



Campylobacteriosis

Campylobacteriosis is a bacterial infection of the intestines.

If you think your child has campylobacteriosis:

- Tell your childcare provider or call the school.
- Keep your child home from **childcare** until 24 hours after diarrhea has stopped.
- School aged children do not need to stay home, unless they are not feeling well and/or have diarrhea and need to use the bathroom frequently.
- Anyone with campylobacteriosis should not go in lakes, pools, splash pads, water parks, or hot tubs until after diarrhea has stopped.
- For more information, call Hennepin County HSPHD-Epidemiology at 612-543-5230 or call your local health department.

Parent/Guardian information

Symptoms

Your child may have diarrhea (may contain blood and/or mucus), vomiting, or a fever. Their stomach may also hurt. These symptoms can last up to one week.

If your child is infected, it may take 2 to 5 days for symptoms to start.

Spread

- By eating or drinking contaminated beverages (untreated water, unpasteurized milk, unpasteurized juice) or food (seafood, produce, or raw or undercooked poultry or meat)
- By touching contaminated hands, objects, or surfaces
- By handling infected pets or farm animals
- By contact with contaminated feces (often cat or dog)

Contagious period

The illness can spread if *Campylobacter* bacteria are in the stool.

Call your health care provider

If anyone in your home has symptoms. Your doctor can test for *Campylobacter* and may decide you need to be treated with an antibiotic.

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Prevention

- Wash hands after using the toilet and changing diapers. Wash hands before preparing food or eating. Your child may need help with handwashing.
- Puppies, kittens, or farm animals can cause *Campylobacter* infection. Wash hands after touching pets and farm animals.
- Clean and disinfect any objects that come in contact with stool. This includes toilets, potty chairs, sinks, toys, and diaper changing areas. Use a product that kills germs.

Prevention

- Wash hands after using the toilet and changing diapers. Wash hands before preparing food or eating. Your child may need help with handwashing.
- Puppies, kittens, or farm animals can cause *Campylobacter* infection. Wash hands after touching pets and farm animals.
- Clean and disinfect any objects that have contact with stool including toilets, potty chairs, sinks, toys, and diaper changing areas. Use a product that kills germs.
- Avoid swallowing water in lakes, pools, splash pads, water parks, or hot tubs.
- Cook foods thoroughly and do not drink unpasteurized milk or unpasteurized juice. Always disinfect cooking surfaces, especially after handling or cutting raw meat.
- Keep raw poultry away from other foods when cooking.

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