± 3.1	7.9% ± 2.6
Calhoun-Isles, Longfellow, Nokomis, Southwest	843	69.8% ± 4.2	23.4% ± 4.0	5.6% ± 2.8	^1.2% ± 1.6
<b>Suburban Hennepin County</b>	4,617	71.8% ± 1.9	23.5% ± 1.8	3.1% ± 0.8	1.6% ± 0.7
Northwest suburbs	1,637	66.6% ± 3.1	27.0% ± 3.0	4.2% ± 1.5	2.3% ± 1.2
Northwest - inner	896	51.5% ± 4.5	37.9% ± 4.6	6.8% ± 2.6	*3.8% ± 2.4
Northwest - outer	741	78.4% ± 4.1	18.4% ± 3.9	^2.1% ± 2.0	^1.1% ± 1.4
West suburbs	1,491	76.8% ± 3.3	19.7% ± 3.0	*2.3% ± 1.6	^1.3% ± 1.6
West - inner	716	71.2% ± 5.0	24.6% ± 4.7	*2.7% ± 2.5	^1.5% ± 5.6
West - outer	775	80.2% ± 4.4	16.7% ± 4.1	^2.0% ± 2.6	^1.2% ± 1.4
South suburbs	1,489	75.9% ± 3.1	21.2% ± 3.0	*2.2% ± 1.5	^0.8% ± 0.9
South - east	736	63.5% ± 5.2	31.3% ± 4.8	^3.8% ± 3.8	^1.4% ± 3.3
South - west	753	81.2% ± 4.0	16.9% ± 3.9	^1.4% ± 1.6	^0.5% ± 0.8
<b>Age</b>					
18-24	304	43.4% ± 6.9	39.4% ± 6.9	10.0% ± 4.7	*7.2% ± 4.7
25-44	2,431	62.2% ± 2.5	29.5% ± 2.4	5.7% ± 1.2	2.6% ± 0.8
45-64	2,641	68.9% ± 2.4	24.4% ± 2.2	4.5% ± 1.1	2.3% ± 0.7
65-74	1,796	74.9% ± 2.4	20.3% ± 2.3	3.2% ± 1.0	1.6% ± 0.6
75 and older	1,291	74.8% ± 3.3	20.9% ± 3.2	3.0% ± 1.3	*1.3% ± 0.8
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	310	41.7% ± 8.6	33.7% ± 8.0	15.6% ± 6.2	9.0% ± 4.0
Hispanic or Latino/a	482	60.3% ± 6.9	26.8% ± 6.4	9.2% ± 5.1	*3.7% ± 2.3
Non-Hispanic					
Asian or Asian American	322	62.9% ± 7.7	29.1% ± 7.4	*4.5% ± 4.1	*3.5% ± 2.6
Southeast Asian	112	53.0% ± 12.7	37.8% ± 13.2	^2.1% ± 2.8	*7.1% ± 6.8
Black or African American	959	46.5% ± 5.3	37.7% ± 5.2	9.3% ± 3.2	6.5% ± 2.6
US-born Black	624	38.7% ± 6.6	42.0% ± 6.8	11.7% ± 4.8	7.5% ± 3.5
Foreign-born Black	329	55.8% ± 8.2	32.2% ± 8.2	*6.5% ± 4.6	*5.4% ± 4.5
White	5,987	71.7% ± 1.6	23.3% ± 1.5	3.8% ± 0.8	1.1% ± 0.4

# About your community



People in my neighborhood have access to safe parks or trails for biking or walking.

**Table 56**

	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,352	64.0% ± 1.8	28.0% ± 1.8	5.4% ± 0.9	2.6% ± 0.6
Male	2,983	66.6% ± 2.4	25.9% ± 2.2	4.9% ± 1.2	2.7% ± 0.9
Nonbinary	98	51.1% ± 13.7	30.0% ± 12.6	<sup>^</sup> 11.1% ± 11.1	<sup>^</sup> 7.8% ± 11.2
<b>Transgender</b>					
Yes	84	63.1% ± 14.8	*23.6% ± 14.5	*5.6% ± 5.0	<sup>^</sup> 7.6% ± 13.7
No	8,302	65.2% ± 1.5	26.9% ± 1.4	5.2% ± 0.7	2.6% ± 0.5
<b>Sexual orientation</b>					
Straight/Heterosexual	7,089	66.1% ± 1.6	26.7% ± 1.5	4.8% ± 0.7	2.4% ± 0.6
LGBQ+	972	57.1% ± 4.5	29.7% ± 4.2	8.7% ± 3.0	4.4% ± 2.6
Lesbian/Gay	378	61.2% ± 7.5	26.7% ± 6.9	*8.4% ± 6.4	<sup>^</sup> 3.6% ± 4.8
Bisexual/Pansexual	408	53.0% ± 6.8	32.6% ± 6.6	10.3% ± 4.8	*4.1% ± 3.7
Queer	229	53.3% ± 8.7	32.8% ± 8.4	*10.3% ± 6.5	<sup>^</sup> 3.6% ± 6.4
<b>Household income</b>					
< 200% of Federal Poverty Level	2,382	47.1% ± 3.2	36.6% ± 3.1	10.0% ± 2.0	6.4% ± 1.6
≥ 200% of Federal Poverty Level	5,730	71.3% ± 1.6	23.8% ± 1.6	3.6% ± 0.7	1.4% ± 0.5
<b>Educational attainment</b>					
Less than high school	423	48.0% ± 7.3	37.2% ± 7.6	7.5% ± 3.9	*7.3% ± 4.9
High school or GED	1,070	52.4% ± 4.4	34.1% ± 4.3	9.5% ± 2.8	4.0% ± 1.9
Some college	1,921	58.0% ± 3.5	31.9% ± 3.4	6.3% ± 1.8	3.8% ± 1.5
College degree or higher	4,755	72.3% ± 1.7	22.5% ± 1.6	3.5% ± 0.8	1.6% ± 0.6
<b>Speak a language other than English most of the time at home</b>					
Yes	1,053	57.5% ± 4.3	32.7% ± 4.2	6.1% ± 2.1	3.8% ± 1.5
No	7,355	66.5% ± 1.5	26.0% ± 1.5	5.1% ± 0.8	2.5% ± 0.6
<b>Economic distress</b>					
Yes	1,829	43.1% ± 3.5	37.9% ± 3.5	10.5% ± 2.1	8.5% ± 2.2
No	6,635	70.9% ± 1.5	24.2% ± 1.5	3.7% ± 0.7	1.2% ± 0.4
<b>Frequent mental distress</b>					
Yes	1,125	47.9% ± 4.2	36.5% ± 4.2	8.9% ± 2.6	6.7% ± 2.8
No	6,765	68.6% ± 1.6	25.1% ± 1.5	4.5% ± 0.7	1.9% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# About your community



In general, how safe from crime do you consider your neighborhood to be?

**Table 57**

	Sample Size	Very safe	Somewhat safe	Somewhat unsafe	Not at all safe
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,551	37.1% ± 1.5	43.8% ± 1.5	13.9% ± 1.0	5.1% ± 0.7
<b>Minneapolis</b>	3,907	17.7% ± 1.9	44.2% ± 2.3	27.4% ± 2.1	10.8% ± 1.5
Camden, Near North	1,026	8.2% ± 2.8	29.9% ± 4.6	38.8% ± 4.5	23.1% ± 4.3
Central, Northeast, University, St. Anthony	950	18.1% ± 3.5	43.3% ± 4.3	30.2% ± 4.3	8.5% ± 2.8
Phillips, Powderhorn	1,087	10.4% ± 2.6	39.2% ± 4.0	33.9% ± 4.3	16.5% ± 3.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	25.0% ± 4.1	53.3% ± 4.4	16.7% ± 3.4	5.0% ± 2.7
<b>Suburban Hennepin County</b>	4,644	47.9% ± 2.0	43.6% ± 2.0	6.5% ± 1.0	2.0% ± 0.8
Northwest suburbs	1,653	40.5% ± 3.2	47.8% ± 3.2	8.3% ± 1.7	3.4% ± 1.5
Northwest - inner	905	25.9% ± 4.3	52.5% ± 4.5	15.8% ± 3.5	5.8% ± 2.9
Northwest - outer	748	52.1% ± 4.6	44.1% ± 4.6	*2.3% ± 1.5	^1.5% ± 2.1
West suburbs	1,492	55.2% ± 3.4	38.4% ± 3.4	5.3% ± 1.9	^1.0% ± 1.7
West - inner	716	40.7% ± 4.9	48.0% ± 4.9	8.7% ± 3.7	^2.6% ± 4.5
West - outer	776	64.0% ± 4.7	32.7% ± 4.7	*3.3% ± 2.3	^0.1% ± 0.2
South suburbs	1,499	53.3% ± 3.5	41.3% ± 3.4	4.7% ± 1.4	^0.6% ± 0.6
South - east	744	34.5% ± 5.3	55.3% ± 5.3	9.0% ± 3.3	*1.2% ± 1.0
South - west	755	61.6% ± 4.4	35.2% ± 4.4	2.9% ± 1.6	^0.3% ± 1.2
<b>Age</b>					
18-24	306	21.0% ± 6.5	36.6% ± 6.8	30.7% ± 6.4	11.8% ± 5.4
25-44	2,444	36.0% ± 2.7	44.6% ± 2.6	13.6% ± 1.6	5.8% ± 1.1
45-64	2,652	39.6% ± 2.6	43.6% ± 2.6	12.4% ± 1.5	4.4% ± 1.1
65-74	1,810	41.8% ± 3.0	45.6% ± 3.0	10.3% ± 1.6	2.3% ± 0.7
75 and older	1,296	44.8% ± 3.6	45.8% ± 3.6	8.3% ± 2.3	*1.2% ± 0.7
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	313	20.4% ± 8.5	40.9% ± 8.4	25.5% ± 7.2	13.1% ± 4.8
Hispanic or Latino/a	495	32.4% ± 6.9	32.2% ± 6.9	23.9% ± 6.0	11.5% ± 4.5
Non-Hispanic					
Asian or Asian American	324	32.6% ± 8.8	46.4% ± 8.1	15.3% ± 6.2	*5.7% ± 3.7
Southeast Asian	115	*19.3% ± 12.1	55.6% ± 13.2	*13.8% ± 12.2	*11.3% ± 9.6
Black or African American	971	28.0% ± 5.2	43.5% ± 5.3	15.2% ± 3.3	13.3% ± 3.9
US-born Black	632	24.2% ± 6.7	46.4% ± 6.7	15.8% ± 4.1	13.5% ± 4.5
Foreign-born Black	333	32.5% ± 8.1	39.9% ± 8.3	14.4% ± 5.8	13.2% ± 7.4
White	6,004	39.4% ± 1.7	47.3% ± 1.8	10.8% ± 1.1	2.5% ± 0.6

# About your community



In general, how safe from crime do you consider your neighborhood to be?

Table 57	Sample Size	Very safe	Somewhat safe	Somewhat unsafe	Not at all safe
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,377	35.0% ± 1.8	45.7% ± 1.9	14.1% ± 1.2	5.2% ± 0.9
Male	3,005	39.4% ± 2.5	42.1% ± 2.5	13.4% ± 1.7	5.0% ± 1.2
Nonbinary	96	27.9% ± 15.0	39.5% ± 14.6	25.8% ± 12.9	*6.8% ± 6.6
<b>Transgender</b>					
Yes	82	*23.8% ± 14.6	51.4% ± 14.8	*16.3% ± 13.8	^8.5% ± 9.3
No	8,347	37.3% ± 1.5	43.9% ± 1.5	13.8% ± 1.0	5.0% ± 0.7
<b>Sexual orientation</b>					
Straight/Heterosexual	7,128	38.5% ± 1.6	44.2% ± 1.6	12.6% ± 1.0	4.7% ± 0.8
LGBQ+	972	26.0% ± 4.4	43.7% ± 4.5	22.5% ± 3.8	7.7% ± 2.6
Lesbian/Gay	378	25.1% ± 7.3	43.9% ± 7.4	23.8% ± 6.5	*7.2% ± 5.1
Bisexual/Pansexual	407	20.9% ± 6.3	48.2% ± 6.9	23.0% ± 5.9	7.8% ± 4.2
Queer	229	26.0% ± 8.6	46.0% ± 8.8	22.1% ± 7.1	*6.0% ± 5.3
<b>Household income</b>					
< 200% of Federal Poverty Level	2,411	26.9% ± 3.0	39.0% ± 3.1	22.3% ± 2.6	11.8% ± 2.1
≥ 200% of Federal Poverty Level	5,748	41.1% ± 1.8	45.2% ± 1.8	11.1% ± 1.0	2.7% ± 0.6
<b>Educational attainment</b>					
Less than high school	429	24.1% ± 6.9	39.9% ± 7.4	21.3% ± 6.3	14.7% ± 5.2
High school or GED	1,083	29.9% ± 4.4	43.4% ± 4.4	16.2% ± 3.0	10.5% ± 3.0
Some college	1,939	33.6% ± 3.4	42.9% ± 3.4	17.8% ± 2.8	5.8% ± 1.6
College degree or higher	4,764	41.5% ± 1.9	44.4% ± 1.9	11.5% ± 1.1	2.5% ± 0.6
<b>Speak a language other than English most of the time at home</b>					
Yes	1,068	31.0% ± 4.3	40.2% ± 4.4	19.3% ± 3.3	9.5% ± 2.4
No	7,382	38.3% ± 1.6	44.5% ± 1.6	13.0% ± 1.0	4.2% ± 0.7
<b>Economic distress</b>					
Yes	1,856	21.7% ± 3.2	38.5% ± 3.5	25.7% ± 3.1	14.1% ± 2.6
No	6,653	41.2% ± 1.7	45.2% ± 1.7	10.9% ± 1.0	2.7% ± 0.5
<b>Frequent mental distress</b>					
Yes	1,134	21.5% ± 3.8	43.2% ± 4.2	22.4% ± 3.6	13.0% ± 3.3
No	6,799	39.9% ± 1.7	44.4% ± 1.7	12.3% ± 1.0	3.5% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## About your community



Have you or someone in your household experienced violence?

Table 58

	Yes, during the past year		Yes, ever	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,554	4.2% ± 0.4	8,554	16.0% ± 0.8
<b>Minneapolis</b>	3,906	7.8% ± 0.9	3,906	23.9% ± 1.5
Camden, Near North	1,028	12.3% ± 2.2	1,028	33.5% ± 3.0
Central, Northeast, University, St. Anthony	953	8.5% ± 1.9	953	23.2% ± 2.8
Phillips, Powderhorn	1,082	11.9% ± 2.1	1,082	29.6% ± 2.8
Calhoun-Isles, Longfellow, Nokomis, Southwest	843	3.7% ± 1.5	843	18.7% ± 2.8
<b>Suburban Hennepin County</b>	4,648	2.4% ± 0.5	4,648	11.9% ± 1.0
Northwest suburbs	1,654	2.6% ± 0.9	1,654	11.9% ± 1.7
Northwest - inner	906	4.1% ± 1.5	906	15.4% ± 2.5
Northwest - outer	748	*1.6% ± 1.2	748	9.3% ± 2.3
West suburbs	1,496	1.9% ± 0.8	1,496	11.7% ± 1.7
West - inner	719	3.1% ± 1.5	719	14.1% ± 2.7
West - outer	777	*1.3% ± 1.1	777	10.3% ± 2.4
South suburbs	1,498	2.3% ± 0.9	1,498	12.0% ± 1.8
South - east	743	3.9% ± 1.7	743	15.3% ± 2.8
South - west	755	*1.7% ± 1.2	755	10.6% ± 2.4
<b>Age</b>				
18-24	306	10.0% ± 3.8	306	23.5% ± 5.4
25-44	2,445	6.2% ± 1.1	2,445	20.6% ± 1.8
45-64	2,654	4.8% ± 0.9	2,654	18.8% ± 1.6
65-74	1,806	2.6% ± 0.8	1,806	13.5% ± 1.8
75 and older	1,300	*1.1% ± 0.7	1,300	5.4% ± 1.4
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	310	20.7% ± 5.8	310	48.1% ± 6.8
Hispanic or Latino/a	493	9.9% ± 3.7	493	25.5% ± 5.0
Non-Hispanic				
Asian or Asian American	323	*4.2% ± 3.5	323	14.9% ± 5.4
Southeast Asian	114	^5.1% ± 5.4	114	18.5% ± 9.6
Black or African American	969	9.4% ± 3.5	969	22.8% ± 4.6
US-born Black	631	11.1% ± 5.1	631	28.5% ± 6.4
Foreign-born Black	332	*6.5% ± 5.1	332	13.9% ± 6.3
White	6,014	2.9% ± 0.5	6,014	13.9% ± 0.9

## About your community



## Have you or someone in your household experienced violence?

Table 58	Yes, during the past year		Yes, ever	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	5,380	3.6% ± 0.5	5,380	15.5% ± 1.0
Male	3,005	5.2% ± 0.9	3,005	16.2% ± 1.4
Nonbinary	98	*7.9% ± 6.3	98	42.7% ± 11.1
<b>Transgender</b>				
Yes	84	*9.8% ± 7.7	84	41.0% ± 11.8
No	8,351	4.2% ± 0.4	8,351	15.8% ± 0.8
<b>Sexual orientation</b>				
Straight/Heterosexual	7,126	3.7% ± 0.4	7,126	14.3% ± 0.9
LGBQ+	978	9.2% ± 2.1	978	32.6% ± 3.3
Lesbian/Gay	380	10.5% ± 4.1	380	27.1% ± 5.2
Bisexual/Pansexual	410	9.4% ± 3.4	410	40.7% ± 5.4
Queer	231	10.3% ± 4.6	231	44.7% ± 7.2
<b>Household income</b>				
< 200% of Federal Poverty Level	2,410	10.5% ± 1.4	2,410	26.4% ± 2.0
≥ 200% of Federal Poverty Level	5,751	2.5% ± 0.4	5,751	13.4% ± 0.9
<b>Educational attainment</b>				
Less than high school	429	12.5% ± 4.0	429	25.9% ± 5.0
High school or GED	1,081	8.0% ± 1.8	1,081	19.5% ± 2.7
Some college	1,944	5.7% ± 1.1	1,944	19.9% ± 1.9
College degree or higher	4,766	2.6% ± 0.5	4,766	13.5% ± 1.0
<b>Speak a language other than English most of the time at home</b>				
Yes	1,066	8.1% ± 1.9	1,066	19.6% ± 2.7
No	7,388	3.8% ± 0.4	7,388	15.6% ± 0.9
<b>Economic distress</b>				
Yes	1,848	13.9% ± 1.8	1,848	35.7% ± 2.5
No	6,664	2.3% ± 0.4	6,664	12.1% ± 0.8
<b>Frequent mental distress</b>				
Yes	1,135	10.7% ± 2.0	1,135	35.0% ± 3.1
No	6,803	3.1% ± 0.4	6,803	13.2% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## About your community



## Experienced economic distress during the past 12 months

Table 59	Sample Size	Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,545	16.7% ± 0.8
<b>Minneapolis</b>	3,913	25.6% ± 1.4
Camden, Near North	1,027	46.5% ± 3.1
Central, Northeast, University, St. Anthony	954	27.9% ± 3.0
Phillips, Powderhorn	1,087	36.5% ± 2.9
Calhoun-Isles, Longfellow, Nokomis, Southwest	845	11.3% ± 2.2
<b>Suburban Hennepin County</b>	4,632	12.1% ± 1.0
Northwest suburbs	1,648	14.8% ± 1.7
Northwest - inner	905	24.2% ± 2.9
Northwest - outer	743	7.9% ± 2.2
West suburbs	1,493	9.2% ± 1.6
West - inner	720	12.7% ± 2.6
West - outer	773	7.1% ± 2.1
South suburbs	1,491	10.4% ± 1.7
South - east	740	15.9% ± 2.8
South - west	751	8.1% ± 2.2
<b>Age</b>		
18-24	306	39.5% ± 6.1
25-44	2,449	20.0% ± 1.7
45-64	2,655	18.8% ± 1.6
65-74	1,807	12.0% ± 1.6
75 and older	1,303	9.8% ± 1.8
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	313	57.0% ± 7.0
Hispanic or Latino/a	496	44.2% ± 5.4
Non-Hispanic		
Asian or Asian American	326	21.0% ± 5.3
Southeast Asian	115	36.5% ± 10.4
Black or African American	968	51.2% ± 5.0
US-born Black	630	55.2% ± 6.5
Foreign-born Black	332	44.4% ± 7.6
White	5,999	9.4% ± 0.8



# About your community



## Experienced economic distress during the past 12 months

**Table 59**

	Sample Size N	Yes % ± 95% C.I.
<b>Gender</b>		
Female	5,381	17.3% ± 1.0
Male	3,011	14.9% ± 1.3
Nonbinary	98	34.7% ± 10.9
<b>Transgender</b>		
Yes	84	46.2% ± 11.8
No	8,357	16.3% ± 0.8
<b>Sexual orientation</b>		
Straight/Heterosexual	7,127	14.4% ± 0.8
LGBQ+	979	28.2% ± 3.2
Lesbian/Gay	380	20.3% ± 4.6
Bisexual/Pansexual	410	32.8% ± 5.2
Queer	231	27.5% ± 6.6
<b>Household income</b>		
< 200% of Federal Poverty Level	2,414	48.2% ± 2.3
≥ 200% of Federal Poverty Level	5,738	7.6% ± 0.7
<b>Educational attainment</b>		
Less than high school	430	61.7% ± 5.3
High school or GED	1,083	35.8% ± 3.2
Some college	1,939	25.0% ± 2.1
College degree or higher	4,758	7.5% ± 0.8
<b>Speak a language other than English most of the time at home</b>		
Yes	1,069	37.8% ± 3.2
No	7,395	14.0% ± 0.8
<b>Economic distress</b>		
Yes	1,869	100.0% ± 0.0
No	6,676	0.0% ± 0.0
<b>Frequent mental distress</b>		
Yes	1,134	39.6% ± 3.2
No	6,786	12.0% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix A.

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^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## About your community



During the past 12 months, how often did you worry that food in your household would run out before you had money to buy more?

Table 60	Sample Size	Often	Sometimes	Rarely	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,545	2.9% ± 0.4	6.7% ± 0.5	8.8% ± 0.7	81.7% ± 0.9
<b>Minneapolis</b>	3,915	4.7% ± 0.7	9.9% ± 1.0	10.2% ± 1.1	75.2% ± 1.4
Camden, Near North	1,027	8.7% ± 1.9	21.1% ± 2.6	14.5% ± 2.3	55.7% ± 3.1
Central, Northeast, University, St. Anthony	954	5.5% ± 1.6	9.5% ± 2.1	9.3% ± 2.0	75.8% ± 2.9
Phillips, Powderhorn	1,089	7.2% ± 1.7	14.6% ± 2.2	13.2% ± 2.2	65.0% ± 2.9
Calhoun-Isles, Longfellow, Nokomis, Southwest	845	*1.6% ± 1.1	4.3% ± 1.6	8.2% ± 2.0	85.9% ± 2.5
<b>Suburban Hennepin County</b>	4,630	1.9% ± 0.4	5.0% ± 0.7	8.0% ± 0.9	85.1% ± 1.1
Northwest suburbs	1,646	2.7% ± 0.8	6.1% ± 1.2	9.1% ± 1.5	82.0% ± 1.9
Northwest - inner	904	5.0% ± 1.6	9.7% ± 2.1	12.4% ± 2.3	72.9% ± 3.0
Northwest - outer	742	^1.1% ± 1.1	3.5% ± 1.6	6.8% ± 2.1	88.7% ± 2.5
West suburbs	1,493	1.5% ± 0.7	3.7% ± 1.1	6.3% ± 1.4	88.5% ± 1.7
West - inner	720	*2.1% ± 1.4	6.3% ± 2.0	7.2% ± 2.1	84.4% ± 2.8
West - outer	773	^1.1% ± 1.0	*2.2% ± 1.3	5.7% ± 1.9	91.1% ± 2.2
South suburbs	1,491	*0.9% ± 0.6	4.3% ± 1.2	7.8% ± 1.6	87.0% ± 1.9
South - east	739	*2.3% ± 1.4	6.2% ± 2.0	9.5% ± 2.3	82.0% ± 2.9
South - west	752	^0.4% ± 0.8	3.6% ± 1.6	7.1% ± 2.1	88.9% ± 2.5
<b>Age</b>					
18-24	309	6.0% ± 3.3	13.2% ± 4.7	16.4% ± 5.0	64.4% ± 6.0
25-44	2,450	3.9% ± 0.8	8.0% ± 1.2	8.8% ± 1.3	79.3% ± 1.8
45-64	2,653	3.5% ± 0.8	8.3% ± 1.1	9.3% ± 1.2	78.9% ± 1.7
65-74	1,807	2.0% ± 0.7	5.0% ± 1.1	8.9% ± 1.5	84.1% ± 1.8
75 and older	1,301	*0.5% ± 0.5	2.5% ± 1.0	6.2% ± 1.6	90.8% ± 1.8
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	313	15.7% ± 4.8	19.7% ± 5.6	19.3% ± 5.3	45.3% ± 6.9
Hispanic or Latino/a	499	7.2% ± 3.3	22.1% ± 4.9	22.4% ± 4.8	48.3% ± 5.4
Non-Hispanic					
Asian or Asian American	326	*3.6% ± 2.6	10.7% ± 4.4	9.6% ± 4.8	76.1% ± 5.9
Southeast Asian	115	^5.6% ± 6.1	22.3% ± 10.5	*9.9% ± 8.7	62.1% ± 10.9
Black or African American	966	11.7% ± 3.5	19.9% ± 4.1	14.8% ± 3.9	53.5% ± 5.0
US-born Black	628	15.5% ± 5.1	17.9% ± 5.5	19.3% ± 5.8	47.3% ± 6.4
Foreign-born Black	332	*5.1% ± 4.5	23.0% ± 6.6	*7.3% ± 5.0	64.6% ± 7.5
White	6,001	1.1% ± 0.3	3.6% ± 0.5	6.9% ± 0.7	88.4% ± 0.9

## About your community



During the past 12 months, how often did you worry that food in your household would run out before you had money to buy more?

