

Foster Care Training Calendar

This document includes registration information for all in-person and prerecorded trainings. For details about training requirements that apply to you, go to the "Training" section of the foster parent website at www.hennepin.us/fosterparents. For questions, contact fostercare@hennepin.us.

Live Virtual Trainings

Trainings listed in this section are conducted on Microsoft Teams or Zoom unless stated otherwise. To register, email fostercare@hennepin.us with "Live Virtual Training" in the subject line. Please provide the name of trainings, foster parents attending, and your licensing worker.

Please note that registration for our partner agencies training closes the day before the training.

Child to Parent Violence/CHLSS [highly recommended](#)

- Tuesday, November 4, 2025, 7:00pm-8:30pm

Child Protection & Foster Care Court System w/Hennepin County Attorney [required after initial license](#)

- Thursday November 6, 2025, 6pm-8pm

Understanding Early Episode Psychosis for Families/NAMI

- Thursday November 6, 2025, 7:00pm – 9:00pm

Wholistic View of Health/CHLSS

- Tuesday, November 11, 2025, 7:00pm-8:30pm

Indigenous Kids in Foster and Adoptive Placements/FAM [highly recommended](#)

- Thursday, November 13, 2025, 9:00am - 10:30am

Resilience on the Road: Lessons from Foster Care to the Auto Shop/FAM

- Thursday, November 13, 2025, 10:45am - 11:45am

Pride in Parenting: Navigating Systems as LGBTQ+ Families/FAM [highly recommended](#)

- Thursday November 13, 12:30pm – 2:00pm

Digital Citizenship and the Adoptee Experience: Navigating Identity in the Online Age/FAM

- Thursday November 13, 2:15pm – 3:45pm

Unlocking the Power of Play for Connection/FAM

- Tuesday, November 18, 2025, 9:00am - 10:30am

Fighting the Darkness by Sharing Your Light/FAM

- Tuesday, November 18, 2025, 10:45am - 11:45am

Restoring Developmental Pathways for Children Impacted by Trauma and Neglect/FAM [recommended](#)

- Tuesday, November 18, 2025, 12:30pm – 2:00pm

Race and Law Enforcement/FAM [highly recommended](#)

- Tuesday, November 18, 2025, 2:15pm – 3:45pm

Don't Forget About Self-compassion/NAMI

- Wednesday, November 26, 2025, 5:00pm – 6:00pm

Understanding and Supporting Adoptees, Fostererees and their Heritage/CHLSS

- Tuesday, December 2, 2025, 12pm-1:30pm

The Nightmare of Sleep Problems/FAM

- Tuesday, December 2, 2025, 12:00pmpm-1:30pm

Healing for Survivors of the Troubled Teen Industry: How to Not Make Things Worse/FAM

- Wednesday, December 10, 2025, 12:30pm-02:30pm

Embracing the Gifts of Each Developmental Stage/FAM

- Thursday, December 11, 2025, 11:00am-12:30pm

Equine Therapy for Children/FAM

- Tuesday, December 16, 2025, 11:00am-12:00pm

Building Your Team of Support/NAMI

- Wednesday, December 17, 2025, 5:00pm – 6:00pm

[Part 1] Adolescent Sexual & Reproductive Health/FAM

- Thursday, December 18, 2025, 10:00am-12:00pm

Understanding Early Episode Psychosis for Families/NAMI

- Tuesday January 6, 2026, 7:00pm – 9:00pm

[Part 2] Adolescent Sexual & Reproductive Health/FAM

- Thursday, January 22, 2026, 10:00am-12:00pm

From Blow-Up to Bonding: Finding the Balance of Attachment-Focused Discipline in Adoption

- Thursday, January 29, 2026, 11:00am-12:45pm

B.E.S.T Car Seat Training

Each foster parent transporting children under the age of 8 years must complete the Basic Education for Safe Travel (B.E.S.T). This training includes the online Car Seat Basics followed by the in-person car seat check within 30 days after finishing the Car Seat Basics. The car seat checks are held at the Northwest Family Service Center in Brooklyn Center.

