



Emergency Medical Services Council

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EMS Medical Directors Subcommittee

Jan. 24, 2025, 9:30am-10:30am

Online meeting:

<https://www.hennepin.us/business/work-with-henn-co/ems-planning-reg>

Draft Summary

Present	Absent
1. Peter Tanghe, MD, Chair 2. Joey Duren, MD 3. Kevin Sipprell, MD	4. Paul Nystrom, MD 5. Nick Simpson, MD
Guests	Staff
1. Andrew Stevens, MD	1. Kristin Mellstrom

1. Today’s Agenda and the Meeting Summary from Sept. 24, 2024 were approved with a quorum present.

2. Out of Hospital Cardiac Arrest Care

The committee discussed the instructions in the user manual of some AED models that AL placement is advised. Although some AED manufacturers may recommend AL placement, the group agreed that AP placement is the preferred placement based on best practice data. It was also noted that the recommendation for pediatrics is AP.

3. Journal Club

A journal club meeting will be scheduled after CARES data are available in April. EMS Fellows, EMS Medical Directors, and metro cardiac arrest care providers will be invited to join the journal club to review the CARES data and discuss best practices regarding pre-hospital patient care.

4. Minneapolis Lights and Sirens Group

Kristin met with Hennepin EMS regarding next steps for the Lights and Sirens Group as it gathers information about legislation, local ordinances, state statutes and best practices for lights and sirens use. Dr. Simpson outlined a number of possible areas that the group could help lend to support to fund tools such as Zipit and Code 4 Beacon Mutual, and work toward legislative action to allow more provider flexibility in the use of lights and sirens in Code 3 responses.

5. EMS Medical Directors Committee Work Plan for 2025

The committee approved a continued focus on OHCA care.

This will include continued reviews of best practices, the journal club, acknowledgement of different approaches by Fire Dept. first responders and EMS Providers, and, if helpful for the medics, the creation of a reference document that identifies what treatments approaches (e.g Heads Up CPR, double sequential defibrillation) are used by each Fire Department in Hennepin County.

By the end of 2025, this committee will provide at least one performance metric on OHCA care to the Quality Standards Committee. Currently, the Quality Standards Committee collects and reports data on pre-hospital trauma and stroke care for quality assurance.

6. Protocols

TXA

All providers are moving to 2gm TXA administered by EMS in the pre-hospital setting because some patients weren't receiving the correct dosing prior to or after patient transfers at the hospital. Some providers plan to change to a 2gm dose when their protocol training is updated in 2025 or 2026.

7. MCI Patient Dispositions Review

Recently, there have been a few instances where all patients in a motor vehicle accident have been sent to a single hospital via multiple ambulances. Dr. Tanghe proposed that this group or possibly the Medical Standards Committee could review data from other MVC incidents in the past five years to determine if patients are usually transported to more than one hospital to avoid overloading a single hospital's resources. Kristin will ask Greg at MESB if there are any upcoming exercises that would include patient dispositions from MVCs. If not, a smaller drill or exercise could be done with West MRCC and EMS dispatch centers that serve 9-1-1 EMS providers in Hennepin County to evaluate how disposition decisions are made in similar situations and if any adjustments need to be made to current practices.

8. NAEMSP – Physician Advisory Council

Dr. Tanghe serves on this committee which will meet on Jan. 31, 2025.

9. Meeting Schedule: Fourth Friday of the month at 9:30-10:30 am online. For the meeting invitation, please contact chd.ems@hennepin.us