Table 60	Sample Size	Often	Sometimes	Rarely	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,384	3.1% ± 0.5	7.0% ± 0.7	8.9% ± 0.9	80.9% ± 1.1
Male	3,008	2.3% ± 0.6	5.8% ± 0.9	8.1% ± 1.1	83.8% ± 1.4
Nonbinary	98	<sup>^</sup> 5.7% ± 7.2	<sup>*</sup> 10.0% ± 8.4	20.6% ± 10.3	63.7% ± 11.0
<b>Transgender</b>					
Yes	83	<sup>*</sup> 11.2% ± 9.8	<sup>*</sup> 15.2% ± 10.6	20.6% ± 10.9	53.0% ± 11.9
No	8,358	2.7% ± 0.4	6.6% ± 0.6	8.6% ± 0.7	82.1% ± 0.9
<b>Sexual orientation</b>					
Straight/Heterosexual	7,128	2.4% ± 0.4	5.8% ± 0.6	8.0% ± 0.7	83.8% ± 0.9
LGBQ+	979	5.2% ± 1.7	9.8% ± 2.1	13.1% ± 2.6	71.9% ± 3.2
Lesbian/Gay	379	<sup>*</sup> 4.1% ± 2.8	6.4% ± 2.7	8.8% ± 3.6	80.8% ± 4.5
Bisexual/Pansexual	409	6.6% ± 3.1	10.7% ± 3.7	15.9% ± 4.5	66.8% ± 5.3
Queer	230	<sup>^</sup> 3.2% ± 3.4	10.5% ± 5.0	18.7% ± 6.2	67.6% ± 6.9
<b>Household income</b>					
< 200% of Federal Poverty Level	2,413	10.6% ± 1.4	21.1% ± 1.9	17.6% ± 1.8	50.6% ± 2.3
≥ 200% of Federal Poverty Level	5,739	0.7% ± 0.2	2.6% ± 0.5	6.1% ± 0.7	90.7% ± 0.8
<b>Educational attainment</b>					
Less than high school	429	14.9% ± 4.3	28.4% ± 5.0	13.2% ± 4.0	43.5% ± 5.4
High school or GED	1,087	8.5% ± 2.0	14.6% ± 2.4	13.4% ± 2.4	63.4% ± 3.2
Some college	1,938	4.5% ± 1.0	10.8% ± 1.5	11.5% ± 1.6	73.1% ± 2.2
College degree or higher	4,758	0.6% ± 0.2	2.5% ± 0.5	6.4% ± 0.8	90.6% ± 0.9
<b>Speak a language other than English most of the time at home</b>					
Yes	1,073	6.5% ± 1.6	17.8% ± 2.6	13.7% ± 2.4	62.0% ± 3.3
No	7,389	2.4% ± 0.4	5.3% ± 0.5	8.1% ± 0.7	84.2% ± 0.9
<b>Economic distress</b>					
Yes	1,864	17.2% ± 2.0	39.5% ± 2.6	16.0% ± 2.0	27.3% ± 2.4
No	6,672	0.0% ± 0.0	0.0% ± 0.0	7.3% ± 0.7	92.7% ± 0.7
<b>Frequent mental distress</b>					
Yes	1,135	10.9% ± 2.1	15.7% ± 2.5	16.7% ± 2.5	56.7% ± 3.2
No	6,785	1.5% ± 0.3	4.7% ± 0.5	7.2% ± 0.7	86.6% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# About your community



During the past 12 months, how often did food in your household not last and you did not have money to get more?

Table 61	Sample Size	Often	Sometimes	Rarely	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,521	2.1% ± 0.3	4.7% ± 0.5	6.2% ± 0.5	87.1% ± 0.7
<b>Minneapolis</b>	3,910	3.7% ± 0.6	7.2% ± 0.8	8.3% ± 1.0	80.8% ± 1.2
Camden, Near North	1,026	7.0% ± 1.7	17.9% ± 2.5	14.1% ± 2.3	61.0% ± 3.0
Central, Northeast, University, St. Anthony	953	4.2% ± 1.5	6.6% ± 1.7	8.6% ± 2.0	80.6% ± 2.6
Phillips, Powderhorn	1,087	5.2% ± 1.5	12.6% ± 2.1	10.9% ± 2.0	71.4% ± 2.8
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	*1.4% ± 1.0	*1.6% ± 1.1	4.9% ± 1.7	92.2% ± 2.0
<b>Suburban Hennepin County</b>	4,611	1.2% ± 0.4	3.4% ± 0.6	5.1% ± 0.7	90.3% ± 0.9
Northwest suburbs	1,640	1.8% ± 0.7	4.7% ± 1.1	5.7% ± 1.2	87.7% ± 1.6
Northwest - inner	900	3.3% ± 1.4	8.4% ± 2.0	9.9% ± 2.1	78.4% ± 2.8
Northwest - outer	740	^0.8% ± 1.0	*2.0% ± 1.3	2.7% ± 1.4	94.5% ± 1.9
West suburbs	1,488	*1.0% ± 0.7	2.3% ± 0.9	4.1% ± 1.2	92.7% ± 1.4
West - inner	718	*1.3% ± 1.1	4.1% ± 1.7	4.6% ± 1.8	90.1% ± 2.4
West - outer	770	^0.8% ± 1.0	*1.2% ± 1.1	3.7% ± 1.6	94.3% ± 1.9
South suburbs	1,483	*0.4% ± 0.4	2.3% ± 0.9	4.9% ± 1.3	92.4% ± 1.5
South - east	734	*1.2% ± 1.1	3.8% ± 1.6	6.7% ± 2.1	88.3% ± 2.5
South - west	749	^0.1% ± 0.8	*1.7% ± 1.2	4.1% ± 1.7	94.0% ± 2.0
<b>Age</b>					
18-24	307	*4.0% ± 3.0	7.6% ± 3.6	14.5% ± 4.9	73.8% ± 5.6
25-44	2,446	2.4% ± 0.7	6.1% ± 1.0	5.7% ± 1.0	85.7% ± 1.5
45-64	2,644	2.9% ± 0.7	5.5% ± 0.9	7.0% ± 1.1	84.6% ± 1.4
65-74	1,803	1.4% ± 0.6	3.8% ± 0.9	6.6% ± 1.3	88.2% ± 1.6
75 and older	1,296	^0.3% ± 0.6	1.3% ± 0.7	3.4% ± 1.2	94.9% ± 1.4
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	312	11.2% ± 4.2	19.3% ± 5.6	16.7% ± 5.0	52.8% ± 6.7
Hispanic or Latino/a	495	*3.8% ± 2.8	16.4% ± 4.4	21.5% ± 4.7	58.3% ± 5.4
Non-Hispanic					
Asian or Asian American	324	*2.9% ± 2.4	7.6% ± 3.3	7.6% ± 4.4	82.0% ± 5.1
Southeast Asian	114	^3.5% ± 4.9	14.7% ± 8.2	*11.7% ± 8.4	70.0% ± 10.0
Black or African American	965	10.1% ± 3.4	20.6% ± 4.3	14.4% ± 3.5	54.9% ± 5.0
US-born Black	628	12.3% ± 4.6	21.3% ± 6.1	16.6% ± 5.0	49.8% ± 6.5
Foreign-born Black	331	^5.4% ± 5.9	20.0% ± 5.8	10.5% ± 4.7	64.1% ± 7.3
White	5,983	0.7% ± 0.3	1.7% ± 0.4	3.9% ± 0.6	93.7% ± 0.7

# About your community



**During the past 12 months, how often did food in your household not last and you did not have money to get more?**

Table 61	Sample Size	Often	Sometimes	Rarely	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,372	1.9% ± 0.4	5.0% ± 0.6	6.3% ± 0.7	86.8% ± 0.9
Male	2,996	2.2% ± 0.6	4.0% ± 0.7	5.7% ± 0.9	88.0% ± 1.2
Nonbinary	98	^1.1% ± 6.3	^4.4% ± 4.9	17.7% ± 10.0	76.8% ± 10.2
<b>Transgender</b>					
Yes	84	^6.3% ± 8.3	*11.7% ± 10.5	18.1% ± 10.5	63.9% ± 11.9
No	8,333	1.9% ± 0.3	4.6% ± 0.5	6.1% ± 0.5	87.4% ± 0.7
<b>Sexual orientation</b>					
Straight/Heterosexual	7,106	1.7% ± 0.3	4.1% ± 0.5	5.5% ± 0.6	88.7% ± 0.7
LGBQ+	977	3.8% ± 1.6	6.2% ± 1.7	8.5% ± 2.1	81.6% ± 2.7
Lesbian/Gay	379	*3.3% ± 2.6	4.9% ± 2.6	6.0% ± 2.9	85.7% ± 4.0
Bisexual/Pansexual	409	*4.2% ± 2.9	7.0% ± 2.8	8.0% ± 3.5	80.9% ± 4.5
Queer	230	^3.6% ± 4.2	*3.9% ± 2.8	11.2% ± 5.1	81.3% ± 5.9
<b>Household income</b>					
< 200% of Federal Poverty Level	2,410	7.8% ± 1.2	17.0% ± 1.7	17.4% ± 1.8	57.9% ± 2.2
≥ 200% of Federal Poverty Level	5,719	0.4% ± 0.2	1.2% ± 0.3	2.9% ± 0.5	95.4% ± 0.6
<b>Educational attainment</b>					
Less than high school	427	10.5% ± 3.8	27.7% ± 5.0	16.7% ± 4.6	45.2% ± 5.4
High school or GED	1,084	6.3% ± 1.7	12.6% ± 2.2	12.6% ± 2.2	68.5% ± 3.1
Some college	1,933	3.3% ± 0.9	7.0% ± 1.3	9.3% ± 1.4	80.3% ± 1.9
College degree or higher	4,743	0.4% ± 0.2	1.2% ± 0.4	3.2% ± 0.6	95.3% ± 0.7
<b>Speak a language other than English most of the time at home</b>					
Yes	1,067	4.1% ± 1.3	14.9% ± 2.4	14.3% ± 2.5	66.8% ± 3.2
No	7,375	1.7% ± 0.3	3.5% ± 0.4	5.2% ± 0.5	89.6% ± 0.7
<b>Economic distress</b>					
Yes	1,863	12.3% ± 1.8	28.0% ± 2.3	22.6% ± 2.3	37.2% ± 2.6
No	6,650	0.0% ± 0.0	0.0% ± 0.0	2.8% ± 0.4	97.2% ± 0.4
<b>Frequent mental distress</b>					
Yes	1,133	7.3% ± 1.8	11.1% ± 2.1	13.0% ± 2.3	68.6% ± 3.0
No	6,766	1.0% ± 0.3	3.1% ± 0.4	4.6% ± 0.5	91.3% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# About your community



**During the past 12 months, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?**

**Table 62**

	Sample Size	Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,479	6.7% ± 0.5
<b>Minneapolis</b>	3,880	10.2% ± 1.0
Camden, Near North	1,016	21.3% ± 2.6
Central, Northeast, University, St. Anthony	947	9.9% ± 2.1
Phillips, Powderhorn	1,075	16.2% ± 2.3
Calhoun-Isles, Longfellow, Nokomis, Southwest	842	4.0% ± 1.5
<b>Suburban Hennepin County</b>	4,599	4.8% ± 0.7
Northwest suburbs	1,631	6.1% ± 1.2
Northwest - inner	896	9.6% ± 2.1
Northwest - outer	735	3.5% ± 1.6
West suburbs	1,484	3.8% ± 1.1
West - inner	717	5.0% ± 1.9
West - outer	767	3.0% ± 1.5
South suburbs	1,484	3.7% ± 1.2
South - east	735	5.0% ± 1.8
South - west	749	3.2% ± 1.5
<b>Age</b>		
18-24	305	13.3% ± 4.6
25-44	2,436	9.6% ± 1.3
45-64	2,630	8.8% ± 1.2
65-74	1,796	3.1% ± 0.9
75 and older	1,287	*1.2% ± 0.9
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	310	27.6% ± 6.1
Hispanic or Latino/a	488	22.6% ± 5.0
Non-Hispanic		
Asian or Asian American	321	*4.8% ± 3.1
Southeast Asian	113	*10.1% ± 7.2
Black or African American	956	23.2% ± 4.3
US-born Black	623	24.4% ± 5.9
Foreign-born Black	327	21.4% ± 6.7
White	5,967	3.2% ± 0.5

## About your community



**During the past 12 months, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?**

<b>Table 62</b>	<b>Sample Size</b>	<b>Yes</b>
	<b>N</b>	<b>% ± 95% C.I.</b>
<b>Gender</b>		
Female	5,346	6.8% ± 0.7
Male	2,980	5.9% ± 0.9
Nonbinary	98	*10.0% ± 8.4
<b>Transgender</b>		
Yes	84	21.0% ± 10.9
No	8,295	6.4% ± 0.5
<b>Sexual orientation</b>		
Straight/Heterosexual	7,074	5.7% ± 0.6
LGBQ+	975	12.4% ± 2.4
Lesbian/Gay	379	8.9% ± 3.6
Bisexual/Pansexual	408	15.8% ± 4.3
Queer	230	11.0% ± 5.4
<b>Household income</b>		
< 200% of Federal Poverty Level	2,385	19.3% ± 1.8
≥ 200% of Federal Poverty Level	5,703	3.1% ± 0.5
<b>Educational attainment</b>		
Less than high school	424	23.0% ± 4.8
High school or GED	1,063	15.2% ± 2.4
Some college	1,926	10.6% ± 1.5
College degree or higher	4,734	2.8% ± 0.5
<b>Speak a language other than English most of the time at home</b>		
Yes	1,049	16.3% ± 2.5
No	7,352	5.4% ± 0.5
<b>Economic distress</b>		
Yes	1,855	39.6% ± 2.6
No	6,619	0.0% ± 0.0
<b>Frequent mental distress</b>		
Yes	1,131	17.1% ± 2.5
No	6,738	4.7% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## About your community



During the past 12 months, how often have you stayed at someone else's home, in a shelter, slept outside, or somewhere not intended as a place to live because you had no other place to stay?

Table 63	Sample Size	Never	Once	Twice	Three or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,529	95.4% ± 0.8	1.6% ± 0.5	0.8% ± 0.3	2.2% ± 0.6
<b>Minneapolis</b>	3,907	91.9% ± 1.5	2.5% ± 0.8	1.7% ± 0.7	3.9% ± 1.3
Camden, Near North	1,028	83.5% ± 5.0	5.1% ± 2.8	*4.1% ± 2.8	*7.2% ± 4.7
Central, Northeast, University, St. Anthony	950	93.4% ± 2.8	*2.7% ± 2.2	^1.2% ± 1.5	*2.6% ± 2.0
Phillips, Powderhorn	1,085	86.2% ± 4.0	4.8% ± 2.5	*2.3% ± 1.6	6.7% ± 3.8
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	97.0% ± 2.8	0.0% ± 0.0	^0.8% ± 1.5	^2.2% ± 2.8
<b>Suburban Hennepin County</b>	4,622	97.4% ± 0.9	*1.1% ± 0.6	^0.3% ± 0.4	1.2% ± 0.6
Northwest suburbs	1,646	96.9% ± 1.5	*1.6% ± 1.3	^0.4% ± 0.9	*1.1% ± 0.9
Northwest - inner	904	95.0% ± 2.7	*3.1% ± 2.6	^0.4% ± 1.1	*1.5% ± 1.2
Northwest - outer	742	98.4% ± 2.1	^0.5% ± 1.4	^0.4% ± 2.1	^0.8% ± 1.9
West suburbs	1,489	97.7% ± 1.8	^0.6% ± 0.8	^0.2% ± 0.4	^1.5% ± 1.9
West - inner	717	94.7% ± 4.6	^1.4% ± 2.1	^0.4% ± 1.0	^3.5% ± 5.0
West - outer	772	99.5% ± 1.0	^0.1% ± 0.6	0.0% ± 0.0	^0.4% ± 1.1
South suburbs	1,487	98.0% ± 1.7	^0.6% ± 1.5	^0.4% ± 0.9	^1.1% ± 1.4
South - east	737	98.5% ± 2.2	^0.2% ± 0.6	^0.9% ± 2.8	^0.4% ± 1.0
South - west	750	97.7% ± 2.4	^0.7% ± 2.3	^0.2% ± 1.1	^1.4% ± 2.1
<b>Age</b>					
18-24	307	88.3% ± 5.5	*5.3% ± 4.3	^0.8% ± 1.7	*5.6% ± 4.6
25-44	2,443	94.9% ± 1.2	1.4% ± 0.6	*1.2% ± 0.7	2.5% ± 1.0
45-64	2,651	96.2% ± 1.1	1.4% ± 0.8	0.7% ± 0.3	1.8% ± 0.9
65-74	1,805	98.4% ± 0.8	^0.4% ± 0.4	*0.5% ± 0.4	*0.8% ± 0.8
75 and older	1,298	99.2% ± 2.3	^0.7% ± 2.5	0.0% ± 0.0	^0.1% ± 0.3
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	313	75.6% ± 7.2	*5.8% ± 4.0	^4.4% ± 6.4	14.1% ± 5.7
Hispanic or Latino/a	495	91.3% ± 5.0	*3.0% ± 2.8	^1.0% ± 1.0	^4.7% ± 5.2
Non-Hispanic					
Asian or Asian American	326	96.0% ± 3.8	^1.3% ± 2.9	^0.7% ± 2.0	^2.0% ± 3.5
Southeast Asian	115	95.7% ± 9.6	0.0% ± 0.0	^0.6% ± 1.9	^3.7% ± 10.6
Black or African American	966	88.3% ± 3.4	4.8% ± 2.6	*2.3% ± 1.7	4.6% ± 2.4
US-born Black	628	85.9% ± 4.6	*4.1% ± 2.7	*2.5% ± 1.5	7.4% ± 4.3
Foreign-born Black	332	90.8% ± 5.8	*5.5% ± 5.3	^2.2% ± 4.4	^1.5% ± 2.0
White	5,987	99.1% ± 0.4	*0.3% ± 0.3	^0.1% ± 0.2	*0.4% ± 0.2



## About your community



During the past 12 months, how often have you stayed at someone else's home, in a shelter, slept outside, or somewhere not intended as a place to live because you had no other place to stay?

Table 63	Sample Size	Never	Once	Twice	Three or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,374	95.7% ± 1.0	1.6% ± 0.7	0.8% ± 0.5	1.9% ± 0.7
Male	3,003	95.1% ± 1.2	1.6% ± 0.7	*0.8% ± 0.5	2.4% ± 1.0
Nonbinary	98	97.8% ± 5.2	^0.2% ± 1.1	^1.0% ± 5.7	^1.1% ± 5.3
<b>Transgender</b>					
Yes	83	92.0% ± 11.8	^4.4% ± 12.6	^0.5% ± 2.9	^3.1% ± 9.5
No	8,343	95.6% ± 0.8	1.5% ± 0.5	0.8% ± 0.3	2.1% ± 0.6
<b>Sexual orientation</b>					
Straight/Heterosexual	7,116	95.9% ± 0.8	1.4% ± 0.5	0.7% ± 0.3	2.0% ± 0.7
LGBQ+	979	93.2% ± 2.9	^2.2% ± 2.5	^1.7% ± 1.8	*2.9% ± 1.9
Lesbian/Gay	379	96.0% ± 6.6	^2.2% ± 7.1	^1.3% ± 6.4	^0.5% ± 1.0
Bisexual/Pansexual	410	92.4% ± 4.5	^0.4% ± 1.1	^1.2% ± 2.3	*6.0% ± 4.4
Queer	231	97.2% ± 3.9	^0.8% ± 3.7	^1.3% ± 4.1	^0.7% ± 1.8
<b>Household income</b>					
< 200% of Federal Poverty Level	2,406	85.2% ± 2.5	5.5% ± 1.8	2.6% ± 1.1	6.6% ± 2.0
≥ 200% of Federal Poverty Level	5,730	99.0% ± 0.5	*0.2% ± 0.2	^0.2% ± 0.2	*0.6% ± 0.5
<b>Educational attainment</b>					
Less than high school	428	78.3% ± 7.1	*6.3% ± 4.3	^3.2% ± 3.3	12.2% ± 6.8
High school or GED	1,084	88.0% ± 3.2	4.4% ± 2.3	3.1% ± 1.7	4.5% ± 2.4
Some college	1,934	95.9% ± 1.4	*1.4% ± 1.0	*0.5% ± 0.4	2.2% ± 1.1
College degree or higher	4,750	99.0% ± 0.5	^0.4% ± 0.4	^0.0% ± 0.1	*0.5% ± 0.3
<b>Speak a language other than English most of the time at home</b>					
Yes	1,067	91.7% ± 2.6	3.2% ± 1.7	*1.6% ± 1.0	*3.5% ± 2.1
No	7,383	96.2% ± 0.8	1.3% ± 0.5	0.6% ± 0.3	1.9% ± 0.6
<b>Economic distress</b>					
Yes	1,864	78.2% ± 3.2	7.6% ± 2.2	3.9% ± 1.5	10.4% ± 2.6
No	6,659	100.0% ± 0.0	0.0% ± 0.0	0.0% ± 0.0	0.0% ± 0.0
<b>Frequent mental distress</b>					
Yes	1,132	89.9% ± 3.3	*2.6% ± 1.8	*1.8% ± 1.5	5.7% ± 3.0
No	6,777	96.9% ± 0.7	1.2% ± 0.5	0.6% ± 0.3	1.3% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## About your community



During past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments, or shopping?

Table 64	Sample Size	Often	Sometimes	Rarely	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,540	3.7% ± 0.7	6.6% ± 0.9	5.9% ± 0.8	83.8% ± 1.2
<b>Minneapolis</b>	3,912	6.9% ± 1.5	11.7% ± 1.8	8.3% ± 1.4	73.1% ± 2.2
Camden, Near North	1,027	12.3% ± 4.8	17.5% ± 4.4	12.3% ± 3.5	58.0% ± 4.9
Central, Northeast, University, St. Anthony	954	5.5% ± 2.3	13.9% ± 4.0	8.8% ± 2.9	71.9% ± 4.4
Phillips, Powderhorn	1,087	12.7% ± 4.0	13.0% ± 2.9	10.9% ± 3.4	63.4% ± 4.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	^2.9% ± 3.0	6.6% ± 3.3	5.0% ± 2.7	85.5% ± 4.1
<b>Suburban Hennepin County</b>	4,628	1.9% ± 0.7	3.7% ± 0.9	4.6% ± 1.0	89.8% ± 1.4
Northwest suburbs	1,646	2.0% ± 1.1	4.6% ± 1.7	5.2% ± 1.8	88.2% ± 2.4
Northwest - inner	904	*3.8% ± 2.3	7.6% ± 3.1	8.6% ± 3.4	80.0% ± 4.2
Northwest - outer	742	^0.6% ± 1.4	*2.2% ± 2.1	*2.5% ± 2.3	94.7% ± 2.8
West suburbs	1,490	^1.6% ± 1.6	3.0% ± 1.7	4.4% ± 1.6	90.9% ± 2.4
West - inner	720	*4.3% ± 4.1	*3.6% ± 3.0	7.5% ± 3.5	84.6% ± 4.9
West - outer	770	^0.0% ± 0.2	*2.7% ± 2.3	*2.6% ± 1.7	94.7% ± 2.6
South suburbs	1,492	*2.1% ± 1.6	2.9% ± 1.3	3.7% ± 1.6	91.4% ± 2.2
South - east	740	*1.6% ± 1.4	*6.2% ± 3.8	6.5% ± 3.3	85.7% ± 4.4
South - west	752	^2.3% ± 2.3	*1.4% ± 1.2	*2.5% ± 2.0	93.8% ± 2.7
<b>Age</b>					
18-24	309	9.8% ± 5.1	21.2% ± 6.4	14.1% ± 5.4	54.9% ± 6.9
25-44	2,450	3.8% ± 1.2	6.0% ± 1.3	5.5% ± 1.3	84.6% ± 1.9
45-64	2,650	2.7% ± 0.9	5.0% ± 1.1	5.9% ± 1.3	86.4% ± 1.8
65-74	1,807	2.2% ± 1.0	3.1% ± 0.9	2.6% ± 0.8	92.0% ± 1.4
75 and older	1,300	2.5% ± 1.3	4.2% ± 1.7	3.1% ± 1.0	90.3% ± 2.1
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	313	14.0% ± 5.5	23.9% ± 7.3	11.7% ± 5.5	50.4% ± 8.1
Hispanic or Latino/a	497	8.5% ± 4.7	9.2% ± 5.0	14.1% ± 5.5	68.3% ± 6.7
Non-Hispanic					
Asian or Asian American	325	^1.9% ± 2.4	*6.2% ± 3.8	*7.4% ± 5.3	84.4% ± 5.9
Southeast Asian	114	^2.8% ± 6.1	*6.1% ± 5.8	^6.7% ± 12.4	84.4% ± 10.9
Black or African American	967	11.0% ± 3.8	14.5% ± 4.0	12.2% ± 3.8	62.2% ± 5.2
US-born Black	629	13.4% ± 5.9	12.6% ± 4.5	13.7% ± 4.9	60.4% ± 6.6
Foreign-born Black	332	*8.4% ± 5.0	16.9% ± 7.2	*10.0% ± 6.6	64.8% ± 8.2
White	5,994	1.1% ± 0.5	2.8% ± 0.7	3.2% ± 0.7	92.9% ± 1.0

## About your community



**During past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments, or shopping?**

Table 64	Sample Size	Often	Sometimes	Rarely	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,384	3.8% ± 0.9	6.8% ± 1.1	6.5% ± 1.2	82.9% ± 1.6
Male	3,005	3.5% ± 1.1	6.0% ± 1.4	5.1% ± 1.2	85.4% ± 1.9
Nonbinary	98	<sup>^</sup> 7.8% ± 13.8	*18.6% ± 15.8	*11.3% ± 9.8	62.3% ± 14.7
<b>Transgender</b>					
Yes	84	<sup>^</sup> 13.3% ± 15.9	*27.6% ± 17.4	<sup>^</sup> 9.3% ± 11.0	49.7% ± 14.6
No	8,355	3.6% ± 0.7	6.3% ± 0.8	5.8% ± 0.8	84.3% ± 1.2
<b>Sexual orientation</b>					
Straight/Heterosexual	7,126	3.2% ± 0.7	5.4% ± 0.9	5.2% ± 0.8	86.1% ± 1.2
LGBQ+	979	5.1% ± 2.5	12.9% ± 3.9	9.4% ± 2.8	72.6% ± 4.4
Lesbian/Gay	379	<sup>^</sup> 3.0% ± 3.5	*11.2% ± 6.9	*6.7% ± 5.5	79.1% ± 7.5
Bisexual/Pansexual	410	*5.8% ± 4.1	15.6% ± 6.9	9.0% ± 4.0	69.6% ± 7.0
Queer	231	<sup>^</sup> 3.0% ± 4.0	*12.2% ± 8.6	12.7% ± 6.7	72.1% ± 8.8
<b>Household income</b>					
< 200% of Federal Poverty Level	2,410	12.8% ± 2.4	17.4% ± 2.6	12.7% ± 2.3	57.1% ± 3.2
≥ 200% of Federal Poverty Level	5,738	*0.5% ± 0.3	2.7% ± 0.8	3.4% ± 0.7	93.4% ± 1.0
<b>Educational attainment</b>					
Less than high school	429	14.6% ± 6.1	22.9% ± 6.7	11.3% ± 5.9	51.3% ± 7.3
High school or GED	1,082	11.5% ± 3.2	11.7% ± 3.0	10.6% ± 3.1	66.1% ± 4.3
Some college	1,938	4.0% ± 1.4	9.8% ± 2.6	6.7% ± 2.0	79.5% ± 3.1
College degree or higher	4,758	0.5% ± 0.2	2.6% ± 0.7	3.9% ± 0.8	93.0% ± 1.0
<b>Speak a language other than English most of the time at home</b>					
Yes	1,071	6.3% ± 2.1	10.0% ± 2.6	11.6% ± 3.4	72.2% ± 4.0
No	7,388	3.2% ± 0.7	5.8% ± 0.9	4.8% ± 0.7	86.2% ± 1.2
<b>Economic distress</b>					
Yes	1,864	17.4% ± 2.9	31.3% ± 3.4	12.7% ± 2.4	38.7% ± 3.4
No	6,668	0.0% ± 0.0	0.0% ± 0.0	4.2% ± 0.8	95.8% ± 0.8
<b>Frequent mental distress</b>					
Yes	1,135	10.4% ± 3.2	13.4% ± 3.4	10.9% ± 2.9	65.4% ± 4.3
No	6,782	2.1% ± 0.5	5.2% ± 0.9	4.5% ± 0.8	88.2% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# About your community



**How often are you in a situation where you feel you are not accepted because of your race, ethnicity, religion, or immigration status?**

