Appendix

Appendix A. Cheat Sheet: Baseline History and Labs for New HIV Clients

Reproduced from NYC Health's "Immediate Initiation of HIV Treatment: Guidance for Medical Providers"

Cheat Sheet: Baseline History and Labs for New HIV Clients

See MN Service Standards for Outpatient/Ambulatory Health Services for full list

HIV-Related History*

- Last negative HIV test
- Use of PrEP (pre-exposure prophylaxis) (past, current)
- Use of PEP (post-exposure prophylaxis) (past, current)
- HIV status of sexual partners, if known
- Recent sexually transmitted infections

Physical Exam and Medical History

- Review of systems (particularly for the presence of opportunistic infections or symptoms of acute HIV infection)
- Comorbidities (especially kidney or liver disorders)
- Drug allergies
- Medications

Baseline Laboratory Tests

- Confirmatory HIV testing with antibody or antigen/antibody testing (if not already conducted)
- HIV genotype
- HIV viral load
- CD4+ cell count (T cell count)
- HLA-B*5701 polymorphism testing
- 3-site (urine, pharyngeal, rectal) gonorrhea and chlamydia nucleic acid amplification test (NAAT)
- Syphilis screening
- HAV IgG antibody
- Hepatitis B serology (HBsAg, HBsAb, and HBcAb)
- Hepatitis C antibody (with reflex to RNA)

- Comprehensive metabolic panel
- Fasting blood glucose (if feasible) or hemoglobin A1C
- Fasting lipid profile (if feasible)
- Complete blood count (CBC) with differential
- Urinalysis
- Pregnancy test
- Also consider a blood test for tuberculosis,
 Toxoplasma IgG antibody and G6PD testing
- Additional tests indicated by the
- patient's medical history