



Rotavirus

Your child may have been exposed to rotavirus. Rotavirus is a viral infection of the intestines.

If you think your child has rotavirus:

- Tell your childcare provider or call the school.
- **Keep your child home from childcare** until 24 hours after diarrhea has stopped.
- School aged children do not need to stay home, unless they are not feeling well and/or have diarrhea and need to use the bathroom frequently.
- For more information, call Hennepin County HSPHD-Epidemiology at 612-543-5230 or call your local health department.

Parent/Guardian information

Symptoms

Your child may have watery diarrhea, vomiting, stomach pain, and fever. Dehydration may occur, symptoms include decreased urination, dizziness, crying with few tears, sleepiness, or fussiness. Illness may last 3 to 7 days.

If your child is infected, it may take 1 to 2 days for symptoms to start.

Spread

- By touching hands, objects, or surfaces that have been contaminated with stool.
- By eating food or beverages contaminated with stool.

Contagious period

The illness can spread as long as the virus is in the stool. A person is contagious for several days before to at least 10 days after symptoms start.

Call your health care provider

- If anyone in your home has symptoms. There is a medical test to detect the virus. No specific treatment is available.

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Prevention

- Wash hands after touching anything that could be contaminated with stool. Wash hands before preparing food or eating. Your child may need help with handwashing.
- Clean and disinfect any objects that come in contact with stool. This includes toilets, potty chairs, sinks, toys, diaper changing areas, and surfaces. Use a product that kills germs.
- Ask a health care provider about the vaccines available for rotavirus.

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