

References and additional resources

Blogs

Personal accounts of zero waste journeys, including tips, products and recipes

- 100 Days of Real Food 100daysofrealfood.com
Healthy eating blog, focuses on kids' meals and frugal shopping
- Cero Waste Cindy cerowastecindy.com
Sustainability advocate and garden educator
- Going Zero Waste goingzerowaste.com/blog
Tips to get started and how to make ongoing improvements.
- My Plastic-Free Life myplasticfreelife.com
Resources on avoiding plastics
- Queer Brown Vegan queerbrownvegan.com
Intersectional environmental educator
- Wasteland Rebel wastelandrebel.com
Simple zero waste life hacks
- Zero Waste Chef zerowastechef.com
Cooking without plastic or processed foods
- Zero Waste Guy zerowasteguy.com
Tips and tricks for reducing waste and saving money
- Zero Waste Home zerowastehome.com
A family's journey to live a low-waste lifestyle

Other websites:

- Buy Me Once buymeonce.com
Website that highlights a wide variety of products with lifetime warranties.
- Environmental Working Group ewg.org/guides/cleaners
Searchable toxicity database for different chemicals in household cleaners, beauty products, etc.
- Earth 911: earth911.com/living-well-being/zero-waste-how-to-make-less-trash
Website offers tips on how to recycle, prevent pollution, and protect the environment. Has tutorials on DIY products, cleaners, and eco crafts.
- Tree Hugger treehugger.com/green-home/zero-waste-backbone-needed.html
Sustainability lifestyle website and news source.
- Minnesota Grown minnesotagrown.com
An online directory listing farmers markets and local producers.

- Save the Food campaign savethefood.com
Campaign developed by the Natural Resources Defense Council and the Ad Council to address food waste in America. The website contains tips and information about avoiding wasting food.
- Love Food Hate Waste lovefoodhatewaste.com
A UK-based website with recipes, storage information and tips on reducing food waste at home.
- Hennepin County Green Disposal Guide hennepin.us/greendisposalguide
Provides options for the best way to recycle, reuse or dispose of items from your home.
- The Freecycle Network freecycle.org
Website to connect people and promote a sharing economy.
- Craigslist craigslist.org/about/sites
Online classifieds website
- NextDoor: nextdoor.com/
Neighborhood social/sharing group

Documentaries

- A Plastic Ocean*: plasticoceans.org/about-a-plastic-ocean
Documents the global effects of plastic pollution and highlights workable technologies and innovative solutions that everyone can do, to create a cleaner and greener ocean.
- Just Eat It: A Food Waste Story: foodwastemovie.com
75 minute documentary about food waste and food rescue
- Landfillharmonic: Symphony of the Human Spirit*: landfillharmonicmovie.com
The story of the Recycled Orchestra of Cateura, a Paraguayan musical group that plays instruments made entirely out of garbage pieces found in the landfill where their community is settled.
- The Story of Stuff: youtube.com/watch?v=9GorqroiqqM
Short online movie about how we make, use and throw away products
- The True Cost*: truecostmovie.com/
A story about the clothing industry and its impacts
- Wasted! the Story of Food Waste*: www.youtube.com/watch?v=kLXgXmnKVzE
A trip around the world showing the 1.3 billion tons of food that gets thrown out each year and the people fighting hardest to prevent it.

*Also available at Hennepin County Libraries

Books

All of these are available through the Hennepin County Library system as hard copies. Some are accessible as e-books as well.

- 101 Ways to Go Zero Waste by Kathryn Kellogg
- All You Need Is Less: The Eco-friendly Guide to Guilt-free Green Living and Stress-free Simplicity by Somerville, Madeleine
- An Almost Zero-Waste Life by Megean Weldon
- Cook More, Waste Less: Zero-Waste Recipes to Use Up Groceries, Tackle Food Scraps, and Transform Leftovers by Christine Tizzard
- Craftcycle: 100+ Eco-friendly Projects and Ideas for Everyday Living by Heidi Boyd
- Eco Dog: Healthy Living for your Pet by Corbett Marshall
- The Eco-nomical Baby Guide: Down-to-earth Ways for Parents to Save Money and the Planet by Joy Hatch
- The Eco Lifestyle Handbook by Sarah Callard
- Eco Thrifty: Cheaper, Greener Choices for a Happier, Healthier Life by Deborah Niemann
- Green Guide Families: The Complete Reference for Eco-friendly Parents by Catherine Zandonella
- Green Tea Living: A Japan-inspired Guide to Eco-friendly Habits, Health and Happiness by Toshimi A. Kayaki
- The homemade pantry: 101 foods you can stop buying & start making by Alana Chernila
- Lemons and Lavender: The Eco Guide to Better Homekeeping by Billee Sharp
- The New Art of Living Green: How to Reduce your Carbon Footprint and Live a Happier More Eco-Friendly life by Erica Palmacrantz Aziz
- Ready, Set, Green: Eight Weeks to Modern Eco-living From the Experts at TreeHugger.com by Graham Hill
- Recycle and Play: Awesome DIY Zero Waste Projects to Make for Kids by Agnes Hsu
- Waste-free Kitchen Handbook: A Guide to Eating Well and Saving Money by Wasting Less Food by Dana Gunders
- Zero Waste: Simple Hacks to Drastically Reduce your Trash by Shia Su
- The Zero-Waste Chef: Plant-Forward Recipes and Tips for a Sustainable Kitchen and Planet by Anne Marie Bonneau
- Zero Waste Christmas: Crafty Ideas for a Sustainable Christmas by Christine Leech
- Zero waste home: the ultimate guide to simplifying your life by reducing your waste by Bea Johnson
- Zero Waste Kids: Hands-on Projects and Activities to Reduce, Reuse, and Recycle
- The zero-waste lifestyle: live well by throwing away less by Amy Korst

Stores

- Eastside Food Co-op, eastsidefood.coop 2551 NE Central Ave, Minneapolis, MN 55418
- Lakewinds Food Co-op, lakewinds.coop Minnetonka
17501 Minnetonka Blvd, Minnetonka, MN 55345
Richfield
6420 Lyndale Ave S, Richfield, MN 55423
- Package Free Shop, packagefreeshop.com
- Tare Market, thetaremarket.com Nokomis
2717 E 38th St, Minneapolis, MN 55406
Northeast
945 Broadway Street NE, Suite 103, Minneapolis, MN 55413
- Seward Community Co-op
Franklin Store
2823 E Franklin Ave, Minneapolis, MN 55406
Friendship Store
317 E 38th St, Minneapolis, MN 55409
- The Zero(ish) Co., zeroishco.com
2309 W. 50th Street, Minneapolis, MN 55410
- Wedge + Linden Hills Community Co-op, tccp.coop
Wedge Lyndale
2105 Lyndale Ave S, Minneapolis, MN 55405
Linden Hills Co-op
3815 Sunnyside Ave, Minneapolis, MN 55410

Social media

The following accounts help you connect with a zero waste community both nationally and locally.

- @bipocwho_zerowaste
- @cerowastecindy
- @circulartwincities
- @everyday.environmentalist
- @going.zero.waste
- @mnimizeplastic
- @paredown
- @thezerowasteguide
- @trashtalk.mn: They also offer meetups in the Twin Cities
- @_wastelandrebel_
- @zerowasteadvocatesofmn
- @zerowastechef
- @zerowasted.mn
- @zerowaste_nfld
- @zerowastesaintpaul
- @zwmpls