

Foster Care Training Calendar

This document includes registration information for all in-person and prerecorded trainings. For details about training requirements that apply to you, go to the "Training" section of the foster parent website at www.hennepin.us/fosterparents. For questions, contact fostercare@hennepin.us.

In-person Trainings

Trainings listed in this section are conducted on Microsoft Teams or Zoom unless stated otherwise. To register, email fostercare@hennepin.us with "In-Person Training" in the subject line. Please provide the name of trainings, foster parents attending, and your licensing worker.

Please note that registration for our partner agencies training courses is closed the day before the training.

How Adults Can Interact with Children to Promote Emotional and Behavioral Regulation/FAM

- Wednesday, August 6, 2025, 10:00am - 11:30am

An Introduction to Therapeutic Life Story Work - Part 1/FAM

- Tuesday, August 12, 2025, 10:00 am - 12:0 pm

An Introduction to Therapeutic Life Story Work - Part 2/FAM

- Tuesday, August 19, 2025, 10:00am - 12:00pm

Understanding NEAR: Building Self-Healing Communities/FAM

- Wednesday, August 20, 2025, 1:00pm - 3:00pm

Back to School Anxiety/NAMI & Wayzata Public Schools

- Monday, August 25, 2025 6:00pm – 7:00pm

Accepting the Way Things Are/NAMI

- Wednesday August 27, 2025, 5:00pm – 6:00pm

Using Reflective Foster Parenting to Understand Non-compliance and Defiance/FAM **highly recommended**

- Tuesday, September 9, 2025, 12:00pm - 1:30pm

The Increasing Rates of Childhood and Adolescent Anxiety/FAM **highly recommended**

- Thursday, September 11, 2025, 1:00pm - 2:30pm

Hennepin County Child Foster Care Licensing

<mailto:fostercare@hennepin.us>



Supporting Your Child's Learning: What to Do When They Need Extra Help/FAM

- Monday, September 15, 2025, 11:00am - 12:30pm

Understanding Early Episode Psychosis for Families/NAMI

- Monday, September 15, 2025 7:00pm – 9:00 pm

Secondary Trauma [Part 1]/FAM [highly recommended](#)

- Thursday, September 18, 2025, 9:30am - 11:00am

Question, Persuade, Refer (QPR) Suicide Prevention / NAMI

- Wednesday, September 24, 2025 3:00pm – 4:30pm

Psychological First Aid (PFA) PART 1/NAMI

- Wednesday, September 24, 2025 12:00pm – 1:30pm

Secondary Trauma [Part 2]/FAM [highly recommended](#)

- Tuesday, September 30, 2025, 9:30 am - 11:00am

Building Family Wellness/NAMI

- Wednesday, September 24, 2025, 5:00pm – 6:00pm

Psychological First Aid (PFA) PART 2/NAMI

- Wednesday, October 1 2025, 12:00pm – 1:30 pm

Mental Health Crisis Planning for Families/NAMI

- Wednesday, October 22, 2025, 10:30am – 12:00pm

Supporting Kids Struggling with Executive Functioning/NAMI

- Wednesday, October 22, 2025, 5:00pm – 6:00pm

Question, Persuade, Refer (QPR) Suicide Prevention / NAMI

- Tuesday, October 28, 2025 3:00pm – 4:30pm

Child Protection & Foster Care Court System w/Hennepin County Attorney [required after initial license](#)

- Thursday November 6, 2025, 6pm-8pm

Understanding Early Episode Psychosis for Families/NAMI

- Thursday November 6, 2025, 7:00pm – 9:00 pm

Don't Forget About Self-compassion/NAMI

- Wednesday, November 26, 2025, 5:00pm – 6:00pm

Building Your Team of Support/NAMI

- Wednesday, December 17, 2025, 5:00pm – 6:00pm

Understanding Early Episode Psychosis for Families/NAMI

- Tuesday January 6, 2026, 7:00pm – 9:00 pm

Car Seat Training

Each foster parent transporting children under the age of 8 years must complete the Basic Education for Safe Travel (B.E.S.T). This training includes the online Car Seat Basics followed by the in-person car seat check within 30 days after finishing the Car Seat Basics. The car seat checks are held at the Northwest Family Service Center in Brooklyn Center.

