

## Weight tracking sheet

Reference the separate waste tracking information guide for details on weighing. The following tables include enough boxes to record daily weights, but it is not necessary to use them all. Remember to send your date range and total weights for each waste stream to your liaison each week!

Example:	
Full weight: The weight of your waste in a container	8
Tare weight: The weight of the empty container (skip if weighing your waste in a bag)	- 2.5
Net weight: The full weight minus the tare weight	= 5.5

Week 1      Start date: \_\_\_\_\_      End date: \_\_\_\_\_

Trash (lbs.)							
Date:							
Full weight:							
Tare weight:	-	-	-	-	-	-	-
Net weight:	=	=	=	=	=	=	=
<b>Total trash weight</b> (add all net weights):							

Recycling (lbs.)							
Date:							
Full weight:							
Tare weight:	-	-	-	-	-	-	-
Net weight:	=	=	=	=	=	=	=
<b>Total recycling weight</b> (add all net weights):							

Organics recycling (lbs.): Check disposal type: <input type="checkbox"/> curbside <input type="checkbox"/> drop-off <input type="checkbox"/> backyard compost							
Date:							
Full weight:							
Tare weight:	-	-	-	-	-	-	-
Net weight:	=	=	=	=	=	=	=
<b>Total organics weight</b> (add all net weights):							

Organics recycling (lbs.): Check disposal type: <input type="checkbox"/> curbside <input type="checkbox"/> drop-off <input type="checkbox"/> backyard compost							
Date:							
Full weight:							
Tare weight:	-	-	-	-	-	-	-
Net weight:	=	=	=	=	=	=	=
<b>Total organics weight</b> (add all net weights):							

Week 2

Start date: \_\_\_\_\_ End date: \_\_\_\_\_

Trash (lbs.)							
Date:							
Full weight:							
Tare weight:	-	-	-	-	-	-	-
Net weight:	=	=	=	=	=	=	=
<b>Total trash weight</b> (add all net weights):							

Recycling (lbs.)							
Date:							
Full weight:							
Tare weight:	-	-	-	-	-	-	-
Net weight:	=	=	=	=	=	=	=
<b>Total recycling weight</b> (add all net weights):							

Organics recycling (lbs.): Check disposal type: <input type="checkbox"/> curbside <input type="checkbox"/> drop-off <input type="checkbox"/> backyard compost							
Date:							
Full weight:							
Tare weight:	-	-	-	-	-	-	-
Net weight:	=	=	=	=	=	=	=
<b>Total organics weight</b> (add all net weights):							

Organics recycling (lbs.): Check disposal type: <input type="checkbox"/> curbside <input type="checkbox"/> drop-off <input type="checkbox"/> backyard compost							
Date:							
Full weight:							
Tare weight:	-	-	-	-	-	-	-
Net weight:	=	=	=	=	=	=	=
<b>Total organics weight</b> (add all net weights):							

**Other items disposed of during this waste tracking period**

This could include items such as plastic bags, household hazardous waste, clothing for donation, etc. Weigh if possible, and record the method of disposal (e.g. drop-off facility, collection event, deliver it for donation, sell it through a website, or another method).

What was it?	Weight (or n/a)	How did you get rid of the item?