**Table 65**

	Sample Size	At least once a week/ Once or twice a month	A few times a year	Once a year or less often	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,510	7.0% ± 0.9	9.3% ± 1.0	9.2% ± 0.9	74.5% ± 1.4
<b>Minneapolis</b>	3,898	9.8% ± 1.6	12.0% ± 1.6	10.2% ± 1.5	68.1% ± 2.2
Camden, Near North	1,022	18.4% ± 4.3	19.7% ± 4.5	13.0% ± 3.3	48.8% ± 4.6
Central, Northeast, University, St. Anthony	950	9.4% ± 3.1	12.2% ± 3.4	10.0% ± 3.1	68.4% ± 4.3
Phillips, Powderhorn	1,082	11.8% ± 3.9	14.5% ± 3.4	10.0% ± 3.0	63.6% ± 4.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	844	5.7% ± 2.9	7.4% ± 2.9	9.3% ± 2.9	77.7% ± 4.1
<b>Suburban Hennepin County</b>	4,612	5.4% ± 1.2	7.9% ± 1.3	8.6% ± 1.2	78.1% ± 1.8
Northwest suburbs	1,638	6.7% ± 2.0	7.7% ± 2.0	9.9% ± 2.0	75.7% ± 2.9
Northwest - inner	901	11.3% ± 3.8	10.3% ± 3.1	12.0% ± 3.2	66.4% ± 4.5
Northwest - outer	737	*3.1% ± 2.4	5.7% ± 2.9	8.2% ± 2.8	83.1% ± 3.9
West suburbs	1,488	4.5% ± 2.2	7.4% ± 2.1	7.1% ± 2.1	80.9% ± 3.1
West - inner	718	*6.6% ± 4.4	9.9% ± 3.5	8.3% ± 3.1	75.1% ± 5.0
West - outer	770	*3.2% ± 2.6	5.9% ± 2.9	6.4% ± 3.1	84.5% ± 4.1
South suburbs	1,486	4.1% ± 2.0	8.5% ± 2.7	7.8% ± 2.2	79.6% ± 3.3
South - east	737	*7.3% ± 4.7	10.3% ± 4.7	9.2% ± 3.6	73.3% ± 5.6
South - west	749	*2.7% ± 2.4	7.7% ± 3.5	7.2% ± 2.8	82.4% ± 4.2
<b>Age</b>					
18-24	308	14.8% ± 6.1	15.8% ± 5.7	8.6% ± 4.7	60.7% ± 7.0
25-44	2,445	7.2% ± 1.5	10.2% ± 1.7	10.9% ± 1.7	71.7% ± 2.4
45-64	2,643	7.2% ± 1.5	9.2% ± 1.7	8.8% ± 1.6	74.8% ± 2.3
65-74	1,799	3.2% ± 1.3	5.3% ± 1.3	7.6% ± 1.8	84.0% ± 2.3
75 and older	1,292	*0.7% ± 0.5	*3.7% ± 2.5	4.3% ± 1.8	91.3% ± 2.7
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	310	25.3% ± 7.3	18.3% ± 6.7	17.0% ± 8.2	39.4% ± 8.3
Hispanic or Latino/a	496	16.9% ± 6.6	16.4% ± 5.7	13.6% ± 5.3	53.1% ± 6.9
Non-Hispanic					
Asian or Asian American	323	11.6% ± 6.3	26.7% ± 7.7	21.6% ± 6.8	40.1% ± 8.3
Southeast Asian	113	^6.8% ± 7.7	32.9% ± 13.7	21.7% ± 12.3	38.7% ± 13.1
Black or African American	956	22.6% ± 4.8	20.6% ± 4.5	13.9% ± 4.6	42.8% ± 5.2
US-born Black	620	33.4% ± 7.0	23.2% ± 5.8	14.6% ± 6.3	28.9% ± 5.9
Foreign-born Black	330	*10.2% ± 6.5	17.4% ± 7.4	13.2% ± 7.5	59.3% ± 8.5
White	5,985	2.1% ± 0.7	4.5% ± 0.8	6.9% ± 1.0	86.4% ± 1.3

# About your community



**How often are you in a situation where you feel you are not accepted because of your race, ethnicity, religion, or immigration status?**

**Table 65**

	Sample Size	At least once a week/ Once or twice a month	A few times a year	Once a year or less often	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,367	6.2% ± 1.1	9.5% ± 1.3	8.6% ± 1.1	75.8% ± 1.8
Male	2,993	7.5% ± 1.5	9.2% ± 1.5	9.9% ± 1.6	73.4% ± 2.3
Nonbinary	97	*15.5% ± 12.7	^8.8% ± 11.5	^6.4% ± 6.9	69.3% ± 13.6
<b>Transgender</b>					
Yes	83	^15.7% ± 15.6	^13.2% ± 13.3	^3.9% ± 5.1	67.1% ± 15.3
No	8,329	6.8% ± 0.9	9.3% ± 1.0	9.3% ± 0.9	74.7% ± 1.4
<b>Sexual orientation</b>					
Straight/Heterosexual	7,107	6.6% ± 1.0	8.7% ± 1.0	9.4% ± 1.0	75.3% ± 1.5
LGBQ+	977	9.5% ± 3.0	12.6% ± 3.5	8.9% ± 3.0	69.0% ± 4.4
Lesbian/Gay	379	*6.8% ± 4.8	*9.3% ± 5.7	12.4% ± 6.3	71.5% ± 7.4
Bisexual/Pansexual	408	11.3% ± 5.2	14.6% ± 6.3	6.8% ± 3.6	67.4% ± 6.9
Queer	230	9.7% ± 5.6	15.5% ± 7.7	*6.7% ± 4.6	68.1% ± 8.4
<b>Household income</b>					
< 200% of Federal Poverty Level	2,398	15.4% ± 2.6	15.6% ± 2.6	9.7% ± 2.0	59.2% ± 3.2
≥ 200% of Federal Poverty Level	5,723	4.1% ± 0.9	7.1% ± 1.0	9.0% ± 1.1	79.7% ± 1.5
<b>Educational attainment</b>					
Less than high school	426	16.4% ± 6.8	15.3% ± 6.3	*6.9% ± 5.2	61.3% ± 7.6
High school or GED	1,080	13.8% ± 3.7	13.1% ± 3.4	9.0% ± 2.8	64.0% ± 4.4
Some college	1,927	9.6% ± 2.4	11.5% ± 2.5	9.0% ± 2.1	70.0% ± 3.3
College degree or higher	4,747	3.5% ± 0.8	7.1% ± 1.1	9.4% ± 1.2	80.0% ± 1.6
<b>Speak a language other than English most of the time at home</b>					
Yes	1,067	14.1% ± 3.5	19.0% ± 3.7	13.8% ± 3.3	53.1% ± 4.4
No	7,363	5.7% ± 0.9	7.4% ± 0.9	8.3% ± 0.9	78.6% ± 1.4
<b>Economic distress</b>					
Yes	1,852	21.4% ± 3.2	18.6% ± 2.9	10.1% ± 2.2	49.9% ± 3.5
No	6,650	3.1% ± 0.7	6.9% ± 1.0	8.9% ± 1.0	81.1% ± 1.4
<b>Frequent mental distress</b>					
Yes	1,132	18.4% ± 3.8	13.1% ± 3.1	10.1% ± 2.9	58.4% ± 4.3
No	6,765	4.8% ± 0.9	8.4% ± 1.1	9.2% ± 1.0	77.7% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix A.

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^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

## About your community



**How often are you in a situation where you feel you are not accepted because of your sexual orientation or gender identity?**

**Table 66**

	Sample Size	All at least once a week/ Once or twice a month	A few times a year	Once a year or less often	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Hennepin County total</b>	8,493	3.5% ± 0.6	4.1% ± 0.6	4.0% ± 0.6	88.5% ± 1.0
<b>Minneapolis</b>	3,885	6.4% ± 1.3	7.4% ± 1.2	5.9% ± 1.2	80.4% ± 1.9
Camden, Near North	1,016	7.6% ± 4.2	6.5% ± 2.3	5.8% ± 2.0	80.1% ± 4.3
Central, Northeast, University, St. Anthony	947	7.3% ± 2.8	8.3% ± 2.6	7.5% ± 2.6	76.9% ± 3.8
Phillips, Powderhorn	1,080	7.7% ± 2.9	9.5% ± 2.5	6.0% ± 2.2	76.8% ± 3.7
Calhoun-Isles, Longfellow, Nokomis, Southwest	842	4.3% ± 2.4	5.6% ± 2.4	4.2% ± 2.3	85.8% ± 3.5
<b>Suburban Hennepin County</b>	4,608	1.9% ± 0.7	2.3% ± 0.7	2.9% ± 0.8	92.9% ± 1.2
Northwest suburbs	1,633	*1.7% ± 1.2	1.7% ± 0.9	3.4% ± 1.5	93.2% ± 1.9
Northwest - inner	896	^2.4% ± 2.5	*2.4% ± 1.5	*3.8% ± 2.5	91.4% ± 3.2
Northwest - outer	737	^1.2% ± 1.2	^1.1% ± 1.3	*3.1% ± 2.2	94.7% ± 2.5
West suburbs	1,486	*1.5% ± 1.0	*2.7% ± 1.8	2.9% ± 1.5	92.9% ± 2.2
West - inner	716	*2.4% ± 2.2	*3.5% ± 3.3	4.7% ± 2.6	89.5% ± 3.9
West - outer	770	^0.9% ± 1.1	^2.2% ± 2.5	^1.9% ± 2.3	95.0% ± 2.9
South suburbs	1,489	*2.3% ± 1.6	3.0% ± 1.6	2.2% ± 1.2	92.5% ± 2.2
South - east	739	*4.8% ± 3.9	*4.6% ± 4.0	*3.3% ± 2.2	87.3% ± 4.8
South - west	750	^1.3% ± 1.9	*2.3% ± 1.9	^1.7% ± 1.6	94.8% ± 2.6
<b>Age</b>					
18-24	305	10.5% ± 4.9	8.4% ± 4.0	*4.5% ± 3.4	76.7% ± 6.0
25-44	2,443	3.8% ± 1.0	5.4% ± 1.1	5.4% ± 1.3	85.3% ± 1.8
45-64	2,633	2.7% ± 0.9	3.0% ± 0.9	3.3% ± 1.0	91.0% ± 1.5
65-74	1,795	^1.1% ± 1.2	1.8% ± 0.8	2.1% ± 0.8	95.0% ± 1.4
75 and older	1,292	^0.3% ± 0.3	^0.3% ± 0.5	*1.3% ± 1.1	98.2% ± 1.1
<b>Selected race/ethnicity</b>					
American Indian or Alaska Native	311	*5.5% ± 4.5	^1.8% ± 1.9	*8.2% ± 5.1	84.6% ± 6.0
Hispanic or Latino/a	494	*3.4% ± 3.2	*6.6% ± 5.7	*3.8% ± 3.1	86.3% ± 5.9
Non-Hispanic					
Asian or Asian American	320	^4.8% ± 6.0	^2.7% ± 2.8	^3.3% ± 3.3	89.2% ± 5.9
Southeast Asian	110	^4.6% ± 6.4	^3.8% ± 5.7	^2.1% ± 7.0	89.5% ± 8.2
Black or African American	952	*4.7% ± 3.2	3.4% ± 1.7	*5.2% ± 3.4	86.7% ± 4.1
US-born Black	622	*7.9% ± 5.6	5.5% ± 3.0	*4.8% ± 3.9	81.9% ± 6.0
Foreign-born Black	325	^1.0% ± 2.5	^0.9% ± 1.9	^5.7% ± 6.7	92.4% ± 6.4
White	5,981	2.2% ± 0.6	3.7% ± 0.7	3.2% ± 0.7	91.0% ± 1.0

## About your community



**How often are you in a situation where you feel you are not accepted because of your sexual orientation or gender identity?**

Table 66	Sample Size	At least once a week/ Once or twice a month	A few times a year	Once a year or less often	Never
		N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
<b>Gender</b>					
Female	5,349	2.8% ± 0.7	3.7% ± 0.7	3.6% ± 0.7	90.0% ± 1.2
Male	2,993	3.2% ± 1.1	3.8% ± 1.0	4.3% ± 1.1	88.6% ± 1.7
Nonbinary	97	37.7% ± 13.5	33.0% ± 14.5	<sup>^</sup> 5.6% ± 11.3	<sup>*</sup> 23.6% ± 15.6
<b>Transgender</b>					
Yes	84	49.5% ± 14.6	32.2% ± 16.7	<sup>^</sup> 5.8% ± 13.2	<sup>^</sup> 12.5% ± 13.9
No	8,316	3.0% ± 0.6	3.7% ± 0.6	4.0% ± 0.7	89.4% ± 1.0
<b>Sexual orientation</b>					
Straight/Heterosexual	7,098	1.5% ± 0.5	1.6% ± 0.4	2.6% ± 0.6	94.3% ± 0.9
LGBQ+	975	18.5% ± 3.8	24.0% ± 3.9	14.1% ± 3.1	43.5% ± 4.6
Lesbian/Gay	376	26.6% ± 7.5	33.4% ± 7.0	18.4% ± 6.1	21.6% ± 7.0
Bisexual/Pansexual	408	15.5% ± 5.4	20.7% ± 6.1	12.4% ± 4.7	51.4% ± 6.8
Queer	231	35.4% ± 8.7	33.1% ± 8.8	12.8% ± 6.3	18.6% ± 7.7
<b>Household income</b>					
< 200% of Federal Poverty Level	2,388	5.8% ± 1.7	4.4% ± 1.3	4.8% ± 1.6	85.0% ± 2.4
≥ 200% of Federal Poverty Level	5,721	2.7% ± 0.7	4.0% ± 0.7	3.7% ± 0.7	89.6% ± 1.1
<b>Educational attainment</b>					
Less than high school	418	<sup>*</sup> 4.9% ± 4.7	<sup>^</sup> 1.4% ± 1.6	<sup>^</sup> 3.3% ± 4.0	90.5% ± 5.3
High school or GED	1,076	4.0% ± 2.2	3.5% ± 2.0	<sup>*</sup> 3.0% ± 2.1	89.5% ± 3.1
Some college	1,929	5.4% ± 2.1	5.0% ± 1.9	3.6% ± 1.6	85.9% ± 2.8
College degree or higher	4,745	2.6% ± 0.6	4.3% ± 0.8	4.3% ± 0.9	88.7% ± 1.2
<b>Speak a language other than English most of the time at home</b>					
Yes	1,060	4.7% ± 2.2	2.8% ± 1.4	3.2% ± 1.8	89.4% ± 2.8
No	7,353	3.2% ± 0.6	4.4% ± 0.7	4.0% ± 0.7	88.4% ± 1.1
<b>Economic distress</b>					
Yes	1,840	7.8% ± 2.1	6.8% ± 1.9	5.7% ± 2.0	79.7% ± 3.0
No	6,643	2.3% ± 0.6	3.4% ± 0.6	3.5% ± 0.7	90.7% ± 1.0
<b>Frequent mental distress</b>					
Yes	1,126	9.6% ± 2.7	8.7% ± 2.5	6.2% ± 2.2	75.5% ± 3.6
No	6,762	2.5% ± 0.7	3.6% ± 0.7	3.6% ± 0.7	90.3% ± 1.0

NOTE: Definitions for the indicators are provided in Appendix A.

<sup>\*</sup> Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# About your community



**Did you feel you were treated unfairly or discriminated against when you...  
Applied for or worked at a job?**

**Table 67**

	Sample Size	Among those who experienced this during the past 12 months Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	2,556	22.4% ± 2.3
<b>Minneapolis</b>	1,357	24.6% ± 3.4
Camden, Near North	321	45.6% ± 8.2
Central, Northeast, University, St. Anthony	360	17.0% ± 5.6
Phillips, Powderhorn	381	36.0% ± 7.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	295	19.7% ± 7.0
<b>Suburban Hennepin County</b>	1,199	20.8% ± 3.2
Northwest suburbs	413	23.3% ± 5.3
Northwest - inner	229	34.7% ± 8.6
Northwest - outer	184	15.4% ± 6.8
West suburbs	415	15.7% ± 4.8
West - inner	240	21.5% ± 7.7
West - outer	175	11.2% ± 6.3
South suburbs	371	21.3% ± 6.2
South - east	193	19.4% ± 8.6
South - west	178	22.3% ± 8.7
<b>Age</b>		
18-24	196	18.5% ± 7.8
25-44	1,221	19.0% ± 3.2
45-64	860	29.5% ± 4.2
65-74	208	33.8% ± 9.4
75 and older	67	*27.5% ± 19.5
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	103	54.3% ± 14.9
Hispanic or Latino/a	148	52.9% ± 12.3
Non-Hispanic		
Asian or Asian American	121	38.5% ± 12.8
Southeast Asian	37	42.9% ± 22.0
Black or African American	224	77.0% ± 10.1
US-born Black	174	81.1% ± 11.4
Foreign-born Black	47	68.2% ± 21.9
White	1,814	12.3% ± 2.2



## About your community



**Did you feel you were treated unfairly or discriminated against when you...  
Applied for or worked at a job?**

Table 67	Sample Size	Among those who experienced this during the past 12 months
	N	Yes % ± 95% C.I.
<b>Gender</b>		
Female	1,588	23.1% ± 3.0
Male	884	21.1% ± 3.7
Nonbinary	63	32.0% ± 16.6
<b>Transgender</b>		
Yes	53	39.0% ± 18.7
No	2,485	21.7% ± 2.3
<b>Sexual orientation</b>		
Straight/Heterosexual	2,027	20.7% ± 2.5
LGBQ+	464	24.1% ± 5.7
Lesbian/Gay	149	23.5% ± 10.2
Bisexual/Pansexual	225	24.2% ± 8.3
Queer	140	26.0% ± 10.5
<b>Household income</b>		
< 200% of Federal Poverty Level	549	48.2% ± 6.1
≥ 200% of Federal Poverty Level	1,938	15.7% ± 2.4
<b>Educational attainment</b>		
Less than high school	65	78.1% ± 16.2
High school or GED	196	54.1% ± 10.0
Some college	468	29.0% ± 6.2
College degree or higher	1,766	13.8% ± 2.2
<b>Speak a language other than English most of the time at home</b>		
Yes	282	49.9% ± 8.2
No	2,256	18.1% ± 2.3
<b>Economic distress</b>		
Yes	618	54.8% ± 5.8
No	1,935	13.6% ± 2.2
<b>Frequent mental distress</b>		
Yes	483	36.6% ± 6.3
No	1,981	17.6% ± 2.4

NOTE: Definitions for the indicators are provided in Appendix A.

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^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# About your community



**Did you feel you were treated unfairly or discriminated against when you...  
Needed medical, mental, or dental care?**

**Table 68**

	Sample Size	Among those who experienced this during the past 12 months Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	4,074	9.2% ± 1.3
<b>Minneapolis</b>	1,839	12.4% ± 2.1
Camden, Near North	415	31.1% ± 8.0
Central, Northeast, University, St. Anthony	475	7.7% ± 3.0
Phillips, Powderhorn	480	22.6% ± 5.6
Calhoun-Isles, Longfellow, Nokomis, Southwest	469	6.8% ± 3.8
<b>Suburban Hennepin County</b>	2,235	7.5% ± 1.6
Northwest suburbs	765	9.8% ± 3.0
Northwest - inner	378	13.5% ± 5.3
Northwest - outer	387	7.8% ± 3.8
West suburbs	781	4.8% ± 2.4
West - inner	372	*6.6% ± 4.0
West - outer	409	*3.8% ± 3.3
South suburbs	689	6.7% ± 3.2
South - east	315	*12.0% ± 7.3
South - west	374	*4.5% ± 3.8
<b>Age</b>		
18-24	172	*11.2% ± 6.8
25-44	1,467	8.6% ± 2.0
45-64	1,255	9.8% ± 2.2
65-74	760	9.1% ± 2.9
75 and older	418	8.3% ± 3.7
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	113	31.7% ± 12.5
Hispanic or Latino/a	143	31.8% ± 12.3
Non-Hispanic		
Asian or Asian American	142	*11.4% ± 9.8
Southeast Asian	38	10.2% ± 0.0
Black or African American	241	53.9% ± 10.5
US-born Black	197	56.1% ± 0.0
Foreign-born Black	42	48.2% ± 0.0
White	3,228	4.7% ± 1.1

## About your community



**Did you feel you were treated unfairly or discriminated against when you...  
Needed medical, mental, or dental care?**

<b>Table 68</b>	<b>Sample Size</b>	<b>Among those who experienced this during the past 12 months</b>
	<b>N</b>	<b>Yes</b>
		<b>% ± 95% C.I.</b>
<b>Gender</b>		
Female	2,610	9.6% ± 1.7
Male	1,375	8.6% ± 2.0
Nonbinary	70	*17.3% ± 14.4
<b>Transgender</b>		
Yes	58	*19.7% ± 15.2
No	3,998	9.1% ± 1.3
<b>Sexual orientation</b>		
Straight/Heterosexual	3,398	7.9% ± 1.3
LGBQ+	606	14.2% ± 4.5
Lesbian/Gay	224	*10.3% ± 6.8
Bisexual/Pansexual	270	15.6% ± 7.2
Queer	168	17.8% ± 9.3
<b>Household income</b>		
< 200% of Federal Poverty Level	742	31.6% ± 5.0
≥ 200% of Federal Poverty Level	3,195	5.0% ± 1.2
<b>Educational attainment</b>		
Less than high school	56	54.2% ± 19.4
High school or GED	275	27.8% ± 7.6
Some college	789	15.5% ± 3.8
College degree or higher	2,842	4.6% ± 1.2
<b>Speak a language other than English most of the time at home</b>		
Yes	289	27.9% ± 7.4
No	3,770	7.3% ± 1.2
<b>Economic distress</b>		
Yes	675	37.0% ± 5.4
No	3,397	4.2% ± 1.0
<b>Frequent mental distress</b>		
Yes	611	21.6% ± 4.9
No	3,344	6.2% ± 1.1

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## About your community



**Did you feel you were treated unfairly or discriminated against when you...  
Needed to rent or buy a place to live?**

Table 69

	Sample Size	Among those who experienced this during the past 12 months Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	1,367	26.0% ± 3.2
<b>Minneapolis</b>	828	23.6% ± 3.8
Camden, Near North	217	48.5% ± 10.0
Central, Northeast, University, St. Anthony	238	12.7% ± 5.0
Phillips, Powderhorn	255	33.8% ± 8.3
Calhoun-Isles, Longfellow, Nokomis, Southwest	118	19.2% ± 9.6
<b>Suburban Hennepin County</b>	539	28.6% ± 5.3
Northwest suburbs	213	34.8% ± 8.7
Northwest - inner	125	34.9% ± 11.5
Northwest - outer	88	34.8% ± 13.1
West suburbs	176	18.7% ± 8.4
West - inner	106	17.5% ± 10.1
West - outer	70	*20.0% ± 14.7
South suburbs	150	27.2% ± 10.6
South - east	87	34.1% ± 15.2
South - west	63	*22.2% ± 15.1
<b>Age</b>		
18-24	139	14.7% ± 8.6
25-44	644	21.2% ± 4.4
45-64	348	40.5% ± 7.3
65-74	149	55.9% ± 10.5
75 and older	85	42.5% ± 14.1
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	100	44.1% ± 13.2
Hispanic or Latino/a	101	41.6% ± 14.6
Non-Hispanic		
Asian or Asian American	58	*27.6% ± 19.7
Southeast Asian	<30	
Black or African American	216	52.8% ± 11.0
US-born Black	176	57.9% ± 0.0
Foreign-born Black	39	41.4% ± 0.0
White	796	21.0% ± 4.3

# About your community



## Did you feel you were treated unfairly or discriminated against when you... Needed to rent or buy a place to live?

**Table 69**

	Sample Size	Among those who experienced this during the past 12 months Yes
	N	% ± 95% C.I.
<b>Gender</b>		
Female	823	27.9% ± 4.3
Male	490	23.7% ± 5.1
Nonbinary	43	*29.0% ± 20.0
<b>Transgender</b>		
Yes	38	*29.3% ± 19.8
No	1,317	25.8% ± 3.3
<b>Sexual orientation</b>		
Straight/Heterosexual	1,002	25.7% ± 3.7
LGBQ+	307	24.1% ± 7.0
Lesbian/Gay	99	*17.3% ± 11.2
Bisexual/Pansexual	147	27.8% ± 11.0
Queer	99	29.8% ± 13.1
<b>Household income</b>		
< 200% of Federal Poverty Level	532	37.8% ± 6.0
≥ 200% of Federal Poverty Level	799	19.1% ± 4.0
<b>Educational attainment</b>		
Less than high school	65	40.2% ± 17.3
High school or GED	195	42.6% ± 10.0
Some college	301	36.3% ± 8.0
College degree or higher	756	16.6% ± 3.8
<b>Speak a language other than English most of the time at home</b>		
Yes	207	41.8% ± 9.5
No	1,149	22.6% ± 3.3
<b>Economic distress</b>		
Yes	554	40.6% ± 6.0
No	812	16.6% ± 3.6
<b>Frequent mental distress</b>		
Yes	344	37.6% ± 7.4
No	931	20.9% ± 3.5

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# About your community



**Did you feel you were treated unfairly or discriminated against when you...  
Applied for social services or public assistance?**

**Table 70**

	Sample Size	Among those who experienced this during the past 12 months Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	560	46.9% ± 6.5
<b>Minneapolis</b>	371	50.5% ± 8.3
Camden, Near North	138	56.2% ± 13.7
Central, Northeast, University, St. Anthony	74	33.9% ± 17.3
Phillips, Powderhorn	132	58.4% ± 14.5
Calhoun-Isles, Longfellow, Nokomis, Southwest	<30	
<b>Suburban Hennepin County</b>	189	43.4% ± 10.0
Northwest suburbs	91	49.4% ± 13.8
Northwest - inner	64	49.4% ± 16.4
Northwest - outer	<30	
West suburbs	45	39.3% ± 21.1
West - inner	<30	
West - outer	<30	
South suburbs	53	*33.7% ± 20.2
South - east	<30	
South - west	<30	
<b>Age</b>		
18-24	34	*34.8% ± 22.2
25-44	199	45.9% ± 10.0
45-64	214	52.5% ± 10.1
65-74	83	59.6% ± 15.4
75 and older	30	44.4% ± 24.7
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	70	61.5% ± 17.6
Hispanic or Latino/a	50	72.3% ± 21.2
Non-Hispanic		
Asian or Asian American	<30	
Southeast Asian	<30	
Black or African American	141	78.1% ± 11.5
US-born Black	113	75.3% ± 15.1
Foreign-born Black	<30	
White	234	28.3% ± 10.2

# About your community



## Did you feel you were treated unfairly or discriminated against when you... Applied for social services or public assistance?

