



# Virtual Community Resource Fair

Wednesday, October 1, 2025 from 1 – 2 p.m.



Promoted by

**CareerForce**<sup>™</sup>

Hosted by

HENNEPIN COUNTY  
MINNESOTA

Everyone is welcome to attend the Virtual Community Resource Fair. This free event is hosted by Hennepin County.

Each agency will give a short presentation about their organization and the resources they offer. Then you will be able to speak with someone from each agency to ask questions.

1. Register to attend at <https://www.eventbrite.com/e/virtual-community-resource-fair-october-1-tickets-1520537210729>
2. After you register, we will send you an email with a link to the event.
3. On the day of the event, simply join the event by clicking this meeting link or the link in your email:  
<https://hc.adobeconnect.com/virtualcommunityresourcefairoctober1/>

Agencies attending:

#### Disability Services

- **Metropolitan Center for Independent Living** provides case management, advocacy, independent living tools, programs and classes, PCA College Service Corps, transitional services and more.

#### Energy Assistance

- **Minnesota Department of Commerce – Energy Assistance Program** – Learn about how you can save money and energy and get help paying your energy bills.

#### Food

- **Community Emergency Services** includes Meals on Wheels for home-bound seniors and some people with disabilities (pet food may also be delivered monthly), food shelf and food lockers.

#### Mental Health

- **National Alliance on Mental Health** improves lives for people living with mental illnesses through education, support and advocacy

#### Reentry Services

- **The Redemption Project** provides employment and work development, supportive services, reentry, and justice involved support, education and skills training

#### Training and Support Services

- **Motivation, Education and Training (MET)** provides access to careers in high-demand fields, and support services

#### Transportation

- **Metro Transit** offers a network of buses, light rail and commuter trains and resources for those who carpool, vanpool, walk or bike.

#### Voting

- **Hennepin County Elections** provides election information, information about registering to vote, finding your polling place.

Questions about this event?

Lisa Cain, 612-596-1990, [lisa.cain2@hennepin.us](mailto:lisa.cain2@hennepin.us)

Do you need help finding a job?

For more information go to [Hennepin.us/employmentservices](https://Hennepin.us/employmentservices) and [CareerForce.mn.gov](https://CareerForce.mn.gov)