1. Each foster parent in the home must complete their own Car Seat Basic online training
2. Complete the Car Seat Basic online training <https://carseateducation.org/product/car-seat-basics-1>
3. Once you receive your certificate, email fostercare@hennepin.us to register for your Car Seat Check.
4. You must bring a vehicle, and the foster child if currently in your home, and using a car seat with you.
5. If you are unable to attend the upcoming dates you can find a list of B.E.S.T approved facilitators here <https://buckleupmn.org/best-locator/>. You will be charged a fee by these B.E.S.T Facilitators.

Registration for the Car Seat Checks are open only to Foster Parents with Hennepin County Foster Care and private/counties agencies with children placed by Hennepin County that use car seats during transportation

- Tuesday August 5, 5pm - 8pm
- Tuesday August 19, 5pm - 8pm
- Tuesday September 16, 5pm - 8pm
- Tuesday September 30, 5pm - 8pm
- Saturday October 11, 9am-12pm
- Tuesday October 21, 5pm-8pm
- Saturday November 8, 9am-12pm
- Tuesday November 18, 5pm-8pm
- Saturday December 13, 9am-12pm
- Tuesday December 16, 5pm-8pm

Pre-recorded Trainings

Up to 7 hours from the below list and/or Foster Parent College can be counted towards your 12 hours annual training requirement. To register, email fostercare@hennepin.us and write "Prerecorded Training" in the subject line.

- Age Appropriate and Inappropriate Sexualized Behaviors (2.5hrs)
- Autism Spectrum African American community (30 min)
- Autism Spectrum Native American community (30 min)
- Autism Spectrum Hmong community (30 min)
- Autism Spectrum Latino community (30 min)
- Autism Spectrum Somali community (30 min)
- Best Practices in Serving LGBTQ+ Parents (1.5hrs)
- Beyond Time In: Coaching Parents in Trauma Sensitive Discipline (1.5hrs)

- Building Self-esteem in Children (1hr)
- Child Defiance - Overcoming Opposition, Resistance and Backtalk (3.5hrs)
- Child Discipline Without Punishments or Bribes (1.5hrs)
- Children's Mental Health: Introduction to Children's Mental Health (2hrs)
- Children's Mental Health: ADHD (1.5hrs)
- Children's Mental Health: Anxiety (1.5hrs)
- Children's Mental Health: Depression (1.5hrs)
- Children's Mental Health: OCD (1.5hrs)
- Developmental Impact of Trauma (2hrs)
- Discipline in Foster Care: Managing our Behaviors to Manage Theirs (2hrs)
- FASD: FASD, ADHD or both (1.5hrs)
- FASD: Fetal Alcohol Spectrum Disorder (1hr)
- FASD: Implications of FASD for the Adoptive Family (1hr)
- FASD: Resources for Families Living with FASD (1hr)
- Foster Parent Guide (3hrs)
- Grief and Loss in Foster Care (1.5hrs)
- Healing through Tantrums and Tears (2hrs)
- Helping Kids with Difficult Behaviors (30min)
- Introduction to LGBTQ+ Inclusion (1.5hrs)
- Kids Hair Fundamentals (1hr) [recommended](#)
- Mandated Reporter (1hr)
- MAPCY: Foster Care Supplemental Rate (2hrs)
- Nuts and Bolts: Foster Care the Hennepin Way (1hr)
- Overcoming Anger, Aggression and Violence in Kids (2hrs)
- Picky Eaters, Sugar Addicts and Dinner Table Power Struggles (2hrs)
- Prudent Parenting (1.5hr)
- SUID/AHT- Sudden Unexpected Infant Death and Abusive Head Trauma (1.5hr)
- Toileting Problems: Enuresis & Encopresis (1.5hrs)
- Trauma Sensitive Discipline for Parents (2hrs)
- Vulnerable Adults Mandated Training (1.5hrs)
- Working with Infants Experiencing Withdrawal (2hrs)

Foster Parent College

Foster Parent College training is additional prerecorded training offered to foster parents at no cost.

- Send an email to fostercare@hennepin.us to request an account.
- To learn more, visit Foster Parent College at www.fosterparentcollege.com