**Table 70**

	Sample Size	Among those who experienced this during the past 12 months Yes
	N	% ± 95% C.I.
<b>Gender</b>		
Female	348	47.0% ± 8.2
Male	192	48.0% ± 10.5
Nonbinary	<30	
<b>Transgender</b>		
Yes	<30	
No	539	45.9% ± 6.6
<b>Sexual orientation</b>		
Straight/Heterosexual	403	49.1% ± 7.8
LGBQ+	119	30.0% ± 12.3
Lesbian/Gay	37	<sup>^</sup> 18.6% ± 19.0
Bisexual/Pansexual	60	32.2% ± 18.3
Queer	32	*29.8% ± 27.1
<b>Household income</b>		
< 200% of Federal Poverty Level	380	54.6% ± 8.1
≥ 200% of Federal Poverty Level	171	33.5% ± 11.8
<b>Educational attainment</b>		
Less than high school	49	70.1% ± 21.2
High school or GED	121	65.1% ± 13.7
Some college	180	52.1% ± 11.7
College degree or higher	183	15.3% ± 7.4
<b>Speak a language other than English most of the time at home</b>		
Yes	115	62.6% ± 12.9
No	435	41.4% ± 7.7
<b>Economic distress</b>		
Yes	373	64.4% ± 8.1
No	187	12.6% ± 6.9
<b>Frequent mental distress</b>		
Yes	171	59.3% ± 10.9
No	340	35.1% ± 7.9

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

<sup>^</sup> Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# About your community



## Did you feel you were treated unfairly or discriminated against when you... Dealt with the police?

**Table 71**

	Sample Size	Among those who experienced this during the past 12 months Yes
	N	% ± 95% C.I.
<b>Hennepin County total</b>	1,193	37.8% ± 3.9
<b>Minneapolis</b>	660	51.1% ± 5.2
Camden, Near North	227	75.2% ± 7.7
Central, Northeast, University, St. Anthony	137	41.4% ± 11.4
Phillips, Powderhorn	201	58.8% ± 9.1
Calhoun-Isles, Longfellow, Nokomis, Southwest	95	36.9% ± 11.1
<b>Suburban Hennepin County</b>	533	28.8% ± 5.6
Northwest suburbs	215	36.0% ± 8.6
Northwest - inner	135	51.5% ± 11.2
Northwest - outer	80	*19.3% ± 12.6
West suburbs	162	21.4% ± 12.1
West - inner	85	*25.5% ± 17.1
West - outer	77	*18.7% ± 18.1
South suburbs	156	22.2% ± 10.2
South - east	86	25.8% ± 13.1
South - west	70	*20.1% ± 15.5
<b>Age</b>		
18-24	68	58.2% ± 14.2
25-44	501	33.5% ± 5.6
45-64	394	35.2% ± 6.7
65-74	163	38.8% ± 11.2
75 and older	65	29.7% ± 14.7
<b>Selected race/ethnicity</b>		
American Indian or Alaska Native	102	81.0% ± 14.0
Hispanic or Latino/a	75	60.8% ± 18.9
Non-Hispanic		
Asian or Asian American	34	*27.3% ± 21.2
Southeast Asian	<30	
Black or African American	196	85.5% ± 9.2
US-born Black	162	82.5% ± 0.0
Foreign-born Black	33	94.9% ± 0.0
White	717	15.4% ± 4.1



# About your community



## Did you feel you were treated unfairly or discriminated against when you... Dealt with the police?

Table 71	Sample Size	Among those who experienced this during the past 12 months
	N	Yes % ± 95% C.I.
<b>Gender</b>		
Female	674	35.8% ± 5.5
Male	481	38.0% ± 5.9
Nonbinary	<30	
<b>Transgender</b>		
Yes	<30	
No	1,160	37.0% ± 4.0
<b>Sexual orientation</b>		
Straight/Heterosexual	929	34.8% ± 4.5
LGBQ+	222	47.3% ± 9.3
Lesbian/Gay	74	31.3% ± 15.0
Bisexual/Pansexual	114	55.3% ± 12.5
Queer	61	55.1% ± 16.8
<b>Household income</b>		
< 200% of Federal Poverty Level	398	75.5% ± 6.6
≥ 200% of Federal Poverty Level	767	21.4% ± 4.4
<b>Educational attainment</b>		
Less than high school	60	92.2% ± 9.7
High school or GED	146	77.4% ± 11.0
Some college	305	49.2% ± 8.7
College degree or higher	647	16.5% ± 4.1
<b>Speak a language other than English most of the time at home</b>		
Yes	161	75.2% ± 9.6
No	1,025	31.1% ± 4.2
<b>Economic distress</b>		
Yes	441	75.6% ± 5.8
No	752	18.1% ± 4.1
<b>Frequent mental distress</b>		
Yes	269	60.2% ± 8.4
No	849	28.0% ± 4.3

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)





# COVID-19 pandemic

# COVID-19 pandemic



## Summary measure

Experienced a negative impact from the COVID-19 pandemic

**Table 72**

	Adult		Child	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,453	84.0% ± 1.2	1,826	80.6% ± 2.6
<b>Minneapolis</b>	3,867	87.2% ± 1.5	876	75.4% ± 4.3
Camden, Near North	1,012	86.7% ± 3.2	302	75.3% ± 8.6
Central, Northeast, University, St. Anthony	947	87.3% ± 2.8	148	63.7% ± 10.5
Phillips, Powderhorn	1,070	84.9% ± 3.2	249	74.7% ± 7.9
Calhoun-Isles, Longfellow, Nokomis, Southwest	838	88.4% ± 2.9	177	83.5% ± 8.0
<b>Suburban Hennepin County</b>	4,586	82.2% ± 1.6	950	82.8% ± 3.3
Northwest suburbs	1,625	80.7% ± 2.7	405	82.0% ± 5.1
Northwest - inner	884	80.2% ± 3.9	238	75.9% ± 7.9
Northwest - outer	741	81.1% ± 3.9	167	87.3% ± 7.2
West suburbs	1,476	82.7% ± 2.7	269	85.6% ± 6.6
West - inner	709	84.0% ± 3.7	126	85.7% ± 13.0
West - outer	767	81.9% ± 3.9	143	85.5% ± 8.3
South suburbs	1,485	84.1% ± 2.8	276	82.3% ± 6.0
South - east	738	84.7% ± 4.2	119	70.2% ± 10.7
South - west	747	83.8% ± 3.7	157	86.9% ± 7.7
<b>Age</b>				
18-24	302	88.5% ± 5.2	65	66.0% ± 14.6
25-44	2,434	87.9% ± 2.0	1,044	81.0% ± 3.3
45-64	2,628	82.9% ± 2.1	629	83.9% ± 4.3
65-74	1,788	78.6% ± 2.6	62	81.1% ± 13.5
75 and older	1,278	70.3% ± 3.4	<30	
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	309	86.7% ± 6.3	101	84.5% ± 15.1
Hispanic or Latino/a	485	83.7% ± 5.9	255	72.7% ± 9.5
Non-Hispanic				
Asian or Asian American	317	88.2% ± 5.8	110	76.6% ± 13.4
Southeast Asian	110	85.7% ± 10.7	54	86.8% ± 18.6
Black or African American	950	76.4% ± 4.6	282	67.7% ± 8.6
US-born Black	619	81.6% ± 5.8	157	70.9% ± 12.3
Foreign-born Black	325	70.4% ± 7.8	124	65.1% ± 12.2
White	5,957	83.8% ± 1.4	991	86.1% ± 3.0

# COVID-19 pandemic



## Summary measure

### Experienced a negative impact from the COVID-19 pandemic

**Table 72**

	Adult		Child	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	5,331	85.9% ± 1.3	1,295	80.3% ± 3.1
Male	2,977	81.6% ± 2.0	505	80.9% ± 4.6
Nonbinary	96	98.4% ± 5.0	<30	
<b>Transgender</b>				
Yes	82	94.6% ± 11.4	<30	
No	8,275	84.1% ± 1.2	1,786	80.7% ± 2.6
<b>Sexual orientation</b>				
Straight/Heterosexual	7,072	83.4% ± 1.3	1,541	82.3% ± 2.6
LGBQ+	973	93.5% ± 2.6	151	79.0% ± 12.2
Lesbian/Gay	378	92.0% ± 4.1	<30	
Bisexual/Pansexual	406	97.0% ± 2.2	86	87.1% ± 13.3
Queer	231	98.6% ± 1.8	30	94.8% ± 24.0
<b>Household income</b>				
< 200% of Federal Poverty Level	2,361	81.6% ± 2.4	668	68.5% ± 5.4
≥ 200% of Federal Poverty Level	5,714	85.1% ± 1.4	1,111	85.9% ± 2.9
<b>Educational attainment</b>				
Less than high school	412	76.6% ± 5.9	158	54.7% ± 11.1
High school or GED	1,062	77.3% ± 3.6	244	71.4% ± 8.4
Some college	1,915	82.6% ± 2.7	325	81.1% ± 7.2
College degree or higher	4,741	86.9% ± 1.5	1,046	86.2% ± 2.9
<b>Speak a language other than English most of the time at home</b>				
Yes	1,041	80.4% ± 3.7	447	72.2% ± 6.1
No	7,337	84.6% ± 1.2	1,357	83.5% ± 2.8
<b>Economic distress</b>				
Yes	1,823	89.1% ± 2.1	566	74.2% ± 5.7
No	6,603	82.6% ± 1.4	1,253	82.7% ± 2.9
<b>Frequent mental distress</b>				
Yes	1,133	95.1% ± 1.8	253	83.7% ± 7.6
No	6,735	83.0% ± 1.3	1,407	82.4% ± 2.8

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# COVID-19 pandemic



The COVID-19 pandemic has affected our community in many areas. Check the ways your life has been negatively impacted by the COVID-19 pandemic.

Table 73	Physical Health		Mental Health		Connections to family and/or friends		Death of family and/or friends	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,453	33.5% ± 1.5	8,453	49.7% ± 1.5	8,453	62.9% ± 1.5	8,453	20.3% ± 1.3
<b>Minneapolis</b>	3,867	38.7% ± 2.3	3,867	56.1% ± 2.3	3,867	63.7% ± 2.2	3,867	20.9% ± 1.9
Camden, Near North	1,012	40.3% ± 4.7	1,012	53.0% ± 4.7	1,012	55.5% ± 4.6	1,012	29.6% ± 4.6
Central, Northeast, University, St. Anthony	947	40.7% ± 4.3	947	57.7% ± 4.3	947	65.8% ± 4.1	947	18.5% ± 3.4
Phillips, Powderhorn	1,070	39.1% ± 4.1	1,070	56.0% ± 4.1	1,070	57.7% ± 4.2	1,070	22.6% ± 3.4
Calhoun-Isles, Longfellow, Nokomis, Southwest	838	35.9% ± 4.3	838	55.8% ± 4.4	838	68.1% ± 4.3	838	18.7% ± 3.7
<b>Suburban Hennepin County</b>	4,586	30.6% ± 1.9	4,586	46.1% ± 2.0	4,586	62.5% ± 2.0	4,586	20.0% ± 1.7
Northwest suburbs	1,625	31.0% ± 3.2	1,625	44.3% ± 3.3	1,625	59.1% ± 3.3	1,625	22.2% ± 2.8
Northwest - inner	884	33.4% ± 4.5	884	42.6% ± 4.6	884	56.0% ± 4.6	884	23.8% ± 4.0
Northwest - outer	741	29.0% ± 4.5	741	45.6% ± 4.6	741	61.5% ± 4.6	741	21.0% ± 4.1
West suburbs	1,476	28.8% ± 3.3	1,476	49.4% ± 3.5	1,476	63.8% ± 3.5	1,476	18.1% ± 2.8
West - inner	709	28.7% ± 4.4	709	50.6% ± 4.9	709	64.6% ± 4.9	709	17.5% ± 4.3
West - outer	767	28.9% ± 4.6	767	48.8% ± 4.8	767	63.3% ± 4.8	767	18.5% ± 3.8
South suburbs	1,485	31.5% ± 3.5	1,485	46.3% ± 3.6	1,485	66.6% ± 3.5	1,485	18.0% ± 2.9
South - east	738	30.8% ± 5.0	738	48.2% ± 5.2	738	64.6% ± 5.1	738	20.4% ± 4.2
South - west	747	31.9% ± 4.6	747	45.5% ± 4.6	747	67.5% ± 4.5	747	16.9% ± 3.8
<b>Age</b>								
18-24	302	39.5% ± 6.8	302	64.7% ± 7.0	302	62.4% ± 6.9	302	17.1% ± 5.8
25-44	2,434	40.4% ± 2.6	2,434	62.7% ± 2.6	2,434	65.8% ± 2.6	2,434	20.3% ± 2.2
45-64	2,628	31.1% ± 2.4	2,628	43.9% ± 2.6	2,628	59.6% ± 2.6	2,628	21.6% ± 2.1
65-74	1,788	21.9% ± 2.7	1,788	29.9% ± 2.8	1,788	64.6% ± 2.9	1,788	20.9% ± 2.5
75 and older	1,278	17.5% ± 3.3	1,278	17.0% ± 2.9	1,278	60.2% ± 3.6	1,278	17.4% ± 3.1
<b>Selected race/ethnicity</b>								
American Indian or Alaska Native	309	39.5% ± 8.3	309	60.3% ± 7.9	309	54.8% ± 8.1	309	40.0% ± 8.3
Hispanic or Latino/a	485	36.1% ± 6.8	485	42.8% ± 6.9	485	49.4% ± 6.9	485	31.9% ± 7.1
Non-Hispanic								
Asian or Asian American	317	39.2% ± 8.2	317	53.8% ± 8.2	317	62.3% ± 8.2	317	25.3% ± 7.8
Southeast Asian	110	55.7% ± 13.2	110	53.6% ± 13.3	110	65.7% ± 12.9	110	26.4% ± 13.2
Black or African American	950	31.1% ± 5.0	950	34.4% ± 5.1	950	41.5% ± 5.3	950	25.6% ± 4.6
US-born Black	619	36.4% ± 6.7	619	45.1% ± 6.7	619	44.8% ± 6.8	619	31.8% ± 6.1
Foreign-born Black	325	25.3% ± 7.9	325	22.2% ± 8.0	325	37.5% ± 8.5	325	18.1% ± 7.5
White	5,957	31.1% ± 1.7	5,957	49.1% ± 1.8	5,957	66.7% ± 1.8	5,957	18.1% ± 1.4

# COVID-19 pandemic



The COVID-19 pandemic has affected our community in many areas. Check the ways your life has been negatively impacted by the COVID-19 pandemic.

Table 73	Physical Health		Mental Health		Connections to family and/or friends		Death of family and/or friends	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>								
Female	5,331	34.5% ± 1.8	5,331	52.5% ± 1.9	5,331	64.5% ± 1.8	5,331	21.3% ± 1.6
Male	2,977	31.7% ± 2.4	2,977	45.8% ± 2.5	2,977	60.8% ± 2.5	2,977	19.0% ± 2.1
Nonbinary	96	60.6% ± 15.0	96	83.5% ± 16.1	96	83.1% ± 12.9	96	*22.2% ± 15.2
<b>Transgender</b>								
Yes	82	58.7% ± 15.3	82	89.4% ± 10.9	82	75.1% ± 13.7	82	*28.0% ± 17.2
No	8,275	33.3% ± 1.5	8,275	49.4% ± 1.6	8,275	63.0% ± 1.5	8,275	20.2% ± 1.3
<b>Sexual orientation</b>								
Straight/Heterosexual	7,072	31.4% ± 1.6	7,072	47.6% ± 1.7	7,072	62.6% ± 1.6	7,072	19.8% ± 1.4
LGBQ+	973	49.3% ± 4.5	973	74.5% ± 4.1	973	73.1% ± 4.2	973	23.5% ± 4.0
Lesbian/Gay	378	43.5% ± 7.3	378	70.1% ± 7.1	378	73.5% ± 6.9	378	24.2% ± 6.6
Bisexual/Pansexual	406	53.4% ± 6.9	406	82.4% ± 5.5	406	75.1% ± 6.1	406	24.8% ± 6.5
Queer	231	64.2% ± 8.8	231	90.0% ± 6.3	231	82.8% ± 7.8	231	22.1% ± 8.3
<b>Household income</b>								
< 200% of Federal Poverty Level	2,361	35.7% ± 3.1	2,361	42.7% ± 3.2	2,361	51.5% ± 3.2	2,361	25.1% ± 2.8
≥ 200% of Federal Poverty Level	5,714	33.1% ± 1.7	5,714	52.6% ± 1.8	5,714	66.8% ± 1.8	5,714	18.8% ± 1.5
<b>Educational attainment</b>								
Less than high school	412	33.9% ± 7.5	412	30.0% ± 7.4	412	46.2% ± 7.5	412	25.2% ± 7.0
High school or GED	1,062	28.2% ± 4.3	1,062	37.2% ± 4.5	1,062	48.2% ± 4.4	1,062	24.7% ± 4.0
Some college	1,915	34.4% ± 3.5	1,915	47.0% ± 3.5	1,915	59.8% ± 3.4	1,915	22.8% ± 3.0
College degree or higher	4,741	34.8% ± 1.9	4,741	56.0% ± 1.9	4,741	69.3% ± 1.9	4,741	17.9% ± 1.5
<b>Speak a language other than English most of the time at home</b>								
Yes	1,041	35.2% ± 4.4	1,041	40.3% ± 4.4	1,041	49.7% ± 4.4	1,041	22.2% ± 3.8
No	7,337	33.2% ± 1.6	7,337	51.5% ± 1.6	7,337	65.3% ± 1.6	7,337	19.9% ± 1.3
<b>Economic distress</b>								
Yes	1,823	44.5% ± 3.5	1,823	55.0% ± 3.5	1,823	57.3% ± 3.5	1,823	28.5% ± 3.2
No	6,603	30.6% ± 1.6	6,603	48.2% ± 1.7	6,603	64.4% ± 1.7	6,603	18.2% ± 1.4
<b>Frequent mental distress</b>								
Yes	1,133	54.0% ± 4.3	1,133	82.2% ± 3.6	1,133	71.0% ± 4.0	1,133	29.6% ± 4.1
No	6,735	30.7% ± 1.6	6,735	46.3% ± 1.7	6,735	62.9% ± 1.7	6,735	18.6% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# COVID-19 pandemic



The COVID-19 pandemic has affected our community in many areas. Check the ways your life has been negatively impacted by the COVID-19 pandemic.

Table 74	Housing		Job and/or Income		Education access and quality	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	8,453	6.5% ± 0.9	8,453	27.0% ± 1.4	8,453	12.3% ± 1.2
<b>Minneapolis</b>	3,867	9.7% ± 1.6	3,867	30.3% ± 2.2	3,867	17.1% ± 2.1
Camden, Near North	1,012	15.9% ± 4.7	1,012	37.2% ± 4.9	1,012	16.6% ± 5.1
Central, Northeast, University, St. Anthony	947	9.6% ± 3.4	947	28.8% ± 4.2	947	25.3% ± 4.6
Phillips, Powderhorn	1,070	12.4% ± 3.2	1,070	35.1% ± 4.2	1,070	17.6% ± 3.8
Calhoun-Isles, Longfellow, Nokomis, Southwest	838	5.9% ± 3.0	838	26.4% ± 4.3	838	9.2% ± 2.9
<b>Suburban Hennepin County</b>	4,586	4.8% ± 1.1	4,586	25.1% ± 1.9	4,586	9.7% ± 1.4
Northwest suburbs	1,625	5.1% ± 1.8	1,625	26.4% ± 3.1	1,625	9.9% ± 2.4
Northwest - inner	884	6.7% ± 3.1	884	29.5% ± 4.5	884	10.5% ± 3.8
Northwest - outer	741	*3.8% ± 2.5	741	24.0% ± 4.4	741	9.4% ± 3.4
West suburbs	1,476	5.4% ± 2.4	1,476	25.5% ± 3.4	1,476	10.0% ± 2.6
West - inner	709	*8.0% ± 4.7	709	29.4% ± 5.2	709	9.5% ± 3.8
West - outer	767	*3.8% ± 2.9	767	23.1% ± 4.5	767	10.2% ± 3.6
South suburbs	1,485	3.9% ± 1.7	1,485	22.9% ± 3.3	1,485	9.1% ± 2.7
South - east	738	6.9% ± 3.9	738	27.5% ± 5.2	738	8.2% ± 3.9
South - west	747	*2.6% ± 2.0	747	20.9% ± 4.2	747	9.5% ± 3.6
<b>Age</b>						
18-24	302	16.5% ± 5.9	302	41.0% ± 6.9	302	46.5% ± 6.9
25-44	2,434	8.2% ± 1.5	2,434	31.9% ± 2.5	2,434	12.3% ± 1.8
45-64	2,628	4.7% ± 1.2	2,628	27.5% ± 2.4	2,628	9.1% ± 1.7
65-74	1,788	2.0% ± 1.0	1,788	12.2% ± 2.0	1,788	2.1% ± 1.0
75 and older	1,278	^1.2% ± 1.9	1,278	4.1% ± 1.9	1,278	^1.4% ± 2.1
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	309	24.5% ± 8.2	309	37.6% ± 8.4	309	11.2% ± 5.5
Hispanic or Latino/a	485	13.1% ± 6.0	485	44.7% ± 6.9	485	14.1% ± 4.8
Non-Hispanic						
Asian or Asian American	317	*7.9% ± 5.7	317	37.1% ± 8.5	317	12.0% ± 5.6
Southeast Asian	110	*17.9% ± 13.7	110	35.3% ± 13.1	110	24.1% ± 13.4
Black or African American	950	18.9% ± 4.8	950	31.3% ± 5.3	950	14.8% ± 4.4
US-born Black	619	19.4% ± 6.2	619	34.1% ± 6.9	619	12.2% ± 5.1
Foreign-born Black	325	18.5% ± 8.1	325	28.0% ± 8.5	325	18.0% ± 7.9
White	5,957	2.7% ± 0.7	5,957	22.3% ± 1.6	5,957	7.4% ± 1.1



# COVID-19 pandemic



The COVID-19 pandemic has affected our community in many areas. Check the ways your life has been negatively impacted by the COVID-19 pandemic.

**Table 74**

	Housing		Job and/or Income		Education access and quality	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>						
Female	5,331	6.8% ± 1.2	5,331	27.6% ± 1.8	5,331	12.6% ± 1.5
Male	2,977	6.0% ± 1.4	2,977	25.4% ± 2.4	2,977	11.2% ± 1.9
Nonbinary	96	*12.6% ± 10.3	96	62.1% ± 13.3	96	35.8% ± 14.4
<b>Transgender</b>						
Yes	82	^15.2% ± 15.3	82	56.0% ± 14.6	82	36.0% ± 15.7
No	8,275	6.4% ± 0.9	8,275	26.7% ± 1.5	8,275	12.0% ± 1.2
<b>Sexual orientation</b>						
Straight/Heterosexual	7,072	5.6% ± 0.9	7,072	25.1% ± 1.6	7,072	10.7% ± 1.2
LGBQ+	973	11.7% ± 3.5	973	39.5% ± 4.6	973	22.4% ± 4.3
Lesbian/Gay	378	*7.3% ± 6.1	378	32.7% ± 7.7	378	14.5% ± 7.2
Bisexual/Pansexual	406	14.9% ± 5.6	406	42.9% ± 6.9	406	29.4% ± 7.2
Queer	231	10.4% ± 5.7	231	43.7% ± 8.8	231	25.1% ± 8.4
<b>Household income</b>						
< 200% of Federal Poverty Level	2,361	16.3% ± 2.6	2,361	38.1% ± 3.2	2,361	20.1% ± 2.9
≥ 200% of Federal Poverty Level	5,714	3.3% ± 0.8	5,714	23.3% ± 1.6	5,714	9.7% ± 1.3
<b>Educational attainment</b>						
Less than high school	412	18.9% ± 6.9	412	31.5% ± 7.6	412	17.0% ± 7.3
High school or GED	1,062	12.0% ± 3.5	1,062	33.2% ± 4.5	1,062	10.5% ± 3.3
Some college	1,915	8.4% ± 2.3	1,915	29.0% ± 3.3	1,915	17.2% ± 3.4
College degree or higher	4,741	3.4% ± 0.8	4,741	24.4% ± 1.8	4,741	11.1% ± 1.4
<b>Speak a language other than English most of the time at home</b>						
Yes	1,041	13.5% ± 3.3	1,041	35.2% ± 4.4	1,041	16.6% ± 3.7
No	7,337	5.1% ± 0.8	7,337	25.4% ± 1.5	7,337	11.4% ± 1.2
<b>Economic distress</b>						
Yes	1,823	24.4% ± 3.4	1,823	48.8% ± 3.5	1,823	21.6% ± 3.3
No	6,603	1.9% ± 0.5	6,603	21.2% ± 1.5	6,603	9.9% ± 1.2
<b>Frequent mental distress</b>						
Yes	1,133	17.1% ± 3.8	1,133	42.7% ± 4.3	1,133	21.5% ± 3.9
No	6,735	4.6% ± 0.8	6,735	24.3% ± 1.6	6,735	10.9% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# COVID-19 pandemic



Check the ways children (age 0 to 17) in your household have been negatively impacted by the COVID-19 pandemic  
Among households with children

Table 75	Physical health		Mental health		Connections to family and/or friends	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	1,826	25.2% ± 2.3	1,826	45.3% ± 2.6	1,826	63.6% ± 2.5
<b>Minneapolis</b>	876	27.1% ± 3.5	876	44.5% ± 3.8	876	61.5% ± 3.6
Camden, Near North	302	28.7% ± 5.4	302	41.4% ± 5.7	302	55.0% ± 5.7
Central, Northeast, University, St. Anthony	148	27.3% ± 8.2	148	40.0% ± 8.3	148	52.2% ± 8.0
Phillips, Powderhorn	249	33.5% ± 6.2	249	42.3% ± 6.3	249	57.6% ± 6.3
Calhoun-Isles, Longfellow, Nokomis, Southwest	177	22.8% ± 6.8	177	49.9% ± 7.3	177	72.8% ± 7.1
<b>Suburban Hennepin County</b>	950	24.3% ± 3.0	950	45.7% ± 3.4	950	64.6% ± 3.3
Northwest suburbs	405	23.2% ± 4.5	405	43.7% ± 5.1	405	59.9% ± 5.0
Northwest - inner	238	26.5% ± 6.0	238	39.0% ± 6.4	238	55.6% ± 6.3
Northwest - outer	167	20.4% ± 6.8	167	47.8% ± 7.6	167	63.6% ± 7.6
West suburbs	269	24.8% ± 5.7	269	49.6% ± 6.1	269	68.3% ± 6.0
West - inner	126	23.8% ± 8.3	126	50.9% ± 8.7	126	68.3% ± 8.7
West - outer	143	25.3% ± 7.8	143	48.9% ± 8.2	143	68.3% ± 8.1
South suburbs	276	25.9% ± 6.0	276	46.2% ± 6.4	276	70.4% ± 6.0
South - east	119	20.9% ± 8.2	119	41.2% ± 9.1	119	61.4% ± 9.1
South - west	157	27.4% ± 7.5	157	47.8% ± 7.8	157	73.2% ± 7.5
<b>Age</b>						
18-24	65	40.7% ± 14.3	65	50.6% ± 13.6	65	40.9% ± 14.4
25-44	1,044	22.9% ± 3.0	1,044	40.2% ± 3.4	1,044	64.2% ± 3.3
45-64	629	26.8% ± 4.0	629	54.3% ± 4.3	629	66.3% ± 4.2
65-74	62	32.8% ± 14.8	62	33.4% ± 14.7	62	45.2% ± 14.7
75 and older	<30		<30		<30	
<b>Selected race/ethnicity</b>						
American Indian or Alaska Native	101	42.4% ± 12.3	101	47.3% ± 12.0	101	59.0% ± 12.3
Hispanic or Latino/a	255	26.1% ± 7.4	255	36.5% ± 7.8	255	50.1% ± 7.7
Non-Hispanic						
Asian or Asian American	110	27.0% ± 10.4	110	37.4% ± 12.2	110	54.1% ± 12.0
Southeast Asian	54	35.2% ± 16.2	54	37.7% ± 16.0	54	62.4% ± 15.1
Black or African American	282	29.0% ± 9.1	282	29.8% ± 9.5	282	38.1% ± 9.4
US-born Black	157	35.2% ± 13.9	157	37.6% ± 14.1	157	38.9% ± 14.0
Foreign-born Black	124	24.1% ± 12.1	124	*23.4% ± 14.3	124	36.5% ± 13.1
White	991	22.2% ± 2.9	991	49.3% ± 3.4	991	71.5% ± 3.2

