

# IT'S WORTH YOUR TIME TO JOIN THE FOOD PROGRAM!

Most providers spend less than

**3 HOURS PER WEEK**

on Food Program paperwork.

If you care for

**FOUR CHILDREN**

you will be earning about

**\$14 OR \$30 per hour**

for your time!

That's more than you earn per hour  
caring for children!



## HOW DO I JOIN?

Contact one of the following Food Program  
sponsoring organizations. Don't delay!

Adult's and Children's Alliance: 651-481-9320  
([www.acainc.org](http://www.acainc.org))

Child Care & Nutrition, Inc.: 800-634-3359  
([www.childcarenutrition.com](http://www.childcarenutrition.com))

Milestones: 800-288-8549  
([www.milestonesmn.org](http://www.milestonesmn.org))

Providers Choice: 800-356-5983  
([www.providerschoice.com](http://www.providerschoice.com))



The Child and Adult Care Food Program (CACFP) is funded by  
the U.S. Department of Agriculture which is an Equal Opportunity  
Provider and Employer.



*Join the*  
**Food Program**  
*and*  
**Get Paid**  
*to Serve*  
**NUTRITIOUS  
FOOD!**

# WHAT IS THE FOOD PROGRAM?

Teaching children about healthy eating will last a lifetime!

It is a federally funded program that pays licensed family child care providers to serve nutritious meals and snacks to the children in their care.

Why Join the Food Program?  
**IT'S FREE!**



## NUTRITIONAL BENEFITS

You will receive nutrition education so the children in your care will get healthy meals and snacks.

Nutritious food contributes to the wellness, healthy growth and development of young children.



## FINANCIAL BENEFITS

You report each month the number of meals and snacks served to the children in your care. Then the Food Program will send you a check to pay you for the cost of the food.

If you serve one breakfast, one lunch and one snack each day you will receive about

**\$564**

or

**\$1,170**

*per child*

from the Food Program each year.

*(The difference depends on where you live and the income of the families in your care.)*



You are always better off financially if you join the Food Program. The money you receive is taxable income, but the cost of the food you serve is tax deductible.

For every

**\$1,000**

you receive from the Food Program, you can expect to keep about

**\$600 - \$700**

in your pocket after taxes.