1. Each foster parent in the home must complete their own Car Seat Basic online training.
2. Complete the Car Seat Basic online training <https://carseateducation.org/product/car-seat-basics-1>
3. Once you receive your certificate, email fostercare@hennepin.us to register for your Car Seat Check.
4. A vehicle is required for the Car Seat Check. If you are a relative provider without access to a vehicle, speak with your licensing worker as they will need to register you for the training.
5. If you are unable to attend the upcoming dates you can find a list of B.E.S.T approved facilitators here <https://buckleupmn.org/best-locator/>. You will be charged a fee by these B.E.S.T Facilitators.

Registration for the below dates are open only to Foster Parents with Hennepin County Child Foster Care and private/county agencies with children placed by Hennepin County that use car seats for transport

- Saturday November 8, 9am-12pm
- Tuesday November 18, 5pm-8pm
- Saturday December 13, 9am-12pm
- Tuesday December 16, 5pm-8pm

Pre-recorded Trainings

Up to 7 hours from the below list and/or Foster Parent College can be counted towards your 12 hours annual training requirement. To register, email fostercare@hennepin.us and write "Prerecorded Training" in the subject line.

- Age Appropriate and Inappropriate Sexualized Behaviors (2.5hrs)
- Autism Spectrum African American community (30 min)
- Autism Spectrum Native American community (30 min)
- Autism Spectrum Hmong community (30 min)
- Autism Spectrum Latino community (30 min)
- Autism Spectrum Somali community (30 min)
- Best Practices in Serving LGBTQ+ Parents (1.5hrs)
- Beyond Time In: Coaching Parents in Trauma Sensitive Discipline (1.5hrs)
- Building Self-esteem in Children (1hr)
- Child Defiance - Overcoming Opposition, Resistance and Backtalk (3.5hrs)
- Child Discipline Without Punishments or Bribes (1.5hrs)
- Children's Mental Health: Introduction to Children's Mental Health (2hrs)
- Children's Mental Health: ADHD (1.5hrs)
- Children's Mental Health: Anxiety (1.5hrs)
- Children's Mental Health: Depression (1.5hrs)

- Children's Mental Health: OCD (1.5hrs)
- Developmental Impact of Trauma (2hrs)
- Discipline in Foster Care: Managing our Behaviors to Manage Theirs (2hrs)
- FASD: FASD, ADHD or both (1.5hrs)
- FASD: Fetal Alcohol Spectrum Disorder (1hr)
- FASD: Implications of FASD for the Adoptive Family (1hr)
- FASD: Resources for Families Living with FASD (1hr)
- Foster Parent Guide Test (3hrs)
- Grief and Loss in Foster Care (1.5hrs)
- Healing through Tantrums and Tears (2hrs)
- Helping Kids with Difficult Behaviors (30min)
- Introduction to LGBTQ+ Inclusion (1.5hrs)
- Kids Hair Fundamentals (1hr) [recommended](#)
- Mandated Reporter (1hr)
- MAPCY: Foster Care Supplemental Rate (2hrs)
- Nuts and Bolts: Foster Care the Hennepin Way (1hr)
- Overcoming Anger, Aggression and Violence in Kids (2hrs)
- Picky Eaters, Sugar Addicts and Dinner Table Power Struggles (2hrs)
- Prudent Parenting (1.5hr)
- SUID/AHT- Sudden Unexpected Infant Death and Abusive Head Trauma (1.5hr)
- Toileting Problems: Enuresis & Encopresis (1.5hrs)
- Trauma Sensitive Discipline for Parents (2hrs)
- Vulnerable Adults Mandated Training (1.5hrs)
- Working with Infants Experiencing Withdrawal (2hrs)

Foster Parent College

Foster Parent College training is additional prerecorded training offered to foster parents at no cost.

- Send an email to fostercare@hennepin.us to request an account.
- To learn more, visit Foster Parent College at www.fosterparentcollege.com