# COVID-19 pandemic



**Check the ways children (age 0 to 17) in your household have been negatively impacted by the COVID-19 pandemic**  
**Among households with children**

Table 75	Physical health		Mental health		Connections to family and/or friends	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>						
Female	1,295	26.2% ± 2.8	1,295	46.1% ± 3.1	1,295	64.6% ± 2.9
Male	505	22.4% ± 4.2	505	43.1% ± 4.9	505	61.5% ± 4.8
Nonbinary	<30		<30		<30	
<b>Transgender</b>						
Yes	<30		<30		<30	
No	1,786	25.2% ± 2.3	1,786	45.4% ± 2.6	1,786	63.8% ± 2.5
<b>Sexual orientation</b>						
Straight/Heterosexual	1,541	24.3% ± 2.5	1,541	46.5% ± 2.8	1,541	64.7% ± 2.7
LGBQ+	151	38.7% ± 8.9	151	42.0% ± 9.0	151	68.6% ± 8.7
Lesbian/Gay	<30		<30		<30	
Bisexual/Pansexual	86	41.1% ± 11.8	86	48.1% ± 11.7	86	74.7% ± 11.4
Queer	30	46.7% ± 19.6	30	48.0% ± 19.3	30	86.9% ± 20.3
<b>Household income</b>						
< 200% of Federal Poverty Level	668	33.0% ± 4.3	668	36.4% ± 4.3	668	45.9% ± 4.4
≥ 200% of Federal Poverty Level	1,111	21.4% ± 2.7	1,111	48.0% ± 3.2	1,111	69.7% ± 3.0
<b>Educational attainment</b>						
Less than high school	158	26.9% ± 8.7	158	26.6% ± 8.6	158	33.2% ± 8.7
High school or GED	244	34.0% ± 7.3	244	37.8% ± 7.4	244	40.6% ± 7.4
Some college	325	29.0% ± 6.0	325	46.2% ± 6.3	325	60.6% ± 6.3
College degree or higher	1,046	22.2% ± 2.8	1,046	47.4% ± 3.3	1,046	70.2% ± 3.1
<b>Speak a language other than English most of the time at home</b>						
Yes	447	29.1% ± 5.1	447	36.9% ± 5.3	447	50.6% ± 5.3
No	1,357	24.2% ± 2.6	1,357	47.7% ± 3.0	1,357	67.3% ± 2.8
<b>Economic distress</b>						
Yes	566	37.4% ± 4.8	566	44.6% ± 4.8	566	53.1% ± 4.8
No	1,253	21.3% ± 2.6	1,253	45.5% ± 3.1	1,253	67.0% ± 2.9
<b>Frequent mental distress</b>						
Yes	253	36.6% ± 6.9	253	58.2% ± 7.1	253	68.1% ± 6.8
No	1,407	23.5% ± 2.5	1,407	45.6% ± 2.9	1,407	65.4% ± 2.8

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)

# COVID-19 pandemic



Check the ways children (age 0 to 17) in your household have been negatively impacted by the COVID-19 pandemic  
Among households with children

Table 76

## Childcare access and quality

## Education access and quality

	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Hennepin County total</b>	1,826	20.8% ± 2.2	1,826	49.0% ± 2.6
<b>Minneapolis</b>	876	21.3% ± 3.3	876	48.9% ± 3.8
Camden, Near North	302	22.6% ± 5.1	302	45.4% ± 5.7
Central, Northeast, University, St. Anthony	148	14.3% ± 7.3	148	37.2% ± 8.5
Phillips, Powderhorn	249	20.5% ± 5.5	249	49.7% ± 6.2
Calhoun-Isles, Longfellow, Nokomis, Southwest	177	25.9% ± 7.0	177	57.8% ± 7.4
<b>Suburban Hennepin County</b>	950	20.5% ± 2.9	950	49.1% ± 3.4
Northwest suburbs	405	19.9% ± 4.4	405	48.5% ± 5.0
Northwest - inner	238	16.4% ± 5.3	238	44.6% ± 6.4
Northwest - outer	167	22.9% ± 7.0	167	51.9% ± 7.6
West suburbs	269	21.7% ± 5.5	269	50.1% ± 6.1
West - inner	126	20.7% ± 8.0	126	53.9% ± 8.8
West - outer	143	22.2% ± 7.6	143	47.9% ± 8.2
South suburbs	276	20.9% ± 5.6	276	49.3% ± 6.3
South - east	119	22.6% ± 8.4	119	37.8% ± 9.1
South - west	157	20.4% ± 7.0	157	52.9% ± 7.8
<b>Age</b>				
18-24	65	*14.8% ± 12.5	65	40.6% ± 14.2
25-44	1,044	29.2% ± 3.2	1,044	43.0% ± 3.4
45-64	629	8.7% ± 2.7	629	58.7% ± 4.3
65-74	62	^12.0% ± 12.1	62	53.0% ± 14.6
75 and older	<30		<30	
<b>Selected race/ethnicity</b>				
American Indian or Alaska Native	101	19.8% ± 10.0	101	56.4% ± 12.1
Hispanic or Latino/a	255	20.2% ± 7.5	255	38.0% ± 7.8
Non-Hispanic				
Asian or Asian American	110	26.8% ± 13.0	110	57.2% ± 11.5
Southeast Asian	54	*25.6% ± 15.6	54	57.4% ± 15.3
Black or African American	282	15.0% ± 7.4	282	40.2% ± 9.3
US-born Black	157	*14.4% ± 10.3	157	41.7% ± 13.7
Foreign-born Black	124	*14.3% ± 12.2	124	39.6% ± 13.1
White	991	21.4% ± 2.9	991	51.5% ± 3.4

# COVID-19 pandemic



**Check the ways children (age 0 to 17) in your household have been negatively impacted by the COVID-19 pandemic**  
**Among households with children**

**Table 76**

**Childcare access and quality**

**Education access and quality**

	Childcare access and quality		Education access and quality	
	N	% ± 95% C.I.	N	% ± 95% C.I.
<b>Gender</b>				
Female	1,295	20.5% ± 2.6	1,295	49.4% ± 3.1
Male	505	21.2% ± 4.3	505	47.7% ± 4.9
Nonbinary	<30		<30	
<b>Transgender</b>				
Yes	<30		<30	
No	1,786	20.8% ± 2.2	1,786	49.1% ± 2.6
<b>Sexual orientation</b>				
Straight/Heterosexual	1,541	20.5% ± 2.4	1,541	49.9% ± 2.8
LGBQ+	151	32.5% ± 8.5	151	48.6% ± 8.9
Lesbian/Gay	<30		<30	
Bisexual/Pansexual	86	36.7% ± 11.4	86	49.1% ± 11.6
Queer	30	33.6% ± 19.8	30	68.3% ± 20.8
<b>Household income</b>				
< 200% of Federal Poverty Level	668	15.6% ± 3.4	668	43.5% ± 4.4
≥ 200% of Federal Poverty Level	1,111	22.6% ± 2.8	1,111	50.7% ± 3.2
<b>Educational attainment</b>				
Less than high school	158	12.4% ± 7.0	158	30.3% ± 8.7
High school or GED	244	12.1% ± 5.8	244	38.6% ± 7.4
Some college	325	16.9% ± 4.9	325	51.1% ± 6.3
College degree or higher	1,046	23.5% ± 2.9	1,046	51.5% ± 3.3
<b>Speak a language other than English most of the time at home</b>				
Yes	447	18.1% ± 4.6	447	43.7% ± 5.4
No	1,357	21.6% ± 2.5	1,357	50.5% ± 3.0
<b>Economic distress</b>				
Yes	566	22.4% ± 4.3	566	45.5% ± 4.8
No	1,253	20.4% ± 2.6	1,253	50.0% ± 3.0
<b>Frequent mental distress</b>				
Yes	253	29.6% ± 6.8	253	57.0% ± 7.1
No	1,407	20.4% ± 2.5	1,407	49.2% ± 2.9

NOTE: Definitions for the indicators are provided in Appendix A.

\* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is > 30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error > 50%)





# Appendices

# Appendix A

## Technical Notes

### General Technical Notes

Each of the data tables in this data book present one or more health indicators. The data are reported for Hennepin County total, as well as for selected social demographic factors, including geographic areas, age, sexual orientation and gender identity, race and ethnicity, household income, educational attainment, speaking a language other than English at home, economic distress, and frequent mental distress. In this section of the technical notes, a description for each of the data reporting factors is provided.

### Geographic area

Information on the residential location of survey respondents of the mail survey was obtained by extracting address data from the sample frame used for this project. Respondents for the in-person survey were asked to provide their address voluntarily. The address data were then geocoded into ten SHAPE 2022 reporting areas. Based on these ten reporting areas, data for the city of Minneapolis, all suburban Hennepin County areas, and three suburban divisions are also reported.

Some special notes regarding geography include:

- Changes in geography for some reporting areas have been made since SHAPE 2018. This included:
  - o Northwest suburbs: Brooklyn Park was traditionally grouped in the outer ring area, but starting with SHAPE 2018, it was included in the inner ring area.
  - o South suburbs: Bloomington was divided into west and east areas starting 2018, where in earlier SHAPE surveys south suburbs had been divided into inner and outer areas.
- For data users who have a specific need to compare SHAPE 2022 to SHAPE 2014 or earlier reported data in these affected reporting areas, please contact the SHAPE Team for assistance.
- Survey respondents needed to have geographic data available in their response to be included in the final dataset. However, a few respondents of the mail survey blacked out or removed survey barcodes that contained geographic area information. They were excluded from the final survey dataset as they could not be assigned to a geographic reporting area.

### Age

Age was based on the survey respondent's self-reported age (question G4).

#### G4. What is your age?

 Years

Age is one of the key reporting demographic variables for this data book as well as for the statistical weight calculation. Detailed data processes and cleaning for the age variable were made to reduce missing and data errors for the whole sample, which is 10,226 surveys (both mail-mode, and in-person mode):

- All data respondents provided, either age in numeric value, or in text description, were captured during data entry.
- There were 379 cases where age was missing or was outside of the valid age range of 18 to 115 years. The scanned images of these 379 surveys were reviewed case by case, checking for age-related comments, notes written on the surveys or potential scanning errors, to make respective corrections and changes.



## Technical Notes

- With these corrections made, 375 still had age missing or were outside of the valid range. Of these, 71 checked “Medicare” as current health insurance coverage (question B1), their age value was assigned as “65 and older.”
- After the above-described efforts were made, removing the survey duplicates and survey incompletes, 101 from the mail survey mode still had age missing or fell within an invalid range. These were excluded from the combined final mail-plus sample. In-person surveys with complete address data were candidates for mail survey non-respondents’ conversion and replacement match.

Five age groups are presented in this data book. The groups are: 18-24, 25-44, 45-64, 65-74, and 75 and older. Among the 8,591 mail-plus sample presented for this data book, 43 cases that were assigned the age group “65 and older” are excluded from reporting by age due to lack of information to place them in either age 65-74 or age 75 and older.

### Selected race and ethnicity

- G8. Which of the following do you consider yourself? (MARK ALL THAT APPLY)
- Hispanic or Latino/a
  - White
  - Black or African American
  - If Black or African American, are you ...?
    - African American
    - Somali, Oromo, Ethiopian, or from another East African country
    - Liberian, Nigerian, or from another West African country
    - Other, specify \_\_\_\_\_
  - Asian or Asian American
  - If Asian or Asian American, are you ...?
    - Hmong, Cambodian, Laotian, Thai, Vietnamese, or Burmese
    - Other, specify \_\_\_\_\_
  - American Indian or Alaskan Native
  - Native Hawaiian or other Pacific Islander
  - Other, specify \_\_\_\_\_

Race and ethnic categories used for this databook were derived from the answers to the following question:

Race and ethnicity are key reporting demographic variables for this data book as well as for the statistical weight calculation. Question G8 was a “MARK ALL THAT APPLY” question with open-ended text options that required additional data process handling. Several data cleaning and process steps were employed to reduce the data errors, item-specific missings, and to have reporting race and ethnicity groups meet data practice guidelines.<sup>7</sup>

#### Data scan quality “spill over” check

For the “MARK ALL THAT APPLY” questions, when response option check boxes were printed too close to each other, they may be susceptible to have “spill over” errors during scanning. For example, if a White respondent checked “White,” the scanner might have picked “Black or African American” as “checked” as well due to a minor stray mark.

There are six neighboring check box pairs printed very close to each other. Once 8,500 surveys were scanned in, potential “spill over” errors were checked, and 133 surveys were found to have at least one pair of neighboring response boxes scanned in as both checked. The scanned images of these 133 surveys were pulled for review. Six surveys (or 4.5%) were found to have “spill over” errors and respective corrections were made.

“Spill over” was a significant issue in previous SHAPE iterations when the mail survey data scanning was processed by completed by the SHAPE Team. The “spill over” error rate was as high as 69 percent. For SHAPE 2022, the survey scanning work was contracted out.

A low rate of “spill over” error was also found when checking two other “MARK ALL THAT APPLY” survey questions (question B1 Health insurance, question C10 Problems due to alcohol and drug use). The scanning error rates were one percent and two percent respectively. Based on the low error rates, the SHAPE Team decided to skip this data quality check for all other “MARK ALL THAT APPLY” questions.

## Technical Notes

### Data scan illogical response check

There are two parts of illogical response check for race and ethnicity variables.

- First was to identify surveys with too many response options checked to evaluate if it was indeed the respondents' choice or due to a scanning error. The race and ethnicity question contained 13 check boxes. Of the 10,226 whole sample, 13 surveys with five or more response boxes checked were pulled for review. One survey was found to have an error in scanning, and a respective correction was made.
- Second was to check illogical responses between survey items. There were three "Other, specify\_\_\_" response options, including:
  - o 1st "Other" listed under Black or African American
  - o 2nd "Other" listed under Asian or Asian American
  - o 3rd "Other" listed as the last response option, allowing respondents to check if they self-identified with a race or ethnic group which was not among those listed above.

Each of these three "Other" options were accompanied with an open-text field that allowed respondents to enter the specifying text.

There were several types of disagreements with potential illogical response among these items:

- o Text entered in one "Other" was really meant to be in the "Other" option. For example, a respondent checked the 1st "Other" box and entered the text "I am Asian Indian," but did not check the 2nd "Other" box. Those responses were fixed.
- o It was common for respondents to check one "Other" box, but not enter specifying information. However, there were cases when people left "Other" unchecked but entered specifying text. If the text was pertinent, the box that was left blank had to be checked.
- o Respondents checked "Other" option but entered specifying text that was not related to the survey question, such as "I am a human." In this case, that text was "invalid" for this survey question and that "Other" checked race was unchecked.

Among the 10,226 whole sample, 427 surveys were identified as potential illogical responses as described above. A case-by-case review of scanned survey images found 143 "illogical" responses and respective corrections were made.

### Open-end text coding and consolidation designation

Of the 10,226 whole sample, there were 343 texts entered under the three "Other" text fields.

These texts were:

- Assigned with one or more initial codes that captured the essence of content relating to race and ethnicity groups following a standard protocol.
- The initial codes were then consolidated into codes that mirrored the listed race and ethnicities groups in question G8. For the rest of initial codes, were coded as "Other."
- In the final race group designation, coded text data from the three open text fields were used only if none of the six major race groups was checked, or if only one race group was checked, but text coded race group differed from the checked race.
- There was a layout error in the mail survey. The "Other, specify\_\_\_" response category under Asian or Asian American was not indented. As all three text fields of question G8 were listed and coded in one standard protocol, such a layout error was expected to have minimal effect on the results of race and ethnicity classification or designation.

## Technical Notes

### Data book reporting groups

For this data book, health indicators are reported for five major racial and ethnic groups, and three sub-race groups. Sample size for each of these groups is summarized in Table A.

Table A. Sample size for racial/ethnic groups

Race/Ethnicity	N	%
American Indian or Alaska Native	314	3.7%
Hispanic or Latino/a	500	5.8%
Non-Hispanic		
Asian or Asian American	327	3.8%
Southeast Asian	116	
Black or African American	979	11.4%
US-born Black	636	
Foreign-born Black	337	
White	6,025	70.1%
Native Hawaiian/Pacific Islander/Other/Biracial or Multiracial	161	1.9%
Blank, unknown	285	3.3%
Total	8,591	100.0%

Special notes on race and ethnicity groups and subgroups include:

- American Indian or Alaska Native (AI/AN)
  - An inclusive definition of AI/AN was used that included those who self-identified as AI/AN alone or checked AI/AN in combination with one other race, and included those who identify as Hispanic or Latino/a.
  - The inclusive definition of AI/AN followed a recommendation of Urban Indian Health Institute (UIHI).<sup>8</sup> This was also a result of consultation with community partners serving AI/AN communities.
  - Of the 8,591 respondents represented in this data book, 172 respondents checked their race as AI/AN alone, and an additional 142 respondents checked AI/AN as well as one other race (124) or Hispanic/Latino (18). The total sample size for AI/AN is 314.
- Hispanic or Latino/a ethnicity included all respondents who checked Hispanic or Latino/a, excluding the 18 respondents who were included in the AI/AN group. Hispanic or Latino/a ethnicity and race, other than AI/AN are mutually exclusive. If a respondent who self-identified with Hispanic ethnicity, and at the same time, checked one or more race other than AI/AN, they were classified as “Hispanic” only.
- The major race groups listed in Table A were the primary races that survey respondents checked. Anyone who checked two or more races were categorized in a “multiracial” group, which is not reported.
- Southeast Asian included those respondents who indicated they were Hmong, Cambodian, Laotian, Thai, Vietnamese, or Burmese.
- The two sub-groups of foreign-born Black or US-born Black, were derived from their response to question G9.

**G9. Were you born in the United States?**

- Yes  
 No

## Technical Notes

The cases of US-born Black and foreign-born Black do not add up to total of Black or African American group. This was due to 6 cases who did not answer question G9 and were excluded from the subgroup report.

- Data coding and reporting groups listed in Table A adhere to the new Hennepin County Public Health data practice standards. The order of the groups presented in the data book also follow the standards<sup>7</sup>, i.e. in alphabetic order when it is applicable.

### Gender

Survey question G1 was used to gather data on gender.

#### G1. Are you...?

- Male
- Female
- Non-binary
- Something else, please specify \_\_\_\_\_

Gender is a key demographic factor for reporting, as well as for statistical weight calculation. Steps were taken to reduce the number of missing and potential data processing errors.

#### Open-end text coding and consolidation

Question G1 included a "Something else, please specify \_\_\_\_" response option. Of the 10,226 whole sample, 31 respondents entered text. The G1 open-ended text, along with the text entered in sexual orientation (G3) were reviewed and coded by the SHAPE Team in consultation with a Public Health subject matter expert. Specific text coding and processing steps included:

- One or more initial codes that captured the essence of the content relating to gender was assigned.
- The initial codes were consolidated into codes that mirrored the listed groups in G1 and were recoded into these respective groups.
- The G1 text relating to SOGI that was not recoded into the listed groups remained in the "Other" group.
- If the G1 texts were irrelevant to gender, they were not counted in the "Other" group.
- If the text contained information relating to transgender (G2) or sexual orientation (G3), it was added to the corresponding text coding group.
- Similarly, if text entered in sexual orientation (G3) contained information relating to gender identify (G1), it was used for G1 coding.

#### Missing value imputation

Of the 10,226 whole sample, 237 left question G1 blank. Of 237, 5 were assigned as "Female" if they checked a "Yes" to either one of two survey items:

- Hypertension during pregnancy (A2a)
- Diabetes during pregnancy (A2b)

After data processing, the missing cases for gender were reduced from 237 to 232.

#### Data book reporting groups

As it has being described earlier, gender was a key demographic factor for this data book. The three gender groups included in the data book were female (5,402), male (3,018) and nonbinary (98).

Specific notes regarding this group:

- The general criteria on minimal sample size for data reporting group was 100. The SHAPE Team made a special exception to include an additional group with at least 80 respondents. As a result, "Nonbinary" gender was added as a reporting group.
- Gender groups are printed in alphabetic order in compliance with the new Hennepin County Public Health data practice standards.<sup>7</sup>
- Sample size for the group "Something else" was too small and suppressed from reporting.

## Technical Notes

### Special data handling

When gender was used for statistical weight calculation, only those identified as "Female" or "Male" were included as the reference populations following the weighting procedure from the American Community Survey.<sup>9</sup> Therefore, 171 surveys in the mail-plus sample with gender either "Nonbinary" (98), "Something else" (12) or blank (61) were not used for weighting. We could not afford to drop these 171 surveys, especially given the opportunity to report data for gender nonbinary for the first time in SHAPE history. A gender imputation through randomization strategy was employed for these 171 cases in the weight calculation.

### Transgender

Respondents were identified as transgender based on question G2.

#### G2. Do you consider yourself to be transgender?

- Yes  
 No

Of the 10,226 whole sample, 100 checked "Transgender." Question G2 did not have a text field for respondents to enter.

However, some texts from G1 and G3 contained information relating to transgender designation. They were used for G2 coding if transgender was not checked or was missing. The coding work brought one additional respondent to the "Transgender" (101) category.

For the mail-plus sample (8,591) used for the data book, 84 self-identified as transgender.

### Sexual orientation

Respondents were asked to check response options to represent their sexual orientation by question G3.

#### G3. Do you consider yourself ...?

(MARK ALL THAT APPLY)

- Straight or heterosexual  
 Lesbian or gay  
 Bisexual or pansexual  
 Queer  
 Questioning  
 Something else, please specify \_\_\_\_\_

Several data cleaning and quality checks were performed for the "MARK ALL THAT APPLY" question. Data review and major coding decisions were executed by the SHAPE Team in consultation with a Public Health subject matter expert.

### Data scan illogical error check

- Data scan quality on potential "spill-over" error was not performed. Refer to General technical notes- Selected race and ethnicity for more information.
- Data scan quality on potential illogical responses was performed among surveys that met any of the following criteria:
  - o Checked "Straight" and checked one or more LGBTQ+ options
  - o Checked three or more response options

Of the 10,226 whole sample, 95 cases met the checking criteria. After a review of the scanned images of these 95 surveys, one survey was identified for correction.

## Technical Notes

### Open-end text coding and group designation

- The last response option for question G3, "Something else," was followed with a space for respondents to provide specifying text.
- Of the 10,226 whole sample, 189 respondents entered texts. These texts, along with the texts entered for sexual orientation in question G1 (a total of 210 entries) were reviewed and coded.
- If texts were meant to be one of three listed response categories, which were not checked by respondents, they were assigned as checked for that category.
- If texts contained information relating to gender identity in question G1, or transgender in question G2, they were added to those categories for text coding.
- If texts entered were irrelevant to the survey question, they were excluded as having checked "Something else."

### Data book reporting groups

Using the 8,591 mail-plus sample, sexual orientation was reported for two overall groups:

- Straight/Heterosexual included 7,151 respondents who checked this option and did not check any of the other five response options.
- LGBTQ+ included 980 respondents who checked one or more of five response options. The options were "Lesbian or Gay", "Bisexual or Pansexual", "Queer", "Questioning", or "Something else". Respondents who checked any LGBTQ+ option and checked "Straight or Heterosexual", were only counted in the LGBTQ+ group.

These two groups are mutually exclusive, therefore results can be compared between these two groups. While reporting LGBTQ+ as a combined group was not the most favorable way to report data, communities and data users may need this data for comparison to available other data sources, and to previous SHAPE surveys.

Reporting for sexual orientation was also made to the following three groups:

- Lesbian/Gay included 380 respondents who checked this response option, regardless of checking status for the rest of the response options.
- Bisexual/Pansexual included 410 respondents who checked this response option, regardless of checking status for the rest of the response options.
- Queer included 231 respondents who checked this response option, regardless of checking status for the rest of response the options.

The method to report these three groups best honored how survey respondents self-identified and favored a large sample size. However, comparison between these groups is statistically invalid since they are not mutually exclusive. For example, respondents who self-identified as "Queer" could have also checked "Bisexual or Pansexual". Questioning included 81 respondents. This group was not included this data book primarily due to data table space limitation.

The design as well as data process and data reporting groups of the sexual orientation question for this data book follows the new Hennepin County Public Health data practice standards<sup>7</sup> which was supported by most recent national and local best practices or guidelines.<sup>10</sup> Data users can contact the SHAPE Team for any data that are not included in the data book or can access the public use data file.

## Household Income

Household income was measured by Federal Poverty Level (FPL). Reporting categories include under 200 percent FPL as well as at or above 200 percent FPL. The reporting categories were derived from the answers to survey questions on household income and household size and categorized using 2021 FPL.<sup>11</sup>

## Technical Notes

Data on household size was the sum of responses from three categories under question G7.

The number of adults in a household was a critical factor in the statistical weight calculation. Special efforts were made to reduce potential data error and impute those that were missing.

**G7. INCLUDING YOURSELF, how many adults and children live in your household?**

- Number of adults age 18 and older  
INCLUDING YOURSELF
- Number of children age 0-5
- Number of children age 6-11
- Number of children age 12-17

Of the 10,226 whole sample, 59 had household sizes that were exceptionally large, such as a size of ten or more, or seven or more adults in the same household. To make needed corrections, scanned images of the surveys were checked case by case, and respective changes or corrections were made. In some instances, the address was entered in a web search to determine the housing type.

For the surveys that respondents left "Number of adults in the household" blank or entered "0," a simple imputation was performed. To designate a new value for the number of adults living in the household for these respondents, the following logic was used:

- If value was missing or 0, the designated value was 1.
- If the value was 1 and the respondents reported being married or living with a partner in a marriage-like relationship, the designated value was 2.

The final household size variables contained no missing cases.

### Household income and poverty measure

For the measurement of household income, survey respondents were asked question G12.

**G12. Please tell us your household income in 2021 from all earners and all sources before taxes. Remember your responses are confidential.**

- |   |   |
|---|---|
| <input type="radio"/> No income or less than \$13,000 | <input type="radio"/> \$44,001 - \$53,000 |
| <input type="radio"/> \$13,001 - \$17,000             | <input type="radio"/> \$53,001 - \$62,000 |
| <input type="radio"/> \$17,001 - \$26,000             | <input type="radio"/> \$62,001 - \$71,000 |
| <input type="radio"/> \$26,001 - \$35,000             | <input type="radio"/> \$71,001 - \$80,000 |
| <input type="radio"/> \$35,001 - \$44,000             | <input type="radio"/> \$80,001 or more    |

The income level ranges listed in G12 were designed to capture data for three levels of FPL classification and were guided by the 2021 FPL<sup>11</sup>, as illustrated in Table B, with more detailed income levels for low income.

# Technical Notes

**Table B. 2021 Federal Poverty Guidelines**

Household size	100% FPL	200% FPL
1	\$12,880	\$25,760
2	\$17,420	\$34,840
3	\$21,960	\$43,920
4	\$26,500	\$53,000
5	\$31,040	\$62,080
6	\$35,580	\$71,160
7	\$40,120	\$80,240
8	\$44,660	\$89,320
9	\$49,200	\$98,400
10	\$53,740	\$107,480

These income categories were then converted to FPL, either under 100 percent FPL (<200% FPL), between 100 to 199 percent FPL or at or above 200 percent FPL (≥200%FPL) according to 2021 FPL and household size. The household size was capped at ten in the poverty level calculation. Details on the classification are illustrated in Table C.

