

Foster Care Training Calendar

This document includes registration information for all in-person and pre-recorded trainings. For details about training requirements that apply to you, go to the "Training" section of the foster parent website at www.hennepin.us/fosterparents. For questions, contact fostercare@hennepin.us.

In-person Trainings

All trainings listed in this section are conducted on Microsoft Teams or Zoom unless stated otherwise and count towards your annual 5 hours "in-person" requirement. To register, email fostercare@hennepin.us and write "In-Person Training" in the subject line and include with your request:

1. Name of foster parents attending, Licensing Worker, and training(s).
2. Please request registration info for our partner agencies no later than two days before their training.

Helping Kids Cope: Tips for Supporting Good Family Mental Health/NAMI [mental health](#)

- Thursday, February 27, 2025, 6:30pm - 7:30pm

Understanding Self-Injury in Adolescents/NAMI

- Friday February 28, 2025, 12:00pm - 1:00pm

Understanding the Children's Mental Health System/NAMI [mental health](#)

- Monday March 3, 2025, 6:30pm - 7:30pm

Hope for Recovery: Anxiety, Bipolar, Depression and other disorders/NAMI [mental health](#)

Saturday March 8, 2025, 9:00am - 1:00pm

Understanding Challenging Behavior Through a Brain First Lens/FAM

- Tuesday, March 11, 2025, 9:00am - 10:30am

Disable the Child's Label/FAM

- Tuesday, March 11, 2025, 10:45am - 12:15pm

Breaking the Silence Around Suicidality and Self-Injury/FAM

- Tuesday, March 11, 2025, 12:30pm - 2:00pm

Racialized: The Cultural Impact on Native American Transracial Adoption/FAM

- Tuesday, March 11, 2025, 2:15pm - 3:45pm

Creating Caring Communities around Mental Illness/NAMI

- Friday March 14, 2025 12:00pm – 1:00pm

Caring for Others Without Losing Yourself/FAM

- Wednesday March 19, 2025, 9:00am - 10:30am

Gender-Based Violence: Its Lasting Impact on Children [Part 1] /FAM

- Wednesday, March 19, 2025, 10:45am - 12:15pm

New Horizons in Father Engagement/FAM

- Wednesday, March 19, 2025, 12:30pm - 2:00pm

How Caregivers Build Confidence and Positive Momentum in Kids/FAM

- Wednesday March 19, 2025, 2:15pm – 3:45pm

CALM Conversations: Mental Health and Suicide Prevention/FAM

- Thursday March 20, 2025, 1:00pm - 2:30pm

Gender-Based Violence: A Caring, Community Approach to Supporting Childhood Survivors [Part 2] /FAM

- Thursday April 10, 2025, 1:00pm – 2:30pm

Brain Training for our Foster & Adoptive Kids to be Solution Seekers/FAM

- Wednesday April 16, 2025, 12:pm – 2:00pm

Car Seat Training

Each foster parent transporting children under the age of 8 years must complete the Basic Education for Safe Travel (B.E.S.T). This training includes the online Car Seat Basics followed by the in-person car seat check within 30 days after finishing the Car Seat Basics. The car seat checks are held at the Northwest Family Service Center and can take up to 30 mins based on your knowledge of installing a car seat into a vehicle.

1. Each foster parent in the home must complete the Car Seat Basic online training
2. Complete the Car Seat Basic online training here <https://carseateducation.org/product/car-seat-basics>
3. Once you receive your certificate, email fostercare@hennepin.us to register for your Car Seat Check.
4. If you are unable to attend the upcoming dates and need to complete the car seat check asap you can find a list of B.E.S.T approved facilitators here <https://buckleupmn.org/best-locator/>
 - Tuesday March 11, 5pm-8pm
 - Saturday March 15, 9am-1pm

Pre-recorded Trainings

Up to 7 hours from the below list and/or Foster Parent College can be counted towards your 12 hours annual training requirement. To register, email fostercare@hennepin.us and write "Prerecorded Training" in the subject line.

- Age Appropriate and Inappropriate Sexualized Behaviors (2.5hrs)
- Autism Spectrum African American community (30 min)
- Autism Spectrum Native American community (30 min)
- Autism Spectrum Hmong community (30 min)
- Autism Spectrum Latino community (30 min)
- Autism Spectrum Somali community (30 min)
- Best Practices in Serving LGBTQ+ Parents (1.5hrs)
- Beyond Time In: Coaching Parents in Trauma Sensitive Discipline (1.5hrs)
- Building Self-esteem in Children (1hr)
- Child Defiance - Overcoming Opposition, Resistance and Backtalk (3.5hrs)
- Child Discipline Without Punishments or Bribes (1.5hrs)
- Children's Mental Health: ADHD (1.5hrs)
- Children's Mental Health: Anxiety (1.5hrs)
- Children's Mental Health: Depression (1.5hrs)
- Children's Mental Health: OCD (1.5hrs)
- Developmental Impact of Trauma (2hrs)
- Discipline in Foster Care: Managing our Behaviors to Manage Theirs (2hrs)
- FASD, ADHD or both (1.5hrs)
- Fetal Alcohol Spectrum Disorder (1hr)
- Foster Parent Guide (3hrs)
- Grief and Loss in Foster Care (1.5hrs)
- Healing through Tantrums and Tears (2hrs)
- Helping Kids with Difficult Behaviors (30min)
- Implications of FASD for the Adoptive Family (1hr)
- Introduction to Children's Mental Health (2hrs)
- Introduction to LGBTQ+ Inclusion (1.5hrs)
- Kids Hair Fundamentals (1hr)
- Mandated Reporter (1hr)
- MAPCY: Foster Care Supplemental Rate (2hrs)
- Nuts and Bolts: Foster Care the Hennepin Way (1hr)
- Overcoming Anger, Aggression and Violence in Kids (2hrs)
- Picky Eaters, Sugar Addicts and Dinner Table Power Struggles (2hrs)
- Prudent Parenting (1.5hr)
- Resources for Families Living with FASD: What is Out There (1hr)
- SUID/AHT- Sudden Unexpected Infant Death and Abusive Head Trauma (1.5hr)
- Toileting Problems: Enuresis & Encopresis (1.5hrs)
- Trauma Sensitive Discipline for Parents (2hrs)
- Vulnerable Adults Mandated Training (1.5hrs)
- Working with Infants Experiencing Withdrawal (2hrs)

Foster Parent College

Foster Parent College trainings are additional pre-recorded trainings offered to foster parents at no cost.

- Send an email to fostercare@hennepin.us to request an account.
- To learn more, visit Foster Parent College at www.fosterparentcollege.com