

# Foster Care Training Calendar

This document includes registration information for all in-person and pre-recorded trainings. For details about training requirements that apply to you, go to the "Training" section of the foster parent website at [www.hennepin.us/fosterparents](http://www.hennepin.us/fosterparents). For questions, contact [fostercare@hennepin.us](mailto:fostercare@hennepin.us).

## In-person Trainings

All trainings listed in this section are conducted on Microsoft Teams or Zoom unless stated otherwise, and count towards your annual 5 hours "in-person" requirement. To register, email [fostercare@hennepin.us](mailto:fostercare@hennepin.us) and write "In-person Training Registration" in the subject line and include with your request:

1. Your full name and the name of your Licensing Worker, and the name of the training(s).
2. Please request all partner agency registration info no later than two days before their training.

### Managing Challenging Behaviors/Training Institute/DHS

- Tuesday April 30, 2024, 3 pm - 4:30 pm

### Hope for Recovery/NAMI

- Tuesday, April 30, 2024: 5:00 pm – 9:00 pm

### Prioritizing Belonging in the Classroom for Students Navigating Trauma/FAM

- Tuesday, May 7 2024, 12:00 pm - 1:30 pm

### Intro to Trauma and a Trauma-Informed Approach/NAMI

- Thursday, May 9, 2024: 12:30 pm – 2:00 pm

### Introduction to Minnesota's Child Foster Care Licensing Guidelines/FAM

- Thursday, May 9, 2024, 1:00 pm - 3:00 pm

### Adoption and Development Across the Lifespan/FAM

- Monday, May 13, 2024, 1:00 pm - 3:00 pm

#### Supporting Your Biological Child/FAM

- Monday, May 20, 2024, 11:00 am - 1:00 pm

#### Language of Trauma, Tuesday/FAM

- May 21, 2024, 10:30 am - 12:00 pm

#### LUNCHBOX TALKS: Encouraging Positive Behavior At Home/NAMI

- Wednesday, May 22, 2024: 12:00 pm – 12:30 pm

#### Positive Psychology Wednesday/NAMI

- May 22, 2024: 12:30 pm – 1:30 pm

#### Countering Learned Helplessness in Youth/FAM

- Wednesday, May 29, 2024, 11:00 am - 12:30 pm

#### Caring for the Infant with Prenatal Exposure to Drugs/FAM

- Monday, June 3, 2024, 12:30 pm - 2:00 pm

#### Ways to Soothe and Comfort - Coaching Parents of Children Who Have Experienced Child Psychological Maltreatment /FAM

- Monday, June 10, 2024, 12:00 pm - 1:30 pm

#### Building a Pathway for Trauma-Informed Youth/FAM

- Tuesday June 11, 2024, 10:30 am - 12:00 pm

#### Hope for Recovery/NAMI

- Saturday, June 15, 2024: 9:00 am – 1:00 pm

#### Relationships Heal Monday/FAM

- June 17, 2024, 1:00 pm - 2:30 pm

#### Supporting Your Teen Through the College Years and Early Adulthood: The Seven Core Struggles in Adoption/FAM

- Wednesday, July 17, 2024, 11:00 am - 12:30 pm

#### LUNCHBOX TALKS: OCD: How to Recognize Behaviors in Children and Adolescents/NAMI

- Wednesday, June 26, 2024: 12:00 pm – 12:30 pm

#### Recognizing Early Warning Signs of Mental Illnesses in Children & Adolescents /NAMI

- Friday, August 2, 2024: 10:00 am – 12:00 pm

#### How to Talk About Difficult Birth Histories with Adopted Children/FAM

- Wednesday, August 14, 2024, 11:00 am - 12:30 pm

## Children and Restraint Systems (C.A.R.S)

This car seat training is required for foster parents and their Substitute Caregivers who will transport children under the age of 8. Your licensor needs to request registration for a Substitute Caregiver. To register email [fostercare@hennepin.us](mailto:fostercare@hennepin.us) . Children are not allowed at the training. The training is held at the Northwest Suburban Family Service Center, Brooklyn Center, MN 55429

Tuesday evening, 5:30 p.m. – 8:30 p.m.

- May 14
- June 11
- July 16
- August 13
- September 10

Saturday morning, 9 a.m. – 12 p.m.

- May 4
- May 18
- June 1
- June 15
- July 13
- July 27
- August 10
- August 24
- September 7
- September 21

## Pre-recorded Trainings

Fetal Alcohol Spectrum Disorder (FASD)

- Fetal Alcohol Spectrum Disorder (1hr)
- FASD, ADHD or both (1.5hrs)
- Implications of FASD for the Adoptive Family (1hr)
- Resources for Families Living with FASD: What is Out There (1hr)

Mental Health

- Introduction to Children's Mental Health (2hrs)
- Autism Spectrum African American community (30 min)
- Autism Spectrum Native American community (30 min)
- Autism Spectrum Hmong community (30 min)
- Autism Spectrum Latino community (30 min)
- Autism Spectrum Somali community (30 min)
- Children's Mental Health: ADHD (1.5hrs)
- Children's Mental Health: Anxiety (1.5hrs)
- Children's Mental Health: Depression (1.5hrs)

- Children's Mental Health: OCD (1.5hrs)

## Other

- Age Appropriate and Inappropriate Sexualized Behaviors (2.5hrs)
- Best Practices in Serving LGBTQ+ Parents (1.5hrs)
- Beyond Time In: Coaching Parents in Trauma Sensitive Discipline (1.5hrs)
- Building Self-esteem in Children (1hr)
- Child Defiance - Overcoming Opposition, Resistance and Backtalk (3.5hrs)
- Child Discipline Without Punishments or Bribes (1.5hrs)
- Developmental Impact of Trauma (2 hrs.)
- Discipline in Foster Care: Managing our Behaviors to Manage Theirs (2hrs)
- Foster Parent Guide (3hrs)
- Grief and Loss in Foster Care (1.5hrs)
- Healing through Tantrums and Tears (2hrs)
- Helping Kids with Difficult Behaviors (30min)
- Introduction to LGBTQ+ Inclusion (1.5hrs)
- Kids Hair Fundamentals (1hr)
- Mandated Reporter Training (1hr)
- MAPCY: Foster Care Supplemental Rate (2hrs)
- Nuts and Bolts: Foster Care the Hennepin Way (1hr)
- Overcoming Anger, Aggression and Violence in Kids (2hrs)
- Picky Eaters, Sugar Addicts and Dinner Table Power Struggles (2hrs)
- Prudent Parenting (1.5hr)
- SUID/AHT- Sudden Unexpected Infant Death and Abusive Head Trauma (1.5hr)
- Toileting Problems: Enuresis & Encopresis (1.5hrs)
- Trauma Sensitive Discipline for Parents (2hrs)
- Vulnerable Adults Mandated Training
- Working with Infants Experiencing Withdrawal (2hrs)

## Foster Parent College

Foster Parent College trainings are additional pre-recorded trainings offered to foster parents at no cost.

- To learn more, visit Foster Parent College at [www.fosterparentcollege.com](http://www.fosterparentcollege.com)
- If you want a Foster Parent College account created for you, send an email to [fostercare@hennepin.us](mailto:fostercare@hennepin.us)