**Table C. Classification of household income measured by 2021 Federal Poverty Guidelines (FPL)**



Household income \ Household size	<10,000 (1)	\$10,001-\$15,000 (2)	\$15,001-\$24,000 (3)	\$24,001-\$32,000 (4)	\$32,001-\$41,000 (5)	\$41,001-\$49,000 (6)	\$49,001-\$58,000 (7)	\$58,001-\$66,000 (8)	\$66,001-\$74,000 (9)	\$74,001 or above (10)
1	<100%	100-199%	100-199%	≥200%	≥200%	≥200%	≥200%	≥200%	≥200%	≥200%
2	<100%	≤100%	100-199%	100-199%	≥200%	≥200%	≥200%	≥200%	≥200%	≥200%
3	<100%	≤100%	100-199%	100-199%	100-199%**	≥200%	≥200%	≥200%	≥200%	≥200%
4	<100%	≤100%	≤100%	100-199%	100-199%	100-199%	≥200%	≥200%	≥200%	≥200%
5	<100%	≤100%	≤100%	100-199%	100-199%	100-199%	100-199%**	≥200%	≥200%	≥200%
6	<100%	≤100%	≤100%	≤100%	100-199%	100-199%	100-199%	100-199%**	≥200%	≥200%
7	<100%	≤100%	≤100%	≤100%	100-199%	100-199%	100-199%	100-199%	100-199%	≥200%
8	<100%	<100%	<100%	<100%	<100%	100-199%	100-199%	100-199%	100-199%	≥200%
9	<100%	<100%	<100%	<100%	<100%	100-199%	100-199%	100-199%	100-199%	≥200%
10	<100%	<100%	<100%	<100%	<100%	<100%	100-199%	100-199%	100-199%	≥200%



Among the 10,226 whole sample, 802 (or 7.8%) did not answer the household income question. For these respondents, if they checked the box for survey question B1 or checked "Yes" to survey question E5 (see below), they were classified as under 200% FPL. (The income eligibility requirement for receiving MFIP, WIC or Food Support is below 200 percent FPL). As a result, an additional 209 respondents were classified as < 200% FPL.

**B1. Do you currently have any of the following types of health insurance or coverage? (MARK ALL THAT APPLY)**

- Medicaid, MA, MinnesotaCare, or other public insurance

**E5. During the past 12 months, have you or anyone in your household received Medical Assistance (MA), food support (such as, food stamps, SNAP), WIC, or cash assistance such as MFIP or General Assistance (GA)?**

- Yes  
 No  
 Don't know

The classification of household income measured by FPL for the 8,591 mail-plus sample used for this report is illustrated in Table D. A small proportion (4.6%) of the sample had household income missing or invalid.

**Table D. Number of respondents by household income (unweighted)**

Household income	N	Percent
< 200% of Federal Poverty Level	2,431	28.3%
≥ 200% of Federal Poverty Level	5,765	67.1%
Federal Poverty Level unknown	395	4.6%
Total	8,591	100.0%

## Educational attainment

Educational level of survey respondents was obtained by asking question G11.

**G11. What is the highest grade or year of school you have completed?**

- Less than high school  
 High school graduate or GED  
 Some college, associate's degree, or vocational/technical/business school  
 Bachelor's degree or higher

Respondents were instructed to check only one option. Among cases where respondents checked two or more options, the highest educational level was selected as the valid response.

## Speaking a language other than English most of the time at home

Speaking a language other than English most of the time at home was classified based on question G6:

**G6. Do you speak a language other than English most of the time at home?**

- Yes  
 No

## Economic distress

Economic distress was derived from the survey responses to the following 5 questions.

E6. During the past 12 months, how often did you worry that food in your household would run out before you had money to buy more?

- Often
- Sometimes
- Rarely
- Never

E7. During the past 12 months, how often did food in your household not last and you did not have money to get more?

- Often
- Sometimes
- Rarely
- Never

E8. During the past 12 months, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?

- Yes
- No

E9. During the past 12 months, how often have you stayed at someone else's home, in a shelter, slept outside, or somewhere not intended as a place to live because you had no other place to stay?

- Never
- Once
- Twice
- Three or more times

E10. During the past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments, or shopping?

- Often
- Sometimes
- Rarely
- Never

Respondents who answered "Often" or "Sometimes" to E6, E7, E10 or "Yes" to E8, or checked "Once" or more often response options to E9 questions were classified as having experienced economic distress during the past year.

## Frequent mental distress

All survey respondents were asked:

A3. Thinking about your mental health, which includes stress, depression, problem with emotions, for how many days during the past 30 days was your mental health NOT good?

Number of days

This question is one of the Health-Related Quality of Life Healthy Days Core Modules (referred as HRQOL-4). Respondents who reported 14 or more days during the past 30 days that their mental health was not good were classified as having frequent mental distress.<sup>12</sup>

A valid range is 0 to 30 days. A value of 31 days is coded as 30. A value exceeding 31 days is classified as invalid.<sup>13</sup>

## Technical Notes

### Table-specific Technical Notes

Most data tables in this data book reported survey responses from a single survey question and reported all response options. However, there were some exceptions.

- For some tables, while only one survey question was used, the indicators reported combined two or three response options. This was done either due to column space limitations or because the percentages for some response options were very low.
- Some tables reported data that were coded specifically or calculated from two or more survey questions. These details are described in Table E.

**Table E. Table-specific technical notes**

Table	Topic	Table-specific technical notes
1 to 3	Overall health, health related quality of life (HRQOL), unhealthy days, frequent mental distress (FMD)	<p>Survey question A1 was used to gather data on Table 1 (the first two indicators) and Table 2.</p> <p><b>A1. In general, would you say your health is...?</b></p> <p><input type="radio"/> Excellent</p> <p><input type="radio"/> Very Good</p> <p><input type="radio"/> Good</p> <p><input type="radio"/> Fair</p> <p><input type="radio"/> Poor</p> <p>This question was one of Health-Related Quality of Life Healthy Days Core Module (referred as HRQOL-4).<sup>12</sup></p> <p>Survey question A3 was used to gather data on frequent mental distress (FMD) in Table 1 and data on Unhealthy mental health days in Table 3.</p> <p>Frequent mental distress (FMD), is also used as a data book reporting variable. Refer to General technical notes- Frequent mental distress for more information.</p>

## Technical Notes

Table	Topic	Table-specific technical notes
4	High risk of anxiety, GAD-2	<p>High risk of anxiety is derived an ultra-brief screening scale called the Generalized Anxiety Disorder-2 items, or the GAD-2. The survey questions include:</p> <p><b>A5. During the <u>past 2 weeks</u>, how often have you been bothered by any of the following problems?</b></p> <p><b>a. Feeling nervous, anxious or on edge</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Not at all</li> <li><input type="radio"/> Several days</li> <li><input type="radio"/> More than half the days</li> <li><input type="radio"/> Nearly every day</li> </ul> <p><b>b. Not being able to stop or control worrying</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Not at all</li> <li><input type="radio"/> Several days</li> <li><input type="radio"/> More than half the days</li> <li><input type="radio"/> Nearly every day</li> </ul> <p>The GAD-2 is a subset of Patient Health Questionnaire-4 items, or PHQ-4<sup>14</sup> asked in SHAPE 2022. For each item, response to “Not at all,” “Several days,” “More than half the days,” and “Nearly every day,” are scored as 0, 1, 2, and 3, respectively. The GAD-2 score can range from 0 to 6. Respondents having a score of 3 points or more on GAD-2 are classified as high risk of anxiety. Studies have shown the GAD-2 scale has 88 percent sensitivity and 81-83 percent specificity for detecting GAD.<sup>4</sup></p>
5	High risk of depression, PHQ-2	<p>High risk of depression is derived an ultra-brief screening scale called the Patient Health Questionnaire-2 items, or the PHQ-2. The survey questions include:</p> <p><b>A5. During the <u>past 2 weeks</u>, how often have you been bothered by any of the following problems?</b></p> <p><b>c. Little interest or pleasure in doing things</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Not at all</li> <li><input type="radio"/> Several days</li> <li><input type="radio"/> More than half the days</li> <li><input type="radio"/> Nearly every day</li> </ul> <p><b>d. Feeling down, depressed or hopeless</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Not at all</li> <li><input type="radio"/> Several days</li> <li><input type="radio"/> More than half the days</li> <li><input type="radio"/> Nearly every day</li> </ul> <p>The PHQ-2 is a subset of Patient Health Questionnaire-4 items, or PHQ-4<sup>14,15</sup> asked in SHAPE 2022. For each item, response to “Not at all,” “Several days,” “More than half the days,” and “Nearly every day,” are scored as 0, 1, 2, and 3, respectively. The PHQ-2 score can range from 0 to 6. Respondents having a score of 3 points or more on PHQ-2 are classified as high risk of depression. Studies have shown that the PHQ-2 scale has a sensitivity of 83 percent and a specificity of 90 percent for detecting major depression disorder.</p>

## Technical Notes

Table	Topic	Table-specific technical notes
6	Hypertension	<p>Question A2a was asked to everyone to gather data on hypertension.</p> <p><b>A2. Have you <u>ever</u> been told by a doctor, nurse, or other health professional that you had any of the following?</b></p> <p><b>a. Hypertension, also called high blood pressure</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Yes</li> <li><input type="radio"/> Yes, but only during pregnancy</li> <li><input type="radio"/> Borderline high or pre-hypertension</li> <li><input type="radio"/> No</li> </ul> <p>The category “Yes, but only during pregnancy” is not reported in these data tables due to very low percentages.</p>
7	Diabetes	<p>Question A2b was asked to everyone to gather data on Diabetes</p> <p><b>A2. Have you <u>ever</u> been told by a doctor, nurse, or other health professional that you had any of the following?</b></p> <p><b>b. Diabetes or sugar disease</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Yes</li> <li><input type="radio"/> Yes, but only during pregnancy</li> <li><input type="radio"/> Pre-diabetes or borderline diabetes</li> <li><input type="radio"/> No</li> </ul> <p>The category “Yes, but only during pregnancy” is not reported in these data tables due to very low percentages.</p>
8	Asthma	<p>Question A2c was asked to everyone to gather data on asthma</p> <p><b>A2. Have you <u>ever</u> been told by a doctor, nurse, or other health professional that you had any of the following?</b></p> <p><b>c. Asthma</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Yes</li> <li><input type="radio"/> No → GO TO QUESTION A3</li> </ul> <p><b>cd. Do you still have asthma?</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Yes</li> <li><input type="radio"/> No</li> </ul> <p>Currently have asthma was measured among all survey respondents, not among those who have ever had asthma.</p>

# Technical Notes

Table	Topic	Table-specific technical notes
9	Weight status, Body Mass Index (BMI)	<p>Body mass index (BMI) is calculated from self-reported weight and height using the standard formula:</p> $\text{BMI} = (\text{weight in kilograms}) \div (\text{height in meters})^2$ $\text{BMI} = 703 * (\text{weight in pounds}) \div (\text{height in inches})^2$ <p>When reporting weight, female respondents who were pregnant at the time of the survey were asked to provide their weight before they were pregnant.</p> <p>Classification of weight status by BMI according to national guidelines is: Underweight (BMI &lt; 18.5); Healthy weight (BMI = 18.5 to 24.9); Overweight (BMI = 25.0 to 29.9) and Obese (BMI ≥ 30.0).<sup>16</sup></p> <p>Valid value range for height is 36 to 95 inches; Valid range for weight is 50 to 650 pounds; and for BMI is 12 to 99. This is consistent with BRFSS data coding guidelines.<sup>17</sup></p> <p>Before BMI calculation, surveys which reported a height or weight that was out of the valid range were pulled to check if there were errors in transcribing written value of height (in feet, inches, or centimeters), or weight (in pounds or kilograms).</p> <ul style="list-style-type: none"> <li>• 142 surveys were pulled for height value review, corrections and changes were made on 104 of them.</li> <li>• 72 surveys were pulled for weight value review, corrections and changes were made on 28 of them.</li> </ul> <p>More cases were pulled to check with consolidated weight in pounds and height in inches were calculated, if value was extreme and out of range.</p>
11 to 12	Healthcare coverage	<p>There are other surveys that estimate insurance status at the state and federal level. Due to differences in question format and coding of responses, specific caution is advised in comparing SHAPE results to other estimates of insurance status. The public use data file for this project contains original as well as created variables used for this data book and will be available upon request at a later date.</p> <p>Data on health insurance coverage was derived from B1, a five-item survey question. This is a "MARK ALL THAT APPLY" question.</p> <p><b>B1. Do you <u>currently</u> have any of the following types of health insurance or coverage? (MARK ALL THAT APPLY)</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Insurance provided by an employer or bought directly by myself, my spouse or family</li> <li><input type="checkbox"/> Medicaid, MA, MinnesotaCare, or other public insurance</li> <li><input type="checkbox"/> Medicare</li> <li><input type="checkbox"/> Other, specify _____</li> <li><input type="checkbox"/> No health coverage (uninsured)</li> </ul>

## Technical Notes

Table	Topic	Table-specific technical notes
11 to 12	Healthcare coverage (continued)	<p>Data cleaning and recoding steps for B1 included:</p> <ul style="list-style-type: none"> <li>• <b>Data scan “spill over” error check</b>            The last three response options of question B1 were printed very close to each other and were susceptible for data scan “spill over” error. After 5,989 surveys were scanned, a “spill over” check was performed.           <ul style="list-style-type: none"> <li>o 501 surveys were pulled as they had neighboring pair of response options checked.</li> <li>o Nine surveys were found with “spill-over” errors and respective corrections were made. This gave a two percent “spill-over” error rate.</li> </ul>           The “spill over” error check for rest of the 10,226 sample was not performed for this question. (Refer to General technical notes- Selected race and ethnicity for more information).         </li> <li>• <b>Data scan illogical response check</b>            Of the 10,226 whole sample, 48 surveys were pulled for illogical response check because they:           <ul style="list-style-type: none"> <li>o Checked “No coverage” and at the same time, checked one or more having coverage response options; or</li> <li>o Checked three or more response options in total.</li> </ul>           Of these 48 surveys, 34 were found to have issues and respective corrections and changes were made.         </li> </ul>

## Technical Notes

Table	Topic	Table-specific technical notes
11 to 12	Healthcare coverage (continued)	<ul style="list-style-type: none"> <li>• <b>Open-end text coding and consolidation</b> Of the 10,226 whole sample, 1,319 respondents entered specifying text under "Other, specify _____." For these surveys:                             <ul style="list-style-type: none"> <li>o One or more initial codes were assigned that captured the essence of the content relating to healthcare coverage.</li> <li>o The initial codes were then consolidated into codes that mirrored the listed three coverage groups.</li> <li>o Many of texts (about 544) were the name of insurance providers, or names of supplemental insurance without details on coverage types.</li> <li>o Special coding efforts were made for those 544 texts, those that checked "Other" only, but their insurance coverage type was unknown. Coding decisions for these cases were based on the review of other survey items, follow the suggestions from Hennepin County healthcare subject matter experts. Details included:                                     <ul style="list-style-type: none"> <li>(i) Those aged 65 and older were assigned as having Medicare.</li> <li>(ii) Those aged under 65 and those that provided household size and income, were assigned to "Medicaid, MA, Minnesota Care, or other public insurance" on the income guideline.<sup>18</sup></li> <li>(iii) The cases where income fit MA or MN Care, but providers were not on the list, were assigned to "Insured, type unknown" category</li> <li>(iv) The cases that listed "discount" health service were coded as uninsured.</li> <li>(v) If the texts were irrelevant to health coverage, they were not counted in the "Other" group.</li> </ul> </li> </ul> </li> <li>• <b>Data book reporting groups</b> After the data cleaning and coding process described above, the listed five health insurance coverage groups were updated.  Then, these five coverage groups were consolidated into four health insurance coverage groups. Some respondents had checked multiple coverage categories. A trumping rule was applied to follow the priority order: public-&gt; Medicare -&gt; private-&gt; other-&gt; uninsured.  Four groups of insurance coverage are reported in data book:                             <ul style="list-style-type: none"> <li>o Private</li> <li>o Public, including Medicare</li> <li>o Insured, type unknown</li> <li>o Uninsured</li> </ul> </li> </ul>
15	Mental health care need, unmet mental health care need	The survey question included a clarifying statement: <i>A health professional could be a doctor, psychiatrist, psychologist, therapist, or counselor.</i>



## Technical Notes

Table	Topic	Table-specific technical notes
16 to 17	Barriers to access mental health care	<p>The respondents who said they delayed or did not get needed mental health care were asked barriers to access care via the following question:</p> <p><b>B10. Why did you delay or not get the care you thought you needed? (MARK UP TO 3)</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Did not know where to go or how to get help</li> <li><input type="checkbox"/> Could not find provider or appointment</li> <li><input type="checkbox"/> Could not find provider who speaks my language or understands my culture</li> <li><input type="checkbox"/> Afraid of what family, community, or people at work would do or think</li> <li><input type="checkbox"/> Had no insurance or cost was too high</li> <li><input type="checkbox"/> Had work, family, or other duties</li> <li><input type="checkbox"/> Other, specify _____</li> </ul> <p>Respondents were instructed to “MARK UP TO 3.” However, during the data scan all the checked responses were captured in the data. Of the 10,226 whole sample, 41 checked more than 3 response options.</p> <p>Data cleaning and recoding steps for question B10 included:</p> <ul style="list-style-type: none"> <li>• <b>Data scan quality check</b> Among all those who responded to question B10, six surveys checked at least five response options. Review of the six surveys found no errors to fix.</li> </ul> <p>The data scan “spill over” error check was not performed for this question. (Refer to General technical notes- Selected race and ethnicity for more information).</p> <ul style="list-style-type: none"> <li>• <b>Open-end text coding and consolidation</b> There were 371 specifying texts entered under “Other” response options. These texts were: <ul style="list-style-type: none"> <li>o Assigned with one or more initial codes that captured the essence of content relating to mental health access barriers.</li> <li>o The initial codes were then consolidated into six listed barriers. These specified barriers did not belong to any of the listed six items, and they remained in the “Other” group.</li> <li>o Some specified texts were irrelevant to the access barriers and were removed from the “Other” group.</li> </ul> </li> </ul> <p>The barriers reported in the table are among those who have experienced unmet mental health care or delayed getting needed mental health care.</p>

## Technical Notes

Table	Topic	Table-specific technical notes
18	Usual place of care	<p>Respondents were asked question B4 on their usual place of care.</p> <p><b>B4. When you are sick or need medical care, where do you <u>usually</u> go? (CHOOSE ONLY 1)</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Doctor's office or clinic (including video or phone)</li> <li><input type="radio"/> Hospital emergency room</li> <li><input type="radio"/> Urgent Care</li> <li><input type="radio"/> Clinic located in a drug or grocery store</li> <li><input type="radio"/> No usual place</li> </ul> <p>This was a single response question. As a self-administered mail survey, some checked more than one response. An exception was made to scan in question B4 data as "MARK ALL THAT APPLY." Of the 10,266 whole sample, 168 checked two or more responses.</p> <p>A data scan illogical check was made for any survey that:</p> <ul style="list-style-type: none"> <li>• Checked "no usual place" as well as one or more response option, or</li> <li>• Checked 3 or more response options in total.</li> </ul> <p>Thirty-eight cases (38) were pulled. A review identified issues for eight of them, and respective corrections were made.</p> <p>As 168 surveys checked multiple options, a trumping rule was applied when consolidating all responses into one usual place of care indicator that is reported in Table 18. The rule gave the "worse" usual place care the higher order, listed as                      No usual place -&gt; Hospital ER-&gt; Urgent care-&gt; Clinic located in a drug or grocery store -&gt; Doctor's office or clinic.</p>
19	Prescription - cut/skip dose due to cost	<p>The category "Yes," is only reported among those that were prescribed any medication. Those that selected "I was not prescribed any medication," were removed from the denominator.</p>
21 to 22	Barrier in telehealth access	<p>Question B12 was a "MARK ALL THAT APPLY" question.</p> <p><b>B12. Telehealth has become a common way to get healthcare. Which of these make it hard for you to get healthcare on a computer, tablet, or smartphone? (MARK ALL THAT APPLY)</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> No or slow computer/tablet/smartphone</li> <li><input type="checkbox"/> No or slow Internet</li> <li><input type="checkbox"/> I don't know how</li> <li><input type="checkbox"/> My provider doesn't offer this option</li> <li><input type="checkbox"/> Other, specify _____</li> <li><input type="checkbox"/> None</li> </ul> <p>Data cleaning and recoding steps for question B12 included:</p> <ul style="list-style-type: none"> <li>• <b>Data scan illogical response check</b>                      Of the 10,226 whole sample, 86 surveys were pulled to check for potential data scan illogical error for two reasons:                     <ul style="list-style-type: none"> <li>o "None" was checked along with one or more from the five other options, or</li> <li>o Four or more response options were checked in total.</li> </ul>                     Of these 86, 74 were found to have issues and respective corrections and changes were made.</li> </ul> <p>The data scan "spill over" error check was not performed for this question. (Refer to General technical notes- Selected race and ethnicity for more information).</p>

## Technical Notes

Table	Topic	Table-specific technical notes
21 to 22	Barrier in telehealth access (continued)	<ul style="list-style-type: none"> <li> <b>Open-end text coding and consolidation</b>            Of the 10,226 whole sample, 676 respondents entered specifying texts under "Other" text field. These texts were:           <ul style="list-style-type: none"> <li>Assigned with one or more initial codes that captured the essence of content relating to telehealth access barriers.</li> <li>The initial codes were then consolidated into four listed barriers. For the specified barriers that indeed did not belong to any of the listed four barriers, they were the true "Other" group.</li> <li>Some specified texts were irrelevant to the access barriers, they were removed from being counted in "Other."</li> </ul> </li> </ul>
23	Summary measure -Dietary intake	<p>Two questions were used to gather data on fruit and vegetables consumed yesterday:</p> <p><b>C1. A serving of vegetables – not including french fries – is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have yesterday?</b></p> <p><input type="text"/> Number of servings</p> <p><b>C2. A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut, or canned fruit. How many servings of fruit did you have yesterday? Do not include fruit juice.</b></p> <p><input type="text"/> Number of servings</p> <p>Having 2 servings or more a day of fruit uses data from question C2. Refer to Table 25 for coding notes.</p> <p>Having 3 serving or more a day of vegetables uses data from question C1. Refer to Table 24 for coding notes.</p> <p>Having 5 servings or more a day of fruits and vegetables is derived from the sum of data gathered from question C1 and question C2. A value exceeding 20 servings was classified as invalid.</p>
24	Servings of vegetables yesterday	<p>This survey question included a clarifying statement: <i>A serving of vegetables - not including french fries - is one cup of salad greens or a half cup vegetables.</i></p> <p>A value exceeding 12 was classified as invalid.</p>
25	Servings of fruit yesterday	<p>The survey question included a clarifying statement: <i>A serving of fruit is one medium-sized piece of fruit or a half cup of chopped, cut, or canned fruit. Do not include fruit juice.</i></p> <p>A value exceeding 10 was classified as invalid.</p>
29	Physical activity	Valid range is 0 to 7 days. A value reported as minutes or exceeding 7 days was classified as invalid.
30	Walk/bike to and from places	Valid range is 0 to 7 days. A value reported as minutes or exceeding 7 days was classified as invalid.

