

SPECIFIC DISEASE EXCLUSION FOR SCHOOLS

See individual [fact sheets](#) for more information on the diseases listed below.

Bed Bugs	None.
Acute Bronchitis (Chest Cold)/Bronchiolitis	Until fever is gone (without the use of a fever reducing medication) and the child is well enough to participate in routine activities.
Campylobacteriosis	<p>None, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently. Exclusion may be necessary during outbreaks.</p> <p>Anyone with <i>Campylobacter</i> should not go in lakes, pools, splash pads, water parks, or hot tubs until after diarrhea has stopped.</p> <p>Staff with <i>Campylobacter</i> may be restricted from working in food service. Call your local health department to see if these restrictions apply.</p>
Chickenpox	<p>Until all blisters have dried into scabs; usually by day 6 after the rash began.</p> <p>Chickenpox can occur even if someone has had the varicella vaccine. These are referred to as <u>breakthrough infections</u>. Breakthrough infections develop more than 42 days after vaccination, are usually less severe, have an atypical presentation (low or no fever, less than 50 skin lesions), and are shorter in duration (4 to 6 days). Bumps, rather than blisters, may develop; therefore, scabs may not present. Breakthrough cases should be considered infectious. These cases should be excluded until all sores (bumps/blisters/scabs) have faded or no new sores have occurred within a 24-hour period, whichever is later. Sores do not need to be completely resolved before the case is allowed to return.</p>
Conjunctivitis (Pinkeye)	No exclusion , unless the child has a fever or is not healthy enough to participate in routine activities. Antibiotics or a note from a health care provider are <u>not</u> required.
COVID-19	<p>When all three criteria are met</p> <ol style="list-style-type: none">1. 10 days since symptoms first appeared (or 10 days since specimen collection date for positive lab test if asymptomatic) and2. 24 hours fever free without the use of fever-reducing medication and3. Other symptoms of COVID-19 are improving.

SPECIFIC DISEASE EXCLUSION GUIDELINES FOR SCHOOLS

Cryptosporidiosis	<p>None, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently. Exclusion may be necessary during outbreaks.</p> <p>Anyone with <i>Cryptosporidium</i> should not go in lakes, pools, splash pads, water parks, or hot tubs until 2 weeks after diarrhea has stopped.</p> <p>Staff with <i>Cryptosporidium</i> may be restricted from working in food service. Call your local health department to see if these restrictions apply.</p>
Cytomegalovirus (CMV) Infection	<p>None.</p>
Diarrhea (Infectious)	<p>None, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently. Exclusion may be necessary during outbreaks.</p> <p>Anyone with diarrhea should not go in lakes, pools, splash pads, water parks, or hot tubs until after diarrhea has stopped.</p> <p>Staff with diarrhea should be restricted from working in food service. Call your local health department to determine how these restrictions apply.</p>
<i>E. coli</i> O157:H7 Infection	<p>None, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently. Exclusion may be necessary during outbreaks.</p> <p>Anyone with <i>E. coli</i> O157:H7 should not go in lakes, pools, splash pads, water parks, or hot tubs until 2 weeks after diarrhea has stopped.</p> <p>Staff with <i>E. coli</i> O157:H7 may be restricted from working in food service or childcare. Call your local health department to see if these restrictions apply.</p>
Enteroviral Infection	<p>None, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently.</p>
Fifth Disease (Parvovirus)	<p>None, if other rash-causing illnesses are ruled out by a health care provider. Persons with fifth disease are no longer infectious once the rash begins.</p>
Giardiasis	<p>None, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently. Exclusion may be necessary during outbreaks.</p> <p>Anyone with <i>Giardia</i> should not go in lakes, pools, splash pads, water parks, or hot tubs until after diarrhea has stopped.</p> <p>Staff with <i>Giardia</i> may be restricted from working in food service. Call</p>

SPECIFIC DISEASE EXCLUSION GUIDELINES FOR SCHOOLS

your local health department to see if these restrictions apply.

Hand, Foot, and Mouth Disease

Until fever is gone and child is well enough to participate in routine activities (sores or rash may still be present).

Head Lice

None, but treatment is recommended before returning to school.

Hepatitis A

Consult with your local or state health department. Each situation must be looked at individually to decide if the person with hepatitis A can spread the virus to others.

Hepatitis B

None, unless the hepatitis B-infected child has unusually aggressive behavior (e.g., biting) that cannot be controlled, oozing sores that cannot be covered, or bleeding problems. A team of medical experts should assess on a case-by-case basis to determine whether exclusion from some activities is necessary. Consult with your local or state health department.

Hepatitis C

None, unless the hepatitis C-infected child has oozing sores that cannot be covered or bleeding problems. A team of medical experts should assess on a case-by-case basis to determine whether exclusion from some activities is necessary. Consult with your local or state health department.

Herpes Gladiatorum

Exclude from contact sports, including practice and competition, until all sores are dry and scabbed. Treatment with oral medication may shorten exclusion time. Follow the athlete's health care provider's recommendations and specific sports league rules for when the athlete can return to practice and competition.

Herpes, Oral

None.

HIV/AIDS

None, unless a child with HIV infection has unusually aggressive behavior (e.g., biting) that cannot be controlled, oozing sores that cannot be covered, or bleeding problems. A team of medical experts should assess on a case-by-case basis to determine whether exclusion from some activities is necessary. Consult with your local or state health department.

Impetigo

Until 24 hours after treatment and sores are drying or improving.

