

Foster Care Training Calendar

This document includes registration information for all in-person and pre-recorded trainings. For details about training requirements that apply to you, go to the "Training" section of the foster parent website at www.hennepin.us/fosterparents. For questions, contact fostercare@hennepin.us.

In-person Trainings

All trainings listed in this section are conducted on Microsoft Teams or Zoom unless noted otherwise, and count towards your annual 5 hours "in-person" requirement. To register, email fostercare@hennepin.us and write "In-person Training Registration" in the subject line and include with your request:

1. Your full name and the name of your Licensing Worker, and the name of the training(s).
2. Please request FAM and NAMI registration info no later than two days before the training.

My Story, My Way: The Therapeutic Lifebook/FAM

- Wednesday March 13, 2024, 9:00 am-10:30 am

Treating Childhood Anxiety: The Important Role Parents Play/FAM

- Wednesday March 13, 2024, 10:45 am - 12:15 pm

Supporting Sensory Processing for Foster & Adoptive Kids/FAM

- Wednesday March 13, 2024, 12:30 pm -2:00 pm

The Intersection of Transracial Adoption & Racial (in) Justice Part 1/FAM

- Wednesday March 13, 2024, 2:15 pm - 4:15 pm

Question, Persuade, Refer: Suicide Prevention/NAMI

- Thursday March 14, 2024, 11:00 am – 12:30 pm

Meeting Belonging Needs as a Supportive Adult/FAM

- Tuesday March 19, 2024, 9:00am – 10:30 am

Using Art Therapy to Support Anxiety/FAM

- Tuesday March 19, 2024, 10:45 am - 12:15 pm

Countering Learned Helplessness in Youth/FAM

- Tuesday March 19, 2024, 12:30pm - 2:00 pm

Mandated Reporter, Compliant, and Negative Actions

- Tuesday March 19, 2024, 6:00 pm – 8:00 pm

Child Protection Foster Care Court System

- Thursday March 28, 2024, 6:00 pm – 8:00 pm

Youth Mental Health First Aid (YMHFA) w/NAMI

- Friday, March 29, 2024: 9:00 am – 3:00 pm.

Managing Behavioral Challenges with Interventions/FAM

- Monday April 1, 2024, 6:00pm - 8:00 pm

Consent Toolbox Through a Cultural Lens Part 1 - Age 0 to 9/FAM

- Wednesday April 3, 2024, 10:00 am - 11:00 am

Recognizing Early Warning Signs of Mental Illness in Children & Adolescents/NAMI

- Thursday, April 4, 2024: 6:30 pm – 8:30 pm

The Intersection of Transracial Adoption & Racial (in) Justice Part 2/FAM

- Monday April 8, 2024, 12:00 pm - 2:00 pm

Understanding Early Episode Psychosis for Families/NAMI

- Tuesday, April 9, 2024: 6:00 pm – 8:00 pm

Understanding Human Trafficking/FAM

- Wednesday April 10, 2024, 11:00 am -12:20 pm

Early Warning Signs of Mental Illnesses in Youth For Caregivers & Families/NAMI

- Friday April 12, 2024: 9:30 am – 11:30 am

DHS Presentation: Independent Living Skills Planning and Youth Engagement/FAM

- Tuesday April 16, 2024, 2:00 pm - 3:30 pm

The Intersection of Transracial Adoption & Racial (in) Justice Part 3/FAM

- Wednesday April 17, 2024, 12:00 pm - 2:00 pm

Consent Toolbox Through a Cultural Lens Part 2 - Age 10 to 18/FAM

- Thursday April 18, 2024, 10:00 am - 11:30 am

Parenting When Trauma Derails Development

- Monday, April 22, 2024 11:00 am — 1:00 pm

The Big 3: Raging, Lying, & Stealing w/Family Rising

- Tuesday April 23, 2024, 7:30 pm - 9:00 pm

Children and Restraint Systems (C.A.R.S)

This car seat training is required for foster parents and their Substitute Caregivers who will transport children under the age of 8. Your licensor needs to request registration for a Substitute Caregiver. To register email fostercare@hennepin.us . Children are not allowed at the training. The training is held at the Northwest Suburban Family Service Center, Brooklyn Center, MN 55429

Tuesday evening, 5:30 p.m. – 8:30 p.m.

- April 16
- May 14
- June 11

Saturday morning, 9 a.m. – 12 p.m.

- March 23
- April 6
- April 20
- May 4
- May 18
- June 1
- June 15

Pre-recorded Trainings

Fetal Alcohol Spectrum Disorder (FASD)

- Fetal Alcohol Spectrum Disorder (1hr)
- FASD, ADHD or both (1.5hrs)
- Implications of FASD for the Adoptive Family (1hr)
- Resources for Families Living with FASD: What is Out There (1hr)

Mental Health

- Introduction to Children's Mental Health (2hrs)
- Autism Spectrum African American community (30 min)
- Autism Spectrum Native American community (30 min)
- Autism Spectrum Hmong community (30 min)
- Autism Spectrum Latino community (30 min)
- Autism Spectrum Somali community (30 min)
- Children's Mental Health: ADHD (1.5hrs)
- Children's Mental Health: Anxiety (1.5hrs)
- Children's Mental Health: Depression (1.5hrs)
- Children's Mental Health: OCD (1.5hrs)

Other

- Age Appropriate and Inappropriate Sexualized Behaviors (2.5hrs)
- Beyond Time In: Coaching Parents in Trauma Sensitive Discipline (1.5hrs)
- Building Self-esteem in Children (1hr)
- Child Defiance - Overcoming Opposition, Resistance and Backtalk (3.5hrs)
- Child Discipline Without Punishments or Bribes (1.5hrs)
- Developmental Impact of Trauma (2 hrs.)
- Discipline in Foster Care: Managing our Behaviors to Manage Theirs (2hrs)
- Foster Parent Guide (3hrs)
- Grief and Loss in Foster Care (1.5hrs)
- Healing through Tantrums and Tears (2hrs)
- Helping Kids with Difficult Behaviors (30min)
- Kids Hair Fundamentals (1hr)
- Mandated Reporter Training (1hr)
- MAPCY: Foster Care Supplemental Rate (2hrs)
- Nuts and Bolts: Foster Care the Hennepin Way (1hr)
- Overcoming Anger, Aggression and Violence in Kids (2hrs)
- Picky Eaters, Sugar Addicts and Dinner Table Power Struggles (2hrs)
- Prudent Parenting (1.5hr)
- SUID/AHT- Sudden Unexpected Infant Death and Abusive Head Trauma (1.5hr)
- Toileting Problems: Enuresis & Encopresis (1.5hrs)
- Trauma Sensitive Discipline for Parents (2hrs)
- Working with Infants Experiencing Withdrawal (2hrs)

Foster Parent College

Foster Parent College trainings are additional pre-recorded trainings offered to foster parents at no cost.

- To learn more, visit Foster Parent College at www.fosterparentcollege.com
- If you want a Foster Parent College account created for you, send an email to fostercare@hennepin.us