# Technical Notes

Table	Topic	Table-specific technical notes
31	Summary measure- Alcohol use	<p>Summary measures of alcohol use are derived from data gathered from three survey questions: C7, C8 and C9. Respondents were provided with a clarifying statement on the definition of one alcoholic drink.</p> <p><small>For questions C7 to C9, consider a drink of alcohol to be a can or bottle of beer or malt beverage, a glass of wine or a wine cooler, a shot glass of liquor, or a mixed drink.</small></p> <p><small>C7. During the <b>past 30 days</b>, on how many days did you have at least one drink of any alcoholic beverage?</small>  <input type="text"/> Number of days</p> <p><small>C8. During the <b>past 30 days</b>, on the days when you drank, about how many drinks did you have on average?</small>  <input type="text"/> Number of drinks</p> <p><small>C9. Considering all types of alcoholic beverages, how many times during the <b>past 30 days</b> did you...</small></p> <p><small>a. Have 4 or more drinks on one occasion?</small>  <input type="text"/> Number of times</p> <p><small>b. Have 5 or more drinks on one occasion?</small>  <input type="text"/> Number of times</p> <p>Definition for current drinking is having had at least one drink of any alcohol or alcoholic beverage on one or more days during the past 30 days (C7).</p> <p>There were a few respondents who reported zero days to question C7 or left it blank but responded to question C8 with one or more drinks or to question C9 with one or more times. These respondents are classified as current drinkers.</p> <p>The definition for heaving drinking is gender specific: having more than one drink per day (or eight or more drinks a week) for females; having more than two drinks per day (or 15 or more drinks a week) for males. This is an average alcohol consumption during the past 30 days.</p> <p>The definition for binge drinking is also gender specific: having four or more drinks on one occasion at least once during the past 30 days for females; having five or more drinks on one occasion at least once during the past 30 days for males.</p> <p>Definition for excessive drinking is having engaged in either heavy drinking or binge drinking during the past 30 days.</p> <p>The definitions for these alcohol use measures are consistent with definitions used by CDC.<sup>19</sup></p>
32	Current alcohol use - number of days	<p>Valid range for days is 0 to 30. Any partial day, such as "half day" or "1/3 day," was counted as a day.</p> <p>There are a few respondents who are current drinkers (See technical notes for Table 31) but reported zero days to question C7 or left it blank. These respondents are included in the 1-3 days category in this table.</p>
33	Current alcohol use - number of drinks	<p>Valid range for number of drinks per day is 0 to 90. Any portion of a drink, such as 0.5 drink, 1/3 drink, will not be counted as a drink.</p> <p>There were a few respondents who were current drinkers but reported zero drinks to question C8 or left it blank. These respondents are included in the 1 drink category in this table.</p>
34	Current alcohol use - binge drinking	<p>Valid range for times was 0 to 30 times. Any portion value entered, such as 0.4 times or 0.5 times, was rounded. Those values &lt;0.5 were not counted as one time and those &gt;=0.5 were counted as one time.</p>
35	Currently smoking	<p>Currently smoking: a person who was either an everyday smoker or someday smoker.</p> <p>See technical notes for Table 36 for more detail.</p>

## Technical Notes

Table	Topic	Table-specific technical notes
36	Current smoking status	<p>Current smoking status was derived from the responses to two questions:</p> <p><b>C12. Have you smoked at least 100 cigarettes in your entire life? 100 cigarettes = 5 packs</b></p> <p><input type="radio"/> Yes</p> <p><input type="radio"/> No → GO TO QUESTION C15</p> <p><b>C13. Do you now smoke cigarettes every day, some days, or not at all?</b></p> <p><input type="radio"/> Every day</p> <p><input type="radio"/> Some days</p> <p><input type="radio"/> Not at all → GO TO QUESTION C15</p> <p>Every day smoker: a person who has smoked at least 100 cigarettes in his or her lifetime and now smokes cigarettes every day.</p> <p>Some days smoker: a person who has smoked at least 100 cigarettes in his or her lifetime and now smokes cigarettes on some days.</p> <p>Former smoker: a person who has smoked at least 100 cigarettes in his or her lifetime but does not smoke now.</p> <p>Never smoked: a person who has smoked fewer than 100 cigarettes in his or her lifetime.</p>
37	Menthol cigarette use	Currently smoke menthol cigarettes is among all persons aged 18 and older; whereas menthol is a usual brand of cigarettes is reported among persons 18 and older who are current smokers.
38	Environmental tobacco smoke	This health indicator is reported for household for this data book. As household was the observation unit, rather than an adult, the household-specific statistical weights are used for data reporting in this table.
40	Marijuana use	<p>Question C17 gathers data on marijuana use during the past 30 days and was a "MARK ALL THAT APPLY" question.</p> <p><b>C17. During the past 30 days, have you used marijuana or products containing THC in any form? (MARK ALL THAT APPLY)</b></p> <p><input type="checkbox"/> Yes, prescribed by a doctor or healthcare provider</p> <p><input type="checkbox"/> Yes, used for other reasons</p> <p><input type="checkbox"/> No, I didn't use marijuana or products containing THC</p> <p>Data scan illogical checks were made to seven surveys for two reasons:</p> <ul style="list-style-type: none"> <li>• The respondent checked both "No" and "Yes," or</li> <li>• All three response options were checked.</li> </ul> <p>Issues were found in two cases and respective corrections and changes were made.</p> <p>The data scan "spill over" error check was not performed for this question. (Refer to the technical notes for race and ethnicity for more information.)</p>

## Technical Notes

Table	Topic	Table-specific technical notes
41 to 43	Alcohol, tobacco, other drugs	<p>Alcohol, tobacco, other drugs use problem was derived from question C10, a "MARK ALL THAT APPLY" question.</p> <p><b>C10. During the past 12 months, have any of the following been a problem for you or your family? (MARK ALL THAT APPLY)</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Alcohol</li> <li><input type="checkbox"/> Marijuana</li> <li><input type="checkbox"/> Opioids (prescription pain killers, heroin, or fentanyl)</li> <li><input type="checkbox"/> Other drugs, specify _____</li> <li><input type="checkbox"/> Gambling</li> <li><input type="checkbox"/> None → GO TO QUESTION C12</li> </ul> <p>Data cleaning and recoding steps for question C10 included:</p> <ul style="list-style-type: none"> <li>• <b>Data scan "spill over" check</b> The response options were printed very close to each other and were susceptible for data scan "spill over" error. After 8,500 surveys were scanned, a "spill over" check was performed. Scanned survey images for 223 respondents were reviewed because a neighboring pair of response options was checked. Two cases were found to have "spill-over" errors and respective corrections were made. The "spill-over" error was one percent.  The "spill over" check for rest of the 10,226 whole sample was not performed for this question. (Refer to the technical notes for race and ethnicity for more information).</li> <li>• <b>Data scan illogical response check</b> Of the 10,226 whole sample, 66 surveys were pulled to check for potential data scan illogical error for two reasons: <ul style="list-style-type: none"> <li>○ "None" was checked along with one or more from the five other options, or</li> <li>○ Four or more response options were checked in total.</li> </ul> Of these 66 surveys, 34 were found having issues and respective corrections and changes were made.</li> <li>• <b>Open-end text coding and consolidation</b> Of the 10,226 whole sample, 54 respondents entered specifying texts under the "Other drug" text field. These texts were: <ul style="list-style-type: none"> <li>○ Assigned with one or more initial codes that captured the essence of content relating to the other drugs.</li> <li>○ The initial codes were then consolidated into codes that mirrored listed substance use groups (alcohol, marijuana, and opioid). For the specified drugs that were not recoded into the listed substance use groups, they remained in "Other" group.</li> <li>○ If the texts were irrelevant to substance use, they were not counted in "Other" group.</li> </ul> </li> </ul> <p>Table 41 presented data on the household's experience with a problem due to any of the four listed substance use. It does not include gambling.</p> <p>Table 41 to Table 43, household is the observation unit, rather than an adult, therefore the household-specific statistical weights are used for data reporting.</p>

## Technical Notes

Table	Topic	Table-specific technical notes
44	Alcohol, tobacco, other drugs	<p>This indicator measures if ATOD (reported in Tables 42 and 43) has often been a problem for you or your family.</p> <p>As household was the observation unit, rather than an adult, the household-specific statistical weights are used for data reporting in this table.</p>
45	Serious psychological distress, Any psychological distress	<p>Serious Psychological Distress and Any Psychological Distress are derived from a six-item Kessler Psychological Distress Scale, questions D1 to D6, also commonly referred as K6-scale. Each of the six individual questions are reported in Tables 46 to 51.</p> <p>K6-scale is a 6-item self-report measure of psychological distress intended to be used as a quick tool to assess risk for serious mental illness in the general population.<sup>20,21</sup> The Cronbach's alpha for these six-item internal reliability, using 8,591 mail-plus sample, is 0.89.</p> <p>For each of these six questions, the response values of 0 to 4 are assigned to each of the five response categories (with "All of the time" assigned 4 and "None of the time" assigned 0). The response values of all six questions are then summed to yield a scale ranging from 0 to 24.</p> <p>A value of 13 or more on this scale was used to define experiencing serious psychological distress.</p> <p>A value of 7 or more on this scale was used to define experiencing any psychological distress.</p>
58	Violence	<p>Violence was assessed by question E4.</p> <p><b>E4. Have you or someone in your household experienced violence? This includes any threat with a weapon, attack, or domestic assault.</b></p> <p><input type="radio"/> Yes, during the past year</p> <p><input type="radio"/> Yes, more than a year ago</p> <p><input type="radio"/> No</p> <p>There is a clarifying statement for this question, <i>This includes any threat with a weapon, attack, or domestic assault</i> which was not printed in Table 58 due to space limitation.</p> <p>Violence was measured at the household level. The household-specific statistical weights are used for data reporting in this table.</p>
59	Economic distress-summary measure	<p>Economic distress is a summary measure of five economic distress survey items gathered from questions E6 to E10 that are reported in Table 60 to Table 64.</p> <p>Of the five economic distress measures, three were assessed at the household level (Table 60, Table 61, Table 62), and two were assessed at the individual level (Table 63, Table 64).</p> <p>The summary measure in Table 59 was calculated using the household weight. Because of this, the data reported in this table could likely underestimate the true value.</p>
60	Economic distress-food insecurity	<p>Food insecurity was assessed by question E6.</p> <p><b>E6. During the past 12 months, how often did you worry that food in your household would run out before you had money to buy more?</b></p> <p><input type="radio"/> Often</p> <p><input type="radio"/> Sometimes</p> <p><input type="radio"/> Rarely</p> <p><input type="radio"/> Never</p> <p>Food insecurity is one of the five factors in overall economic distress summary measure (see Table 59). It is measured at the household level. The household-specific statistical weights are used for data reporting in this table.</p>

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Table	Topic	Table-specific technical notes
61	Economic distress-hunger experience	<p>Hunger experience was assessed by question E7.</p> <p><b>E7. During the <u>past 12 months</u>, how often did food in your household not last and you did not have money to get more?</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Often</li> <li><input type="radio"/> Sometimes</li> <li><input type="radio"/> Rarely</li> <li><input type="radio"/> Never</li> </ul> <p>Hunger experience is one of the five factors in overall economic distress summary measure (see Table 59). It is measured at the household level. The household-specific statistical weights are used for data reporting in this table.</p>
62	Economic distress-housing insecurity	<p>Housing insecurity was assessed by question E8.</p> <p><b>E8. During the <u>past 12 months</u>, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Yes</li> <li><input type="radio"/> No</li> </ul> <p>Housing insecurity is one of the five factors in overall economic distress summary measure (see Table 59). It is measured at the family or household level. The household-specific statistical weights are used for data reporting in this table.</p>
63	Economic distress-homelessness	<p>Being homeless was assessed by question E9.</p> <p><b>E9. During the <u>past 12 months</u>, how often have you stayed at someone else's home, in a shelter, slept outside, or somewhere not intended as a place to live because you had no other place to stay?</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Never</li> <li><input type="radio"/> Once</li> <li><input type="radio"/> Twice</li> <li><input type="radio"/> Three or more times</li> </ul> <p>Being homeless is one of the five factors in overall economic distress summary measure (see Table 59). It is measured at the individual level. Most of the data in this data book are observed at individual level and individual statistical weights, also referenced as geographic statistical weights are used for data reporting.</p>
64	Economic distress-transportation insecurity	<p>Transportation insecurity was assessed by question E10.</p> <p><b>E10. During the <u>past 12 months</u>, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments, or shopping?</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Often</li> <li><input type="radio"/> Sometimes</li> <li><input type="radio"/> Rarely</li> <li><input type="radio"/> Never</li> </ul> <p>Transportation insecurity is one of the five factors in overall economic distress summary measure (see Table 59). It is measured at the individual level. Most of data in this data book are observed at individual level and individual statistical weights, also referenced as geographic statistical weights are used for data reporting.</p>



# Technical Notes

Table	Topic	Table-specific technical notes
67 to 71	Discrimination in 5 specific settings/situations	<p>The discrimination in five specific settings, also being referenced as major discrimination<sup>22</sup>, was asked via question E13.</p> <p>E13. During the <u>past 12 months</u>, have you experienced any of the following? If yes, have you felt that you were treated unfairly or discriminated against? (MARK ALL THAT APPLY)</p> <p>Have you...</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Applied for or worked at a job? Did you feel you were treated unfairly or discriminated against? <ul style="list-style-type: none"> <li><input type="radio"/> Yes</li> <li><input type="radio"/> No</li> </ul> </li> <li><input type="checkbox"/> Needed medical, mental, or dental care? Did you feel you were treated unfairly or discriminated against? <ul style="list-style-type: none"> <li><input type="radio"/> Yes</li> <li><input type="radio"/> No</li> </ul> </li> <li><input type="checkbox"/> Needed to rent or buy a place to live? Did you feel you were treated unfairly or discriminated against? <ul style="list-style-type: none"> <li><input type="radio"/> Yes</li> <li><input type="radio"/> No</li> </ul> </li> <li><input type="checkbox"/> Applied for social services or public assistance? Did you feel you were treated unfairly or discriminated against? <ul style="list-style-type: none"> <li><input type="radio"/> Yes</li> <li><input type="radio"/> No</li> </ul> </li> <li><input type="checkbox"/> Dealt with the police? Did you feel you were treated unfairly or discriminated against? <ul style="list-style-type: none"> <li><input type="radio"/> Yes</li> <li><input type="radio"/> No</li> </ul> </li> </ul> <p>The question was two-tiered.</p> <p>The first-tier question asked respondents if they experienced any of the listed five settings in the past two months. Within the setting that they checked, the respondents were asked the second-tier question, if they felt they were treated unfairly or discriminated against.</p> <p>This was also a "MARK ALL THAT APPLY" question for the first-tier question. However, a data scan quality check was not necessary as the check boxes for five settings were well spaced and all five settings were applicable to many.</p> <p>Many respondents answered "Yes" for the second tier of E13 but left its respective first layer box not checked. This illogical response scenario (referred to as IRS for the rest of this table) is illustrated in Table F using the data from the first setting: "Applied for or worked at a job?"</p>

# Technical Notes

Table	Topic	Table-specific technical notes																																
67 to 71	Discrimination in 5 specific settings/situations (continued)	<p><b>Table F. Response for feeling treated unfairly or discriminated against when you applied for or worked at a job during the past 12 months (E16, 10,226 whole sample, unweighted counts)</b></p> <table border="1"> <thead> <tr> <th colspan="2" rowspan="2"></th> <th colspan="3">Second layer question</th> <th rowspan="2">Total</th> </tr> <tr> <th colspan="3">Treated unfairly or discriminated against</th> </tr> <tr> <th colspan="2">First layer question</th> <th>Yes</th> <th>No</th> <th>Blank</th> <th></th> </tr> </thead> <tbody> <tr> <td rowspan="2">Applied for or worked at a job</td> <td>1 Checked</td> <td>434</td> <td>2069</td> <td>36</td> <td>2539</td> </tr> <tr> <td>0 Not checked</td> <td>385</td> <td>3903</td> <td>3399</td> <td>7687</td> </tr> <tr> <td colspan="2">Total</td> <td>819</td> <td>5972</td> <td>3435</td> <td>10226</td> </tr> </tbody> </table> <p>As illustrated in Table F, the IRS is large. Of the 819 that checked “Yes” for the second-tier question: Treated unfairly or discriminated against in the setting, when they applied for or worked at job, almost half (385, or 47%) did not check the first-tier question: “Applied for or worked at a job.”</p> <p>The data coding and process decision was:</p> <ul style="list-style-type: none"> <li>To code these IRS cases (385 in Table F) to mark those that also checked the first-tier question.</li> <li>The percent of reporting being discriminated against among those who experienced includes IRS cases (or 385) in both numerator and denominator, as illustrated below.  <math display="block">\text{Percent (\%)} = (434+385) / (434+385+2609) *100</math> </li> </ul> <p>This coding and calculation approach could be challenged for those who did not check the first-tier question, it is uncertain if they did not experience the setting/situation since there is no check option, or they just skipped that first layer question.</p>			Second layer question			Total	Treated unfairly or discriminated against			First layer question		Yes	No	Blank		Applied for or worked at a job	1 Checked	434	2069	36	2539	0 Not checked	385	3903	3399	7687	Total		819	5972	3435	10226
		Second layer question			Total																													
		Treated unfairly or discriminated against																																
First layer question		Yes	No	Blank																														
Applied for or worked at a job	1 Checked	434	2069	36	2539																													
	0 Not checked	385	3903	3399	7687																													
Total		819	5972	3435	10226																													
72	COVID-19 pandemic negative impact, summary measure	<p><b>Adult:</b></p> <p>The summary measure of negative COVID-19 pandemic impact on adults was derived from the seven COVID-19 response options presented in Table 73 and Table 74.</p> <p><b>Child:</b></p> <p>The summary measure of negative COVID-19 pandemic impact on children in households was derived from the five COVID-19 response options presented in Table 75 and Table 76.</p> <p>Special notes for Child are:</p> <ul style="list-style-type: none"> <li>The data is reported among those with children in household.</li> <li>The household-specific statistical weights were used for data reporting in this table.</li> </ul>																																

## Technical Notes

Table	Topic	Table-specific technical notes
73 to 74	COVID-19 pandemic negative impact, adult	<p>COVID-19 pandemic negative impact on survey respondents, was assessed via question F1, a "MARK ALL THAT APPLY" question.</p> <p><b>F1. The COVID-19 pandemic has affected our community in many areas. Check the ways your life has been negatively impacted by the COVID-19 pandemic. (MARK ALL THAT APPLY)</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Physical health</li> <li><input type="checkbox"/> Mental health</li> <li><input type="checkbox"/> Connections to family and/or friends</li> <li><input type="checkbox"/> Death of family and/or friends</li> <li><input type="checkbox"/> Housing</li> <li><input type="checkbox"/> Job and/or income</li> <li><input type="checkbox"/> Education access and quality</li> <li><input type="checkbox"/> Other, specify _____</li> <li><input type="checkbox"/> My life has not been negatively impacted</li> </ul> <p>Data cleaning and recoding steps for F1 included:</p> <ul style="list-style-type: none"> <li>• <b>Data scan illogical response check</b> Of the 10,226 whole sample, 325 surveys were pulled to check for potential illogical error because they had: <ul style="list-style-type: none"> <li>o Checked the last option "My life has not been negatively impacted" and at the same time, checked at least one of the eight listed negative impacts, or</li> <li>o Checked seven or more response options in total.</li> </ul> </li> </ul> <p>Of these 325 surveys, 228 had issues, mostly the illogical responses in checking both "not impacted" and "impacted." The respective corrections and changes were made. For cases who checked both "not impacted" and "impacted," the "impacted" response overwrote the "not impacted" response, i.e. "My life has not been negatively impacted" was recoded as unchecked.</p> <p>The data scan "spill over" error check was not performed for this question. (Refer to the technical notes for race and ethnicity for more information).</p>

## Technical Notes

Table	Topic	Table-specific technical notes
73 to 74	COVID-19 pandemic negative impact, adult (continued)	<ul style="list-style-type: none"> <li>• <b>Open-end text coding and consolidation</b> Of the 10,226 whole sample, 564 respondents entered texts under "Other, specify_____." These texts were:                             <ul style="list-style-type: none"> <li>o Assigned with one or more initial codes that captured the essence of the content relating to the negative impact on adults.</li> <li>o The initial codes were then consolidated into codes that mirrored the listed eight negative impact groups and were recoded into these respective groups. The specified negative impacts that were not recoded into the listed eight groups (including "Other") remained in "Other" group.</li> <li>o If the texts were irrelevant to negative impacts, they were not counted in the "Other" group.</li> </ul> </li> </ul>
75 to 76	COVID-19 pandemic, child	<p>COVID-19 pandemic negative impact on children in the household was assessed via question F2, a "MARK ALL THAT APPLY" question.</p> <p><b>F2. Check the ways children (age 0 to 17) in your household have been negatively impacted by the COVID-19 pandemic. (MARK ALL THAT APPLY)</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Physical health</li> <li><input type="checkbox"/> Mental health</li> <li><input type="checkbox"/> Connections to family and/or friends</li> <li><input type="checkbox"/> Childcare access and quality</li> <li><input type="checkbox"/> Education access and quality</li> <li><input type="checkbox"/> Other, specify _____</li> <li><input type="checkbox"/> My child's life has not been negatively impacted</li> <li><input type="checkbox"/> There are no children age 0 to 17 in this household</li> </ul> <p>Data cleaning and recoding steps for F1 included:</p> <ul style="list-style-type: none"> <li>• <b>Data scan illogical response check</b> Of the 10,226 whole sample, 98 surveys were pulled to check for potential illogical error because they had:                             <ul style="list-style-type: none"> <li>o Checked the option "There are no children aged 0 to 17 in this household" or the option "My child's life has not been negatively impacted" but also checked at least one of the listed 6 negative impacts (including "Other"), or</li> <li>o Checked six or more response options in total.</li> </ul> </li> </ul> <p>As question F2 asked negative impact of COVID-19 on children in the household, data gathered from question G7 on number of children in household, as well as survey respondents' age, were also included when these 98 surveys were reviewed to support the coding decision. A complex trumping rule matrix that incorporates all above mentioned factors was developed to guide the coding decision. Of these pulled 93 surveys, 83 surveys were identified as having issues and respective corrections were made.</p> <p>The data scan "spill over" error check was not performed for this question. (Refer to technical notes for race and ethnicity for more information).</p>

## Technical Notes

Table	Topic	Table-specific technical notes
75 to 76	COVID-19 pandemic, child (continued)	<ul style="list-style-type: none"> <li>• <b>Open-end text coding and consolidation</b> Of the 10,226 whole sample, 156 respondents entered specifying texts under the "Other, specify____" text field. These texts were:               <ul style="list-style-type: none"> <li>o Assigned with one or more initial codes that captured the essence of the content relating to the negative impact on children.</li> <li>o The initial codes were then consolidated into codes that mirrored the listed 5 negative impact groups and were recoded into these respective groups. The specified negative impacts that were not recoded into the listed 5 groups remained in "Other" group.</li> <li>o If the texts were irrelevant to negative impacts, they were not counted in "Other" group.</li> </ul> </li> </ul> <p>As household was the observation unit, rather than an adult, the household-specific statistical weights were used for data reporting in this table.</p> <p>The data are reported among those households with children.</p>

# Appendix B

## Methodology and weighting

This appendix describes the methodology used to administer, process, and analyze the SHAPE 2022 survey. Data cleaning and analysis was conducted in SPSS<sup>23</sup> and STATA.<sup>24</sup> SHAPE 2022 was a self-administrated survey by mail and in-person data collection modes. The administration of surveys was conducted by Hennepin County Human Services and Public Health.

### Mail survey data collection

The mail survey data collection was the primary data collection mode of SHAPE 2022. It employed a random address-based sampling strategy. Respondents from the mail survey were the base sample for SHAPE 2022 general population data reporting.

### Sampling Methodology

The residential addresses of Hennepin County in the US Postal Services' full Delivery Sequence File (DSF) were procured from a vendor<sup>25</sup> and served as the sampling frame for this project. The DSF was current as of January 19, 2022. All addresses were geocoded to one of the 23 SHAPE primary geographic sampling strata. The sample selection included two stages of random sampling.

The first step was to randomly select households, where the stratified disproportionate sampling method was used. The sampling proportion for each sampling strata was determined using the following factors:

- The goal set of anticipated completed surveys for each reporting area;
- The anticipated vacancy rate for each reporting area; and
- The anticipated response rates for the regular, oversampled, and super-sampled census tracts within each reporting area – higher for regular census tracts, lower for oversampled tracts.

Households were randomly selected from each of the sampling stratum according to the sampling fractions described above. A total of 39,989 households (excluding group homes) were randomly selected.

A second set of 2,000 households in the Minneapolis Phillips/Powderhorn reporting area were selected later to supplement the original sample.

### Oversampling

Most of the primary sampling areas were divided into regular, oversampled, and super-sampled areas, for a total of 23 sampling strata. The regular, oversampled, and super-sampled areas were developed to increase sampling efficiency to meet the goal of the total number of completed surveys per reporting area, and to increase the chance for those populations that are usually under-represented in sampling to be selected. Census 2020<sup>26</sup> and American Community Survey (ACS) 5-year estimates from 2017-2021<sup>9</sup> were used to examine various demographic and social characteristics of census tracts in Hennepin County to base sampling decisions. A combination of three criteria were used to determine if a tract would be oversampled for the 2022 SHAPE survey project:

- 20% or higher of tract where head of household were from populations of color (Census 2020<sup>26</sup>)
- 20% of the total population 18 years and older were from populations of color (Census 2020<sup>26</sup>)
- 25% or higher of the population living under 200% of poverty (2017-2021 ACS estimates<sup>9</sup>)

## Methodology and weighting

The number of census tracts meeting at least one of the above criteria resulted in oversampling 160 of the 329 tracts in the county.

The last step in assigning sampling rates was to determine which, if any, census tracts met the following two criteria:

- 15% or higher of the population was aged 18–24 years old
- Met at least one of the first three criteria

These were labeled as super-sampled tracts. In total, 19 tracts were super-sampled.

The second stage of random sampling was to randomly select one adult within the household. This was accomplished by asking the adult with the next birthday to complete the survey.

### Data collection

#### Primary sample

The primary contact procedure for the primary address-based sample of 39,983 households involved five mailings to all eligible households. Some households in lower-response geographies received two additional mailings. Those who responded before the next mailing was prepared were removed from subsequent mailings. A small number of households were also removed from subsequent mailings upon their request or if the U.S. Postal Service marked the addresses as vacant or undeliverable.

- **Mailing 1** – A colorful pre-notification postcard notifying the household that they were selected to participate. Only 75% of households (29,964) in each of the 24 sampling strata were sent this first mailing.
- **Mailing 2** – The household survey, a language card, pre-paid return envelope sent to all sampled households (39,983).
- **Mailing 3** – A black and white postcard thanking the households who completed the survey and asking those who had not completed the survey to do so, sent to all households (39,983).
- **Mailing 4** – The household survey, a language card, pre-paid return envelope sent to all remaining households that had not returned a survey, or for whom earlier mailings were returned marked as vacant, undeliverable, refusals (38,073).
- **Mailing 5** – A small postcard was mailed to 7,475 households in selected geographic areas within Hennepin County that had a low survey response. These included Minneapolis Phillips/Powderhorn, the Minneapolis North reporting area, and Brooklyn Center. For addresses in the Minneapolis Phillips/Powderhorn region, the postcard included a photo of landmarks from those areas urging people to complete and return the survey. For addresses in Minneapolis North and Brooklyn Center, the postcard included a photo of Stella Whitney West, the CEO at NorthPoint Health and Wellness Center.
- **Mailing 6** – The household survey, a language card, pre-paid return envelope sent to all remaining households that had not returned a survey, and for whom earlier mailings had not been returned marked as vacant, undeliverable, or refusals. This mailing was split into two groups, Group 1: addresses from census tracts that a maximum response rate of 15% or lower and where 20% or more of the population was Hispanic (2,379), and Group 2: all other addresses that had neither returned a survey already, nor were identified by the U.S. Postal Service as vacant or otherwise not deliverable (29,411). The mailing packet that went to Group 1 included both an English language and a Spanish language version of the survey. The mailing packet that went to Group 2 included only an English language version of the survey.
- **Mailing 7** – Mailing 7 was focused on the suburban North Outer-ring reporting area. This reporting area had one of the lower response rates up to that point. The remaining unaccounted-for addresses in that area were randomly divided into two groups.
  - i. Group 1 (1,288, i.e., 50%) received a full packet mailing including the survey by 1st class mail.
  - ii. Group 2 (1,288, i.e., 50%) received a full packet mailing including the survey by Priority mail.

## Methodology and weighting

### Supplemental sample

At the same time as Mailing 7 a new sample of 2,000 addresses from the Minneapolis Phillips/Powderhorn reporting area was selected. As with the Suburban North Outer-ring component, these 2000 addresses were randomly divided into two groups:

- 50% (1,000) were sent a full packet by 1st class mail
- 50% (1,000) were sent a full packet by Priority mail

Mail data collection began in May 2022 and ended in December 2022 and gathered 8,093 returned surveys. After data cleaning and removal of duplicate and incomplete surveys, the final sample from the mail survey was 7,151.

### In-person data collection

The in-person data collection gathered data from Hennepin County adults using a convenient non-random approach at sites of ten community partners, including eight SHAPE 2022 community-based organizations and two Hennepin County operated community clinics. In-person data collection aimed to:

- Provide health data for each of the community partners, not only with SHAPE 2022 general data, as well as data gathered specific to their own need;
- Locate and connect with persons from households that are in the address-based random sample; and
- Complement the mail survey by matching in-person survey responders who live in households that are physically close to addresses in the address-based sample who did not respond to the mail survey.

### Community partners

The in-person data collection was accomplished with ten community partners. These community partners represent Federal-Qualified Health Centers, food shelves, community clinics, and community organizations. The community partner sites serve under-represented populations, had visitor flows that could secure at least 200 survey completes in a short time-period, had a space to provide privacy for completing the survey, and were able to assist with planning and implementation logistics. Community partner organizations were offered a \$3,000 stipend for their participation with SHAPE 2022. A monetary incentive of \$10 in the form of a Target gift card following the completion of a survey was distributed to respondents at in-person data collection sites.

The ten community partners and respective data collection sites are:

- CAPI USA;
- Pillsbury United Communities (Waite House, Brian Coyle, North Mark);
- Glendale Townhomes - Minneapolis Public Housing Authority;
- Minneapolis High-rises Representative Council (5th Ave Hi-rise, Park Center, Lowry Towers);
- Native American Community Clinic;
- Neighborhood HealthSource;
- NorthPoint Health and Wellness Center;
- Southside Community Health Services (Fremont, Sheridan, and Central clinic);
- Hennepin County Mental Health Center; and
- Hennepin Healthcare East Lake Clinic.

The SHAPE 2022 survey instrument used for in-person data collection was nearly identical to that of the mail survey. However, partner organizations were able to add up to five questions to the in-person survey instrument that were specific to their organization. The survey instrument was translated into Spanish, Hmong, and Somali and offered at in-person data collection sites. Language support was provided in Amharic, Hmong, Lao, Oromo, Somali, Spanish, and Vietnamese.



## Methodology and weighting

### Data collection

A total of 2,133 surveys were completed at 19 different sites throughout Hennepin County at 50 different in-person data collection events between May and September of 2022.