Influenza

Until 24 hours after fever is gone (without the use of a fever reducing medicine) and the child is well enough to participate in routine activities.

Measles

Until 4 days after the rash appears. A child with measles should not attend any activities during this time period.

Meningococcal Disease

Until the child has been on appropriate antibiotics for at least 24 hours and is well enough to participate in routine activities.

Methicillin-Resistant *Staphylococcus aureus* (MRSA)

If draining sores are present and cannot be completely covered and contained with a clean, dry bandage or if a person cannot maintain good personal hygiene.

Children who are only colonized do not need to be excluded.

Activities: Children with draining sores should not participate in any

SPECIFIC DISEASE EXCLUSION GUIDELINES FOR SCHOOLS

activities, including contact sports, where skin-to-skin contact is likely to occur until their sores are healed.

Molluscum Contagiosum

None. Encourage parents/guardians to cover bumps with clothing when there is a possibility that others will come in contact with the skin. If not covered by clothing, cover with a bandage.

Activities: Exclude any child with bumps that cannot be covered with a watertight bandage from participating in swimming or other contact sports.

Mononucleosis

None, as long as the child is well enough to participate in routine activities.

Sports: Contact sports should be avoided until the child is recovered fully and the spleen is no longer palpable.

Mumps

Until 5 days after swelling begins.

Norovirus

Until 24 hours after diarrhea and vomiting have stopped.

Anyone with vomiting and/or diarrhea should not go in lakes, pools, splash pads, water parks, or hot tubs until after diarrhea and/or vomiting have stopped.

Staff must avoid food preparation when diarrhea and/or vomiting are present and for at least 72 hours after diarrhea and/or vomiting have stopped. Call your local health department to determine how these restrictions apply.

Parapertussis

None, if the child is well enough to participate in routine activities

Pertussis (Whooping Cough)

Until 5 days after appropriate antibiotic treatment begins. During this time the person with pertussis should not participate in any childcare, school, or community activities. If not treated with 5 days of antibiotics, exclusion should be for 21 days after cough onset.

If there is a high index of suspicion that the person has pertussis, exclude until 5 days of antibiotics are completed or until the laboratory test comes back negative.

Pinworms

None.

Pneumonia

Until fever is gone (without the aid of fever reducing medication) and the child is well enough to participate in routine activities.

Respiratory Infection (Viral)

Until fever is gone (without the aid of fever reducing medication) and the child is well enough to participate in routine activities.

Ringworm

Until treatment has been started.

Any child with ringworm should not participate in gym, swimming, and

SPECIFIC DISEASE EXCLUSION GUIDELINES FOR SCHOOLS

Rotaviral Infection	other close contact activities that are likely to expose others if the lesions cannot be fully covered or until 72 hours after treatment has begun. For sports, follow the athlete's health care provider's recommendations and the specific sports league rules for return to practice and competition. None, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently. Exclusion may be necessary during outbreaks.
Rubella (German Measles)	Until 7 days after the rash appears.
Salmonellosis	None, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently. Exclusion may be necessary during outbreaks. Anyone with <i>Salmonella</i> should not go in lakes, pools, splash pads, water parks, or hot tubs until after diarrhea has stopped. Staff with <i>Salmonella</i> may be restricted from working in food service. Call your local health department to determine how these restrictions apply.
Scabies	Until 24 hours after treatment begins.
Shigellosis	None, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently. Exclusion may be necessary during outbreaks. Anyone with <i>Shigella</i> should not go in lake, pools, splash pads, water parks, or hot tubs until 1 week after diarrhea has stopped. Staff with <i>Shigella</i> may be restricted from working in food service. Call your local health department to see if these restrictions apply.
Shingles (Zoster)	None, if blisters can be completely covered by clothing or a bandage. If blisters cannot be covered, exclude until the blisters have crusted. Persons with severe, disseminated shingles should be excluded regardless of whether the sores can be covered.
Staph Skin Infection	If draining sores are present and cannot be completely covered and contained with a clean, dry bandage or if the person cannot maintain good personal hygiene. Children who are only colonized do not need to be excluded. <u>Activities:</u> Children with draining sores should not participate in activities, including contact sports, where skin-to-skin contact is likely to occur until their sores are healed.
Streptococcal Infection (Strep Throat/Scarlet Fever)	Until 12 hours after antibiotic treatment begins and the child is without fever. Children without symptoms, regardless of a positive throat culture, do

SPECIFIC DISEASE EXCLUSION GUIDELINES FOR SCHOOLS

not need to be excluded from childcare or school. Persons who have strep bacteria in their throats and do not have any symptoms (carriers) appear to be at little risk of spreading infection.

Tuberculosis

Consult with your local or state health department. Each situation must be evaluated individually to determine whether the person is contagious and poses a risk to others. A person with a positive tuberculin skin test (TST) but without symptoms should not be excluded, but should see a health care provider as soon as possible after the positive test is detected for further evaluation and possible treatment for latent TB infection.

Viral Meningitis

None, if the child is well enough to participate in routine activities.

Warts

None.

Yeast Infection (Candidiasis)

None.

Other communicable diseases

Consult your local or state health department or the child's health care provider regarding exclusion guidelines for other infections not described in this manual. Special exclusion guidelines may be recommended in the event of an outbreak of an infectious disease in a school setting. **Consult your local or state health department when there is more than one case of a reportable disease or if there is increased absenteeism.**

For more information, call Hennepin County HSPHD-Epidemiology at (612) 543-5230 or call your local health department.

