

Foster Care Training Calendar

This document includes registration information for all in-person and pre-recorded trainings. For details about training requirements that apply to you, go to the "Training" section of the foster parent website at www.hennepin.us/fosterparents. For questions, contact fostercare@hennepin.us.

In-person Trainings

All trainings listed in this section are conducted on Microsoft Teams or Zoom unless stated otherwise and count towards your annual 5 hours "in-person" requirement. To register, email fostercare@hennepin.us and write "In-Person Training" in the subject line and include with your request:

1. Name of foster parents attending, Licensing Worker, and training(s).
2. Please request registration info for our partner agencies no later than two days before their training.

Financial Planning for Nontraditional Families, A Three-Part Series [Part 2] /FAM

- Tuesday, June 3, 2025, 1:00pm - 2:30pm

Sensory Processing: Strategies for the Home/FAM

- Wednesday, June 11, 2025, 12:30pm - 2:00pm

Recognizing Early Warning Signs of Mental Illness in Children & Adolescent/NAMI [mental health credit](#)

- Thursday, June 12, 2025, 10:00am – 12:00pm

How to Be Welcoming to LGBTQ+ Youth, with an Emphasis on the "T"/FAM

- Thursday, June 12 2025, 1:00 pm - 2:30 pm

Basic Haircare and Maintenance 101 Workshop/FAM [this training is at a physical location](#)

- Tuesday, June 17, 2025, 10:00am - 12:00pm

CALM Conversations: Mental Health and Suicide Prevention/NAMI

- Wednesday, June 18, 2025, 11:00am – 12:30pm

"Personal Belongings" Project: Returning Records to Adoptees & Birth Families/FAM

- Wednesday, June 18 2025, 11:30 am - 1:00 pm

Using Reflective Foster Parenting to Understand the Mind of the Child with Anger and Aggression/FAM

- Tuesday, June 24, 2025, 10:30 am - 12:00 pm

Empowering Kids through Boundaries/NAMI

- Wednesday, June 25, 2025, 5:00pm – 6:00pm

Financial Planning for Nontraditional Families, A Three-Part Series [Part 3] /FAM

- Tuesday, July 8, 2025, 1:00pm - 2:30pm

Child Protection & Foster Care Court System w/Hennepin County Attorney [highly recommended](#)

- Thursday July 17, 2025, 6pm-8pm

The Impact of Technology and Social Media on Children and Adolescents/FAM

- Tuesday, July 22, 2025, 10:00 am - 11:30am

De-escalating Intense Emotions/NAMI [highly recommended](#)

- Wednesday, July 23, 2025, 5:00pm – 6:00pm

Accepting the Way Things Are/NAMI

- Wednesday August 27, 2025, 5:00pm – 6:00pm

Building Family Wellness/NAMI

- Wednesday, September 24, 2025, 5:00pm – 6:00pm

Supporting Kids Struggling with Executive Functioning/NAMI

- Wednesday, October 22, 2025, 5:00pm – 6:00pm

Don't Forget About Self-compassion/NAMI

- Wednesday, November 26, 2025, 5:00pm – 6:00pm

Building Your Team of Support/NAMI

- Wednesday, December 17, 2025, 5:00pm – 6:00pm

Car Seat Training

Each foster parent transporting children under the age of 8 years must complete the Basic Education for Safe Travel (B.E.S.T). This training includes the online Car Seat Basics followed by the in-person car seat check within 30 days after finishing the Car Seat Basics. The car seat checks are held at the Northwest Family Service Center in Brooklyn Center.

1. Each foster parent in the home must complete the Car Seat Basic online training
2. Complete the Car Seat Basic online training here <https://carseateducation.org/product/car-seat-basics>
3. Once you receive your certificate, email fostercare@hennepin.us to register for your Car Seat Check.
4. You must bring a vehicle and foster child currently in the home that is using a car seat to the Check
5. If you are unable to attend the upcoming dates you can find a list of B.E.S.T approved facilitators here <https://buckleupmn.org/best-locator/>

Registration for the Car Seat Checks are open only to Foster Parents with Hennepin County Foster Care and private/counties agencies with children placed by Hennepin County that use car seats during transportation

- Tuesday June 10, 5pm-8pm
- Saturday June 28, 9am - 12pm
- Saturday July 12, 9am - 12pm
- Tuesday July 15, 5pm - 8pm
- Tuesday August 5, 5pm - 8pm
- Tuesday August 19, 5pm - 8pm
- Saturday September 13, 9am - 12pm
- Tuesday September 16, 5pm - 8pm

Pre-recorded Trainings

Up to 7 hours from the below list and/or Foster Parent College can be counted towards your 12 hours annual training requirement. To register, email fostercare@hennepin.us and write "Prerecorded Training" in the subject line.

- Age Appropriate and Inappropriate Sexualized Behaviors (2.5hrs)
- Autism Spectrum African American community (30 min)
- Autism Spectrum Native American community (30 min)
- Autism Spectrum Hmong community (30 min)
- Autism Spectrum Latino community (30 min)
- Autism Spectrum Somali community (30 min)
- Best Practices in Serving LGBTQ+ Parents (1.5hrs)
- Beyond Time In: Coaching Parents in Trauma Sensitive Discipline (1.5hrs)
- Building Self-esteem in Children (1hr)
- Child Defiance - Overcoming Opposition, Resistance and Backtalk (3.5hrs)
- Child Discipline Without Punishments or Bribes (1.5hrs)
- Children's Mental Health: ADHD (1.5hrs)
- Children's Mental Health: Anxiety (1.5hrs)
- Children's Mental Health: Depression (1.5hrs)
- Children's Mental Health: OCD (1.5hrs)
- Developmental Impact of Trauma (2hrs)
- Discipline in Foster Care: Managing our Behaviors to Manage Theirs (2hrs)
- FASD, ADHD or both (1.5hrs)
- Fetal Alcohol Spectrum Disorder (1hr)
- Foster Parent Guide (3hrs)
- Grief and Loss in Foster Care (1.5hrs)
- Healing through Tantrums and Tears (2hrs)
- Helping Kids with Difficult Behaviors (30min)
- Implications of FASD for the Adoptive Family (1hr)
- Introduction to Children's Mental Health (2hrs)

- Introduction to LGBTQ+ Inclusion (1.5hrs)
- Kids Hair Fundamentals (1hr) [highly recommended](#)
- Mandated Reporter (1hr)
- MAPCY: Foster Care Supplemental Rate (2hrs)
- Nuts and Bolts: Foster Care the Hennepin Way (1hr)
- Overcoming Anger, Aggression and Violence in Kids (2hrs)
- Picky Eaters, Sugar Addicts and Dinner Table Power Struggles (2hrs)
- Prudent Parenting (1.5hr)
- Resources for Families Living with FASD: What is Out There (1hr)
- SUID/AHT- Sudden Unexpected Infant Death and Abusive Head Trauma (1.5hr)
- Toileting Problems: Enuresis & Encopresis (1.5hrs)
- Trauma Sensitive Discipline for Parents (2hrs)
- Vulnerable Adults Mandated Training (1.5hrs)
- Working with Infants Experiencing Withdrawal (2hrs)

Foster Parent College

Foster Parent College training is additional prerecorded training offered to foster parents at no cost.

- Send an email to fostercare@hennepin.us to request an account.
- To learn more, visit Foster Parent College at www.fosterparentcollege.com