After data cleaning and removal of duplicate and incomplete surveys, the final sample from the in-person survey was 2,072. Respondents for the in-person survey were asked to provide their address voluntarily. Of the 2,133 surveys collected, 2,071 provided an address in some form. Those respondents who did not provide a complete or valid address, indicated they were homeless, or did not reside in Hennepin County will still be included in subsequent analyses of Hennepin County clients to be shared with each of the in-person data collection sites.

Addresses that were complete and were within Hennepin County from the in-person respondents were geocoded using ArcGIS Pro<sup>2</sup> and then matched back to the sampled mail-survey households in one of two processes:

#### 1 Mail survey non-respondent conversion

If an in-person survey respondent has an address that was exactly matched with a household address in mail-sample, and no completed survey from that household has received, this in-person survey became the perfect match with a mail-survey non-response. After duplicates were removed, a total of 132 completed in-person surveys had an address that was a perfect match for one of the address-based sample mail surveys. These were taken as a 'converted' response and included in the dataset used for analysis of the general adult population data reporting.

#### 2 Mail survey non-respondent sample replacement

All of the addresses from in-person surveys that listed a complete Hennepin County address that was not a homeless shelter or group quarters and were not a perfect match as described above, were geocoded using ArcGIS Pro.<sup>2</sup> For all the addresses in this group, the geocoded location was then used to calculate the distance between that household and each of the remaining addresses of households in the mail sample that had not been flagged as vacant, rejected, or otherwise undeliverable by the US Postal Services.

A table of all possible distances was created for addresses in each of the ten reporting areas. After these tables were created, a Python-based program was used to run a set of 500 iterations of possible assignments of each of the in-person respondents to the closest address from the original household mail sample that was still available for pairing. The final pairing was chosen based on which of the 500 iterations produced the lowest sum of the distances.

Completed in-person surveys that were within 200 meters of its paired household from the address-based sample household would then 'replace' household in the the dataset used for analysis of the general adult population data reporting .

A total of 1,308 surveys met the 200 meter requirement and were eligible for sample replacement. These surveys were subsequently added to the final dataset.

This resulted in a total of 1,440 surveys (132 + 1,308) from the in-person survey process to be added to the dataset used for analysis of the general adult population data reporting.

The final dataset, sometimes called the mail plus dataset, has 8,591 cases (7,151 from mail, 1,440 from in-person) for analysis and reporting in this data book. Overall, the response rate including the 8,591 surveys was 22.6%.

## Methodology and weighting

### Weighting

The SHAPE 2022 survey weighting and raking methodology was developed in consultation with local and national statistical survey research experts. The SHAPE 2022 survey data was weighted in two steps. The steps accounted for:

- Differences in the probability that a particular person was selected; and
- Differences in the proportion of persons who completed the survey compared to population, as measured by the 2017-2021 American Community Survey 5-Year estimates.<sup>9</sup>

For SHAPE 2022, there are two stages of random sampling. The first random sampling step is the selection of households. The sampling was built on groups of census tracts where a different sampling rate for households was chosen for each group of census tracts. The percentage of households that were sampled depended on factors associated with that geographic area, such as:

- The estimated vacancy rate
- The probability that there were households with some of the populations of special interest (e.g., Hispanics)
- The estimated response rate
- The total number of completed surveys sought for a particular reporting area
- The desire to obtain an adequate number of completed surveys from the population groups of special interest

The second random sampling is the selection of an adult within that household. The survey includes instructions that the person whose birthday was next in the selected household should be designated to complete the survey. A person in a household with two adults in it had a higher probability of being that designated person than a person with five adults in it. To account for these differences, each respondent was given an initial equal probability weight connected with his or her sampling area, or strata. This weight was based on the ratio of the number of occupied households in that strata divided by the number of completed surveys from that strata (thus accounting for differences in response rates) multiplied by the number of adults in that person's household. The number of adults living in any given household was capped at seven for weighting purposes. This is the disproportionate sampling weight.

The disproportionate sampling weights were then normalized so that the sum of them would add up to the number of respondents in the SHAPE 2022 survey (i.e., 8,591). Once the normalized disproportionate sampling adjustment was done, an analysis was completed to see if any post-stratification adjustments were needed. In almost all population-based surveys, the profile of the respondents is different from that of the underlying population. Historically, women are more likely to complete surveys than men and older people are more likely to complete surveys than younger people.

For each of the implementations of SHAPE since 1998, a post-stratification adjustment was done based on the age and gender distribution within geographic areas. Since the profile of the SHAPE 2022 respondents was older and more female than the population of the county as a whole and, most importantly, since health status and behaviors are known to differ substantially across these groups, there was a need to adjust for age and gender for each of the ten geographic areas reported.

To accomplish the post-stratification adjustment with the SHAPE 2022 respondents, a statistical step known as "raking" was done. The raking step took the age, gender, race/ethnicity, and educational attainment percentages from the 2020 Decennial Census<sup>26</sup> for Hennepin County as the standard against which the distribution of respondents of the SHAPE 2022 survey was compared.

## Methodology and weighting

There were five age groupings (18-24, 25-44, 45-64, 65-74, and 75 and older), two groups for gender (i.e., Male and Female), four race/ethnicity groupings (Hispanic, non-Hispanic Asian/Asian American, non-Hispanic Black/African American, and Other), and four educational attainment groupings (less than high school, high school graduate or GED, some college, and college graduate or higher).

The raking adjustment takes the percent of persons from the SHAPE 2022 respondent pool (after weighting for the equal probability of being selected) and mathematically computes the best way to adjust the cases to best match the marginal percentages of the standard population (i.e., the 2017-2021 American Community Survey 5-year estimates<sup>9</sup> for Hennepin County). This cycle of adjustments stops when the total differences in the marginal percentages is within a predetermined tolerance of the standard population. The final values needed to reach that "close enough" fit become the weights assigned to each case.

To avoid any one person having an unduly large influence in any of the health measures for the population, the weights were capped at six. The "extra" weight (i.e., the amount greater than six that was removed) was then redistributed to the other respondents whose value after raking was less than six. This is now a capped raked weight.

All weighting factors were multiplied together to produce the final analysis weight for each completed survey. This set of geographic-centric weights are used for most analyses.

A second set of weights were created for analyses involving one of the select racial or ethnic group who live in Hennepin County. The main difference between these weights and the geographic-based weights is that the post-stratification adjustments were based on the age, gender, and educational attainment distribution for that particular racial or ethnic group rather than the adult population in the county in general. For this set, weights were calculated for analyses involving Hispanics and non-Hispanic American Indians or Alaska Natives, Asian or Asian Americans, Black or African Americans, and Whites.

## Methodology and weighting

### How to Read the Tables

This data book presents results for many health indicators from the SHAPE 2022 survey. Most tables in this report include all response options for a particular question in one table, covering two pages. Each table starts with Hennepin County total results followed by the results for various geographic areas within Hennepin County. Next there are numerous demographic breakdowns by a number of demographic and social factors, including age, sexual orientation, gender identity, race/ethnicity, educational attainment, household income, speaking a language other than English at home, frequent mental distress, and economic distress.

In most of the data tables, the title is the actual survey question and is presented as it was asked. Some tables report results that are calculated from one or more survey questions. The titles for these tables state the content of the data tables without being in question form (e.g., "Weight status based on Body Mass Index calculation"). The survey questions used for those calculations and the applicable calculation methods are explained in Appendix A.

All results are reported as percentages (%) with corresponding 95% confidence intervals ( $\pm$  95% C.I.). In all cases, the number N, listed in the column labeled Sample Size, is the actual number of persons whose responses were included to compute the results. The weighted sample size may be different from the observed sample size. Missing responses are not included in the calculated percentages.

Most questions in SHAPE 2022 were asked of all participants. However, some questions are part of a set (e.g., a series of questions about smoking), and are asked only of pertinent sub-groups among all survey respondents after the lead question. These questions often have a much smaller sample size than other questions. Tables with questions of this type are indicated by the phrase "Among persons . . ."

# Appendix C

## Sample characteristics

The final dataset used for the general population reporting in this data book includes 8,591 cases. The distribution of the respondents by key reporting categories is illustrated in Table G.

**Table G. Number of unweighted respondents to SHAPE 2022 by reporting category and data collection mode**

Data book reporting categories	Mail mode responses N	In-person responses N	Combined total N
<b>Hennepin County total</b>	7,151	1,440	8,591
<b>Minneapolis</b>	2,787	1,146	3,933
Camden, Near North	601	435	1,036
Central, Northeast, University, St. Anthony	737	220	957
Phillips, Powderhorn	675	418	1,093
Calhoun-Isles, Longfellow, Nokomis, Southwest	774	73	847
<b>Suburban Hennepin County</b>	4,364	294	4,658
Northwest Suburbs	1,443	214	1,657
Northwest - inner	717	192	909
Northwest - outer	726	22	748
West suburbs	1,468	32	1,500
West - inner	695	27	722
West - outer	773	5	778
South suburbs	1,453	48	1,501
South - east	714	32	746
South - west	739	16	755
<b>Age</b>			
18-24 years	207	102	309
25-44 years	1,871	584	2,455
45-64 years	2,170	492	2,662
65-74 years	1,627	188	1,815
75 and older	1,240	67	1,307
<b>Gender</b>			
Male	4,507	895	5,402
Female	2,520	498	3,018
Nonbinary	79	19	98
<b>Transgender</b>			
Yes	60	24	84
No	7,019	1,366	8,385

## Sample characteristics

<b>Data book reporting categories</b>	<b>Mail mode responses N</b>	<b>In-person responses N</b>	<b>Combined total N</b>
<b>Sexual orientation</b>			
Straight/Heterosexual	6,098	1,453	7,151
LGBQ+	813	167	980
Lesbian or gay	339	41	380
Bisexual or pansexual	335	75	410
Queer	205	26	231
<b>Selected race/ethnicity</b>			
American Indian or Alaska Native	88	226	314
Hispanic	172	328	500
Non-Hispanic			
Asian or Asian American	252	75	327
Southeast Asian	70	46	116
Black or African American	425	554	979
US-born Black	316	320	636
Foreign-born Black	107	230	337
White	5,827	198	6,025
<b>Household income</b>			
< 200% of Federal Poverty Level	1,284	1,147	2,431
≥ 200% of Federal Poverty Level	5,500	265	5,765
<b>Educational attainment</b>			
Less than high school	104	331	435
High school or GED	613	479	1,092
Some college	1,597	355	1,952
College degree or higher	4,550	225	4,775
<b>Speak a language other than English most of the time at home</b>			
Yes	479	599	1,078
No	6,617	794	7,411
<b>Economic distress</b>			
Yes	979	890	1,869
No	6,136	540	6,676
<b>Frequent mental distress</b>			
Yes	882	258	1,140
No	5,951	870	6,821

# Appendix D

## SHAPE 2022 survey questionnaire

# SHAPE 2022 survey questionnaire



Have a say in how healthy  
Hennepin can be.





# SHAPE 2022 survey questionnaire



**Have a say in how healthy Hennepin can be!**

Your household was randomly selected to participate in SHAPE 2022, a project that helps improve the health of local residents. The results of this survey will help us understand the most vital health needs in our community. This is especially helpful as we work to understand how the COVID-19 pandemic affected us all. Because you may be the only household on your block selected, your participation in the survey and responses are very important.

The SHAPE 2022 survey asks about your health, diet, exercise, neighborhood, and ability to get health care. The survey will also ask how you have been impacted by the COVID-19 pandemic. The survey is voluntary and anonymous (we don't ask for names). In all the reports, your responses are combined with those of hundreds of other residents taking the survey .

To complete this 20-minute survey, please follow these steps:

- 1. Ask the adult (age 18 and older) with the next birthday in your household to take the survey.
- 2. Complete the paper survey and return by mail in the enclosed prepaid return envelope.










SHAPE 2022 is sponsored by Hennepin County Public Health. More information is available at [www.hennepin.us/SHAPE](http://www.hennepin.us/SHAPE).

If you have questions about the survey, call 612-543-3034 or email [SHAPE@hennepin.us](mailto:SHAPE@hennepin.us).

Thank you for taking the time to participate in this important project.

Sincerely,  
Susan Palchick, PhD  
Hennepin County Public Health Director

**Survey Instructions**

<p>Please use a blue or black ink pen.</p> <p>Correct mark:    </p> <p>Incorrect mark:   </p>	<p>If you make a mistake, cross out the incorrectly marked answer and mark correct answer:</p> <p>  </p>
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## SHAPE 2022 survey questionnaire

## Section A.

### General health and health conditions

A1. In general, would you say your health is...?

- Excellent  
 Very Good  
 Good  
 Fair  
 Poor

A2. Have you ever been told by a doctor, nurse, or other health professional that you had any of the following?

a. Hypertension, also called high blood pressure

- Yes  
 Yes, but only during pregnancy  
 Borderline high or pre-hypertension  
 No

b. Diabetes or sugar disease

- Yes  
 Yes, but only during pregnancy  
 Pre-diabetes or borderline diabetes  
 No

c. Asthma

- Yes  
 No → GO TO QUESTION A3

ci. Do you still have asthma?

- Yes  
 No

A3. Thinking about your mental health, which includes stress, depression, problem with emotions, for how many days during the past 30 days was your mental health NOT good?

Number of days

A4. Are you limited in any activities because of physical, mental, or emotional problems?

- Yes  
 No

A5. During the past 2 weeks, how often have you been bothered by any of the following problems?

a. Feeling nervous, anxious or on edge

- Not at all  
 Several days  
 More than half the days  
 Nearly every day

b. Not being able to stop or control worrying

- Not at all  
 Several days  
 More than half the days  
 Nearly every day

c. Little interest or pleasure in doing things

- Not at all  
 Several days  
 More than half the days  
 Nearly every day

d. Feeling down, depressed or hopeless

- Not at all  
 Several days  
 More than half the days  
 Nearly every day

A6. How tall are you without shoes?

Feet  Inches

OR

Centimeters

A7. How much do you weigh without shoes?

*If you are currently pregnant, please provide your weight before you were pregnant.*

Pounds

OR

Kilograms

## SHAPE 2022 survey questionnaire

## Section B.

### Access to health care

**B1. Do you currently have any of the following types of health insurance or coverage? (MARK ALL THAT APPLY)**

- Insurance provided by an employer or bought directly by myself, my spouse or family
- Medicaid, MA, MinnesotaCare, or other public insurance
- Medicare
- Other, specify \_\_\_\_\_
- No health coverage (uninsured)

**B2. How long has it been since you last visited a dentist or dental clinic for any reason?**

- Within the past year
- Within the past 2 years
- Within the past 5 years
- 5 or more years ago
- Never

**B3. During the past 12 months, have you seen a doctor, nurse, or other health professional for your own health?**

- Yes
- No

**B4. When you are sick or need medical care, where do you usually go? (CHOOSE ONLY 1)**

- Doctor's office or clinic (including video or phone)
- Hospital emergency room
- Urgent Care
- Clinic located in a drug or grocery store
- No usual place

**B5. During the past 12 months, was there a time when you needed medical care**

- Yes
- No → GO TO QUESTION B8

**B6. Did you delay or not get the care you thought you needed?**

- Yes
- No → GO TO QUESTION B8

**B7. Was this because of cost or lack of insurance?**

- Yes
- No

**B8. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts?**

*A health professional could be a doctor, psychiatrist, psychologist, therapist, or counselor.*

- Yes
- No → GO TO QUESTION B11

**B9. Did you delay or not get the care you thought you needed?**

- Yes
- No → GO TO QUESTION B11

**B10. Why did you delay or not get the care you thought you needed? (MARK UP TO 3)**

- Did not know where to go or how to get help
- Could not find provider or appointment
- Could not find provider who speaks my language or understands my culture
- Afraid of what family, community, or people at work would do or think
- Had no insurance or cost was too high
- Had work, family, or other duties
- Other, specify \_\_\_\_\_

**B11. During the past 12 months, did you skip doses, take smaller amounts of your prescription, or not fill a prescription because of cost?**

- Yes
- No
- I was not prescribed any medication

**B12. Telehealth has become a common way to get healthcare. Which of these make it hard for you to get healthcare on a computer, tablet, or smartphone? (MARK ALL THAT APPLY)**

- No or slow computer/tablet/smartphone
- No or slow Internet
- I don't know how
- My provider doesn't offer this option
- Other, specify \_\_\_\_\_
- None

# SHAPE 2022 survey questionnaire

## Section C. Healthy lifestyles and behaviors

**C1. A serving of vegetables – not including french fries – is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have yesterday?**

Number of servings

**C2. A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut, or canned fruit. How many servings of fruit did you have yesterday? Do not include fruit juice.**

Number of servings

**C3. How easy or difficult is it for you to get...**

**a. Fruit and vegetables in your local area?**

- Very easy
- Somewhat easy
- Somewhat difficult
- Very difficult

**b. Food in your local area that reflects your culture that is affordable?**

- Very easy
- Somewhat easy
- Somewhat difficult
- Very difficult

**C4. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as walking, running, gardening, sports, or other types of exercise?**

- Yes
- No

**C5. During an average week, other than your regular job, how many days do you participate in any physical activity or exercise for at least 30 minutes per day?**

Number of days

**C6. During an average week, how many days do you walk/bike to get to and from places such as work, stores, or to run errands?**

Number of days

For questions C7 to C9, consider a drink of alcohol to be a can or bottle of beer or malt beverage, a glass of wine or a wine cooler, a shot glass of liquor, or a mixed drink.

**C7. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?**

Number of days

**C8. During the past 30 days, on the days when you drank, about how many drinks did you have on average?**

Number of drinks

**C9. Considering all types of alcoholic beverages, how many times during the past 30 days did you...**

**a. Have 4 or more drinks on one occasion?**

Number of times

**b. Have 5 or more drinks on one occasion?**

Number of times

**C10. During the past 12 months, have any of the following been a problem for you or your family? (MARK ALL THAT APPLY)**

- Alcohol
- Marijuana
- Opioids (prescription pain killers, heroin, or fentanyl)
- Other drugs, specify \_\_\_\_\_
- Gambling
- None → GO TO QUESTION C12

**C11. During the past 12 months, how often has alcohol, marijuana, opioids, other drugs, or gambling been a problem for you or your family?**

- Often
- Sometimes
- Rarely
- Never

## SHAPE 2022 survey questionnaire

- C12. Have you smoked at least 100 cigarettes in your entire life? 100 cigarettes = 5 packs**
- Yes  
 No → GO TO QUESTION C15
- C13. Do you now smoke cigarettes every day, some days, or not at all?**
- Every day  
 Some days  
 Not at all → GO TO QUESTION C15
- C14. Is your usual cigarette brand menthol or non-menthol?**
- Menthol  
 Non-menthol  
 No usual brand  
 I don't smoke cigarettes
- C15. Does anyone, including yourself, smoke regularly inside your home?**
- Yes  
 No
- C16. Do you currently vape or use e-cigarettes?**
- Every day  
 Some days  
 Used to, but not now  
 Never
- C17. During the past 30 days, have you used marijuana or products containing THC in any form? (MARK ALL THAT APPLY)**
- Yes, prescribed by a doctor or healthcare provider  
 Yes, used for other reasons  
 No, I didn't use marijuana or products containing THC

## Section D.

### How you feel

Question D1 to D6 ask about how you have been feeling during the past 30 days

- D1. About how often did you feel so sad that nothing could cheer you up?**
- None of the time  
 A little of the time  
 Some of the time  
 Most of the time  
 All of the time
- D2. About how often did you feel nervous?**
- None of the time  
 A little of the time  
 Some of the time  
 Most of the time  
 All of the time
- D3. About how often did you feel so restless or fidgety that you could not sit still?**
- None of the time  
 A little of the time  
 Some of the time  
 Most of the time  
 All of the time
- D4. About how often did you feel hopeless?**
- None of the time  
 A little of the time  
 Some of the time  
 Most of the time  
 All of the time
- D5. About how often did you feel that everything was an effort?**
- None of the time  
 A little of the time  
 Some of the time  
 Most of the time  
 All of the time
- D6. About how often did you feel worthless?**
- None of the time  
 A little of the time  
 Some of the time  
 Most of the time  
 All of the time

## SHAPE 2022 survey questionnaire

**D7. How often do you get the social and emotional support you need?** *Please include support from any source, such as family, friends, neighbors and/or co-workers.*

- Always  
 Usually  
 Sometimes  
 Rarely  
 Never

**D8. How often do you feel lonely or isolated from others?**

- Always  
 Usually  
 Sometimes  
 Rarely  
 Never

## Section E.

### About your community

**E1. Overall, how much impact do you think you have in making your community a safer and better place to live?**

- Big impact  
 Moderate impact  
 Small impact  
 No impact  
 Don't know

**E2. How much do you agree or disagree with the following statements?**

**a. This is a good community to raise children in.**

- Strongly agree  
 Somewhat agree  
 Somewhat disagree  
 Strongly disagree

**b. People in my neighborhood have access to safe parks or trails for biking or walking.**

- Strongly agree  
 Somewhat agree  
 Somewhat disagree  
 Strongly disagree

**E3. In general, how safe from crime do you consider your neighborhood to be?**

- Very safe  
 Somewhat safe  
 Somewhat unsafe  
 Not at all safe

**E4. Have you or someone in your household experienced violence?** *This includes any threat with a weapon, attack, or domestic assault.*

- Yes, during the past year  
 Yes, more than a year ago  
 No

**E5. During the past 12 months, have you or anyone in your household received Medical Assistance (MA), food support (such as food stamps, SNAP), WIC, or cash assistance such as MFIP or General Assistance (GA)?**

- Yes  
 No  
 Don't know

E6. During the past 12 months, how often did you worry that food in your household would run out before you had money to buy more?

- Often  
 Sometimes  
 Rarely  
 Never

E7. During the past 12 months, how often did food in your household not last and you did not have money to get more?

- Often  
 Sometimes  
 Rarely  
 Never

E8. During the past 12 months, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?

- Yes  
 No

E9. During the past 12 months, how often have you stayed at someone else's home, in a shelter, slept outside, or somewhere not intended as a place to live because you had no other place to stay?

- Never  
 Once  
 Twice  
 Three or more times

E10. During the past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments, or shopping?

- Often  
 Sometimes  
 Rarely  
 Never

E11. How often are you in a situation where you feel you are not accepted because of your race, ethnicity, religion, or immigration status?

- At least once a week  
 Once or twice a month  
 A few times a year  
 Once a year or less often  
 Never

E12. How often are you in a situation where you feel you are not accepted because of your sexual orientation or gender identity?

- At least once a week  
 Once or twice a month  
 A few times a year  
 Once a year or less often  
 Never

E13. During the past 12 months, have you experienced any of the following? If yes, have you felt that you were treated unfairly or discriminated against? (MARK ALL THAT APPLY)

Have you...

Applied for or worked at a job?

Did you feel you were treated unfairly or discriminated against?

- Yes  
 No

Needed medical, mental, or dental care?

Did you feel you were treated unfairly or discriminated against?

- Yes  
 No

Needed to rent or buy a place to live?

Did you feel you were treated unfairly or discriminated against?

- Yes  
 No

Applied for social services or public assistance?

Did you feel you were treated unfairly or discriminated against?

- Yes  
 No

Dealt with the police?

Did you feel you were treated unfairly or discriminated against?

- Yes  
 No

## Section F. COVID-19 Pandemic

**F1. The COVID-19 pandemic has affected our community in many areas. Check the ways your life has been negatively impacted by the COVID-19 pandemic. (MARK ALL THAT APPLY)**

- Physical health
- Mental health
- Connections to family and/or friends
- Death of family and/or friends
- Housing
- Job and/or income
- Education access and quality
- Other, specify \_\_\_\_\_
- My life has not been negatively impacted

**F2. Check the ways children (age 0 to 17) in your household have been negatively impacted by the COVID-19 pandemic. (MARK ALL THAT APPLY)**

- Physical health
- Mental health
- Connections to family and/or friends
- Childcare access and quality
- Education access and quality
- Other, specify \_\_\_\_\_
- My child's life has not been negatively impacted
- There are no children age 0 to 17 in this household

**F3. Have you ever tested positive for COVID-19?**

- Yes, but was NOT hospitalized
- Yes and WAS hospitalized
- No → GO TO QUESTION G1

**F4. Did you have any symptoms lasting four weeks or longer due to COVID-19?**

- Yes
- No

## Section G. About you

The following questions are about you and your household. The information will help ensure that the survey data represents all those who live in Hennepin County. Remember, your responses are confidential.

**G1. Are you...?**

- Male
- Female
- Non-binary
- Something else, please specify \_\_\_\_\_

**G2. Do you consider yourself to be transgender?**

- Yes
- No

**G3. Do you consider yourself ...? (MARK ALL THAT APPLY)**

- Straight or heterosexual
- Lesbian or gay
- Bisexual or pansexual
- Queer
- Questioning
- Something else, please specify \_\_\_\_\_

**G4. What is your age?**

Years

**G5. Are you currently ...?**

- Married or living with a partner in a marriage-like relationship
- Separated, divorced, or widowed
- Never married

**G6. Do you speak a language other than English most of the time at home?**

- Yes
- No

**G7. INCLUDING YOURSELF, how many adults and children live in your household?**

- Number of adults age 18 and older INCLUDING YOURSELF
- Number of children age 0-5
- Number of children age 6-11
- Number of children age 12-17



**G8. Which of the following do you consider yourself? (MARK ALL THAT APPLY)**

- Hispanic or Latino/a
- White
- Black or African American
  - If Black or African American, are you ...?**
  - African American
  - Somali, Oromo, Ethiopian, or from another East African country
  - Liberian, Nigerian, or from another West African country
  - Other, specify \_\_\_\_\_
- Asian or Asian American
  - If Asian or Asian American, are you ...?**
  - Hmong, Cambodian, Laotian, Thai, Vietnamese, or Burmese
  - Other, specify \_\_\_\_\_
- American Indian or Alaskan Native
- Native Hawaiian or other Pacific Islander
- Other, specify \_\_\_\_\_

**G9. Were you born in the United States?**

- Yes
- No

**G10. Were either of your parents born in another country?**

- Yes
- No

**G11. What is the highest grade or year of school you have completed?**

- Less than high school
- High school graduate or GED
- Some college, associate's degree, or vocational/technical/business school
- Bachelor's degree or higher

**G12. Please tell us your household income in 2021 from all earners and all sources before taxes. Remember your responses are confidential.**

- |   |   |
|---|---|
| <input type="radio"/> No income or less than \$13,000 | <input type="radio"/> \$44,001 - \$53,000 |
| <input type="radio"/> \$13,001 - \$17,000             | <input type="radio"/> \$53,001 - \$62,000 |
| <input type="radio"/> \$17,001 - \$26,000             | <input type="radio"/> \$62,001 - \$71,000 |
| <input type="radio"/> \$26,001 - \$35,000             | <input type="radio"/> \$71,001 - \$80,000 |
| <input type="radio"/> \$35,001 - \$44,000             | <input type="radio"/> \$80,001 or more    |

**Do you have any comments about the survey? Please share your comments in the space below.**

**Thank you!**

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Preventive dental care . . . . .	.20	Vape . . . . .	.39
Privately insured . . . . .	11,12	Vegetables . . . . .	23,24,26
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Provider availability . . . . .	.16	Walking . . . . .	30,56
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If you have any questions about this report, would like more information about SHAPE, or want to report any suspected errors or misprints in this document, contact:

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This report, information about SHAPE 2022, and upcoming SHAPE 2022 reports can be accessed at our website at: [www.Hennepin.us/SHAPE](http://www.Hennepin.us/SHAPE).

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